

# AHoy



September 2025 • Vol. 90

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# YOKOSUKA FRIENDSHIP DAY

**SAVE  
THE DATE**

Sunday, October 5

Gates Open • 10 a.m.



**Fireworks**  
**@ 5:55 p.m.**



Ship Visit • Live Entertainment • Food • Games







Tokyo Tower Tour with Tickets & Travel

## DINING OPERATIONS

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For more information  
visit us on the web.



# OFFICERS' CLUB

Kosano Dining Room September Events



## National Bacon Day

**September 2 • 11 a.m. – 8 p.m.**

Receive 10% off on any item on Kosano dining room menu that has bacon.



## National Guacamole Day

**September 16**

Receive 10% off on any menu item featuring guacamole.



## National Cheeseburger Day

**September 18 • 11 a.m. – 8 p.m. • Kosano Dining Room  
& 5 – 10 p.m. • Kurofune Lounge**

Order any burger from our menu and receive 20% off your purchase.



## National Quesadilla Day

**September 25 • 4 – 8 p.m.**

Receive 10% off on any of our delicious quesadillas.



## Prime Rib Day

**September 25 • 4 – 8 p.m.**

Join us for this tender, juicy and delicious prime rib served with a loaded baked potato, vegetable du jour, Yorkshire pudding, soup or salad and dessert. **\$21.95**

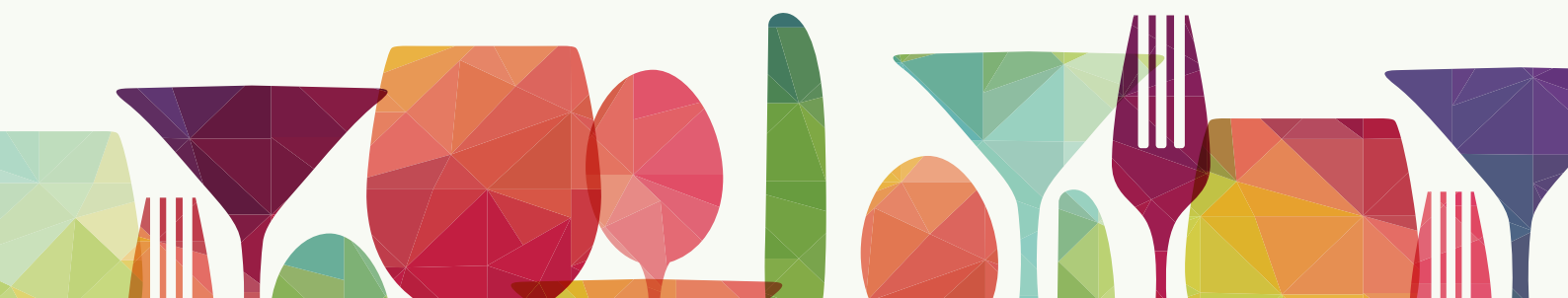


## Oktoberfest Sunday Brunch Celebration

**September 28 • 9 a.m. – 2 p.m.**

Join us for a wide variety of traditional German Oktoberfest food and an oompah band performing from 10 a.m. – 1 p.m. **\$29.95**

*Drink responsibly. Do not drink and drive.*





# Weekly Specials



**September 1 - 6**

Wiener Schnitzel • \$9.50



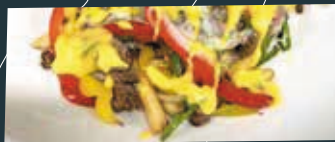
**September 8 - 13**

Italian Hot Dog • \$7



**September 15 - 20**

Chicken Normandy • \$7.95



**September 22 - 27**

Philly Cheese Steak Fries • \$9.50



**September 29 - October 4**

Classic Fish & Chips • \$9.95

## Chopsticks Weekly Entrée Specials



**September 1 - 5**

Lechon Kawaii; Beef & Broccoli; Green Coconut Chicken Curry; Garlic Shrimp; Happosai



**September 8 - 12**

Beef & Bell Peppers in Black Bean Sauce; Korean Fried Chicken; Cantonese Pork Spare Ribs; Shrimp & Zucchini Stir Fry with Lemon Sauce; Happosai



**September 15 - 19**

Happosai; Beef Stir Fry; Chicken & Mushrooms; Garlic Ginger Pork; Sautéed Shrimp & Spinach



**September 22 - 26**

General Tso's Shrimp; Beef Curry; Orange Chicken; Miso Braised Pork; Happosai



**September 29 - October 3**

Filipino Butter Garlic Shrimp; Japanese Braised Beef; Spicy BBQ Chicken; Thai Pork Skewers with Peanut Sauce; Happosai

We offer up to five different entrée choices per day, alternating between Japanese, Filipino, Korean, Chinese, Thai and other Asian cuisines.

Drink responsibly. Do not Drink and Drive.





**September 6, 13 & 20 • 4:30 – 10 p.m. Admiralty Room (2F)**  
**Doors open at 4:30 p.m. • Games start at 6 p.m.**

Game packages are \$30 and includes special game. Additional packages are available for purchase.  
 Must be 18 years or older to enter. Seating is on a first come, first served basis and cannot be reserved. Food and drinks will be available for purchase.

# KUROFUNA LOUNGE



**Monday – Thursday • 4 – 11 p.m. | Friday & Saturday • 4 p.m. – Midnight | Sunday • 2 – 8 p.m.**

**Closed on Holidays**

Join us for free pool, a bar menu, and a variety of specialty cocktails, wines, and brews.  
 Now featuring Coronado Beer\* from the Coronado Brewing Company.

\*The Department of the Navy does not endorse any company, sponsor or their products or services. Drink responsibly. Do not Drink and Drive.





# CPO CLUB

**Lunch Buffet • Monday – Friday • 11 a.m. – 2 p.m.**

Daily lunch buffet includes two main entrées, soup, salad, dessert, coffee, tea or lemonade. On Thursdays, we feature everyone's favorite pasta station, two kinds of soup, salad bar and a dessert bar. Check out our CPO Healthy A la carte Menu as well.

Adults **\$12.95** / Children (ages 6-11) **\$7**

**Shrimp & Vegetable Tempura • Mondays • 4 – 8 p.m.**

Lightly battered, deep-fried shrimp paired with an assortment of crispy seasonal vegetables. This dish offers a delicate crunch and a savory, airy texture. Served with traditional dipping sauce. **\$12**

**Smoked Prime Rib Night • Tuesdays • 4 – 8 p.m.**

Juicy hickory smoked prime rib seasoned to perfection, cooked to your liking and served with hearty vegetables, soup, salad, baked potato and dessert. **\$19**

**Mongolian BBQ • Wednesdays • 4 – 8 p.m.**

Treat yourself to a Mongolian BBQ with a wide selection of meats, fresh vegetables and variety of sauces. Meal served with soup, steamed rice, pancit, and garlic rice.

**85¢ / oz**

**Texas Style Smoked Brisket • Thursdays • 4 – 8 p.m.**

Juicy and tender, melt in your mouth brisket slow cooked and smoked to perfection with our blend of spices. Served with pulled pork, white bread, and your choice of side.

**\$12.50**

**French Dip • Fridays 4 – 8 p.m.**

Thinly sliced roast beef piled high on a soft roll and served with a savory au jus for dipping, and your choice of side. **\$12**

**Saturday Brunch • 9 a.m. - 2 p.m.**

An all-you-can-eat buffet that includes a breakfast section, special carving stations and Japanese food station. Reservations not required but highly recommended.

**New York City Street Chicken Over Rice • Saturdays • 4 – 8 p.m.**

A quintessential staple of New York City street vendors! Well-seasoned and slightly charred chicken served on top of yellow rice with lettuce, tomato and onion topped with house sauces. (Regular or spicy) **\$12**

**Cruise Inn • Monday – Friday • 6 a.m. – 2 p.m.****Saturdays, Sundays & Holidays • Closed**

Stop by and experience our world-famous breakfast menu, only here at Cruise Inn!

**Cove Bar**

The only full-service standing Chiefs' Club in the world is right here in Yokosuka! Relieve some of that work stress as you socialize with friends and enjoy complimentary finger food every Friday from 5 – 7 p.m. **Authorized patrons only.**

**For details call 046-816-5506. Bon Appétit!**





## Cilantro September Pizza Special

Available daily at Italian  
Gardens. **Large \$16**



## Chef's Special Pasta Night

**Italian Gardens**  
**Wednesdays • 5 – 9 p.m.**

Enjoy chef's delicious pasta with side salad (your choice of  
dressing) garlic bread, and iced tea or soft drink. **\$13**



## Dance Nights

### SALSA

**September 5** Sharky's Roadhouse (1F)

**Doors open at 6 p.m. Salsa Instructor at 6:30 p.m.**

Learn to dance the salsa and then show your new moves on  
the dance floor until we close. Food available to purchase.

### BACHATA

**September 18** Sharky's Roadhouse (1F)

**September 25** Club Alliance (3F)

**Bachata Basics • 6 p.m.**

**Bachata Pair & Bachata Improvers Lesson • 7:30 p.m.**

**Social Time • 8:30 - 11 p.m.**

Learn to dance Bachata in 90 minutes.

Beginners welcome! Food and drinks available to purchase.



## YOKO JAM SESSIONS

**September 26**

**Club Alliance Sharky's Roadhouse (1F)**

**Doors open @ 6 p.m. • Event starts @ 6:30 p.m.**

Yoko Jam Sessions is an audience participation  
event where we provide the instruments and  
you provide the talent! Food and drinks are available  
to purchase. Open to all hands ages 20 and older.  
For details call 046-816-5951.





# Karaoke Night

**Wednesday - Saturday • 5 - 11 p.m.**  
**Club Alliance Anchor Lounge (2F)**



## IG After Dark

**Fridays • 5 - 9 p.m.**

**Italian Gardens Restaurant (2F)**

Enjoy dining in the dark with the ambiance of live piano music in the background, and free chef's choice specialty appetizers.



## Sharky's Killer Wings & Craft Beer

**Sunday - Thursday • 4 - 11 p.m.**  
**Friday & Saturday • 5 p.m. - Midnight**  
**Club Alliance (2F)**

Home of different flavored wings, hand crafted starters, and craft beer.



Home of Louisiana specialty po' boys, burgers, wraps and bites.

