



My

CFAY

Weekly
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April 26, 2024

This Week at Fleet Activities Yokosuka



Photos by Ryo Isobe and James Kimber, CFAY Public Affairs



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during PCS to Yokosuka

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Welcome Aboard: Navigating Pet Transportation during PCS to Yokosuka

By James Kimber, CFAY Public Affairs

This is the third of our “PCSing with Pets” series. In this part, the Yokosuka Navy Exchange and Commander, Fleet Activities Yokosuka (CFAY) Command Admin Department’s Family Assistance Support Team, or FAST, go over options to get your pet from the airport to the installation.

Both Yokosuka’s and Yokota’s Veterinary Treatment Facilities clarified in the first article the Government of Japan requirements for all personnel planning to bring pets in the country as part of a Permanent Change of Station, or PCS. Pets Are Worth Saving, a non-profit animal shelter authorized to operate on base, then provided guidance on how to prepare your pet for the long trip inside a crate to minimize anxiety and create as comfortable an environment as possible.

In this part, the focus shifts from the veterinary



certificates needed to successfully navigate the Government of Japan’s inspection process and the training recommendations to help your pet grow more resilient. Here, the focus is on safely transporting your pet from the airport to Commander, Fleet Activities Yokosuka.

The most common commercial airports personnel will arrive at are either Narita International Airport, the country’s largest airport located in Chiba, or Haneda International Airport in Tokyo. Travelers arriving here will have guidance to utilize the CFAY Airport Shuttle Service.

However, this shuttle service is not authorized to transport pets.

Fire Controlman (AEGIS) 1st Class Mathew Wilson is the leading petty officer for CFAY Admin Department’s Family Assistance Support Team. This team is more commonly called FAST within the base community. CFAY FAST is located in the James D. Kelly Fleet Recreation Center on the third floor. Fleet Rec’s third floor is a wide-open space with plenty of seating, a food court, power outlets and free Wi-Fi creating a perfect environment for junior Sailors to set up their laptop – or the occasional console and TV – to game. The regulars are affectionately known as the “Third Deck Warriors.”



It's in this wing of Fleet Rec where CFAY FAST provides Sailors and their family members the multiple re-entry passport stamp, acts as an auxiliary military identification card lab, and is also relied on to provide guidance to transferring personnel who may not know where else to turn for help.

Among the most frequently asked topics is pet transportation.

Ideally, the sponsor can pick up the Sailor and their pet from the airport. As welcoming and hospitable as it may be, there's a reality that "it's not even possible in a lot of cases," Wilson said. "[FAST] can't provide service to Narita or Haneda, but we can offer suggestions that might help."

The team provides guidance and includes a document that outlines the alternative commercial vendors. One of those choices is Navy Exchange-contracted Van Chauffeur Services, led by a contractor who goes by one name. Her name is Pola.

"Our regular fees are \$110 for Haneda and \$170 for Narita per van, but there are additional fees for early morning and night," Pola said in a phone interview. "Most PCSing families will need more than one van, so they should plan for a higher quote."

One of the advantages to the Navy Exchange Van Chauffeur is that the driver and vehicle have base access, meaning the transferring family and pets can all be taken right up to the Navy Lodge's entrance.

Travelers should note, however, that Van Chauffeur Services only provides transportation to and from Haneda and Narita airports, the contractor only has



four vans in their fleet, and they serve other clients on a first-come-first-serve basis including those who are not authorized to use government-operated shuttle buses.

"Unfortunately, I have to turn down a lot of requests because of schedule conflicts," Pola said.

Pola also noted that there are several companies who can support even last second requests.

"I don't know much about them," Pola said, but FAST has a list of off-base vendors travelers can choose.

Those who "choose a commercial vendor have to coordinate with the [CFAY Security Department Visitor Control Center] before their own arrival to get their driver on base. Or walk through the gate with their luggage to either get a base taxi or meet a friend," Boatswain's Mate 2nd Class Cheryl Cherisma said. Cherisma is also part of CFAY FAST and is often the person greeting the office's walk-ins. Her desk is the first of the five desks in the office's main area. A counter above her desk displays multiple brochures and fliers prominently displayed next to the sign in sheets and readily available for sponsors to pick up for incoming personnel.

"These have everything they need to know," Cherisma said.

Next to Cherisma's desk is Aviation Boatswain's Mate (Aircraft Handling) 3rd Class Jessica Freeman. Personnel who have called FAST recently, likely talked to Freeman first.

A large number of personnel will also arrive at Yokota Air Base's Passenger Air Terminal.





Yokota Air Base is the Air Force's installation in the northern Kanto Plain at the foothills of the Okutama Mountains a little less than 30 miles west of Tokyo. A short drive east is the beginning of the Tokyo Metropolitan sprawl. A short drive west is farmland. A two-hour drive southeast is Yokosuka.

"If you're arriving at Yokota with your pets, we can support," Freeman said.

At the time of this writing, neither the Navy Exchange nor Army and Air Force Exchange Service offer commercial transportation from Yokota to CFAY. Due to this known gap in commercial option availability, FAST is authorized in the interim to assist by coordinating with Naval Facilities Engineering System Command (NAVFAC) Far East personnel to send additional support to Yokota.

"We ask for at least two days' notice," Freeman said. "But we can take requests as early as 30 days before arrival." However, one to two weeks' notice is preferred.

"The notice helps us with muster," Wilson said. "It makes it easier for us to be able to maintain accountability and ensure we're not wasting the driver's time or the command's resources."

NAVFAC operates the large airport shuttles that go to Yokota daily. These shuttles aren't equipped to safely transport pets, so – with appropriate coordination – NAVFAC will also dispatch appropriate smaller coach liner buses based on how many pets are on the manifest.

"They're usually able to fit an entire family including pets and luggage in one vehicle, but larger families might need to split up with some on the larger bus and some in the van," Freeman said.

All other pet owners not traveling to Yokota will need to plan for commercial expenses. According to a MyNavyHR Fact Sheet dated April 4, 2024 Sailors on PCS orders may be authorized reimbursement for costs related to one

household pet during the move. Reimbursement for the actual cost of all necessary expense in connection with the movement of the pet is limited to \$2,000 per PCS move according to the latest Joint Travel Regulation (JTR), dated April 1, 2024. That doesn't necessarily include the already paid-in-full veterinary bills outside of mandatory microchipping and the already purchased crate and accessories to prepare a pet to fly to Japan. Overseas pet transportation fees can quickly reach \$2,000 or more, so keep all your receipts to receive the maximum reimbursement.

Caroline Coffey is the director of the Navy-Marine Corps Relief Society, or NMCRS, Yokosuka office. Her office is on Main Base in the Community Readiness Center across the street from the Commissary. It's located on the third floor to the right of the CFA Yokosuka Morale, Welfare, and Recreation (MWR) office. In May 2021, NMCRS began a program specific to pet owners in the military to provide interest-free loans covering many of the expenses two pets can incur during overseas moves.

Coffey encourages personnel to "stop by our office or give us a call so we can review their pet shipping request. This helps us provide personalized service and the appropriate assistance."

NMCRS can only provide assistance for cats or dogs and the member must be transferring to or from an overseas unit. Those who meet the criteria and are interested in the program are asked to bring their most recent Leave and Earnings Statement (LES), a pet shipping estimate, verification of pet ownership as recognized by DoD, and orders verifying the request is within 60 days of the No Later Than (NLT) date.

Resources:

- **Yokosuka Navy Exchange (NEX) Van Chauffeur Services**
DSN 243-4511

- **CFAY Admin Department Family Assistance Support Team**

<https://cnrj.cnmc.navy.mil/Installations/CFA-Yokosuka/Departments/Admin/FAST/>

- **CFAY Airport Shuttle Service**

<https://cnrj.cnmc.navy.mil/Installations/CFA-Yokosuka/About/Installation-Guide/Airport-Shuttles/>

- **Navy-Marine Corps Relief Society Yokosuka**

<https://www.nmcrs.org/locations/yokosuka>

- **NAVPTO | Pet Transportation Fact Sheet April 4, 2024**

https://www.mynavyhr.navy.mil/Portals/55/Support/PayPers/CPCResources/240404_FACT_SHEET_NAVPTO_PET_REIMBURSEMENT.pdf

- **The Joint Travel Regulation (JTR) April 1, 2024**

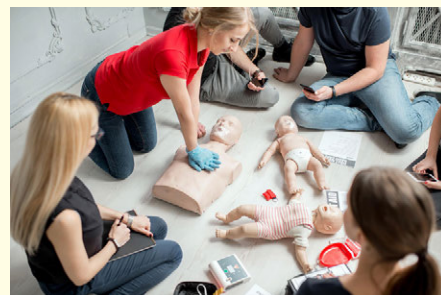
<https://media.defense.gov/2022/Jan/04/2002917147/-1/-1/1/JTR.PDF>



**American
Red Cross**

American Red Cross Spring Classes

All classes are blended learning courses including an online portion, and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.



CPR/AED/First Aid Course (\$55)

- Sunday, May 5: 9 a.m. to 12 p.m.
- Saturday, June 1: 9 a.m. to 12 p.m.
- Monday, June 3: 3 to 6 p.m.

Basic Life Support Course (\$55)

- Wednesday, May 1: 1 to 4 p.m.

Babysitting Basics (\$70) Recommended for ages 11-17)

- Wednesday May 15: 3 to 6 p.m.

Additional classes available by request for group of plus three.



To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

FFSC WEEKLY

More details on FFSC YOKOSUKA FB page



CFS Training

Apr 29 - May 3 at 0800

Active Parenting 5-12

Apr 29 at 1000

AOB/ICR

Apr 30 - May 2 at 0800

Infant Massage

Apr 30 at 1030

Ikego Japanese Language Series

Apr 30 at 1200

MBMF - Problem Solving

May 1 at 0900

Pre-Marriage Seminar

May 1 at 0930 (Virtual)

Ombudsman Zushi-Hayama Tour

May 1 at 1000

Active Parenting Teens

May 1 at 1030

Sponsorship On-Demand

May 2 at 0800 (Virtual)

Symptom Reduction Group

May 2 at 1030

Resiliency Bootcamp

May 2 at 1130

SAPR VA Refresh Training

May 2 at 1300

MBMF - Connection

May 3 at 0900

Smooth Move

May 3 at 0900

Military Spouse 101

May 3 at 1300 (Virtual)

Modeling in Japan

May 3 at 1300 (virtual)

See something you like? Sign up via email: ffscinfo@us.navy.mil

Embrace the JOY of parenting.

