

AHoy



October 2025 • Vol. 91

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TRICK OR TREAT



Have a frightfully fun Halloween season with MWR!





Mishima Skywalk & Gotemba Outlets Tour

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For more information
visit us on the web.



OFFICERS' CLUB

October Events



National Pumpkin Spice Day

October 1 • 6 a.m. – 6 p.m. • Chopsticks

Receive 10% off on a slice of pumpkin pie all day.



National Cinnamon Bun Day

October 3 • 6 a.m. – 6 p.m. • Chopsticks

Receive 10% off on our delicious cinnamon buns all day.



National Salmon Day

October 8 • Kosano Dining Room

Order our tasty Spicy Salmon Rice Bowl and receive a free cup of soup!



National Pulled Pork Day

October 11 • 4 – 8 p.m. • Kosano Dining Room

Try our amazing Quesadilla with Kahlua Pulled Pork and dessert is on us!



Officers' Club Special

October 14 • Kosano Dining Room & Chopsticks • All Day

Enjoy 10% off your total bill on all food and nonalcoholic beverages (sundries are excluded).



Hawaiian Luau Lunch Buffet

October 17 • 11 a.m. – 8 p.m. • Kosano Dining Room

Join us for a fantastic buffet featuring a wide variety of traditional Hawaiian food. \$16.95



National Mozzarella Stick Day

October 20 • 11 a.m. – 8 p.m. • Kosano Dining Room

Order mozzarella sticks, and receive a second appetizer for 25% off!



Fall Fest Lunch Buffet

October 24 • 11 a.m. – 2 p.m. • Kosano Dining Room

Join us for a delicious fall themed buffet. \$16.95



Prime Rib Day

October 30 • 4 – 8 p.m. • Kosano Dining Room

Join us for tender, juicy and delicious prime rib with a loaded baked potato, vegetable du jour, Yorkshire pudding, soup or salad and a dessert. \$21.95



Sunday Brunch

Sundays • 9 a.m. – 2 p.m. • Kosano Dining Room

Join us for our delicious brunch with an incredible variety of offerings, including made-to-order omelets, a crepe station, a carving station, an array of salads, entrées, dessert and much more. Adults \$21.95 / Children (ages 6 – 11) \$10.95 Children (ages 5 and under) Free

Drink responsibly, do not drink and drive.

Weekly Specials



October 6 - 11

Thai Red Curry with Vegan Karaage • \$10.95



October 14 - 18

Eggplant & Zucchini Parmigiana • \$10.95



October 20 - 25

Buffalo Chicken Wrap • \$9.95



October 27 - November 1

Hearty Beef Stew • \$7.95

Chopsticks Weekly Entrée Specials



October 6 - 10

Beef Chinjao Rose; Green Chicken Oyako-Don; Pork Sinigang; Shrimp Mayo; Happosai



October 14 - 17

Thai Beef with Basil; Honey Garlic Chicken Kebabs; Pork Adobo; Salt & Pepper Shrimp; Happosai



October 20 - 24

Szechuan Beef; Japanese Chicken Curry; Pork Spare Rib Kaldereta; Shrimp with Chili Sauce; Happosai



October 27 - 31

Beef Bulgogi; Chinese Sesame Chicken; Miso Minced Pork Stir Fry; Potato Shrimp Clemenceau; Happosai

We offer up to five different entrée choices per day, alternating between Japanese, Filipino, Korean, Chinese, Thai and other Asian cuisines.

Drink responsibly, do not drink and drive.

BINGO

57 7 36 75 61



October 11, 18 & 25 • 4:30 – 10 p.m. • Officers' Club Admiralty Room (2F)
Doors open at 4:30 p.m. • Games start at 6 p.m.

Game packages are \$30 and includes special game. Additional packages are available for purchase. Must be 18 years or older to enter. Seating is on a first come, first served basis and cannot be reserved. Food and drinks will be available for purchase.

KUROFUNA LOUNGE



Monday – Thursday • 4 – 11 p.m. | Friday & Saturday • 4 p.m. – Midnight | Sunday • 2 – 8 p.m.

Closed on Holidays

Join us for free pool, a bar menu, and a variety of specialty cocktails, wines, and brews.
Now featuring Coronado Beer* from the Coronado Brewing Company.