**DINE-IN or TAKE OUT!**  
**2ND FLOOR**  
**CLUB ALLIANCE**

**SUNDAY - THURSDAY • 11 A.M. - 4 P.M.**  
**FRIDAY - SATURDAY • 11 A.M. - MIDNIGHT**

For details please call

**046-816-5985**  
**046-896-3786**

*Drink responsibly. Do not drink and drive.*





# BOWLING

## Center

### Midway Grill

#### **Pizza of the Month: Four Cheese Pizza**

Four distinct cheese flavors blended together on this delicious pizza! Whole Pizza **\$15.95** / Individual Pizza **\$5.95**

### Youth Doubles Bowling League

**Tuesdays • 3 - 5 p.m.**

Season • September 9 - November 18

Featuring two separate divisions: K - 5th grade / 6th - 12th grade. League fee: **\$50** / child (rental shoes included).

### NFL Bowling Singles League

**Thursdays Beginning September 11 • 5:30 p.m.**

League runs the duration of the NFL season. **\$15** / night

### MGIF (Midway Grill It's Friday)

**Fridays • 4 - 8 p.m.**

Cheers to the weekend! Pay for one hour of bowling and get an additional hour free, plus half price appetizers!

### Labor Day Weekend Special

**August 30 - September 1 • All Day**

Bowl a strike with a red head pin and win a free game coupon!

### National Cheese Pizza Day

**September 5**

Celebrate National Cheese Pizza Day with the Yokosuka Bowling Center! All weekend long, buy any size cheese pizza and get a second one for half off.

### Yokosuka Shootout Scratch Bowling Tournament

**September 21 • Noon**

Stop by for a six-game scratch tournament against the top talent in the local community! After six games of qualifying, we'll have a Shootout-style Finals. Women get 10 pins per game handicap. Payout will be 1 in 4.

**\$50** entry fee

### No Tap Tournament

**September 28 • 1 p.m.**

Knock down nine pins on your first ball, and it counts as a strike in this four game tournament! Payout will be 1 in 4.

**\$30** / person

**For details please call, 046-816-4200.**

# CLUB TAKEMIYA

## September Events



### Lunch

**Monday - Saturday • 11 a.m. - 1:30 p.m.**

Take a break and let us do the cooking! Club Takemiya offers a full lunch menu including appetizers, salads, burgers, wraps, rice bowls, pasta, steak and more.



### Mongolian Buffet

**Tuesdays • 11 a.m. - 9 p.m.**

**85¢ / ounce (Minimum price: Ages 12 and up • \$8 / Ages 4 - 11 • \$4)**

Guess the price to within 5 cents and the meal is free!



### Thursday Lunch Special

**Thursdays • 11 a.m. - 2 p.m.**

Specials served with a standard beverage of your choice. Please check in every Thursday to see what is on offer. **\$11**



### Rib Eye Steak Special

**Thursdays • 11 a.m. - 9 p.m.**

Tender and flavorful rib eye steak (10oz) served with your choice of side and vegetable of the day. **\$18**



### Fab Fridays!

**Fridays • 4 p.m. - Midnight**

Kick-start your weekend with friends at Club T! Enjoy delicious cocktails, great music, free pool and more!

**DJ twice monthly • 7 p.m. - Midnight**

**Happy Hour • 6 - 7 p.m.**



### Oktoberfest Special Plate

**September 19 • 11 a.m. - 9 p.m. • Dining Room / 4 - 9 p.m. • Lounge**

Join us for a delicious German inspired special meal featuring German Currywurst, Criss Cut Fries or French Fries and Sauerkraut. Dine in or take-out available. **\$10**



### National Fried Rice Day

**September 20 • 11:30 a.m. - 9 p.m. / Dining Room 4 - 9 p.m. • Lounge**

Fried rice without meat **\$6**, fried rice with chicken (6 ounces) **\$10**, fried rice with shrimp (six pieces) **\$10.50**, fried rice with ham **\$9**, and fried rice with kimchi **\$8**. Served with Chinese soup. Takeout is available.

**Club Takemiya is open Monday - Sunday.  
For details call 046-806-8077.**

*Drink responsibly. Do not Drink and Drive.*





# Wings

CLUB TAKEMIYA

WEDNESDAY

11 a.m. - 9 p.m.

For more information, please call 046-806-8077.



## DJ NIGHT

September 12 & 26

7 p.m. - Midnight at Club Takemiya Lounge

Wind down after a long week while enjoying the latest hits. Bring your friends and dance the night away!



## Trivia NIGHT

September 5 • 7 p.m. • Club Takemiya Lounge

A \$25 MWR voucher will be awarded to the winner (team or individual, only one voucher will be awarded). Enjoy Wings Wednesday pricing for wings and tenders from 6 - 9 p.m.

### Special Trivia Night Tolkien Universe Challenge

September 19 • 7 p.m. • Club Takemiya Lounge

A \$25 MWR voucher will be awarded to the winner (team or individual, only one voucher will be awarded). Enjoy Wings Wednesday pricing for wings and tenders from 6 - 9 p.m. In addition, enjoy our Oktoberfest Special Plate for \$10, until 9 p.m. Note: This is an extremely difficult Tolkien Universe trivia. Areas covered can include anything from film to song, even notes scribbled during the creation process.



## Karaoke Night

Saturdays • 4 p.m. - Midnight  
Club Takemiya Lounge

To sing or not to sing? That is the question! Rock, R&B, Country, Pop or Rap, you name it, we've got it!

Drink responsibly. Do not drink and drive.



PEGASUS 154

# Curry Day

**SEPTEMBER 26 • 11 A.M. – 8 P.M.**

**Officers' Club • CPO Club • Club Alliance\* • Club Takemiya**

A delicious curry collaboration between our  
JMSDF partners and MWR.

Available at all MWR clubs. \*Not available for delivery.



**\$6**

*Drink responsibly. Do not Drink and Drive.*





# PRIME RIB *Night*

## **CPO Club**

Tuesdays • 4 - 8 p.m.

## **Club Alliance**

Thursdays • 5 - 9 p.m.

## **Officers' Club**

Last Thursday of each month • 4 - 8 p.m.



# Mongolian BBQ

## **Officers' Club**

Tuesdays • 5 - 8 p.m.

## **CPO Club**

Wednesdays • 4 - 8 p.m.

## **Club Takemiya**

Tuesdays • 11 a.m. - 9 p.m.

**SATISFY your HUNGER!**



# *Brunches*

## **CPO Club**

Saturdays • 9 a.m. - 2 p.m.

## **Officers' Club**

Sundays • 9 a.m. - 2 p.m.

## **Club Takemiya**

Sundays • 9 a.m. - 2 p.m.

Drink responsibly. Do not Drink and Drive.





# Catering

• SERVICES •

We cater to all your needs from command events to birthday celebrations, promotions, retirements, weddings, and more.

Our facilities have banquet rooms that can accommodate small to large parties.

We will assist you in planning your menu, entertainment, floral arrangements and special touches to make your event memorable and extraordinary.

**Please call one of our  
Catering Offices.**

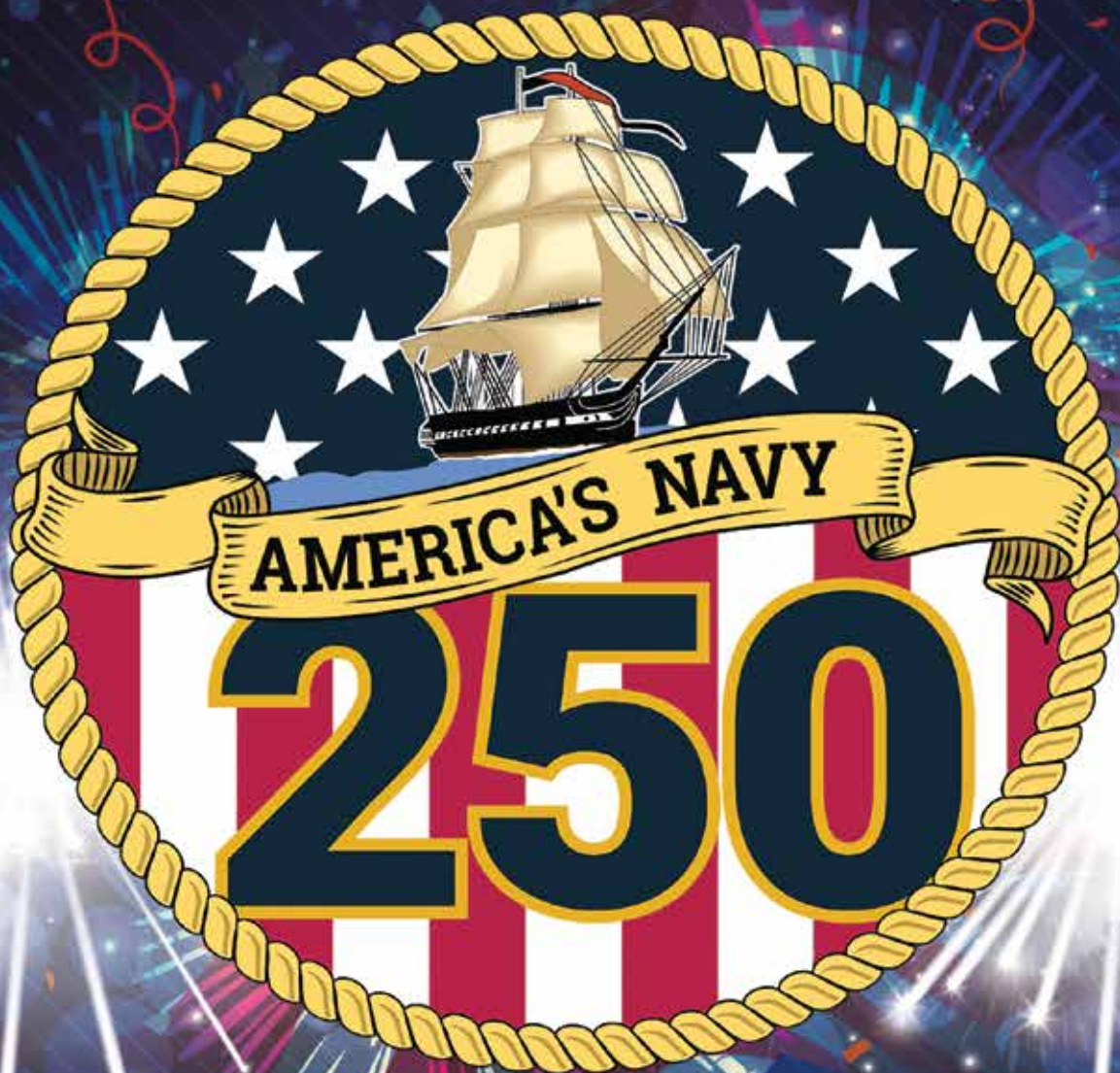
**Officers' Club**  
046-816-5030

**CPO Club**  
046-816-5506

**Club Alliance**  
046-816-5951







## Navy 250th Birthday Celebration

### **Club Alliance • Taste & Toast**

**September 27 • Sports Bar (3F) • Doors open at 5 p.m.**

Celebrate the Navy's 250th Birthday with a delicious savory buffet, live band and more! Tickets are \$25 and are available for purchase through September 26 at Club Alliance's 2nd Floor Cash Cage. For details call (DSN) 241-3786, (DSN) 243-5985 or (cell phone) 046-816-3786/5985. Open to ages 20 and up.