An Active Parenting group is starting soon!

We are proud to bring the acclaimed **Active Parenting** program directly to you! This workshop will show you effective ways to...

- use nonviolent discipline that really works
- open up lines of communication—before they get clogged
- teach responsibility, courage, and other important character traits
- encourage school success in 7 steps
- prevent future problems with drugs, alcohol, and sex
- defuse power struggles with your children
- stimulate independence as your child grows older
- stop scolding and start smiling with your kids again!

ACTIVE PARENTING
4th edition

A video & discussion program for parents of children ages 5 to 12

For more information and sample videos, go to www.ActiveParenting.com/AP4-parents.

You're invited to attend

Active Parenting of Teens :)

For Parents of Teens and Tweens

The challenge of successfully ushering children through their teen years has always been among parents' hardest-won achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

You can create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. *Active Parenting of Teens*, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and insights for overcoming obstacles, that will bring happiness and harmony into your home. You'll leave each session energized and motivated to make positive and realistic changes in your own family's daily life.

Since 1983, millions of families have learned the benefits of *Active Parenting*. Now it's your turn.

Join us at the next session and see the difference!

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth. You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent

...and much more, plus insight into important issues such as teens online, bullying, and depression.

Narrated by TV mom Daphne Maxwell Reid ("The Fresh Prince of Bel-Air") and by the author, Dr. Michael Popkin

SIGN UP NOW!

Active Parenting of Teens :)
4th edition

Starting Mondays in April
1000-1130
6 sessions;
Apr 15, 22, 29, May 6, 13, & 20
***Closed for sign-ups after Apr 22**

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

Starting Wednesdays in April
1030-1200
6 Sessions;
Apr 17, 24
May 1, 8, 15, 22
***Closed for sign-ups after Apr 24**

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

SYMPTOM REDUCTION GROUP

The Fleet & Family Support Center

Accept Relief
Heal
Peace Cope

Memories
Feelings
Images
Overwhelm
Triggers
Guilt
Grief

EMDR
(Eye Movement Desensitization Processing)
G-TEP
(Group Episode Protocol)

May 2 at 10:30
CRC Bldg. 4F, Counseling Office

We will apply the same principles of EMDR in a group format. With NO sharing of any trauma during the group. In fact, no speaking necessary for this group.

- ✓ Reduce triggers from traumatic events into more manageable levels
- ✓ Increase resiliency
- ✓ Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events for those 18 and older.

For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil

Resiliency Bootcamp

Let's EXERCISE MENTAL health

Date & Time:
1130-1230
Every 1st & 3rd
Thursday of the month
Apr 4.18
May 2.16
June 6.20

Location:
Library Meeting Room
at CRC Building

About the Class

This course is designed to help you build resiliency to and achieve your best SELF.

Let's work out elements of meditation and self-care that will help you enhance your mental fitness.

Registration Required:
Contact: FFSCinfo@us.navy.mil, DSN: 243-7878

TEEN SUMMER EMPLOYMENT PROGRAM

June 3 - Aug 16



Come
work for
CYP!

Teens, are you stuck in Yokosuka all Summer?
Do you Need a Job? Come work for CYP!

Summer Teen Employment Program

High School Students: 15-18 years old.
Dates: June 3 through Aug 16
Salary: \$15 per hour (up to 40 hours a week)
"Whaaaaaat? Potential to earn \$6000+ over the
Summer?! Yes!

Must attend two pre-employment
trainings on April 8 from 9 a.m. - Noon at the
CRC Bldg. # 3365, 4th floor AOB/ICR auditorium.

For more information or to signup
call or email our School Liaison Officer at
MWR_Yokosuka_School_Liaison@us.navy.mil or
scan the QR code below

243-4079 or 046-816-4079 or
243-5542 or 046-816-5542

SCAN ME



ATTENTION CUSTOMERS

The Month of the Military Child Event
Celebration scheduled for Saturday, 27
April (Berkey Field) will move into the
Bowling Center due to inclement
weather.

Kids may enjoy 20 lanes of bowling,
pizza and drinks, all free (kids only)
from 10 a.m. - 5 p.m.

We thank you for your understanding and patience.



Visit us on the web!



SMOOTH MOVE RESOURCE FAIR/ PCS BINDER INFO

May 3, 2024
0900 - 1100
CRC BLDG, 2nd FL, KODO RM

Are you moving within the next 6 months?

Stop by our resource fair and meet with
subject matter experts from several
organizations to include Household Goods,
Housing, Tricare, NFCU, Navy Lodge, EFMP,
Veterinary, NAVPTO, and our
Personal Finance Manager.

Please call 243-3372 or email
FFSCinfo@us.navy.mil to sign up!



THE ENLISTED TO OFFICER ROADSHOW



02MAY24: Naval Base Sasebo:
MWR Showboat Theater

09MAY24: Naval Base Yokosuka:
MWR Benny Decker Theater

Time:
1300-1500

Officers share lessons learned from
each commissioning source and more
than 30 different communities

Register at SDNNOA.org

FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil



FRIDAY, APRIL 26 • 5 - 9 P.M. • CPO CLUB MAJOR ROOM

Bingo is back! Come play overall jackpot "Old School" Bingo (no machines available). Game packages, special games, dubbers, buffet and beverages will be available for purchase. Outside food and beverages is prohibited. Open to all hands. Ages 18 & up (no children).



CPO Club • 243-5506



Visit us on the web!



DRIVER'S EDUCATION CLASS



May 28 - June 12
Yokosuka CRC Bldg. 1F Rm 110

Course Fee:
\$325
per person

This class is for new drivers who have never been licensed to drive. This is a 16-consecutive day course that includes full classroom instruction, in-car driving instruction and road test.

Course completion requirements:
Minimum of 20 hours of in-classroom instruction; Minimum of five hours of driving instruction with the course instructor; Minimum of 10 hours of driving practice with a properly licensed adult; And a passing grade on the instructor's approved written test, prior to receiving the course completion certificate.

Eligibility Requirements:
Students must have reached the age of 16 prior to the first day of class; Students must have permission from a parent or legal guardian; All other students (Active Duty, civilians and spouses) must be SOFA sponsored.

Note:
As each state has different requirements, there is no guarantee that a stateside drivers' license can be obtained by presenting the certificate of completion to a State Department of Motor Vehicles. Parents and students are encouraged to research the requirements for their particular state.



For more information or to register, please call 241-4111 or 046-896-4111 or stop by the Yokosuka Community Center Program Office located in the Community Readiness Center (CRC) Bldg. 3365, 3rd Floor (across the street from the Commissary).

IKEGO WEST VALLEY RECREATION AREA



Cabin & Campsite Rentals

The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends!

Campsite reservations can be made at the Outdoor Recreation Center Thursdays to Tuesdays from 10 a.m. - 6 p.m. Each site holds a maximum of twenty people. Cabin reservations can only be made at the Outdoor Recreation Center along with payment. There are five rustic cabins available for rent. Three of these cabins offer solar powered heat and air-conditioning. None of the cabins have running water. Cabin rentals start at \$40/day.

All cabins and campsites have a designated BBQ grill.

Paintball Paradise

Weekend Open Play

Whether you prefer the mission-based teamwork of Saturday's Woodsball games or the fast-paced action of Sunday's speedball games, Ikego's Paintball Paradise is the place to be!

Don't have your own equipment? On weekends, rent a marker and mask for \$20 including unlimited air and field fees. For players with their own gear, the cost is only \$10 for field fees and unlimited air. Paint sold separately.

Weekday Group Reservations

MWR offers a special package for private weekday reservations of its paintball field. The package includes a marker, mask, unlimited air, and 200 paintballs.

Field Reservations

Available Monday through Friday from 9 a.m. - 2 p.m. A minimum of ten players and seven days advanced notice are required.

Paintball Prices

Case (2,000 paintballs) \$65
Bag (500 paintballs) \$20

Weekday Reservation Fees

2 hours: \$20 per player (mask & marker)
4 hours: \$36 per player (mask & marker)

CONTACT US:

243-5732 (on-base)

046-816-5732 (off-base)



Officers' Club • 243-5030
CPO Club • 243-5506
Club Takemiya • 246-8075



Visit us on the web!



Cinco de Mayo

Dining Specials

CPO Club • May 3 11 a.m. - 2 p.m.

Enjoy this special buffet with a mariachi band and an array of Mexican dishes.
\$15 Adults / \$7.50 Ages 6 - 11
Free for Ages 5 and Under

Officers' Club Kosano Dining Room May 5 • 9 a.m. - 2 p.m.

Join us for delicious Mexican cuisine selections and traditional brunch items!
\$23.95 Adults / \$10.50 Ages 6 - 11
Free Ages 5 & Under

Club Takemiya May 5 • 4 - 9 p.m.

Celebrate this festive day with our award winning entrees, salads, soups, dessert, and beverages!
\$24 Adults / Kids \$12



KIDS Summer CAMP

June 10 - August 16 • 6 A.M. - 6 P.M.

Week 1: June 10 - 14

The Great Outdoors



Week 2: June 17 - 21

Mission Impossible



Week 3: June 24 - 28

Time Travel



Week 4: July 1 - 5

We Got the Beat



Week 5: July 8 - 12

Out of this World



Week 6: July 15 - 19

Ninja Warriors



Week 7: July 22 - 26

Let's Get Physical



Week 8: July 29 - Aug 2

Animal Planet



Week 9: Aug 5 - 9

Under the Sea



Week 10: Aug 12 - 16

Field Day
Blast from the Past



CYP Registration



Military Child Care



Child and Youth Programs



YOKOSUKA



Call Third Avenue SAC @ 243-3439, Green Street SAC @ 241-4100, or Ikego SAC @ 246-8301

BEYOND THE GATE



Star Wars Day Yokohama Minatomirai 2024

April 26 (Friday) - May 6 (Monday)

Yokohama Minatomirai area (1 or 2-minute walk from Minatomirai Line Minatomirai Station, MM-03)

Expect a lot of interactive Star Wars activities around the Minatomirai area. The main attraction is a light show with scenes from the movies for you to relive the most epic moments from the series.