**The Department of the Navy does not endorse any company, sponsor or their products or services.
Drink responsibly, do not drink and drive.*

October

CPO Club Lunch Menu

SUN	MON	TUES	WED	THU	FRI	SAT
			1 Sweet Chili Chicken Ginger Soy Sauce Cod Fish	2 Meatballs with Cheese Sauce Chicken Over Rice	3 Fried Fish Chicken Afritada	4 Saturday Brunch 9 a.m. - 2 p.m.
5	6 BBQ Chicken BBQ Pork Spareribs	7 Beef Tacos Pollo al Limón con Chile Pozole	8 Steamed Chicken with Vegetables Roast Beef with Wasabi Sauce	9 Roast Chicken with Balsamic Salsa Baked Cod with White Wine Sauce Salad & Pasta Bar	10 Fried Fish Pork Sinigang	11 Saturday Brunch 9 a.m. - 2 p.m.
12	13 Battle Stations BBQ 1 - 8 p.m.	14 Chicken Tacos Carne Asada	15 Fried Chicken Special Pozole	16 Beef Stroganoff Roast Pork with Apple Sauce Salad & Pasta Bar	17 Fried Fish Chicken Afritada	18 Saturday Brunch 9 a.m. - 2 p.m.
19	20 BBQ Chicken BBQ Pork Spareribs	21 Beef Tacos Chili Lime Pork	22 Orange Chicken Fried Pork Ribs	23 Chicken Fricassée Baked Salmon with Red Wine Sauce Salad & Pasta Bar	24 Fried Fish Pork Sinigang	25 Saturday Brunch 9 a.m. - 2 p.m.
26	27 BBQ Meatballs BBQ Shrimp	28 Chicken Tacos Beef Picadillo	29 Tempura Shrimp & Vegetables Braised Pork	30 Bacon Rolled Pork Chicken Caprese Salad & Pasta Bar	31 Fried Fish Chicken Afritada	

Lunch Buffet • Monday - Friday • \$12.95 / person

(Includes two entrées, soup, salad, dessert and iced tea or lemonade) *Menu items are subject to change.

Drink responsibly, do not drink and drive.



CPO CLUB

**Lunch Buffet • Monday – Friday • 11 a.m. – 2 p.m.**

Daily lunch buffet includes two main entrées, soup, salad, dessert, coffee, tea or lemonade. On Thursdays, we feature everyone's favorite pasta station, two kinds of soup, salad bar and a dessert bar. Check out our CPO Healthy a la carte menu as well. Adults **\$12.95** / Children (ages 6-11) **\$7**

**Chef's Salad • Mondays • 4 – 8 p.m.**

Tossed greens topped with ham, turkey, roast beef, boiled egg, cucumber and cheese with your choice of dressing. **\$13**

**Smoked Prime Rib Night • Tuesdays • 4 – 8 p.m.**

Juicy hickory smoked prime rib seasoned to perfection, cooked to your liking. Served with hearty vegetables, soup, salad, baked potato and dessert. **\$19**

**Mongolian BBQ • Wednesdays • 4 – 8 p.m.**

Treat yourself to a Mongolian BBQ with a wide selection of meats, fresh vegetables and variety of sauces. Served with soup, steamed rice, pancit, and garlic rice. **85¢ / oz**

**Texas Style Smoked Brisket • Thursdays • 4 – 8 p.m.**

Juicy and tender, melt in your mouth brisket slow cooked and smoked to perfection with our blend of spices. Served with pulled pork, white bread, and your choice of side. **\$12.50**

**Navy's 250th Birthday All-You-Can-Eat Fish & Chips**

Join us every Friday this October • 4 – 8 p.m.

Celebrate the Navy's 250th birthday (1775 – 2025) with our all-you-can-eat fish and chips, paired with hearty navy bean soup and a slice of delicious blueberry pie! **\$17.75**

**Saturday Brunch • 9 a.m. – 2 p.m.**

An all-you-can-eat buffet that includes a breakfast section, special carving stations and Japanese food station. Reservations not required but highly recommended.