### **Club Takemiya • Taste & Toast Special Meal**

**October 13 • 11 a.m. - 9 p.m.**

Enjoy rib eye steak, barbecue chicken, buttered corn on the cob, rice pilaf and your choice of cake from the menu. \$25. Takeout available. For details call (DSN) 246-8077 or (cell phone) 046-806-8077.

### **CPO Club Specials**

**Fridays in October • 4 - 8 • p.m.**

Enjoy an all-you-can-eat fish and chips, paired with hearty navy bean soup and a slice of delicious blueberry pie! \$17.75, honoring 1775 - 2025. For details call (DSN) 243-5506 or (cell phone) 046-816-5506.

**October 13 • Battle Stations BBQ • 4 - 8 p.m.**

Smoked pulled pork or brisket sandwiches served on a toasted bun with tangy slaw and house-made BBQ sauce. Served with USS BAKED BEANS, corn on the cob and cornbread. Open to all hands. \$15

### **Officers' Club Special**

**October 14 • Kosano Dining Room & Chopsticks • All Day**

Enjoy 10% off your total bill on all food and nonalcoholic beverages (sundries are excluded). For details call (DSN) 243-5030 or (cell phone) 046-816-5030.

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# Aquatics

## Lifeguard Training Purdy Fitness Center Pool

**October 17, 18 & 19**

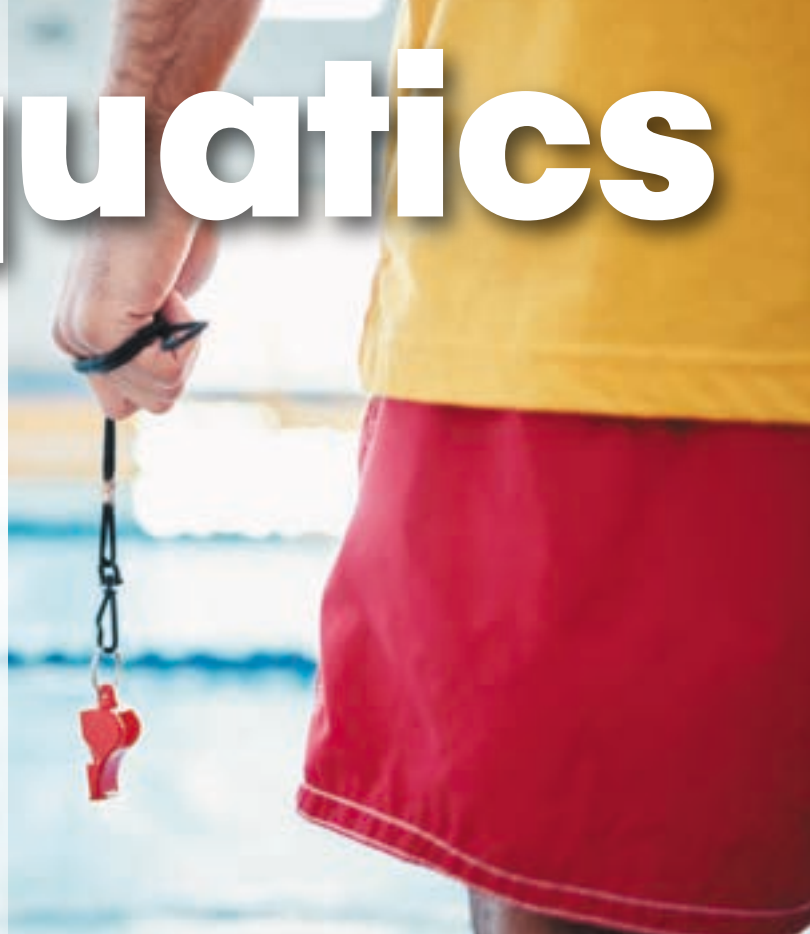
**Friday • 4 - 9 p.m.**

**Saturday & Sunday • 8 a.m. - 6 p.m.**

Pre-course test required prior to registration: 300 meter swim, tread water for 2 minutes legs only and timed brick retrieval (retrieve a 10 pound brick from depth of 10 feet and swim it 20 meters within 1 minute 40 seconds).

Open to ages 15 and older (MWR hiring age is 16).  
To register, contact MWR Aquatics Office to schedule your pre-course test, registration deadline is September 26.

**\*This is a three day course**  
**\$75 / CFAY personnel**  
**\$100 / non-CFAY personnel**



## SWIM LESSONS

Classes meet Monday and Wednesday or Tuesday and Thursday for four weeks. Each class is 30 minutes. Classes may be cancelled or combined due to low enrollment.

Registration available online beginning at 9 a.m. on registration day and in person during normal operating hours at Purdy Fitness Center reception counter and Ikego MWR office.

Be sure to get your *MyFFR* login and password.

### Fall Session 1 Registration

Open Registration

Session Dates

August 18 - September 4

September 8 - October 2

### Fall Session 2 Registration

Open Registration

Session Dates

October 3 - 9

October 14 - November 6

### Fall Session 3 Registration

Open Registration

Session Dates

November 7 - 13

November 17 - December 11



## Water Safety Instructor Purdy Fitness Center Pool

**November 14, 15 & 16**

**Friday • 4 - 9 p.m.**

**Saturday & Sunday • 8 a.m. - 6 p.m.**

Pre-requisite swimming skills: front & back crawl, breaststroke, elementary backstroke, sidestroke (all 25 yards), and butterfly (15 yards). Maintain position on back for 1 minute in deep water (floating or sculling). Tread water for 1 minute. Skills will be assessed on the first day. Open to ages 16 and older (MWR hiring age is 16). To register, contact MWR Aquatics Office. Registration deadline is October 17.

**\*This is a three day course**  
**\$75 / CFAY personnel**  
**\$100 / non-CFAY personnel**

For more information, please call MWR Aquatics Office at **046-816-5620**.



# POOL HOURS

## Purdy Pool

Starting Tuesday, September 2

### Monday - Friday:

Lap Swim	6 a.m. - Noon
Rec Swim	Noon - 7 p.m.

### Saturday:

Lap & Rec Swim	8 a.m. - 3:45 p.m.
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**Sunday & Holiday:** CLOSED

## Green Beach

Starting Tuesday, September 2

CLOSED for the Season

## Ikego Pool

Starting Tuesday, September 2

CLOSED for the Season

For more information or for swim lesson schedule and cost, please visit our website by scanning the QR Code.



Visit the web

Schedule is subject to change.



# Single Sailor September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day Buffet 4:30 p.m.	2 Dungeons & Dragons Night 6:45 - 9:45 p.m.	3 Liberty Outreach: CFAY Galley 11 a.m.	4 Call of Duty: Vanguard PS5 Tournament 5 p.m.	5 NFL Kickoff: Cowboys vs. Eagles 9 a.m.	6 Marina Water Sports Adventure 1 - 3 p.m.
7 Ginza Art Aquarium & Area Tour 8 a.m. - 5 p.m.	8 Lord of the Rings Movie Marathon All Day	9 Dungeons & Dragons Night 6:45 - 9:45 p.m.	10	11 Bowling Night 4 - 6 p.m.	12 Foodie Friday: Pizza Night 4:30 p.m.	13 Yokohama Chinatown Exploration 9 a.m. - 4 p.m.
14 National Cream Filled Donut Day All Day	15 801 Dart Tournament 5 p.m.	16 Dungeons & Dragons Night 6:45 - 9:45 p.m.	17 Liberty Barracks Bash: UH 3387 Chicken & Waffles 4:30 p.m.	18	19 Poker Night 5 p.m.	20
21 Grand Sumo Tournament 8:30 a.m. - 8:30 p.m.	22 September Birthday Celebration 4:30 p.m.	23 Dungeons & Dragons Night 6:45 - 9:45 p.m.	24 Spades Tournament 5 p.m.	25 Liberty Leisure Class: String Art All Day	26 Down To Your Last \$: National Pancake Day 4:30 p.m.	27 Tokyo Game Show 2025 7 a.m. - 5:30 p.m.
28 Drop Cup Tournament 5 p.m.	29 National Chewing Gum Day All Day	30 Dungeons & Dragons Night 6:45 - 9:45 p.m.				



For more information, call 046-816-7346 or visit [www.navymwr.yokosuka.com](http://www.navymwr.yokosuka.com)

Please register for tournaments at the Liberty Center's main desk.

Liberty programs and services are available to single and unaccompanied, active duty service members.



# TOKYO GAME SHOW 2025



## Makuhari Messe

September 27 • 7 a.m. - 5:30 p.m.

Blue Jacket • \$39 / person

E6 & Above • \$61 / person

Sign-up deadline is September 12.

Tokyo Game Show is a place where games, creators and players from all over the world gather, and a playground where we can create the future of games together. It is a world where people of all ages and nationalities are able to visit and enjoy themselves, and where they can connect with each other and have experiences that they will never forget.



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# **Adult Sports:** **Intramural Fall Sports**

***Softball, Basketball, Volleyball, Soccer, Bowling & Golf.***

**Softball, Basketball,  
Volleyball, and (or) Soccer**

Registrations open Aug. 1 – 31  
These will be 6 or 7 - week seasons  
followed by a 2 - week playoffs.

**Bowling League**

Registration open Aug. 1 – Sept. 5  
This will be a 9 - week season  
followed by a 1 - week playoff.

**Intramural 2 Person  
Golf Scramble**

Registration open Aug. 1 – 31  
Tournament will be held on Sept. 26  
at NAF Atsugi Golf Course.

**Seasons Start September 15**

*These will be open divisions, and available to all individuals over the age of 16 and attached to CFAY or tenant commands.*



# Fitness Challenge

A man with a beard, wearing a white t-shirt and dark shorts, is lying on a bench press machine in a gym. He is lifting a barbell with large black weights. The background is slightly blurred, showing other gym equipment and people.