- **Star Wars light display (Landmark Plaza):** 7 a.m. to midnight, with special performances every 30 minutes between 3 p.m. and 11 p.m.
- **Star Wars pop-up store (Landmark Plaza):** 10 a.m. to 8 p.m. from May 3 to 5, the store will open at 11 a.m.
- **Star Wars film screenings (MARK IS):** May 3 to 6
- **Star Wars Lego building (MARK IS):** 10 a.m. to 6 p.m.
- **Star Wars workshops (MARK IS):** April 27 to 29, 10 a.m. to 6 p.m.
- **Lightsaber balloons (MARK IS):** May 3 to 5, 10 a.m. to 6 p.m.
- **Star Wars art exhibition (Sky Building):** 10 a.m. to 11 p.m.
- **Character meet and greet (various locations):** May 3 to 5



Yokosuka Iris Garden Wisteria Festival

Until May 5 (Friday)

9 a.m. to 7 p.m. | Yokosuka Iris Garden (Take a #3 bus from JR Kinugasa Station, JO-02 and get off at Iris Garden bus stop. 2-minute walk from the bus stop)

Yokosuka Iris Garden is known for its 412 varieties of iris flowers and more than 140,000 blooms. Food trucks, a farmers' market and local ice cream are also featured. Limited parking is available. Admission is ¥320.

Yokosuka Downtown Kids Festival

April 28 (Sunday)

11 a.m. to 4 p.m. | In the vicinity of Mikasa Street, Lidre Yokosuka Area and Blue Street area

There will be enjoyable events like street performances, slipper table tennis, cardboard maze, , flea markets, food trucks, kitchen cars and more!

Yokosuka Tsukemen Festival

Until May 6 (Sunday)

5 to 8 p.m. (Friday)/11 a.m. to 8 p.m. (Saturday, Sunday and Japanese holiday) | Mikasa Park (5-minute walk from Yokosuka Main Base)

Yokosuka Tsukemen Festival is launching a brand new edition in Yokosuka. Billed as Yokosuka's first ramen event of this scale, the Yokosuka Tsukemen festival is sure to entice ramen lovers from across the Kanto region this spring. A total of 32 ramen shops will be gathering from across Japan, likely to cover styles such as Hokkaido miso ramen, Hakata tonkotsu and even the home favourite Yokohama Iekei ramen. Full details regarding which ramen shop will be attending and on which weekends are to be announced closer to the event.

NEWS AND NOTICES

HEADS UP ABOUT TRAFFIC DURING GOLDEEN WEEK

"Golden Week," a week of Japanese national holidays, kicks off on Saturday, April 29. Since a great number of families and friends are expected to travel by car, train, or plane throughout Japan, please allow time for traffic congestion. Please use **"Weekends/Holidays" Time Tables** for train/ bus on the following days.

- **Monday, April 29 (Showa Day)**
- **Friday, May 3 (Constitution Day)**
- **Monday, May 6 (Substitution of Children's Day)**

UPCOMING MOTORCYCLE TRAINING

A Motorcycle Safety Foundation BRC class is scheduled at North Dock for May 11 and 12. Enrollment process is thru the Enterprise Safety Applications Management System (ESAMS) website. https://esams.cnic.navy.mil/ESAMS_GEN_2/Login. For more information please contact CNRJ Safety at 243-9635.

VOLUNTEER OPPORTUNITY FOR JUNIOR SAILORS (E6 AND BELOW)

CFAY Public Affairs Office is looking for 13 U.S. volunteers who would like to interact with Japanese guests at our "Navy Awesome Café," an event where you can enjoy conversation over tea or coffee in a relaxed atmosphere.
Date: Wednesday, June 5
Time: 9:45 a.m. to 12:30 p.m.
Place: The U.S.-Japan Cultural Exchange Center by the Main Gate (Next to Gate Pass Office)
Attire: Navy Working Uniform

Note: This is not an English class. This event is for Japanese people who are interested in communicating with U.S. Sailors, but their English skills vary. Japanese media might come to cover the event.

Sign-up: Email your name, rank, command name and phone number to cfaycomrel@gmail.com. Please sign up through your COMREL coordinator)

PREPARE TODAY! COMPLETE A RED CROSS CONTACT CARD

One of the main Red Cross missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a contact card today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.

VOLUNTEER NOW FOR THE AMERICAN RED CROSS

Contingency Team

Help with emergency messages and during large scale emergencies.

Disaster Action Team

Help provide immediate assistance on scene of an emergency, and participate in base exercises

Also available:

- Youth Preparedness Team
- MTF Professional and Admin Help
- CPR/BLS/Babysitting Instructor
- Library
- PAWS
- Vet Clinic
- Post Office

How to volunteer:

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the on-line training.
5. If you have any problems, email: yokosuka@redcross.org, or call 243-7490.

CONSTRUCTION AND CLOSURES

Ikego Yasakayato Road:

Maintenance will be conducted on Ikego's barriers on April 29 from 9 p.m. to 2 a.m. The entrance to Shisagi Road will remain open.

Yokosuka Red Brick Area: Full road closure on weekends and holidays until July 2024 due to underground electrical repair. Taxi stand remains operational.

Sherman Avenue and Forrestal

Street: Partial closure until June 30 due to asphalt replacement work.

Defense Logistics Agency Parking

Lot: 50 percent of DLA parking lot until February 2025.

Ikego NEX/MWR Parking Lot: 50 percent of NEX/MWR parking lot until October 2025.

McCormick Street and Leahy Street:

Full road closure for underground utility works until Feb. 28, 2025.

Vandegrift Lane: Full road closure until October 2025.

 Commander Fleet Activities Yokosuka

 @CFAY_Japan

 yokosukareport@gmail.com

Commanding Officer: Capt. Les Sobol
Command Master Chief: CMDCM Dennis W. Hunt

Public Affairs Officer: Justin M. Keller
Editor: Justin M. Keller
Layout: Hideo Kaihatsu

Receive My CFAY Weekly by email! Subscribe at yokosukareport@gmail.com, subject line: Subscribe



CFAY ANNOUNCEMENTS





APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH



FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil



NOTICE



Month of the
Military Child
Event Celebration



FREE BOWLING
PIZZA & FOUNTAIN DRINKS
Saturday, April 27 • 10 a.m. - 5 p.m.



The Bowling Center has dedicated 20 lanes for fun to celebrate **Month of the Military Child**. All kids can enjoy free bowling, pizza & fountain drinks (Kids Only).



Sat. April 27 to Mon. 29, Fri. May 3 to Mon. 6, 2024



Golden Week



Heads-up about Traffic

“The Golden Week,” a week of Japanese national holidays, kicks off on Monday, April 29. Since a great number of families and friends are expected to travel by car, train, or plane throughout Japan, please allow time for traffic congestion.

- Please use **“WEEKENDS/HOLIDAYS” Time Tables** for train/ bus on the following days:



- **Monday, April 29 (Showa Day)**
- **Friday, May 3 (Constitution Day)**
- **Saturday, May 4 (Greenery Day)**
- **Sunday, May 5 (Children’s Day)**
- **Monday, May 6 (Substitute holiday)**

May 5: Children's Day

May 5 is **Children's Day** (originally "Boys' Day") in Japan. It is a day to wish for the happiness of the children and to appreciate their mothers, according to the public holiday act.

At this time of year, families with boys fly *Koi-Nobori* or carp streamer outside. Inside the house, they display a samurai helmet replica and samurai dolls from mid-April to May 5.

The carp is thought to be a lucky fish symbolizing success in life because Chinese legends say carp become dragons when they swim up whitewater rapids. Children's Day became a national holiday in 1948.

Created by CFAY Public Affairs Office





Attention all drivers on express way



ETC-only toll gate

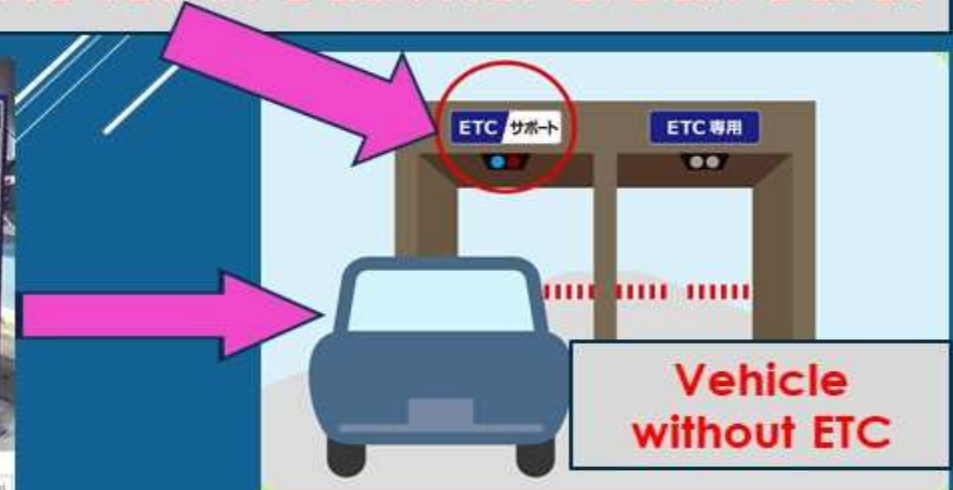
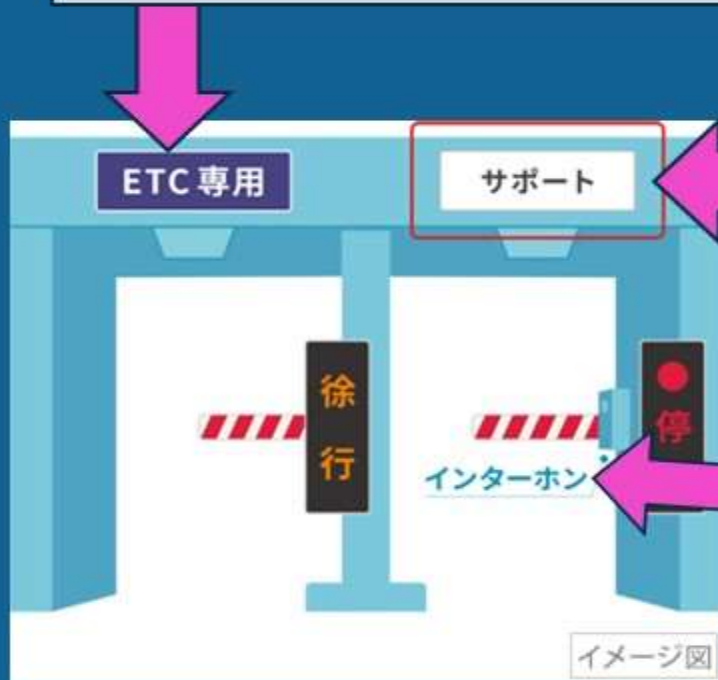
Drive Slowly

Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.