**Pepper Steak Over Rice • Saturdays • 4 – 8 p.m.**

Thin cut beef, onion and bell pepper marinated in our soy-based sweet & savory glaze and served over rice. **\$12**

**Battle Stations BBQ • October 13 • 1 – 8 p.m.**

Smoked pulled pork or brisket sandwiches served on a toasted bun with tangy slaw and house-made BBQ sauce. Served with USS BAKED BEANS, corn on the cob and cornbread. **\$15**

**Cruise Inn • Monday – Friday • 6 a.m. – 2 p.m.**

Saturdays, Sundays & Holidays • Closed

Stop by and experience our world-famous breakfast menu, only here at Cruise Inn!

**Cove Bar**

The only full-service standing Chiefs' Club in the world is right here in Yokosuka! Relieve some of that work stress as you socialize with friends and enjoy complimentary finger food every Friday from 5 – 7 p.m. **Authorized patrons only.**

For details call 046-816-5506. Bon Appétit!

Drink responsibly, do not drink and drive.



Sky Bridge 91

Philly Cheese Steak Curry

October 31 • 11 a.m. - 8 p.m.



**Officers' Club • CPO Club
Club Alliance* • Club Takemiya**

A delicious curry collaboration between
our JMSDF partners and MWR.

***Not available for delivery.**





Bulgogi Beef October Pizza Special

Available daily in Italian Gardens.
Large \$16



Chef's Special Pasta Night

**Italian Gardens
Wednesdays • 5 – 9 p.m.**

Enjoy delicious chef's pasta with side salad (your choice of dressing) garlic bread, and iced tea or soft drink. **\$13**



Salsa

October 3 Sharky's Roadhouse (1F)

Doors open at 6 p.m. Salsa Instructor at 6:30 p.m.

Learn to dance the salsa and then show your new moves on the dance floor until we close. Food available to purchase.

Bachata

October 9 & 23 Sharky's Roadhouse (1F)

Bachata Basics • 6 p.m.

Bachata Pair & Improvers Lessons • 7:30 p.m.

Social Time • 8:30 – 11 p.m.

Learn to dance Bachata in 90 minutes. Beginners welcome! Food and drinks available to purchase.



Halloween Special Event

**October 31 • Doors Open at 5 p.m.
Sharky's Roadhouse (1F)**

Featuring a live DJ, a costume contest, prizes and more! Sharky's Killer Wings food menu will be available for purchase. Open to all hands ages 20 & older

Drink responsibly, do not drink and drive.



IG After Dark

Fridays • 5 - 9 p.m.

Club Alliance • Italian Gardens Restaurant (2F)

Enjoy dining in the dark with the ambiance of live piano music in the background, and free chef's choice specialty appetizers.



SHARKY'S KILLER WINGS & CRAFT BEER

Sunday - Thursday • 4 - 11 p.m.

Friday & Saturday • 5 p.m. - Midnight

Club Alliance (2F)

Home of flavored wings, hand crafted starters,
and craft beer.



Home of Louisiana specialty po' boys,
burgers, wraps and bites.

DINE-IN or TAKE OUT!

**2ND FLOOR
CLUB ALLIANCE**

SUNDAY - THURSDAY • 11 A.M. - 4 P.M.

FRIDAY - SATURDAY • 11 A.M. - MIDNIGHT

For details please call

046-816-5985

046-896-3786

Drink responsibly, do not drink and drive.



BOWLING

Center

Midway Grill

October Burger of the Month: Teriyaki Burger

Try this delicious, sweet yet salty, savory teriyaki flavored burger with lettuce and mayo. Served with fries and a drink.

\$7.95

MGIF (Midway Grill It's Friday)

Fridays • 4 - 8 p.m.

Cheers to the weekend! Pay for one hour of bowling and get an additional hour free, plus half price appetizers!

Halloween Bowling Pin Decorating Contest

October 1 - 22

Parents can pick up their bowling pins at Yokosuka Bowling Center beginning October 1. Pins can be decorated with any Halloween theme and must be turned in by October 22. Four winners will receive family bowling and pizza passes, with one of the winners guaranteed to be from a contestant aged 5 or under. Winners will be announced at the Bowling Center on October 25 at 1 p.m. during the Spooky Fun Halloween event.