## Squat Bench Deadlift

**Saturday, September 13 • 8 A.M.**  
**Fleet Rec • 4F BB Court B**

Come out and compete in our first ever Squat, Bench, Deadlift Challenge! Unlike powerlifting, we are looking for the strongest individual for each lift, so you can choose to either compete in one or all three events! Placing in this challenge will put you on our first ever "Beast Board." This challenge will be considered "no gear."

**Register on site.**

For more information, please contact the Fitness Office at 046-896-4486.





# RIDE & VIBE

Friday, October 17 @ 5 p.m.  
& Saturday, October 18 @ 10 a.m.  
Fleet Rec Bldg. • 5th Floor

Come out and spin to the music with our special guests  
Mike on the Bike & B the Motivator leading the class.  
**\$15 / Class • Includes a fitness t-shirt & swag bag!**

Spots are limited, register at Fleet Rec. MWR Fitness Office • 3rd Floor  
For more information, please call 046-896-4486.





# NAVY BIRTHDAY 5K

## OCT.10

PURDY PAVILLION • 11:30 A.M.  
FREE EVENT • REGISTER ON SITE  
OR VISIT THE FITNESS OFFICE



\*The Department of the Navy does not endorse any company, sponsor or their products or services.





## Child Development Centers

The Yokosuka and Ikego Child Development Centers offer child care and developmental activities for children from six weeks to pre-kindergarten.



## School Age Care (SAC)

School Age Care (SAC) programs are for children in kindergarten through 12 years old. We work with dynamic organizations such as the Boys & Girls Clubs of America and 4-H to offer the best programming. Our programs provide educational and recreational activities that focus on building self-esteem, developing appropriate relationships, facilitating academic success, and making healthy choices.

### Types of Care Provided

- Before School Care
- After School Care
- Holiday / Summer Camps
- Hourly Care

To join the waitlist or view current care options, please log into [www.militarychildcare.com](http://www.militarychildcare.com)



## Child & Youth Education Services (CYES)

Child & Youth Education Services (CYES) is the education services arm of CYP. The Child & Youth Education Services Officer provides support to all military connected families in transition with their K-12 education, public, private, parochial, DoDEA, and home school. The SLO helps students and families connect to their command, school, community, and future. **Email the SLO at [MWR\\_Yokosuka\\_School\\_Liaison@us.navy.mil](mailto:MWR_Yokosuka_School_Liaison@us.navy.mil) or call DSN 243-5542 or 046-816-5542.**



## Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC)

Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC) Programs support and augment Child & Youth Programs and DoDEA schools. Counselors provide non-medical support to eligible faculty, staff, parents and children. They may observe, participate and engage in activities with children and youth; coaching, guidance and support to staff and parents, and model behavior management techniques and more! **Contact the SLO for more information about the CYB-MFLC Program at [MWR\\_Yokosuka\\_School\\_Liaison@us.navy.mil](mailto:MWR_Yokosuka_School_Liaison@us.navy.mil) or call DSN 243-5542 or 046-816-5542.**





## Become a Family Child Care (FCC) Provider

Family Child Care (FCC) providers assist parents by providing child care services supporting operational readiness, mission accomplishment and retention.

### Independent Work Environment

- You work for yourself, in your own home.

### Benefits

- Toy & equipment lending library.
- Low cost liability insurance.
- On-site assistance and advice.
- Free monthly training, promotion, ads, and referrals.
- Direct subsidy program.

### Basic Qualifications

- At least 18 years of age.
- Responsible, emotionally stable, and capable of exercising good judgment in caring for children.
- Have a high school diploma, GED, or higher level degree.
- Speak, read, and write English fluently to communicate with parents.

### Types of Family Child Care Homes

- Multi-age homes
- Infant / Pre-Toddler Homes
- Before & After School Homes
- Extended Hours Homes
- Special Needs Homes

### Take the Next Step

Complete an interest form at: <https://militarychildcare.csd.disa.mil/sms/registration/register#>

Contact us for more information about at: DSN: 241-2978 or 046-896-2978 or 070-1201-7944 or Email us at [MWR\\_Yokosuka\\_FCC@us.navy.mil](mailto:MWR_Yokosuka_FCC@us.navy.mil)



## Family Child Care (FCC) Information for Parents

Family Child Care (FCC) offers quality care in a loving, learning home environment for children ages six weeks to twelve years. All homes are certified by DoD.

FCC providers are encouraged to obtain accreditation by the National Association for Family Child Care (NAFCC). As an additional quality assurance measure, FCC providers receive a minimum of one unannounced monitoring visit each month to assess providers' relationships with children and families, appropriateness of the learning environment, planned activities, safety and health of the home, and other items. The goal of these visits is to provide programmatic support and ensure adherence to Navy standards and policies.

### Parent Fees

All FCC subsidized rates must be verified during initial registration using Total Family Income (TFI), and updated annually. TFI will be verified by documentation to include spouse's most recent LES(s), W-2 forms, or detailed pay information. Students are required to provide proof of full-time school enrollment.

- Eligible patrons include: Active Service Members / DoD Civilians.
- Parent fee is assessed through established income categories.
- Multi-child discount will be applied to additional child enrolled.
- Hourly fees will be discussed with your FCC provider.

Contact us for more information about Family Child Care (FCC) at: DSN: 241-2978 or 046-896-2978 or 070-1201-7944 or E-mail: [MWR\\_Yokosuka\\_FCC@us.navy.mil](mailto:MWR_Yokosuka_FCC@us.navy.mil) or visit [www.navymwryokosuka.com](http://www.navymwryokosuka.com)





## Need childcare for your appointment?

Spaces are available at all CDC, FCC & SAC programs after school only or on no-school days.

### Steps to register for Hourly Care:

1. Complete a Navy CYP Registration packet:  
MWR\_Yokosuka\_CYPadmin@us.navy.mil
2. Email or drop-off forms at any CDC (243-3219, 243-3033, or 246-8060) or CYP Admin Office (243-4079).
3. An orientation is required before drop off.  
Registration link for finding hourly care availability is <https://myffr.navyaims.com/yokosukacyp.html>
4. Login information to sign-up for hourly care will be given once orientation is completed.

For more information, please call 046-816-4079 or Email: MWR\_Yokosuka\_FCC@us.navy.mil or MWR\_Yokosuka\_CYPadmin@us.navy.mil



Free childcare is provided by CYP from 30 minutes before classes begin to 30 minutes after classes end.

### Steps to register for AOB Child Care:

1. Contact CDC, SAC, or FCC for availability and for registration information.
2. To process registration for school age children, they must be enrolled in DoDEA Elementary School. SAC programs offer care before & after school during the school year.
3. SAC programs provide full day care for children during the Summer, Spring, and Winter school breaks.

If you have any questions you can reach out to CYP admin at mwr\_yokosuka\_cyp\_AOB@us.navy.mil or call 046-816-4079. Contact the FCC Director at mwr\_yokosuka\_FCC@us.navy.mil or 046-896-2948.

**Welcome New Families!**  
**CYP AOB Child Care**



## Family Care Plan Campaign

The Child Development Centers, Family Child Care and the School Age Centers will be reaching out to military families to ensure the Family Care Plans are completed. Child & Youth Programs will work with families and their command to ensure all active duty single and dual military families with dependents enrolled in CDC or SAC programs have the correct paperwork completed and turned in for this requirement.

### What is the Family Care Plan?

Family Care Plans are mission planning tools to establish and document written plans to care for minor children while the sailor is absent (DoD Instruction 1342.19).

### Who does it affect?

The Family Care Plan (FCP) is required for all single and dual active duty military sailors with children enrolled in CDC or SAC programs.

### When does the FCP need to be completed?

Single and dual sailors with dependents enrolled in CDC or SAC programs are asked to complete the FCP as soon as possible. New enrollments have up to 60 days from the original start date to provide FCP.

### Why is it important?

To be mission ready and best prepared to take care of your child in case of an emergency.

### What can you do?

Contact CYP as soon as possible to verify your FCP status.

For more information, please call 046-816-4079 or Email: MWR\_Yokosuka\_FCC@us.navy.mil or MWR\_Yokosuka\_CYPadmin@us.navy.mil





## What is a School Liaison Officer?

The School Liaison Officer serves as the liaison between the installation commander, military agencies, and schools by providing assistance in matters pertaining to student education.

The School Liaison Officer also implements the Navy's Strategic Planning for Education Advocacy K-12 recommendations in order to ensure Navy families have access to quality educational opportunities. School Liaison Officers level the playing field for military children by ensuring maximum educational opportunities for success.



## Why are School Liaison Officers needed?

School transition and deployment support is a Navy readiness and retention issue. The Navy benefits from having Sailors who can focus on their duties, whether ashore or deployed.

- Navy families move their children an average of every 2.9 years.
- Children of military personnel attend up to 9 different schools by graduation.
- Military families are reluctant to disrupt high school youth in their senior year.
- Deployments can impact children's educational outcomes.
- Many families decide to "separate geographically" to keep kids in current school.



## Navy School Liaison Officers Provide Seven Core Services to Assist Families

### • School Transition Services

Assist families with school transfers and help 'level the playing field' for military children and youth.

### • Deployment Support

Connect educators with Navy deployment support system to inform them about cycles of deployment and tools available to assist in working with Navy children.

### • Command, School, Community Communications

Serve as subject matter experts for installation commanders on K-12 issues, helping to connect command, school and community resources.

### • Home School Linkage and Support

Assist families by gathering and sharing information on home schooling issues, policies and legislation and help leverage CYP resources to support these families.

### • Partnerships in Education (PIE)

Creates volunteer network of resources to support installation and community members who have vested interest in the success of all youth.

### • Post-Secondary Preparations

Leverage installation and school resources to provide graduating military students with access to post secondary information and opportunities.

### • Special Needs System Navigation

Provide information on installation and community programs and services, make referrals to EFMP, and assist in navigating administrative systems within LEAs.

For more information or to contact the School Liaison Officer, E-mail: [MWR\\_Yokosuka\\_School\\_Liaison@us.navy.mil](mailto:MWR_Yokosuka_School_Liaison@us.navy.mil)





# Military Youth of the Year

## 2026

Are you an ambitious teen who is highly involved at school and in the community? If so, come compete for Youth of the Year and represent CFAY.