CAUTION

Support lane Stop

You can neither pay the toll in cash nor credit card.





Volunteer Opportunity for Junior Sailors (E6 and below)

Navy Awesome Café



CFAY Public Affairs Office is looking for 13 U.S. volunteers who would like to interact with Japanese guests at our “Navy Awesome Café,” an event where you can enjoy conversation over tea or coffee in a relaxed atmosphere!

Date: **Wednesday, June 5, 2024**

Time: **09:45-12:30**

Place: The U.S.-Japan Cultural Exchange Center
by the Main Gate (Next to Gate Pass Office)

of Volunteers: 13 U.S. Sailors

Participants: 15 Japanese guests over the age 18
(CFAY PAO's “X” or “Instagram” followers) ✨

Attire: Navy Working Uniform



Note: **This is NOT an English class.** This event is for Japanese people who are interested in communicating with U.S. Sailors, but their English skills vary. Japanese media might come to cover the event.

Sign-up: Email your name, rank, command name and phone number to
cfaycomrel@gmail.com (Please sign up through your COMREL Coordinator) ✨

NOTICE



MAIN SANCTUARY RENOVATIONS & WORSHIP SERVICE ADJUSTMENTS

The Main Sanctuary at the Chapel is getting new lights! Growing pains means the **Main Sanctuary** will be **closed** from **22 April - 20 May**. Only Main Sanctuary worship services are affected.

Adjusted Services

Catholic

1700 Saturday in Fellowship Hall
1100 Sunday at Benny Decker Theatre

Gospel Praise

1230 Sunday in Fellowship Hall

Lutheran Church Missouri Synod

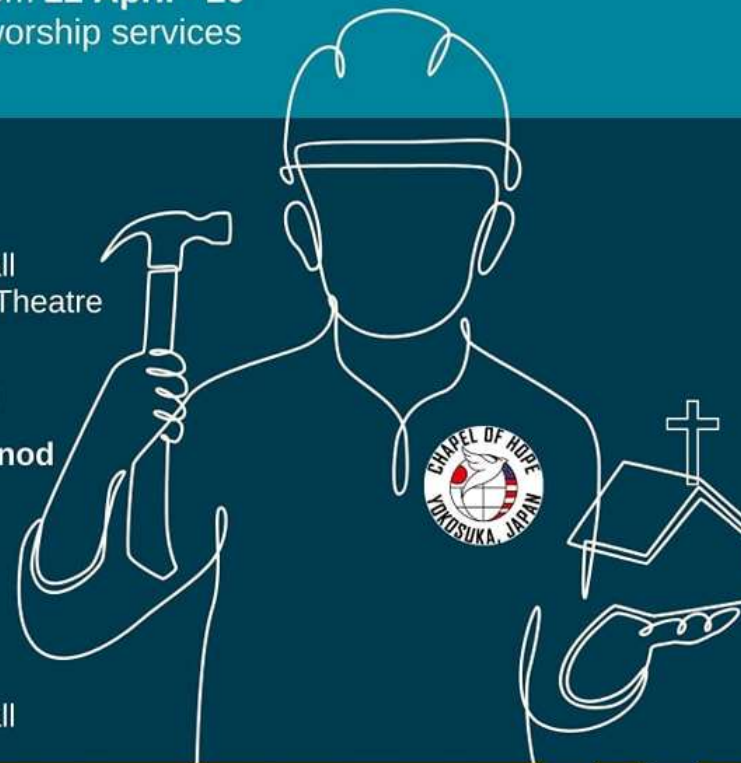
0900 May 11 in Fellowship Hall

Protestant

0930 Sunday at Benny Decker Theatre

Seventh Day Adventist

1100 Saturday in Fellowship Hall



UNDER CONSTRUCTION

NOTICE



Zushi Coast Fireworks Festival

May 30, 2024

NOTICE



入場
無料





Starting **31 March 2024**, Keikyu Jimmuji Train Station will no longer have a train gate attendant between the hours of 0500-0700.

If you require assistance from the Keikyu Line, a video intercom system will be available at the card re-charge station to connect you to a station attendant at Kanazawa-Bunko Station.





2024 Road Tax Season

Effective 01 June 2024,
all Vehicles **MUST** display
the 2024 USFJ Decal.

Displaying 2023 decals after 01 June
2024 will result in denial of access
and possible impoundment.

Pay the Japanese ROAD TAX to receive your new DECAL(s).



2024 Road Tax Season

• What to bring to pay ROAD TAX?

- ☐ 2023 Road Tax Receipt (last years)
- ☐ Japanese Vehicle Title
- ☐ Applicable Fees in YEN

Notes:

1. Representatives other than Spouse are required to present a Power of Attorney (POA) to receive DECALS.

2. If member owns more than one vehicle, all vehicles MUST be registered at the SAME TIME to receive DECALS.

• What to bring to get DECAL?

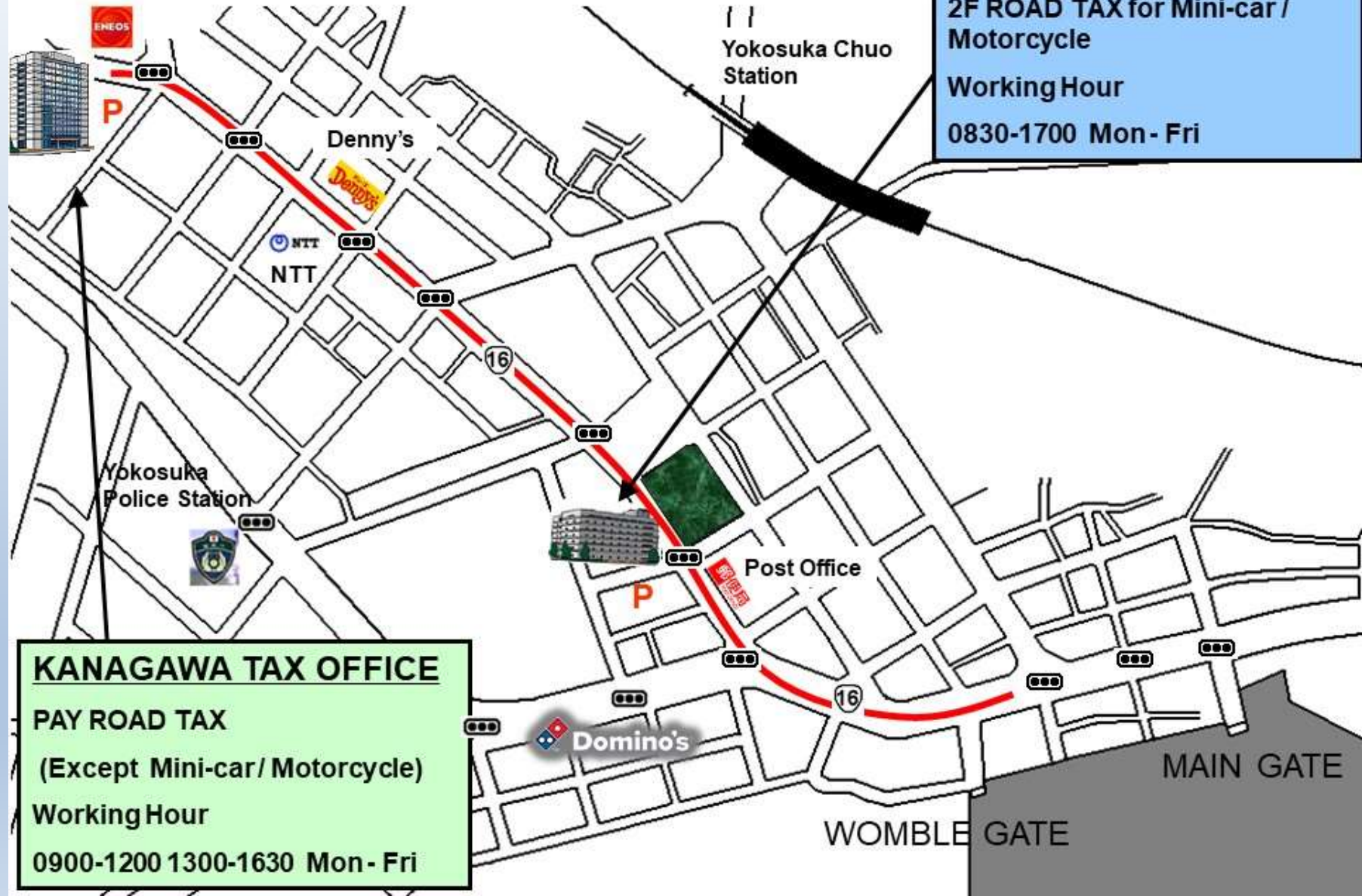
- ☐ ID Card
- ☐ 2024 Road Tax receipt
- ☐ Japanese Vehicle Title
- ☐ Base Inspection Sheet (if applicable)
- ☐ JCI Insurance
- ☐ Liability Insurance
- ☐ Parking Certificate with current residence (must be re-registered at LTO with the current address)
- ☐ Valid Drivers license (If you own more than one vehicle, bring all additional driver's license)

*Letter Of Employment For Civilian and Contractor (If Command changed or got new LOE within a Year)