Columbus Day Special: Red Pin Bowling

October 10 - 13

Roll a strike on a red head pin and win one free game coupon all weekend!

No Tap Tournament

October 19 • 1 p.m.

Knock down nine pins on your first ball, and it counts as a strike in this four game tournament! Payout will be 1 in 4.

\$30 / person

Spooky Fun Halloween Bowling

October 25 • 11 a.m. - 6 p.m.

Join us for Spooky Fun Halloween Bowling and get two games of bowling, one individual pizza and a drink for kids grades K - 12. Come in costume and receive a gift. All children receive Goody Bags \$10 / child (\$1 for each game thereafter). Parents can bowl with their children for **\$2** per game.

Spooky Fun Halloween Cosmic Bowling

October 25 • 7 p.m. - Midnight

Everyone gets one more individual pizza. All-you-can-bowl for adults. Come in costume and receive a gift. Costume contest, prizes and drink specials. Ages 18 and up. **\$20 / person**.

Yokosuka Shootout Scratch Bowling Tournament

October 26 • 1 p.m.

Come bowl against top local talent in a six-game scratch tournament. Women receive a 10-pin handicap per game. After six games of qualifying, shootout-style finals. \$50 entry fee. Payout is 1 in 4.

For details, please call 046-816-4200.

Drink responsibly, do not drink and drive.

CLUB TAKEMIYA

October Events



Lunch

Monday - Saturday • 11 a.m. - 1:30 p.m.

Take a break and let us do the cooking! Club Takemiya offers a full lunch menu including appetizers, salads, burgers, wraps, rice bowls, pasta, steak and more.



Mongolian Buffet

Tuesdays • 11 a.m. - 9 p.m.

85¢ / ounce (Minimum price: Ages 12 and up • \$8 / Ages 4 - 11 • \$4)

Guess the price to within 5 cents and the meal is free!



Thursday Lunch Special

Thursdays • 11 a.m. - 2 p.m.

Specials served with a standard beverage of your choice. Please check in every Thursday to see what is on offer. \$11



Rib Eye Steak Special

Thursdays • 11 a.m. - 9 p.m.

Tender and flavorful rib eye steak (10oz) served with your choice of side and vegetable of the day. \$18



Fab Fridays!

Fridays • 4 p.m. - Midnight

Kick-start your weekend with friends at Club T! Enjoy delicious cocktails, great music, free pool and more!

DJ twice monthly • 7 p.m. - Midnight

Social Hour • 6 - 7 p.m.



Sunday Brunch

Sundays • 9 a.m. - 2 p.m.

Wrap up your weekend with Club Takemiya's Sunday Brunch, featuring a delightful spread of hot entrées, made to order omelets, and pancakes. Take-out is not available. Adults \$12 / Children (ages 6 - 11) \$6 / Children (ages 5 and under) Free



U.S. Navy 250th Birthday Special Plate

October 13 • 11 a.m. - 9 p.m.

Enjoy rib eye steak, barbecue chicken, buttered corn on the cob, rice pilaf and your choice of cake from the menu. Takeout available. For details call (DSN) 246-8077 or (cell phone) 046-806-8077. \$25

Club Takemiya is open Monday - Sunday. For details call 046-806-8077.

Drink responsibly, do not drink and drive.

Club Takemiya Bar will be closed October 5 in support of Friendship Day.
and October 18 for the Navy Day Ball.





Wings

CLUB TAKEMIYA

WEDNESDAY

11 a.m. - 9 p.m.

For more information, please call 046-806-8077.



Karaoke Night

Saturdays 4 p.m. - Midnight

Club Takemiya Lounge

To sing or not to sing? That is the question! Rock, R&B, Country, Pop or Rap, you name it, we've got it!



djnight

Oct. 3 • 7 p.m. - Midnight
Club Takemiya Lounge

Wind down after a long week while enjoying the latest hits. Bring your friends and dance the night away!



Taco Night

Oct. 4 • 4 - 9 p.m.

Club Takemiya Dining Room

Join us for delicious soft beef tacos!
Available for dine-in or take out. \$3 each



TRIVIA Night

Oct. 24 • 7 p.m. • Club Takemiya Lounge

A \$25 MWR Voucher will be awarded to the winner (team or individual, only one voucher will be awarded). Enjoy Wings Wednesday pricing for wings & tenders from 6 - 9 p.m.