The Youth of the Year program creates opportunities for youth to receive recognition at the local, state, regional and national levels, as well as a chance to win scholarship money.

Candidates are first chosen as Regional Youth of the Year and awarded a **\$2500 scholarship** for Asia. Then they move on to possibly be chosen as Regional Youth of the Year, receiving a **\$20,000 scholarship**.

The military candidates move forward on a separate path where they may be selected as the National Military Youth of the Year. That selectee receives an additional **\$20,000 scholarship** and moves on with five traditional Regional YOY candidates to contend for the National Youth of the Year finale.

The National Youth of the Year is awarded a **\$50,000 scholarship** and a **brand-new car**.

For more information, contact the Yokosuka Teen Center at 046-896-2098 or the Ikego Teen Center at 070-1201-7973.





## '25 YSF CALENDAR



Activity / Sport	Registration Due By	Sign-up Period	Session Dates	Ages	First Game	Cost
<b>Fall Sports</b>						
Soccer	May 23	Jun 2 - Jul 4	Aug 18 - Oct 11	5 - 18	Aug 30	\$60
Start Smart Soccer	May 23	Jun 2 - Jul 4	Sept 1 - Oct 10	3 - 5	N/A	\$25
Flag Football	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	5 - 18	Nov 1	\$60
Start Smart Flag Football	Jul 18	Jul 28 - Aug 22	Nov 3 - Dec 12	3 - 5	N/A	\$25
Outdoor Cheerleading	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	5 - 13	Nov 1	\$50
Girls Volleyball	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	9 - 18	Nov 1	\$60
Boys Volleyball	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	9 - 18	Nov 1	\$60
Junior Run Club	Aug 29	Sep 8 - Sep 26	Oct 14 - Nov 29	6 - 18	N/A	\$25
<b>Winter Sports</b>						
Dodgeball	Oct 24	Nov 3 - Nov 21	Dec 15 - Jan 31	7 - 18	Jan 10 2026	\$60
Basketball	Oct 17	Oct 27 - Nov 21	Feb 2 - Mar 28	5 - 18	Feb 14 2026	\$60
Start Smart Basketball	Oct 17	Oct 27 - Nov 21	Feb 9 - Mar 20	3 - 5	N/A	\$25
Indoor Cheerleading	Oct 17	Oct 27 - Nov 21	Feb 2 - Mar 28	5 - 13	Feb 14 2026	\$50
<b>Sports Camp</b>						
Spring BFA Soccer Camp	Jan 31	Feb 10 - Mar 7	Mar 24 - Mar 28	5 - 15	N/A	\$60

### Practice Days and Times\*

**League Sports / Cheerleading:** Practices will be Mondays & Wednesdays or Tuesdays & Thursdays for an hour between 4 - 7 p.m.

**Start Smart:** Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4 - 5 p.m.

**Run Clubs:** Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4:30 - 5:30 p.m. \* Calendar information, programs, dates, aging date, and cost are subject to change.

### Steps to Register for Youth Sports Activities and Programs:

(1) Complete a Navy Child & Youth Program Registration Packet:

[www.navymwryokosuka.com](http://www.navymwryokosuka.com)

(2) Complete a PAYS orientation training - Link to PAYS training:

<https://www.nays.org/paysonline/>

(3) Email forms and PAYS Certification to:

[CFAYOUTHSPORTS@us.navy.mil](mailto:CFAYOUTHSPORTS@us.navy.mil)

(4) Login information to sign-up for our sports activities will be given through email once forms are reviewed and verified.

(5) Registration Link: [https://myffr.navyaims.com/yokosuka\\_cyp.html](https://myffr.navyaims.com/yokosuka_cyp.html)

Forms can be picked up and/or dropped off at our Youth Sports Office from 10 a.m. - 5:30 p.m.

### Volunteer Coaches

Our Youth Sports Program is always looking for volunteer coaches. They are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. If you are interested in coaching, please email us at [CFAYOUTHSPORTS@us.navy.mil](mailto:CFAYOUTHSPORTS@us.navy.mil).

Find us on Facebook @ [www.facebook.com/yokosukacyp](https://www.facebook.com/yokosukacyp)

For more information call **046-806-2952**







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**2025**

# GREAT NAVY CAMPOUT

Discover Your Adventure

**SEPTEMBER 13 - 14**  
**Ikego Campgrounds**

Activities 4 - 10 p.m. • Campground checkout - September 14 @ 10 a.m.

Pack your tents and bring the whole crew—Ikego Campgrounds is turning into the ultimate FREE family camping adventure! Enjoy a night under the stars with fun crafts, a blazing campfire, free food/s'mores\*, and an outdoor showing of the movie **Ghostbusters**! With \$1 gear rentals\*, it's the perfect way to unplug, enjoy the season, make memories, and connect with the Yokosuka and Ikego communities!

(\*while supplies last)

**Register at the Outdoor Rec Center August 1 - September 10.**

**For details call 046-816-5732.**



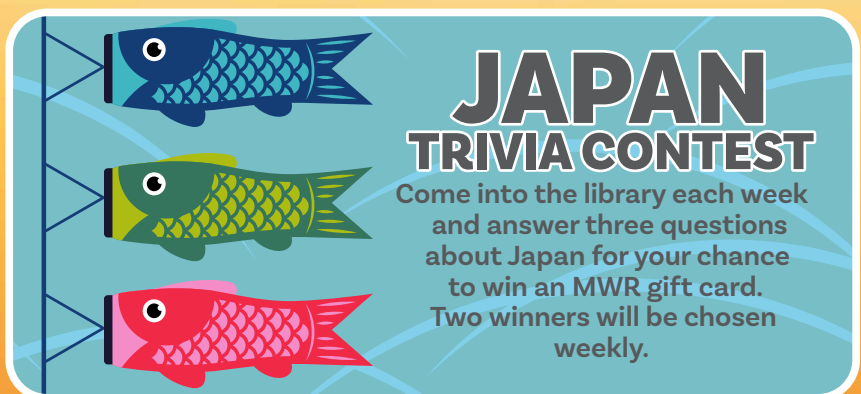
No Navy endorsement implied.



# September

## Yokosuka & Ikego Libraries

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Labor Day <b>1</b>  <b>LIBRARY CLOSED</b>	<b>Full STEAM Ahead 2</b> 10 a.m. Ikego Nikko Heights Community Room <b>Lego Mania</b> 3 - 4 p.m. Yokosuka Library	<b>3</b>  <b>Full STEAM Ahead</b> 10 a.m. Yokosuka Library	<b>4</b>	<b>5</b>  <b>Baby &amp; Toddler Story Time</b> 10 a.m. Yokosuka Library	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> <b>Full STEAM Ahead</b> 10 a.m. <b>Lego Mania</b> 3 - 4 p.m. Ikego Nikko Heights Community Room	<b>10</b>  <b>Full STEAM Ahead</b> 10 a.m. Yokosuka Library	<b>11</b>  <b>Adults: Quiet Book Club</b> 5:30 - 6:30 p.m. Yokosuka Library	<b>12</b>  <b>Baby &amp; Toddler Story Time</b> 10 a.m. Yokosuka Library	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b> <b>Full STEAM Ahead</b> 10 a.m. Ikego Nikko Heights Community Room	<b>17</b>  <b>Full STEAM Ahead</b> 10 a.m. Yokosuka Library	<b>18</b>	<b>19</b>  <b>Baby &amp; Toddler Story Time</b> 10 a.m. Yokosuka Library	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b> <b>Full STEAM Ahead</b> 10 a.m. Ikego Nikko Heights Community Room <b>Free Movie</b> 2:30 p.m. Benny Decker Theater	<b>24</b>  <b>Full STEAM Ahead</b> 10 a.m. Yokosuka Library	<b>25</b>  <b>Teens: Low-Key Book Club</b> 5:30 - 6:30 p.m. Yokosuka Library	<b>26</b>  <b>Baby &amp; Toddler Story Time</b> 10 a.m. Yokosuka Library	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> <b>Full STEAM Ahead</b> 10 a.m. Ikego Nikko Heights Community Room				



For more information, please call 046-816-5574, stop by Yokosuka Library,  
or visit the MWR website at [www.navywmwryokosuka.com](http://www.navywmwryokosuka.com).



# Pottery Classes

**Monday - Sunday**  
**9 a.m. - 7 p.m.**

The studio is available for patrons ages 17 and up; minors ages 14 - 16 must be accompanied by a parent or legal guardian at all times. We offer beginner, intermediate, and advanced classes and teach techniques for wheel throwing, hand building, glazing, and firing. Students are also exposed to a variety of tools and materials. Our instructors are professional potters who have their own artistic careers.

For more information or to register, please call 046-896-3692, visit the MWR website at [www.navymwryokosuka.com](http://www.navymwryokosuka.com), or stop by the Pottery Studio located in Bldg. B-48, 1st Floor (adjacent to the Outdoor Recreation Center and USO).

**Class registration is required.**

## **Class Fees**

\$120 + \$30 Material Fee (10kg clay) per month

### **2 hours Instructional Sessions**

1 class per week / 4 classes per month, firing & open studio time included.

### **2 hours Non-Instructional Sessions**

2 classes per week / 8 classes per month, firing & open studio time included.

## **Special Painting Class**

\$20 per 90min session (materials included).

## **Special Event**

### **1 hour Instructional Session**

\$50 per class / per student (materials included).

## **Clay Cost**

10kg (22lbs) • \$30 / 20kg (44lbs) • \$60

*Fees subject to change.*

## Auto Skills Center

Whether you're a hobby enthusiast, a car care novice or an auto expert, the Yokosuka Auto Skills Center affords you ample opportunities to spend time doing something you love. Whether you're with a group or by yourself, you can save big bucks on vehicle repairs and maintenance. We can provide a variety of tools for performing common car maintenance and repair work, and knowledgeable, friendly staff members are available for guidance and teaching.

- Students ages 16 and below must be accompanied by a parent or guardian.
- Participants are required to use their own POV during class.
- The Auto Skills Center does not sell vehicle maintenance supplies or repair parts. All supplies, and repair parts will be procured by the participant for each class from a list provided by the Auto Skills Center at the time of sign-up.
- Registration is required by the Thursday before each class.
- The completion of a Safety Test is required before class attendance. The Auto Skills Center Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.

### Automatic Transmission Fluid & Power Steering September 13 • 1 - 4 p.m. • Basic

This class will cover how to check and change automatic transmission fluid, as well as how to check and replace power steering fluid as needed.