NOTICE



MAP FOR CITY HALL & TAX OFFICE



YOKOSUKA CITY HALL

1F T-PLATE

2F ROAD TAX for Mini-car /
Motorcycle

Working Hour

0830-1700 Mon - Fri

KANAGAWA TAX OFFICE

PAY ROAD TAX

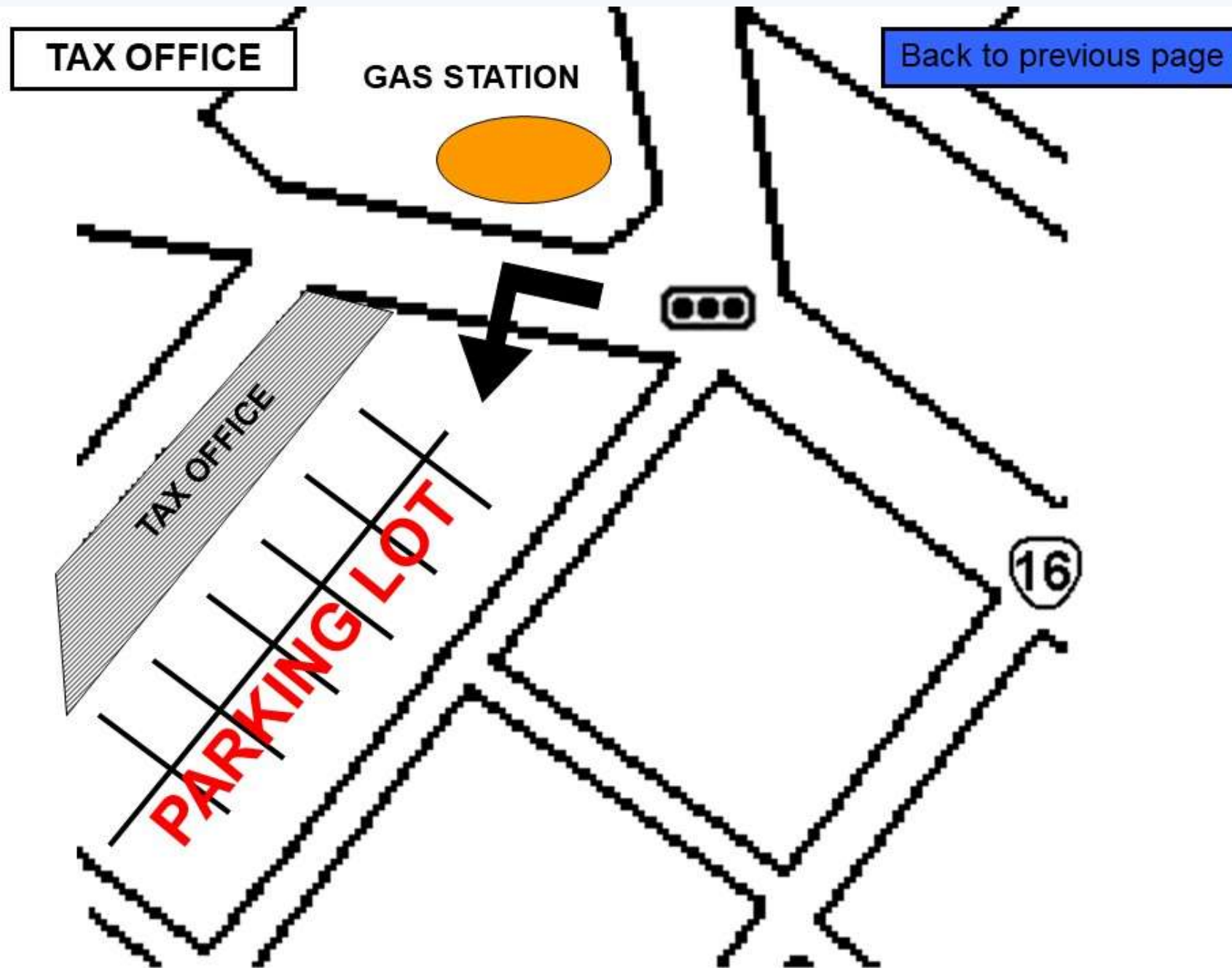
(Except Mini-car / Motorcycle)

Working Hour

0900-1200 1300-1630 Mon - Fri



NOTICE





Finger Printing Services

CFAY Traffic Court finger printing services
are by **Appointment Only** at BLDG J-196
Wednesdays and Fridays 0900-1400

To schedule an appointment please call :

DSN 243-9052

Cell 046-816-9052

Digital and Hard Copy prints on FD-258 form

If in need of Digital Prints please provide reference numbers (SON, SOI, and IPAC).

*** Digital Prints will not be able to be conducted with out reference numbers ***

Upcoming Motorcycle Training

A Motorcycle Safety Foundation BRC class is scheduled at North Dock for May 11th and 12th.

Enrollment process is thru the Enterprise Safety Applications Management System (ESAMS) website.

https://esams.cnmc.navy.mil/ESAMS_GEN_2/Login

For more information please contact CNRJ Safety at 243-9635.



Limited opening until 2025
Lockers must be cleared out
by March 22nd

The pool and basketball court A
will be open from April 1

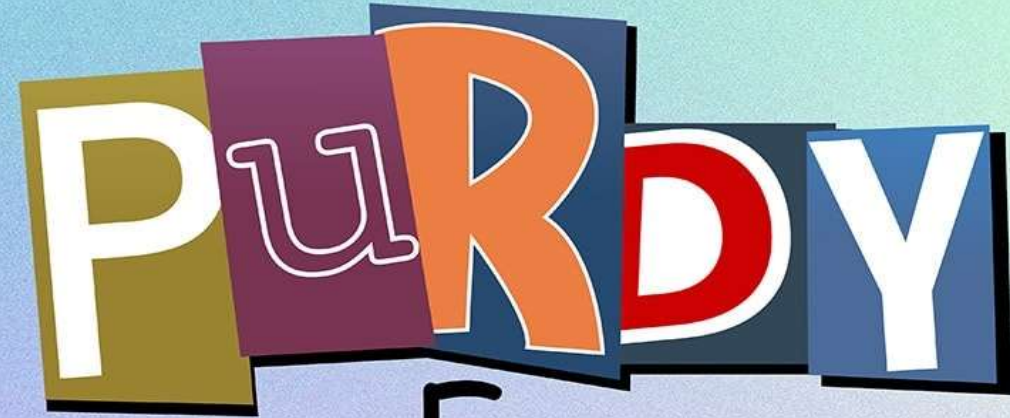
Some services will be moved from Purdy
to other locations during renovations:

- Weights: Purdy basketball court
- Massage: Ichiban Tower
- Fitness Classes: Niban Tower
- 24hr Fitness: Sanban Tower

In addition, the Fleet Rec Gym
will be open **24 HOURS**

Purdy pool will remain open until
the outdoor pool opens for the
season. At that time, Purdy pool
will close for renovations

There will be no access to the 1st
Floor of Purdy!



Fitness center

CLOSURES

- Purdy Fitness Center will be undergoing a series of closures over the next year
- HVAC systems will be renovated to allow for better heating and cooling

From March 25-April 1
Purdy will be **COMPLETELY CLOSED**



Driver's License Class - 2023



Every Thursday
Except holiday

*Class schedule may be subject to change

Time: 1230-1600 (Sign-up starts at 1200)

Location: 4th Floor, Bldg.3365

What to bring:

- DoD ID
- AOB/ICR Certificate
- A valid US/GOJ Driver's License
- SafeTALK Certificate (Active Duty Member only)

For questions, please call

243-9089 / 6721 / 5647

Or E-mail: license@us.navy.mil

**0800-1200/1300-1500, Monday-Friday
except holidays**

CFAY



CFAY/IKEGO GATE HOURS



IKEGO

Inbound/Outbound
Daily
24 hours

Jimmuji

Inbound/Outbound
Monday-Friday
0500-0100

Inbound/Outbound
Weekends and
Holidays
0500-0030

WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
0500-2200

Inbound Vehicle
Daily
0500-1800

Inbound High Traffic Pattern
Monday-Friday
0500-0830

Outbound High Traffic Pattern
Monday-Friday
1530-1900

VERNY PEDESTRIAN

Outbound
Daily
24 hours

Inbound
Monday-Friday
0600-2000

Inbound
Saturday
0700-0800

Inbound
Sunday and Holidays
CLOSED

CARNEY GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic
Period
Monday-Friday
0500-0830

CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound
Daily
0600-2100



CFAY



THE GIANT VOICE PODCAST

THE GIANT VOICE is an informational podcast focusing on issues and concerns from personnel assigned to Commander, Fleet Activities Yokosuka (CFAY). Episodes can be found on CFAY's DVIDS page as well as most of your favorite streaming platforms such as Spotify, Apple, Amazon and Stitcher.

FFSC

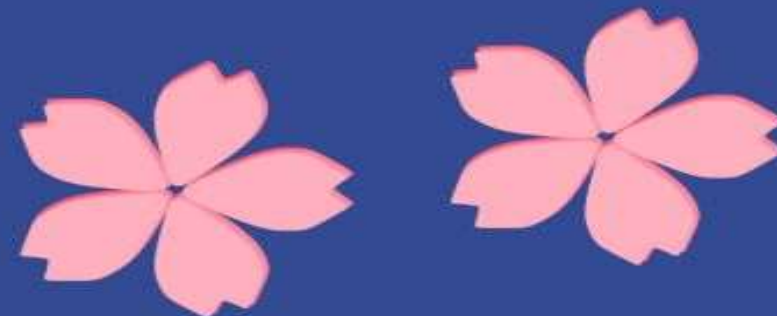


Updated AOB/ICR Schedule

Starting 13 MAR 2023

Every Tuesday-Thursday

*subject to change



Day 1
AOB
@0830
Resource Fair
@1330

Day 2
ICR
@0830
Bus Tour
@1330

Day 3
SafeTalk
@0800
(Mandatory for Active Duty)
Driver's License LHC
@1230



Register: FFSCinfo@us.navy.mil or 243-3372/046-816-3372 or scan QR Code

FFSC



FFSC WEEKLY

More details on FFSC YOKOSUKA FB page



CFS Training

Apr 29 - May 3 at 0800

Active Parenting 5-12

Apr 29 at 1000

AOB/ICR

Apr 30 - May 2 at 0800

Infant Massage

Apr 30 at 1030

Ikego Japanese Language Series

Apr 30 at 1200

MBMF - Problem Solving

May 1 at 0900

Pre-Marriage Seminar

May 1 at 0930 (Virtual)