HALLOWEEN Party

Oct. 31 • 4 p.m. • Club Takemiya Lounge

Celebrate Halloween Club T style! We'll be hosting a Costume Contest with a \$25 Gift Voucher awarded to the contest winner (decided by audience). Costume contest will start at 8 p.m. Final decision will be made by Club T staff, plus a special Halloween Social "Hour" from 9 - 11 p.m.

Drink responsibly, do not drink and drive.



PRIME RIB *Night*

CPO Club

Tuesdays • 4 - 8 p.m.

Club Alliance

Thursdays • 5 - 9 p.m.

Officers' Club

Last Thursday of each month • 4 - 8 p.m.

Mongolian BBQ

Officers' Club

Tuesdays • 5 - 8 p.m.

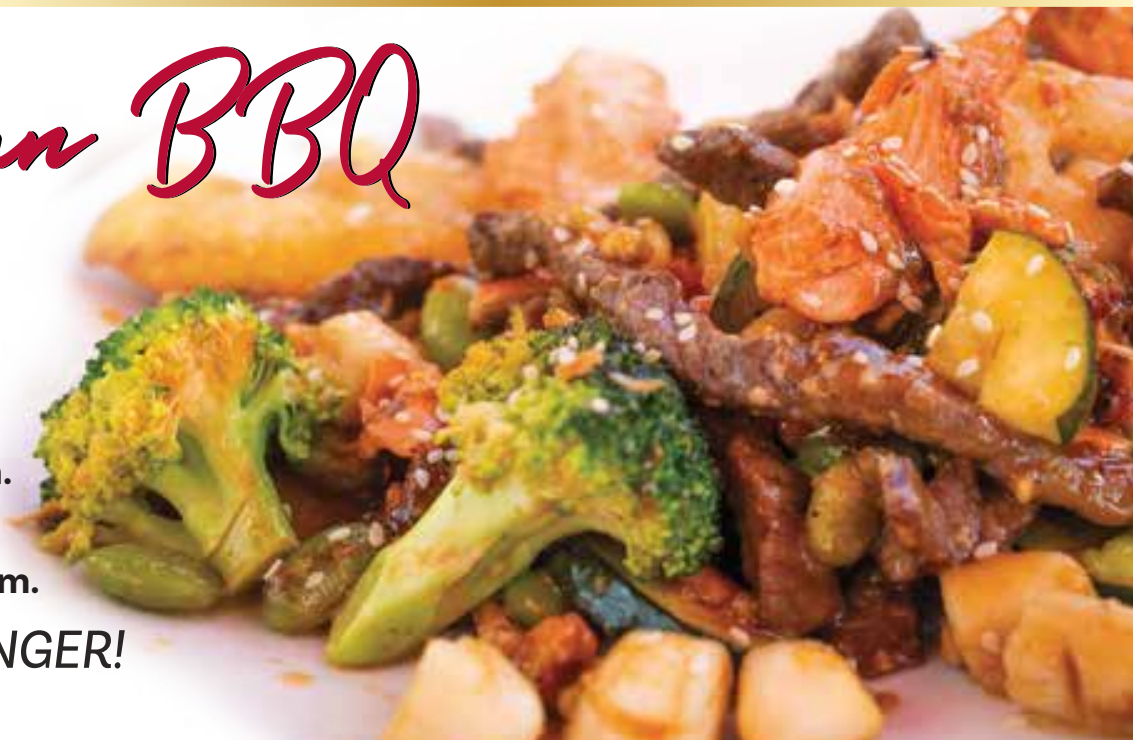
CPO Club

Wednesdays • 4 - 8 p.m.

Club Takemiya

Tuesdays • 11 a.m. - 9 p.m.

SATISFY your *HUNGER!*



Brunches

CPO Club

Saturdays • 9 a.m. - 2 p.m.

Officers' Club

Sundays • 9 a.m. - 2 p.m.

Club Takemiya

Sundays • 9 a.m. - 2 p.m.

Drink responsibly, do not drink and drive.



Catering

• SERVICES •

We cater to all your needs from command events to birthday celebrations, promotions, retirements, weddings, and more.