**\$15 / person**



### Radiator / Coolant Inspection September 27 • 1 - 4 p.m. • Intermediate

Is your car overheating? Does it take a long time to reach operating temperature? This course will cover the inspection and replacement of the radiator and supporting coolant components.

**\$15 / person**

## Wood Hobby Shop

### Curious About Woodworking?

Have you ever had a wood project you wanted to make but didn't know how to go about doing it? Do you have furniture that was damaged during your move to Yokosuka? Thinking of making a gift for the holidays or a special event? The Wood Hobby Shop can help! All you need is an idea for a design and the size of what you want, and we can help you from there!

- The Wood Hobby Shop is available for patrons ages 17 and up; minors ages 14 - 16 must be accompanied by a parent or legal guardian at all times.
- Registration is required by the Thursday before each class.
- The completion of a Safety Test is required before class attendance. The Wood Hobby Shop Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.



### Basic Router Techniques September 6 • 1 - 4 p.m.

This class will cover three objectives: to introduce and familiarize the students with the router and router components; to review the various router bits and the appropriate application of each; and to familiarize the students with the operation and adjustment of the router. This is a hands-on class, so each student will have the opportunity to make several cuts. Course material includes safety, bit selection, depth setting, edge routing, and hands-on exercises.

**\$15 / person**

### Making a Basic Dovetail Box September 20 • 1 - 4 p.m.

This class will take you into the world of small box making. Small boxes can vary from simple to extremely elegant. From a simple recipe box to an intricate jewelry box, this class will be the starter in a new line of box making classes. The half-blind dovetail will be the core of this box. Other variations will also be discussed. At the end of this class, each student will take home a box of their own.

**\$15 / person**





# ORIGAMI

Origami is a Japanese term which refers to the art of paper folding. The objective of the art is to fold pieces of paper into pretty, decorative objects that represent birds, flowers, animals, or useful objects such as boxes, cups, chopstick supports, etc. Registration is required

**Open to ages 6 and up.**

Please call / visit the Ikego Community Program office to check class date and availability.

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The Ikego Community Center offers classes for both children and adults, including Japanese Arts & Crafts, Pre-Ballet, Beginner Ballet, Guitar, Drums, Piano, Japanese Language, and Kimono Dressing.

For more information or to register, please call 046-806-8071, visit the MWR website at [www.navymwryokosuka.com](http://www.navymwryokosuka.com), or stop by the Ikego Community Center Program Office located in Bldg. 611 (near the red antenna tower).

## Yokosuka Community Center

For more information or to register, please call 046-896-4111, visit the MWR website at [www.navymwryokosuka.com](http://www.navymwryokosuka.com), or stop by the Yokosuka Community Center Program Office located in the Community Readiness Center (CRC) Bldg. 3365, 3rd Floor (across the street from the Commissary).



### Arts & Crafts

**Origami • Tuesdays • 4 - 5 p.m. • \$10**  
**Ikebana • Thursdays • 10 a.m. - Noon • \$30**  
**Drawing • Thursdays • 3 - 4 p.m. • \$10**  
**Tea Ceremony • Fridays • 12:30 - 1:30 p.m. • \$25**

Our Arts and Crafts programs offer fun, cultural experiences for all ages through a variety of creative activities. Children ages 6 and up can enjoy origami, the traditional Japanese art of paper folding, while those 5 and older can explore Ikebana, the graceful and meditative practice of Japanese flower arrangement. Drawing for kids, designed for ages 6-11, encourages young artists to express themselves while building foundational art skills. For older students, ages 14 and up, our Japanese tea ceremony class offers a unique opportunity to learn the refined customs and cultural significance behind this traditional ritual. Each class provides a hands-on and enriching experience rooted in creativity and Japanese tradition. Registration is required for each class.



### Japanese Cooking

**Tuesdays • 10:30 a.m. - 12:30 p.m.**

**Wednesdays • 4 - 6 p.m.**

**Fridays • 10 a.m. - Noon**

**Yokosuka Community Center Program Office**

Discover the flavors and techniques of authentic Japanese cuisine in our hands-on cooking class! Designed for ages 18 and up, this class introduces participants to traditional Japanese dishes, ingredients, and preparation methods. Whether you're a beginner or looking to expand your culinary skills, you'll gain confidence in the kitchen while learning how to create delicious, home-style meals. Registration is required.

**\$35 / class**





## Ikego West Valley Recreation Area

For more information on camping or paintball, please stop by the Outdoor Recreation Center, call 046-816-5732 or visit our website at [navymwryokosuka.com](http://navymwryokosuka.com).

### Cabin & Campsite Rentals

The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends! Campsite and cabin reservations are to be made at the Outdoor Recreation Center Thursdays - Tuesdays from 10 a.m. - 6 p.m. Each site holds a maximum of twenty people. There are five rustic cabins available for rent. None of the cabins have running water. All cabins and campsites have a designated BBQ grill. Cabin rentals start at \$40 / day. Payment is required in person to make a reservation.



## Outdoor Rental Center

For more information on bicycle repairs or equipment rentals, please call 046-816-5732 or visit the MWR website at [www.navymwryokosuka.com](http://www.navymwryokosuka.com)

### Bicycle Maintenance & Repair

Free estimates! Have our certified bicycle technician take care of your major or minor bicycle repairs and maintenance.



### Equipment Rentals

Please call the Outdoor Rental Center for pricing for the following items:

- Multi-speed bicycles, locks, and helmets
- Hiking equipment (boots, backpacks, rain gear, and hiking poles)
- Party equipment (4-foot charcoal grills, 8-foot tables, folding chairs, indoor air toys, and a pig roaster)

### Special Events

Are you planning a picnic, a change-of-command or retirement ceremony, or a birthday party? Do you need air toys, tents, tables, etc.? MWR's Special Events Department is here to help with reservations, delivery, set up, and break down!



## Outdoor Recreation

For more information, please call 046-816-5732 or visit the MWR website at [www.navymwryokosuka.com](http://www.navymwryokosuka.com)

Please register for trips in person at Outdoor Recreation located in Bldg. 48 next to the James D. Kelly Fleet Recreation Center. Blue Jacket prices are available to single and unaccompanied, active duty E5 & below service members attached to CFAY / tenant commands only.

### Beginner Hike at Aokigahara Jukai September 6 • 5 a.m. - 5 p.m.

Enjoy the sights and sounds of the deep forest at Aokigahara Jukai (AKA Sea of Trees, or haunted forest) lying at the northwest base of Mt. Fuji. The forest is dense, shutting out all but the natural sounds of the forest itself. We will also visit lava tubes in the forest, though we are not entering the caves. Minimum age is 10 years old.

**\$70 / person**

**\$55 / Blue Jacket**



### Odawara Forest Adventure Zip Lining September 6 • 7 a.m. - 2 p.m.

This aerial course, built through the trees in a ravine is comprised of ladders, bridges, swings, nets, and giant zip lines. Equipped with a harness and attached to a safety line, participants swing from tree to tree and zip across the park! Minimum age is 7 years old.

**\$65 / person**



### Canyoning in Minakami September 7 • 5 a.m. - 9:30 p.m.

Navigate your way through steep canyons as you repel, jump off waterfalls, and swim in crystal clear pools! Trip fee includes transportation, canyoning rental equipment and lunch. Minimum age is 14 years old.

**\$180 / person**

### Mahi-Mahi Deep Sea Fishing September 13 • 5 a.m. - 4 p.m.

We make it our goal to get you to the fish and make your fishing charter memorable. Registration fee includes tackle, live bait and an experienced sea captain to take you out for a day of sun, sea and Mahi-Mahi fishing. Trip leader will bring tackle and two cooler boxes filled with ice to the meeting location, but please bring your own cooler box if you'd like to bring fish back home. Minimum age is 9 years old.

**\$180 / person**

### Beginner Hike at Mt. Fuji's Hoei Crater September 13 • 5 a.m. - 5 p.m.

Beginning from the trailhead of Fujinomiya 5th Station our hike will take us to Hoei Crater, a huge crater on the south-east side of Mt. Fuji, caused by its last eruption in 1707. Explore in and around the crater, getting to see lesser-traveled areas of the mountain and experiencing beautiful views to the south. The hike is roughly 4-miles round trip with 1,750ft of elevation gain, and will take about 4 hours. Minimum age is 10 years old.

**\$70 / person**

**\$55 / Blue Jacket**





## Beginner Hike at the Base of Mt. Fuji Gotemba Trailhead

September 20 • 5 a.m. - 5 p.m.

This hike will take us around the forest at the base of Mt. Fuji to the trailhead at Gotemba on the east side of the mountain. During the hike, you'll be able to take in the hugeness of the mountain as well as the vastness of its base. Minimum age is 10 years old.

**\$70 / person**

**\$55 / Blue Jacket**

## Ravine Fishing at Hayato International Fishery

September 21 • 5 a.m. - 5 p.m.

Enjoy Japanese traditional fishing by using a single bamboo rod with no reel at Hayato Ravine, a fresh water ravine that originates at Mt. Hirugatake, the highest peak in the Tanzawa Mountain Range. If you've never fished in this style before, our trip leader will show you the basic skills needed. Trip fee includes transportation, fishing fee, rental tackle, bait and fishing net.

Minimum age is 6 years old.

**\$90 / person**



## Red Snapper Deep Sea Fishing in Tokyo Bay

September 27 • 6 a.m. - 4 p.m.

We make it our goal to get you to the fish and make your fishing memorable. Our charter boat will drive an hour or two to get to fishing spots around Kurihama and Okinose by Chiba. Registration fee includes transportation, tackle, bait and an experienced sea captain to take you out for a day of sun, sea and fishing for red snapper, yellow-tail, rock fish and mackerel. Minimum age is 12 years old.

**\$180 / person**



## Extreme Onsen & Hiking with Ouchijyuku Post Town Visit

September 28 • 4 a.m. - 8 p.m.

Our trip begins with a stop at Ouchijyuku Post Town, an Edo Period (1603 - 1868) town with thatched roof buildings housing many fantastic gift shops to purchase souvenirs. After lunch, we will hike for about an hour through rugged volcanic terrain to the Extreme Onsen Adventure, located at the source of Numajiri Motoyu hot spring. Boasting the largest volume of hot spring water in Japan, we'll have the opportunity to soak in the natural pools (bathing suits required) and take in the amazing volcanic views. The pale blue hot spring water has a strong acid of 2.1pH, like that of a lemon and is said to have great medicinal benefits. Minimum age is 9 years old.