Ombudsman Zushi-Hayama Tour

May 1 at 1000

Active Parenting Teens

May 1 at 1030

Sponsorship On-Demand

May 2 at 0800 (Virtual)

Symptom Reduction Group

May 2 at 1030

Resiliency Bootcamp

May 2 at 1130

SAPR VA Refresh Training

May 2 at 1300

MBMF - Connection

May 3 at 0900

Smooth Move

May 3 at 0900

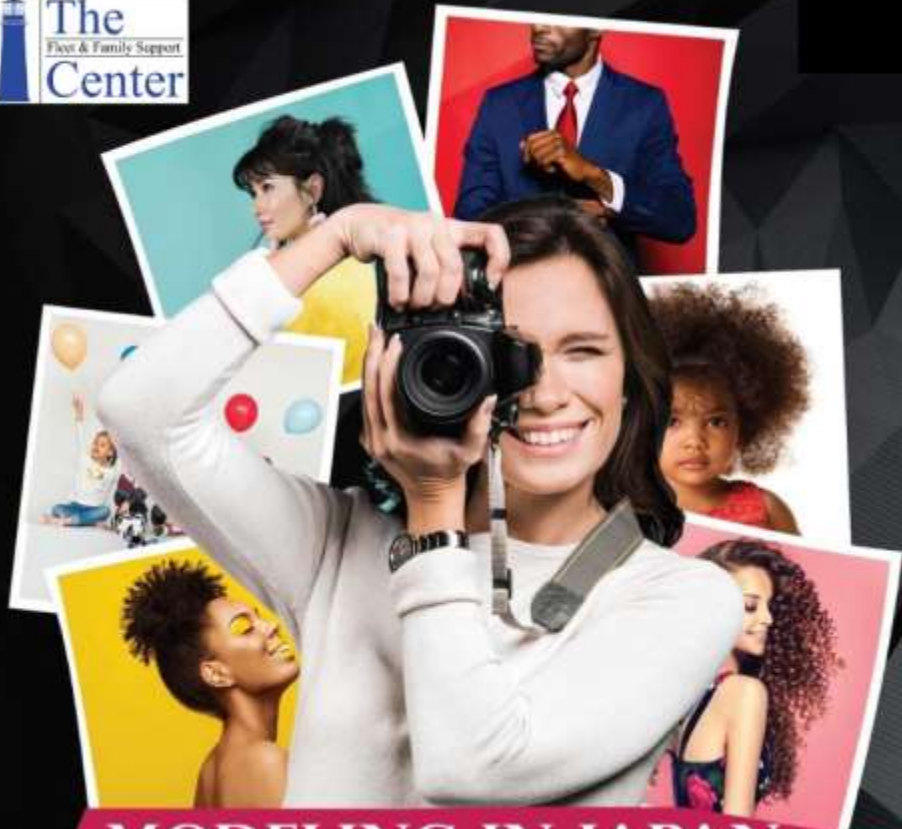
Military Spouse 101

May 3 at 1300 (Virtual)

Modeling in Japan

May 3 at 1300 (virtual)

See something you like? Sign up via email: ffscinfo@us.navy.mil



MODELING IN JAPAN

05.03.2024

1300

VIRTUAL

Are you interested in modeling in Japan?
Join us for an informational class and learn how to get started.

Registration: DSN: 243 - 3372 or FFSCInfo@us.navy.mil

SYMPTOM REDUCTION GROUP



EMDR
(Eye Movement Desensitization Processing)
G-TEP
(Group Episode Protocol)

May 2 at 10:30
CRC Bldg. 4F, Counseling Office

We will apply the same principles of EMDR in a group format.
With NO sharing of any trauma during the group.
In fact, no speaking necessary for this group.

- ✓ Reduce triggers from traumatic events into more manageable levels
- ✓ Increase resiliency
- ✓ Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events
for those 18 and older.

For more information or to register, please call 243-
7878 or email FFSCInfo@us.navy.mil

FFSC



Resiliency Bootcamp

Date & Time:
1130-1230
Every 1st & 3rd
Thursday of the month
Apr 4.18
May 2.16
June 6.20

Location:
Library
Meeting Room
at CRC Building

About the Class

This course is designed to help you build resiliency to and achieve your best SELF.

Let's work out elements of meditation and self-care that will help you enhance your mental fitness.

Registration Required:
Contact: FFSCinfo@us.navy.mil, DSN: 243-7878



SMOOTH MOVE RESOURCE FAIR/ PCS BINDER INFO

May 3, 2024
0900 - 1100
CRC BLDG, 2nd FL, KODO RM

Are you moving within the next 6 months?

Stop by our resource fair and meet with subject matter experts from several organizations to include Household Goods, Housing, Tricare, NFCU, Navy Lodge, EFMP, Veterinary, NAVPTO, and our Personal Finance Manager.

Please call 243-3372 or email FFSCinfo@us.navy.mil to sign up!





YOKOSUKA SPONSORSHIP ON-DEMAND

PCS-ING TO YOKOSUKA?

Ask the Experts!

CFAY representatives will be available to answer your questions!

MORE INFORMATION

- ☎ 243-3372/046-816-3372
- ✉ FF5Cinfo@us.navy.mil
- 📘 facebook.com/ffcyokosukajapan



**EVERY 1ST & 3RD
THURSDAY**

0800-0900 JST



**JOIN
HERE!**

MICROSOFT TEAMS MEETING

GO TO: [HTTPS://TINYURL.COM/2297PM75](https://tinyurl.com/2297PM75)

OR CALL IN (AUDIO ONLY)

+1 410-874-6751 ID: 814 971 239 #



THE ENLISTED TO OFFICER ROADSHOW

**JAPAN
EDITION**

**02MAY24: Naval Base Sasebo:
MWR Showboat Theater**

**09MAY24: Naval Base Yokosuka:
MWR Benny Decker Theater**

Time:

1300-1500

Officers share lessons learned from each commissioning source and more than 30 different communities

Register at SDNNOA.org

NEX



DEAR VALUED CUSTOMERS: EFFECTIVE JANUARY 21, 2024

Ikego Beauty Salon will be closed through June, 2024.

For any Beauty or Barber needs, please visit our NEX Yokosuka Main Side locations.

We apologize for any inconveniences.



DEAR VALUED CUSTOMERS: EFFECTIVE JANUARY 21, 2024

Due to renovations the Yokosuka Dog Kennel **will be closed for 6 months.** Boarding and Quarantine services will not be available during this time.

Please reach out to the Atsugi, Camp Zama, or the Yokosuka Pet Sitters page for Quarantine services or questions.

Atsugi Kennel 264-5366

Camp Zama Kennel 046-407-5915

Grooming will be available at the Ikego NEX.

Ikego NEX 246-5950

We apologize for any inconveniences.

PWD



NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform re-routing work of high-temperature hot water line at the Ikego Softball Field shown on the sketch below from NOV 2023 to MAR 31, 2024. This work is absolutely essential for new Ikego CDC construction. **Working hours will be between 8:00 a.m. and 6:00 p.m., Monday through Saturday.**

Ikego Softball Field Close

*Crossed-out area is
in use for construction.



Thank you for your patience and understanding to this work.

**Government of Japan Funded Construction Project
FAP-K NA1809 Ikego High-temperature Hot Water Line Re-routing**

South Kanto Defense Bureau
Yokosuka Construction Office

Sankensetsubi Kogyo Co., Ltd
GoJ Contractor



US Army Corps of Engineers
Yokosuka Resident

PWD



NOTICE OF PARKING LOT CLOSURE

The Government of Japan (GoJ) Contractor will perform re-routing work of high-temperature hot water line. We have to ask Ikego residents for additional parking lot closure. Closing period will be on DEC 4, 2023 through MAR 31, 2024.

*Red-marked area shows additional parking lot closure in front of Club Takemiya/ Ikego FFSC/mini NEX.

(10 Parking Slots)

*This work is important for new CDC construction.



Thank you for your patience and understanding to this work.

Government of Japan Funded Construction Project
FAP-K NA1809 Ikego High-temperature Hot Water Line Re-routing

South Kanto Defense Bureau
Yokosuka Construction Office

Sankensetsubi Kogyo Co., Ltd
GoJ Contractor



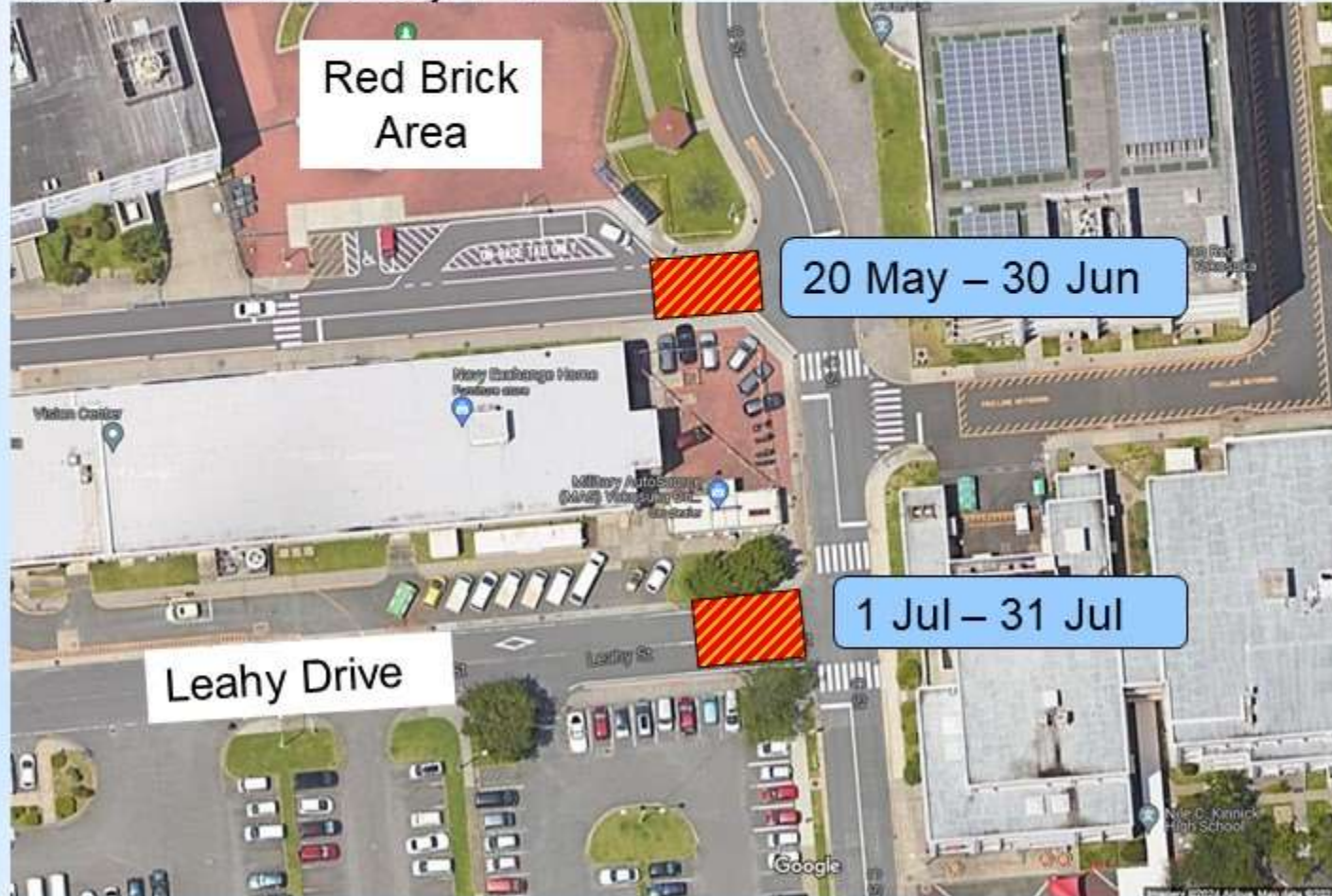
US Army Corps of Engineers
Yokosuka Resident