Our facilities have banquet rooms that can accommodate small to large parties.

We will assist you in planning your menu, entertainment, floral arrangements and special touches to make your event memorable and extraordinary.

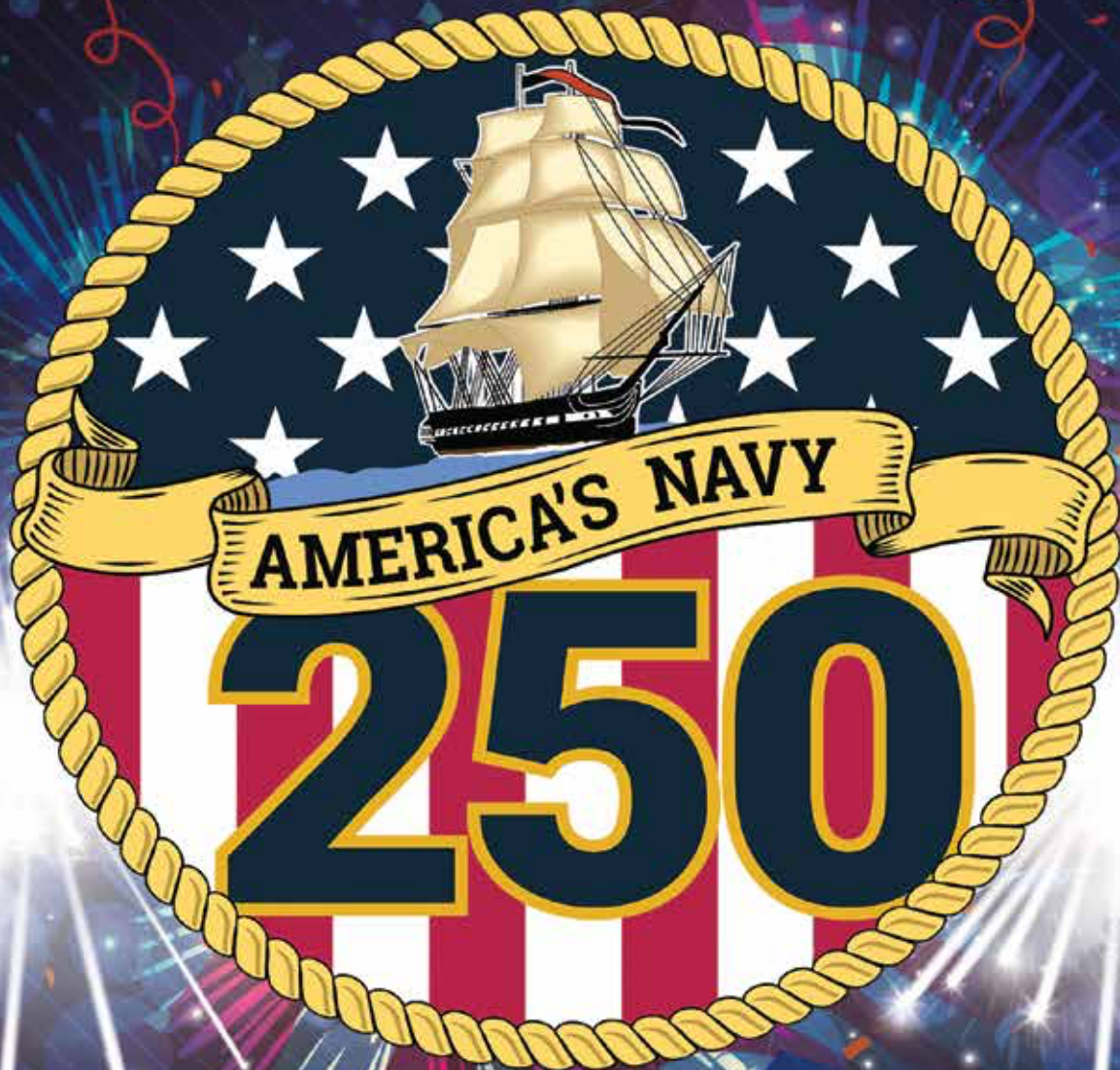
**Please call one of our
Catering Offices.**

Officers' Club
046-816-5030

CPO Club
046-816-5506

Club Alliance
046-816-5951





Navy 250th Birthday Celebration

Club Takemiya • Taste & Toast Special Meal

October 13 • 11 a.m. - 9 p.m.