**\$160 / person**

# TICKETS & TRAVEL



## September Tours

Registration ongoing.

### Monday, September 1

- Japan Alps Kamikochi National Park Hiking

### Saturday, September 6

- Mt. Fuji Summer Sightseeing
- Fuji-Q Highland Amusement Park

### Sunday, September 7

- Shizuoka Sightseeing w/ Green Tea Museum
- Mitsui Outlet Park Kisarazu & Umihotaru

### Saturday, September 13

- Annual Seto Pottery Festival / Market
- Mt. Omuro & Jogasaki Coastal Hike

### Sunday, September 14

- Toyosu Market & Grand Sumo Tournament
- Fuji Safari Park

### Saturday, September 20

- Tokyo Dome Baseball: Giants v. Carp
- Fukiware Falls & Kokeshi Doll Factory

### Sunday, September 21

- Asakusa Shopping & Grand Sumo Tournament
- Matsumoto Castle & Zenkoji w/ Grape Picking

### Saturday, September 27

- Yunnissun Hot Spa

### Saturday, September 27 – 29

- Hiroshima Overnight (Iwakuni, Miyajima, Himeji)

### Sunday, September 28

- Tokyo Tower & Grand Sumo Tournament

## October Tours

Registration begins Saturday, September 6.

### Saturday, October 4

- Oya Subterranean Cave & Bamboo Forest
- Japanese Dinner Boat Cruise in Yokohama

### Friday, October 10

- Yokohama Chinatown Paint & Sip (18+)

### Saturday, October 11

- Mother Farm & Tokyo Bay Ferry
- Mt. Fuji Sightseeing

### Sunday, October 12

- Hitachi Seaside Park & Ushiku Buddha
- New Sanno Brunch & TeamLab Planets

### Monday, October 13

- Nikko Sightseeing

### Saturday, October 18

- Ashikaga Flower Park Illumination
- Fukuroda Falls & Ryujin Suspension Bridge

### Sunday, October 19

- Yunnissun Hot Spa
- Mishima Skywalk & Gotemba Premium Outlet Mall

### Friday, October 24

- Tokyo DisneySea

### Friday, October 24 – 26

- Aomori, Iwate & Miyagi Overnight

### Saturday, October 25

- Zoorasia & Forest Adventure Park Yokohama

### Sunday, October 26

- Fuji Sightseeing in Shizuoka

All tours are subject to change.



Scan here to register  
at **MyFFR**

For more information call  
**046-896-5056**



UPCOMING

# HALLOWEEN

EVENTS

We will have events throughout the month at both Yokosuka & Ikego. Come out and celebrate everyone's favorite creepy holiday!

- Halloween Spook' tacular
- Nerf Battle\*
- Pumpkin Run\*
- Bowling & More!



Visit the web

Please check our website for schedule of events at [www.navymwryokosuka](http://www.navymwryokosuka) or scan the QR Code.

\*Pre Registration is Required for these events.



## AOB / ICR

Sept. 2 - 4  
Sept. 9 - 11  
Sept. 16 - 18  
Sept. 23 - 25  
Sept. 30 - Oct 2

## Deployment

**General Homecoming Brief**  
Sept. 15 at 1 p.m. (Virtual)  
**Navigating Your New Normal**  
Sept. 26 at 9 a.m. (Virtual)

## Exceptional Family Member

**EFMP Command POC Training**  
Sept. 19 at 10 a.m. (Virtual)

## Family Employment

**DOL TEAMS: Flexible Job Options**  
Sept. 9 at 9 a.m.  
**DOL TEAMS: Marketing Me**  
Sept. 9 at 11:10 a.m.  
**DOL TEAMS: Federal Hiring**  
Sept. 9 at 2:10 p.m.  
**Volunteer Orientation**  
Sept. 16 at 11 a.m.  
Sept. 24 at 11 a.m. (Virtual)

## Family Readiness

**Emergency Evacuation Program Overview (EEP)**  
Sept. 22 at 10 a.m.  
**Emergency & Disaster Preparedness**  
Sept. 22 at 11:30 a.m.

## Intercultural Relations

**Ikego Japanese Language Series**  
Sept. 2, 9, 23 & 30 at 12 p.m.  
**Youth ICR**  
Sept. 2 (ELEM) at 2:30 p.m.  
Sept. 9 (MS/HS) at 2:30 p.m.  
**Enjoying Japanese Food at Home**  
Sept. 5 at 1:30 p.m.  
**Everyday Japanese**  
Sept. 8 & 22 at 10 a.m.  
**Daisuki**  
Sept. 9 at 10 a.m.  
**Surviving in Japan**  
Sept. 10 at 10 a.m. (Ikego)

## Active Japanese Language

Sept. 10 & 24 at 3 p.m.  
**Zushi-Hayama Tour**  
Sept. 26 at 10 a.m. (Ikego)

## Life Skills

**Symptom Reduction Group**  
Sept. 2 at 2 p.m.  
**Pre-Marriage Seminar**  
Sept. 3 at 9:30 a.m. (Virtual)  
**Resiliency Bootcamp**  
Sept. 4 & 11 at 11:30 a.m.  
**Japanese Spouse Group**  
Sept. 10 at 10:30 a.m. (Hybrid)  
**English as a Second / Foreign Language (ESL / EFL)**  
Sept. 10 at 1 p.m. (Virtual)  
Sept. 12 & 26 at 1 p.m.  
Sept. 24 at 1 p.m. (Ikego)

## Parenting

**Active Parenting of 5 - 12-year-olds (4 - Class Series)**  
Sept. 4 at 10:30 a.m.

## Personal Finance

**Private Organization**  
Sept. 2 at 9 a.m. (Virtual)  
**Vesting in TSP**  
Sept. 4 at 9 a.m.  
**Million Dollar You**  
Sept. 10 - 11 at 8 a.m. (Virtual)  
**PFM Command Leadership Forum**  
Sept. 16 at 10 a.m. (Virtual)  
**Emergency Financial Preparedness**  
Sept. 16 at 1 p.m. (Virtual)  
**CFS Training**  
Sept. 22 - 26 at 8 a.m.  
**First Duty Station**  
Sept. 30 at 9 a.m.

## Relocation Assistance

**Sponsorship On-Demand**  
Sept. 4 & 18 at 8 a.m. (Virtual)  
**Smooth Move**  
Sept. 5 at 9 a.m.  
**Military Spouse 101**  
Sept. 5 at 1 p.m.  
Sept. 26 at 10 a.m. (Japanese) (Hybrid)  
**Space A / EML Flights Brief**  
Sept. 8 at 11 a.m.

## Sponsorship Training

Sept. 11 at 1 p.m. (Virtual)  
Sept. 18 at 1 p.m.  
Sept. 25 at 9 a.m. (Virtual)

## SAPR

**SAPR VA (Initial) IVAC**  
Sept. 8 - 12 at 7:30 a.m.  
**SAPR Admin VA**  
Sept. 15 at 9 a.m.  
**SAPR Resident Advisor**  
Sept. 19 at 1 p.m.  
**SAPR CMT**  
Sept. 24 at 1 p.m.

## Transition Assistance

**TAP Core Curriculum**  
Sept. 8 - 10 at 8 a.m. (Retiree)  
Sept. 15 - 17 at 8 a.m.  
**My Employment Track**  
Sept. 11 - 12 at 8 a.m.  
**My Education Track**  
Sept. 18 - 19 at 8 a.m.  
**My Entrepreneurship Track**  
Sept. 22 - 23 at 8 a.m.

## September Events

**Bells Across America**  
Sept. 25 at 10 a.m.  
**Ombudsman Appreciation Luncheon**  
Sept. 29 at 11 a.m.

*AOB / ICR classes are multi day classes and are mandatory for all in-coming personnel both military & civilian.*

*Events dates and times are subject to change or cancellation.*

Registration is required for all classes. For more information on any of our classes or to register, please visit our office on the 4th Floor of Community Readiness Center Building (Bldg. 3365) or contact us via phone, email, or website.



046-816-3372



FFSCinfo@us.navy.mil



www.navymwryokosuka.com







# BELLS ACROSS AMERICA FOR FALLEN SERVICE MEMBERS

**Tolling in Remembrance of our Nation's Fallen**

Join us as we pay tribute to the brave men & women who died in service to our nation and recognize the sacrifices of those who have been left behind.

# SEPTEMBER 25

**10 A.M. • Commander Fleet Activities Yokosuka  
Kosano Park • Rain Location: C2 Auditorium**

For more information call 046-816-3372 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)



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# Facility Directory & Hours

For more information  
visit us on the web.



## ATHLETICS

<b>Adult Sports Office</b>	<b>046-896-2955</b>
Monday - Friday	8 a.m. - 5 p.m.
<b>Aquatics Office</b>	<b>046-816-5620</b>
<b>Athletics Facilities</b>	<b>046-896-2945</b>
<b>Deployed Forces Support</b>	<b>046-816-7284</b>
Monday - Friday	8 a.m. - 5 p.m.
<b>Fitness</b>	<b>046-896-4486</b>
Monday - Friday	8 a.m. - 5 p.m.
<b>Fleet Gym</b>	<b>046-816-5304</b>
Basketball Court	24/7
Fleet Gym Cardio Room	24/7
5F Exercise Machines	24/7
<b>Fleet Gym, Gear Issue, 4F Weight Room</b>	
Monday - Sunday	24/7
Holidays	24/7
<b>Green Beach Pool*</b>	<b>046-816-6410</b>
<b>Ikego Pool*</b>	<b>046-806-7988</b>
<b>Liberty Center</b>	<b>046-816-7346</b>
Monday - Thursday	10 a.m. - 10 p.m.
Friday - Sunday	10 a.m. - 11 p.m.
<b>Purdy Fitness Center</b>	<b>046-896-2949</b>
Monday - Friday	5:30 a.m. - 9 p.m.
Saturday - Sunday	8 a.m. - 4 p.m.
Holidays	Closed
<b>Purdy Fitness Center</b>	<b>046-896-2949</b>
<b>Reception Counter</b>	
Monday - Friday	8 a.m. - 6 p.m.
Saturday - Sunday	Closed
Holidays	Closed
<b>Sanban Tower Family Fitness Room</b>	
Monday - Friday	24/7
Holidays	24/7
<b>Purdy Fitness Center Pool</b>	<b>243-5620</b>
Monday	Monday
- Friday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 3:45 p.m.
Sundays & Holidays	Closed