Red Brick Area – Road Closure

Closure Period

May 2024 – July 2024

FULL CLOSURE



- Underground electrical repair
- Taxi stand remains operational
- Weekend/holiday work only

as of 23 Apr 2024

PWD



PWD



Ikego Road Closure on 29 April 2024



- Maintenance will be conducted on Ikego's Barriers on 29 April 2024 from 2100-0200.
- There will be no driving allowed on Yasakayato Road from 2100-0200 on 29 April 2024.
- The entrance to Shisagi Road will remain open.

Legend

-  - Secured Area
-  - Open Road
-  - Maintenance Area





Vandegrift Lane – Road Closure



as of 13 Jul 2023

Closure Periods

July 2023 – October 2025

FULL ROAD CLOSURE



Vandegrift Lane is closed to support the construction of a UH tower.





G street & Leahy street - Road Closure

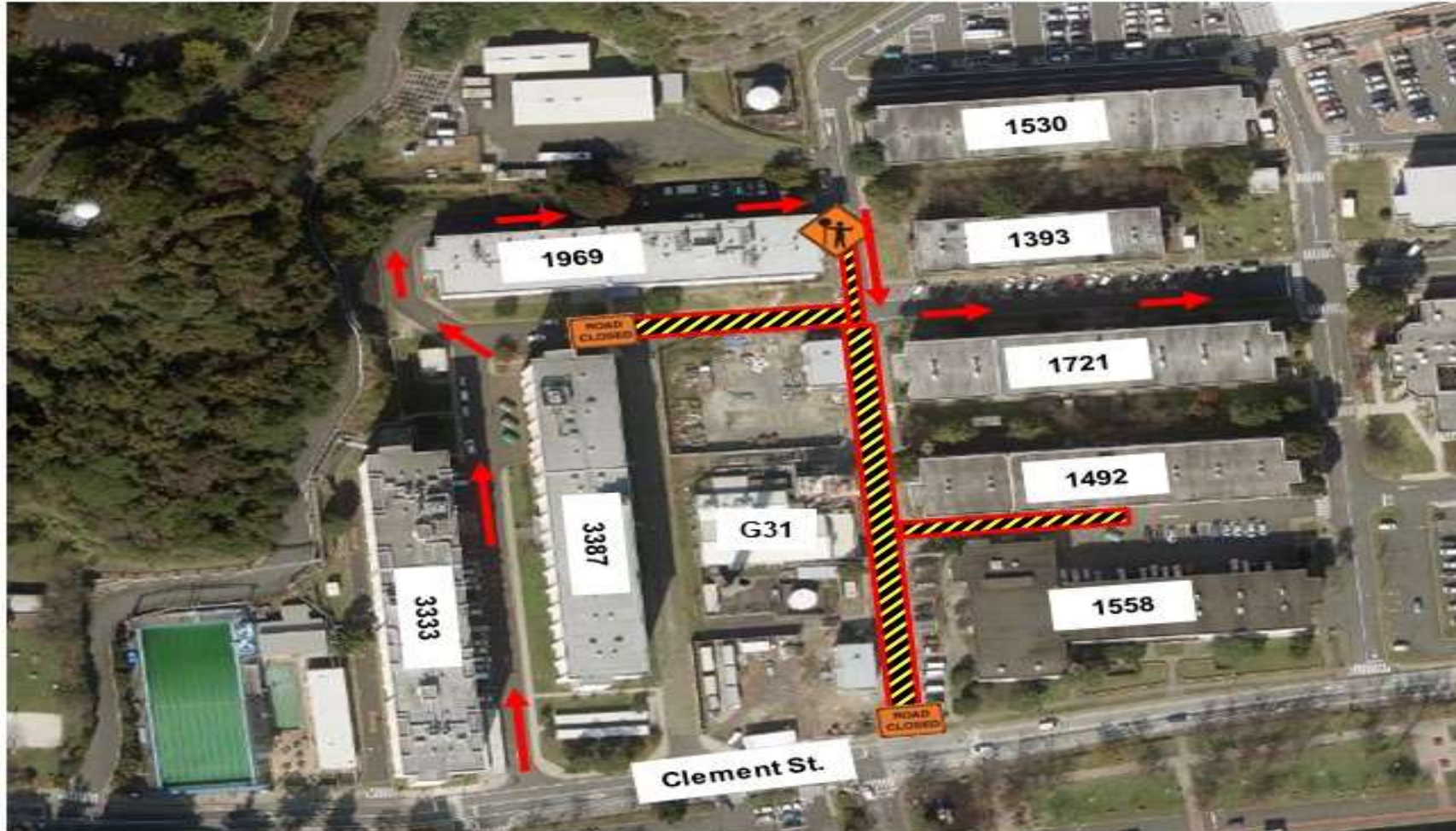


Closure Periods

18 JUL 2023 – 28 FEB 2025

as of 11 Jul 2023

FULL ROAD CLOSURE











G street and Leahy street will be closed for underground utility works.

Partial Closure: Sakura FH Tower Parking Lot

Start Date: 08 Mar 24

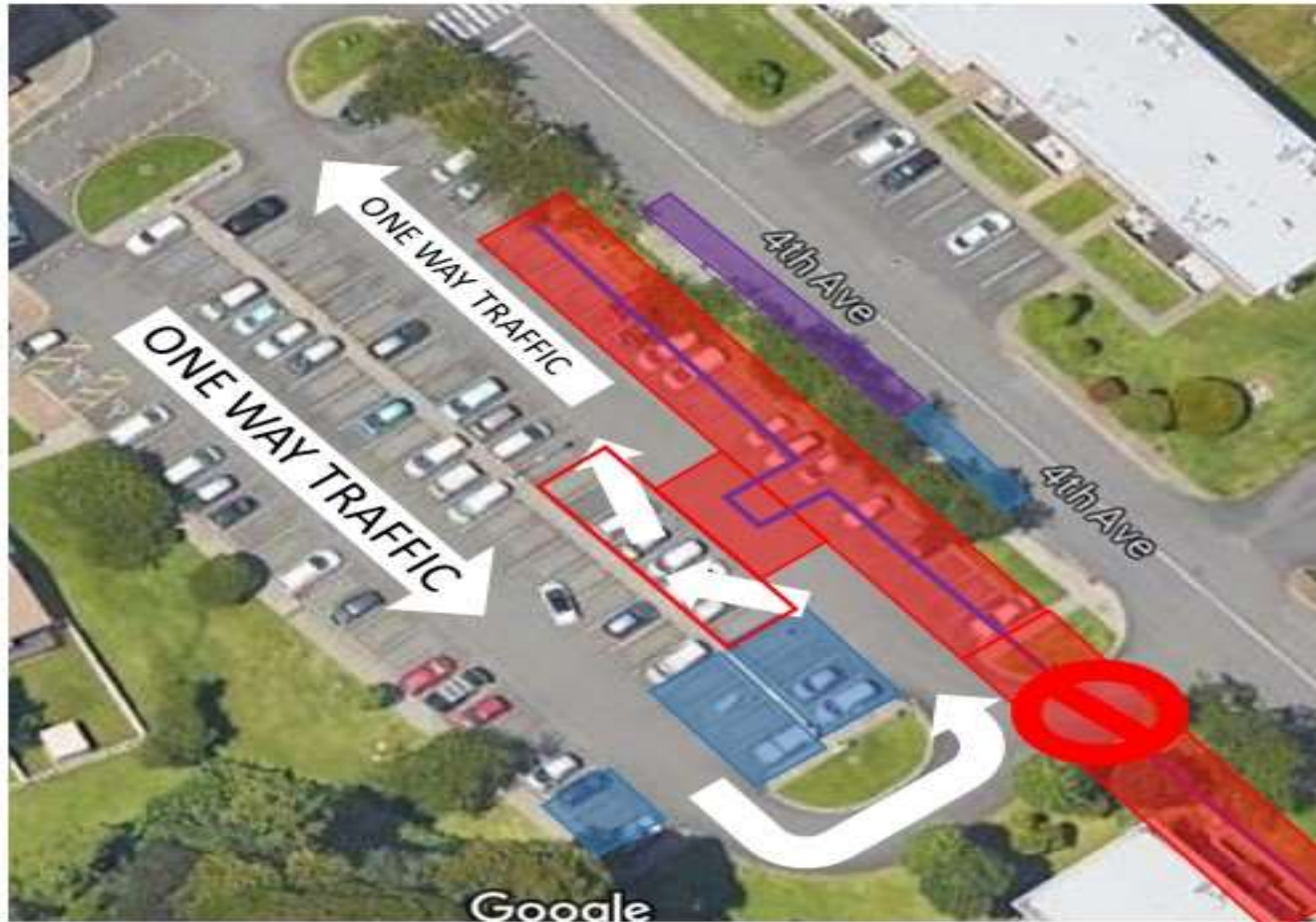
End Date: 26 Aug 24



-  Excavation (Lose 12 reserved/22 visitor & 4 reserved/2 visitor)
-  Shift visitor to reserved (12 + 4 spaces)
-  New parallel parking 2 hr only (4 + 3 spaces)
-  Steam Line
-  Concrete sidewalk
-  Steel plate to drive over afterhours
-  Primary Visitors (Navy Lodge Towers lot)
-  Overflow Visitors 1700 – 0700 only (NAVFAC lot)