## DINING OPERATIONS

<b>Bowling Center &amp; Midway Grill &amp; Gaming Room</b>	<b>046-816-4200</b>
Monday	Closed
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday*	10 a.m. - 11 p.m.
Saturday*	9 a.m. - 11 p.m.
Sunday	9 a.m. - 9 p.m.
Holidays	9 a.m. - 9 p.m.
* Open until midnight when carrier group is in port	
<b>Club Alliance</b>	<b>046-816-3000/5951</b>
<b>Anchor Lounge Karaoke</b>	
Sunday - Tuesday	Closed
Wednesday - Saturday	5 p.m. - 11 p.m.
<b>Alliance Delivery Orders</b>	<b>046-816-5985/241-3786</b>
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
<b>Bayou Burger</b>	<b>046-816-5985/241-3786</b>
Sunday - Thursday	11 a.m. - 4 p.m.
Friday & Saturday	11 a.m. - Midnight
<b>Italian Gardens</b>	<b>046-896-3786</b>
<b>Lunch</b>	
Monday - Friday	11 a.m. - 2 p.m.
Saturday, & Sunday	Closed
Holidays	Closed
<b>Dinner</b>	
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
<b>Sharky's Roadhouse Lounge</b>	
Sunday - Thursday	Closed
Friday & Saturday	Temporarily Closed
<b>Sharky's Killer Wings</b>	
Sunday - Thursday	4 - 11 p.m.
Friday & Saturday	5 p.m. - Midnight
Holidays	11 a.m. - 11 p.m.
<b>Food Court</b>	<b>046-816-3245</b>
<b>Better Burger</b>	
Daily	6 a.m. - 9 p.m.
<b>Bombers</b>	
Daily	10 a.m. - 9 p.m.
<b>Uptown Pizza</b>	
Daily	10 a.m. - 9 p.m.
<b>CPO Club</b>	<b>046-816-5506</b>
Hours of operation are subject to change	
<b>Dining Room (All Hands)</b>	
Saturday Brunch	9 a.m. - 2 p.m.
Sunday	9 a.m. - 2 p.m.
Holidays	Closed

<b>Lunch Buffet</b>	
Monday - Friday	11 a.m. - 2 p.m.
<b>Dinner</b>	
Monday - Friday	4 - 8 p.m.
<b>Cove Bar</b>	
Sunday	4 - 10 p.m.
Holidays	Closed
Monday - Thursday	11 a.m. - 11 p.m.
Friday	11 a.m. - Midnight
Saturday	4 p.m. - Midnight
<b>Cruise Inn</b>	
Monday - Friday	6 a.m. - 2 p.m.
Saturday, Sunday & Holidays	Closed
<b>Gaming Room</b>	
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday & Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 9 p.m.
Monday & Holidays	Closed
<b>Club Takemiya Dining</b>	<b>046-806-8077</b>
Monday - Friday	11 a.m. - 9 p.m.
Saturday Breakfast	9 - 11 a.m.
Saturday	11 a.m. - 9 p.m.
Sunday Brunch	9 a.m. - 2 p.m.
Sunday Closed	2 - 4 p.m.
Sunday Reopen	4 - 9 p.m.
<b>Club Takemiya Lounge</b>	
Monday & Tuesday	Closed
Wednesday - Thursday	3 - 9 p.m.
Friday & Saturday	4 - Midnight
Sunday	3 - 9 p.m.
Holidays	Open
<b>Gaming Room</b>	
Sunday - Thursday	11 a.m. - 9 p.m.
Friday & Saturday	11 a.m. - Midnight
Holidays	11 a.m. - 9 p.m.
<b>Officers' Club Office</b>	<b>046-816-5030/5002</b>
<b>Officers' Club Cash Cage</b>	<b>046-816-5624</b>
<b>Officers' Club Chopsticks</b>	<b>046-816-5624</b>
Monday - Friday	6 a.m. - 6 p.m.
Weekends & Holidays	Closed
<b>Kosano Dining Room</b>	
Sunday	9 a.m. - 2 p.m.
Monday - Friday	11 a.m. - 8 p.m.
Tuesday	11 - 2 p.m. & 5 - 8 p.m.
Saturday	4 - 8 p.m.
Holidays	Closed
<b>Kurofune Lounge</b>	
Sunday	2 - 8 p.m.
Monday - Thursday	4 - 11 p.m.
Friday - Saturday	4 p.m. - midnight
Holidays	Closed
<b>Gaming Room</b>	
Monday - Thursday	9 a.m. - 11 p.m.
Friday & Saturday	9 a.m. - Midnight
Sunday	9 a.m. - 8 p.m.
Holidays	Closed
<b>Starbucks</b>	<b>046-820-2791</b>
Monday - Sunday	7 a.m. - 8 p.m.
<b>Chili's Grill &amp; Bar</b>	<b>046-896-3865</b>
Daily	11 a.m. - 9 p.m.
<b>Chili's Take-Out</b>	<b>046-896-3842</b>
<b>Seaside Slots &amp; Gaming Room</b>	
Daily	11 a.m. - 7 p.m.
Holidays	11 a.m. - 7 p.m.

## CHILD & YOUTH PROGRAM

<b>CYP Admin Office</b>	<b>046-816-4079</b>
Monday - Friday	7:30 a.m. - 4:30 p.m.
<b>Family Child Care</b>	<b>070-1201-7944</b>
24/7	or <b>046-896-2978</b>
<b>Ikego CDC</b>	<b>046-806-8060</b>
Monday - Friday	6 a.m. - 6 p.m.
<b>Ikego SAC</b>	<b>046-806-8301</b>
Monday - Friday	6 a.m. - 6 p.m.
<b>Ikego Teen Center</b>	<b>070-1201-7973</b>
Monday - Saturday	Hours vary by age group
<b>School Liaison Officer</b>	<b>046-816-5542</b>
Monday - Friday	7 a.m. - 4 p.m.
<b>Duncan Street CDC</b>	<b>046-816-3219</b>
Monday - Friday	6 a.m. - 6 p.m.
<b>Gridley Lane CDC</b>	<b>046-816-3033</b>
Monday - Friday	6 a.m. - 6 p.m.
<b>Green Street SAC</b>	<b>046-896-4100</b>
Monday - Friday	6 a.m. - 6 p.m.
<b>Third Avenue SAC</b>	<b>046-816-3439</b>
Monday - Friday	6 a.m. - 6 p.m.
<b>Yokosuka Teen Center</b>	<b>046-896-2098</b>

Monday - Saturday	Hours vary by age group
<b>Yokosuka Sports Office</b>	<b>046-896-2952</b>
Monday - Friday	10 a.m. - 5:30 p.m.
*All Child & Youth Programs are closed on Holidays	

## COMMUNITY RECREATION

<b>Auto Skills Center</b>	<b>046-816-5456</b>
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Tuesday & Wednesday	Closed
Saturday & Sunday	9 a.m. - 5 p.m.
<b>Benny Decker Theater</b>	<b>046-816-6703</b>
Monday	6 p.m.
Tuesday	6 p.m.
	\$1 Movie Night
	Closed
Wednesday & Thursday	
Friday Movies	5:30 & 8:30 p.m.
Saturday Movies	1, 5:30 & 8:30 p.m.
Sunday Movies	Noon, 3 p.m.
<b>Community Center</b>	<b>046-896-4111</b>
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
<b>Community Rec Office</b>	<b>046-816-1215</b>
Monday - Friday	7:30 a.m. - 4:30 p.m.
<b>Entertainment Office</b>	<b>046-816-5215</b>
Monday - Friday	7:30 a.m. - 4:30 p.m.
<b>Fleet Theater*</b>	<b>046-816-5443</b>
Friday - Sunday Movies	6 & 9 p.m.
*Closed when USS George Washington is not in port	
<b>Green Bay Marina</b>	<b>046-816-4155</b>
Thursday - Monday	9 a.m. - 6 p.m.
Tuesday - Wednesday	Closed
<b>Ikego MWR Office</b>	<b>046-806-8071</b>
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
<b>Library</b>	<b>046-816-5574</b>
Monday - Wednesday	10 a.m. - 6 p.m.
Thursday	10 a.m. - 6:30 p.m.
Friday - Saturday	10 a.m. - 6 p.m.
Sunday & Holiday	Closed
<b>Outdoor Rec Center (ORC)</b>	<b>046-816-5732</b>
<b>Outdoor Gear Equipment Rental Center</b>	
Thursday - Tuesday	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
<b>Special Events Office</b>	<b>046-896-5060</b>
Monday - Friday	8 a.m. - 5 p.m.
<b>T-Shirt/ Plaque Shop</b>	<b>046-816-9064</b>
Monday - Friday	9 a.m. - 5 p.m.
Saturday & Sunday	Closed
Holidays	Closed
<b>Tickets &amp; Travel</b>	<b>046-896-5056</b>
Mon, Tue, Thur, Fri, Sat	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Wednesday & Sunday	Closed
<b>West Valley Campground (ORC)</b>	<b>046-816-5732</b>
Thursday - Tuesday	10 a.m. - 6 p.m.
<b>Wood Hobby Shop</b>	<b>046-896-3692</b>
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Saturday & Sunday	9 a.m. - 5 p.m.
Tuesday & Wednesday	Closed
Holidays	Closed
<b>FLEET &amp; FAMILY SUPPORT CENTER:</b>	
<b>Ikego FFSC</b>	<b>046-806-8052</b>
Wednesday & Friday	7:30 a.m. - 4:30 p.m.
Monday, Tuesday, Thursday	Closed
Saturday, Sunday & Holidays	Closed
<b>Yokosuka FFSC</b>	<b>046-816-3372</b>
Monday - Wednesday & Friday	8 a.m. - 4:30 p.m.
Thursday	8 a.m. - 2:30 p.m.
Saturday, Sunday & Holidays	Closed
<b>Civilian Employee Assistance Program</b>	<b>010-1-844-366-2327</b>
<b>NAF Employee Assistance Program</b>	<b>010-1-800-273-0034</b>
<b>Family Advocacy Program (FAP)</b>	<b>080-1014-0985</b>
<b>National Suicide Prevention Lifeline</b>	<b>010-1-800-273-8255</b>
<b>Sexual Assault Prevention &amp; Response (SAPR)</b>	<b>090-8046-5783</b>
<b>TO CALL USING OFF BASE/CELL PHONE:</b>	
<b>Yokosuka</b>	<b>243 = 046-816-XXXX</b>
	<b>241 = 046-896-XXXX</b>
<b>Ikego</b>	<b>246 = 046-806-XXXX</b>