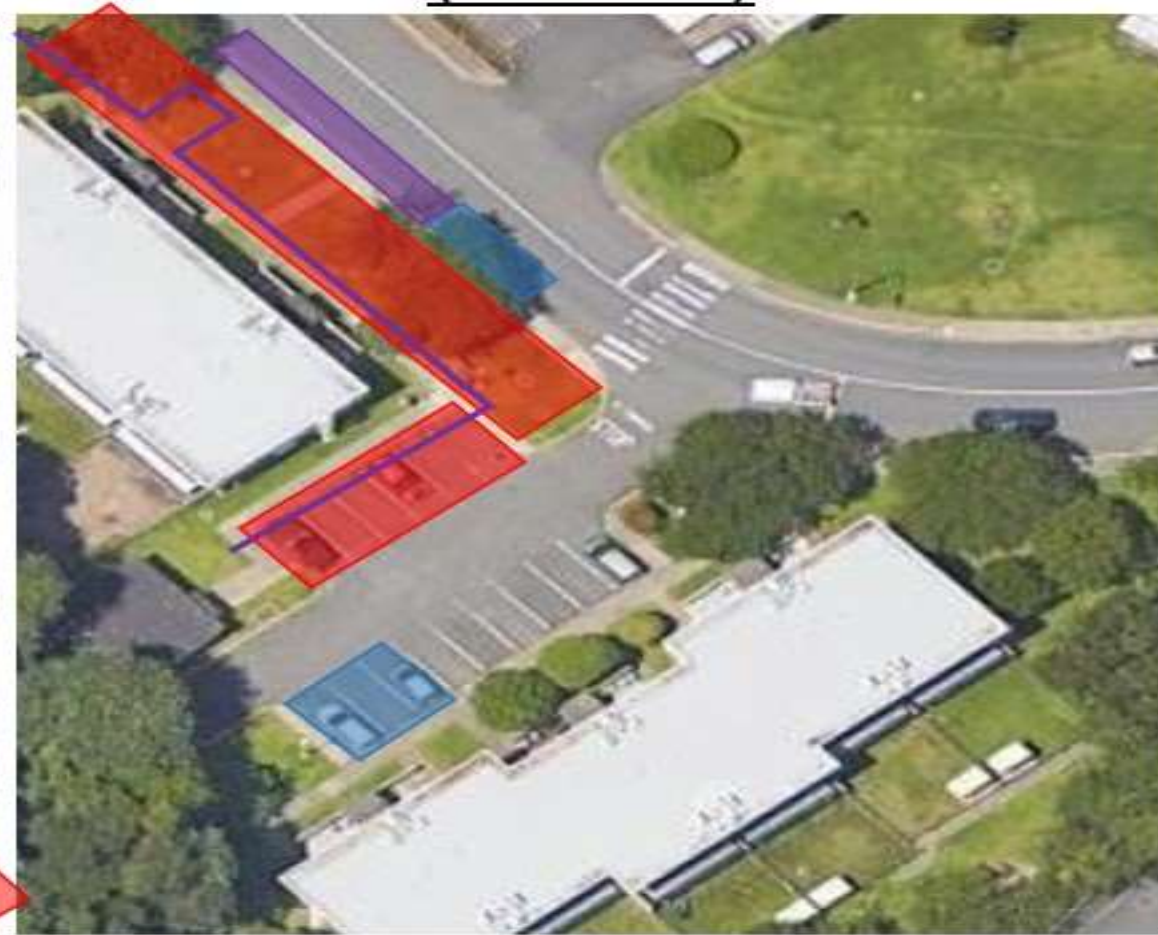
Partial Closure

Sakura Tower
(Inset 1)



- 12 of 12 reserved spots shifted locally
- 4 of 32 visitor spots shifted locally
- 28 of 32 visitor spots relocated to adjacent lots
- One-way CCW traffic with South entrance into lot only afterhours

4th Ave Townhouses
(Inset 2)



- 4 of 4 reserved spots shifted locally
- 3 of 5 visitor spots shifted locally
- 2 of 5 visitor spots relocated to adjacent lots

Partial Closure: Sherman Ave/Forrestal St

Start Date: 15 Apr 24 End Date: 30 Jun 24

Updated: 1 April 2024



Alternating lane closures

Purpose: Replace asphalt

- Starting on Sherman Ave and working down Forrestal St, stopping at Howard St.
- Alternating work to either side of the street to allow traffic to pass.
- Flag men will be present

PWD



ATTENTION CUSTOMERS

**The parking areas adjacent to the
CPO Club will be closed from
April 11 - 26 due to construction.**



We thank you for your understanding and patience.

Carney Gate Pedestrian Traffic



- Due to a construction project at the Main Gate, pedestrian traffic will be rerouted to Carney 2 starting on March 25th, 2024
- Inbound traffic will proceed through the right side of the Entry Control Point
- Outbound pedestrian traffic will remain the same

Legend

 - Rerouted Pedestrian Traffic (Entry)

 - Security



American Red Cross

One of the Red Cross's main missions OCONUS is to provide the **Emergency Communication Message**, AKA "**Red Cross Message**". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your **emergency leave**.



Prepare Today!
Complete a Contact Card!



The Red Cross Message for Military Families

Fill out a CONTACT CARD today to ensure your contact information is ready **before** an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.



Class Schedule

All classes are blended learning courses including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.



CPR/AED/First Aid Course (\$18)

- Sunday May 5, 0900-1200
- Saturday June 1, 0900-1200
- Monday June 3, 1500-1800

BLS Course (Basic Life Support) (\$12)

- Wednesday May 1, 1300-1600

Babysitting Basics & CPR (\$15)

(Recommended for ages 12-17)

- Wednesday May 15, 1500-1800

Classes will be updated based on community need with a minimum of 3 students.

****Classes are updated regularly based on community need****

TO REGISTER:

Email **Yokosuka@redcross.org** with the class and preferred date/time. You will receive a payment link and be asked to send your receipt to guarantee a spot in the course.



Volunteer Now



American Red Cross

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the online training.
5. If you have any problems, email Yokosuka@redcross.org or call 243-7490.



VOLUNTEER!

Contingency Team

Help with Emergency Messages
and during large scale emergencies

Disaster Action Team

Help provide immediate assistance on
scene of an emergency, and participate in
base exercises

Also available:

MTF Professional and Admin Help
Youth Preparedness Team
CPR/BLS/Babysitting Instructor
Library
PAWS
Vet Clinic
Post Office

American Red Cross Yokosuka

Community Resource
Center – CRC

Building 3368
Room 331 B

Yokosuka@redcross.org



**WE HAVE
MOVED!**

USO



FOR THE PEOPLE WHO SERVE.™

VOLUNTEERS NEEDED

Ready to help?

Support local Service Members
and their families.

VISIT:

www.volunteers.uso.org or the
USO Volunteer Community App



MILITARY SPOUSE APPRECIATION NIGHT

FRIDAY MAY 10TH
1700-2000 @ LOCATION TBD
REGISTRATION REQUIRED, 18+



USO



★ ★ ★ COFFEE CONNECTIONS

Join USO Yokosuka and
other military spouses from
the community to connect
over coffee and make new
friends!

Register Now!

May 7th, 2024

1700-1900

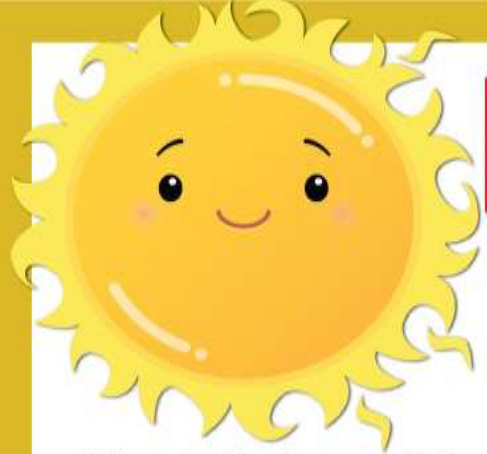
Ikego Tower TBD

18+



uso.org/coffeeconnections





KIDS Summer CAMP

June 10 - August 16 • 6 A.M. - 6 P.M.

Week 1: June 10 - 14
The Great Outdoors



Week 2: June 17 - 21
Mission Impossible



Week 3: June 24 - 28
Time Travel



Week 4: July 1 - 5
We Got the Beat



Week 5: July 8 - 12
Out of this World



Week 6: July 15 - 19
Ninja Warriors



Week 7: July 22 - 26
Let's Get Physical



Week 8: July 29 - Aug 2
Animal Planet



Week 9: Aug 5 - 9
Under the Sea



Week 10: Aug 12 - 16
Field Day
Blast from the Past



CYP Registration



MilitaryChildcare.com



Call Third Avenue SAC @ 243-3439, Green Street SAC @ 241-4100, or Ikego SAC @ 246-8301



MAY THE
FOURTH
BE WITH
YOU

**FREE
EVENT**





Kinnick High School presents

SPRING FOOTBALL TRAINING CAMP

MAY 13 - 17

MAY 20

3PM - 5PM

@ BERKEY FIELD

CONTACT COACH JOLEY - DANIEL.JOLEY@DODEA.EDU

ALL PLAYERS MUST HAVE A VALID SPORTS PHYSICAL IN ORDER TO PARTICIPATE IN THE CAMP



**OPEN TO ALL
RETURNEES
AND
INCOMING
FRESHMEN**