Enjoy rib eye steak, barbecue chicken, buttered corn on the cob, rice pilaf and your choice of cake from the menu. \$25. Takeout available. For details call (DSN) 246-8077 or (COM) 046-806-8077.

CPO Club Specials

Fridays in October • 4 - 8 p.m.

Enjoy an all-you-can-eat fish and chips, paired with hearty navy bean soup and a slice of delicious blueberry pie! \$17.75, honoring 1775 - 2025. For details call (DSN) 243-5506 or (COM) 046-816-5506.

October 13 • Battle Stations BBQ • 4 - 8 p.m.

Smoked pulled pork or brisket sandwiches served on a toasted bun with tangy slaw and house-made BBQ sauce. Served with USS BAKED BEANS, corn on the cob and cornbread. Open to all hands. \$15

Officers' Club Special

October 14 • Kosano Dining Room & Chopsticks • All Day

Enjoy 10% off your total bill on all food and nonalcoholic beverages (sundries are excluded).

For details call (DSN) 243-5030 or (COM) 046-816-5030.

Drink responsibly, do not drink and drive.



FLOATFIT

A Full Body Workout



Tuesdays & Thursdays • 9:15 - 9:45 a.m. • Purdy Pool

A fun and high-intensity circuit training drill, performed on an AquaBase floating water mattress. The need to stay afloat will teach you how to focus on your posture, and strengthen your core while concentrating on exercises such as burpees, planks, squats, and mountain climbers. Intricate stabilizing muscles work overtime helping to prevent dislocation while adding strength to joints. For those with knee or joint difficulties, FloatFit is a low-impact workout, with a mixture of core and yoga inspired exercises to suit all abilities.

For more information, please call MWR Aquatics Office at 046-816-5620.

Single Sailor October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Liberty Outreach: CFAY Galley 11 a.m.	2 Candy Guessing Game All Day	3 Fright Night Movie Marathon All Day	4 Uno Quatro Game Challenge 5 p.m.
5 Hakkejima Sea Paradise Tour 9 a.m. - 4 p.m.	6 Glow In The Dark Billiards Tournament 5 p.m.	7 Dungeons & Dragons Night 6:45 - 9:45 p.m.	8 Smash Brothers Tournament 5 p.m.	9 Bowling Night 4 - 6 p.m.	10 Fright Night Movie Marathon All Day Foodie Friday: Chicken & Waffles 4:30 p.m.	11 National Chess Day: Chess Tournament 5 p.m.
12 Monopoly Go! Tournament 5 p.m.	13 Happy 250th Birthday U.S. Navy! Navy Movie Marathon All Day Hakone Open Air Museum & Area Tour 6:30 a.m. - 6:30 p.m.	14 Dungeons & Dragons Night 6:45 - 9:45 p.m.	15 October 15 - 26 Mason Jar Pumpkin Crafting Contest All Day	16 Darts Tournament: Cricket 5 p.m.	17 Fright Night Movie Marathon All Day	18 Shogun Historical Hiking Tour 10 a.m. - 1:30 p.m.
19 Indonesia Festival Tour 8:30 a.m. - 5 p.m.	20 October Birthday Celebration 4:30 p.m.	21 Dungeons & Dragons Night 6:45 - 9:45 p.m.	22 Liberty Barracks Bash UH 3387: Pizza & Wings Night 4:30 p.m.	23 October 23 - 31 Halloween Face Painting Challenge All Day	24 Fright Night Movie Marathon All Day	25 Tokyo Ramen Festival Tour 8:30 a.m. - 3 p.m.
26 Halloween Mystery Box Game All Day	27 Down To Your Last \$: National Seafood Month 4:30 p.m.	28 Dungeons & Dragons Night 6:45 - 9:45 p.m.	29 Halloween Cupcake Decorating 4:30 p.m.	30 National Candy Corn Day: Stacking Challenge 5 p.m.	31 Liberty Trick or Treat All Day Fright Night Movie Marathon All Day	

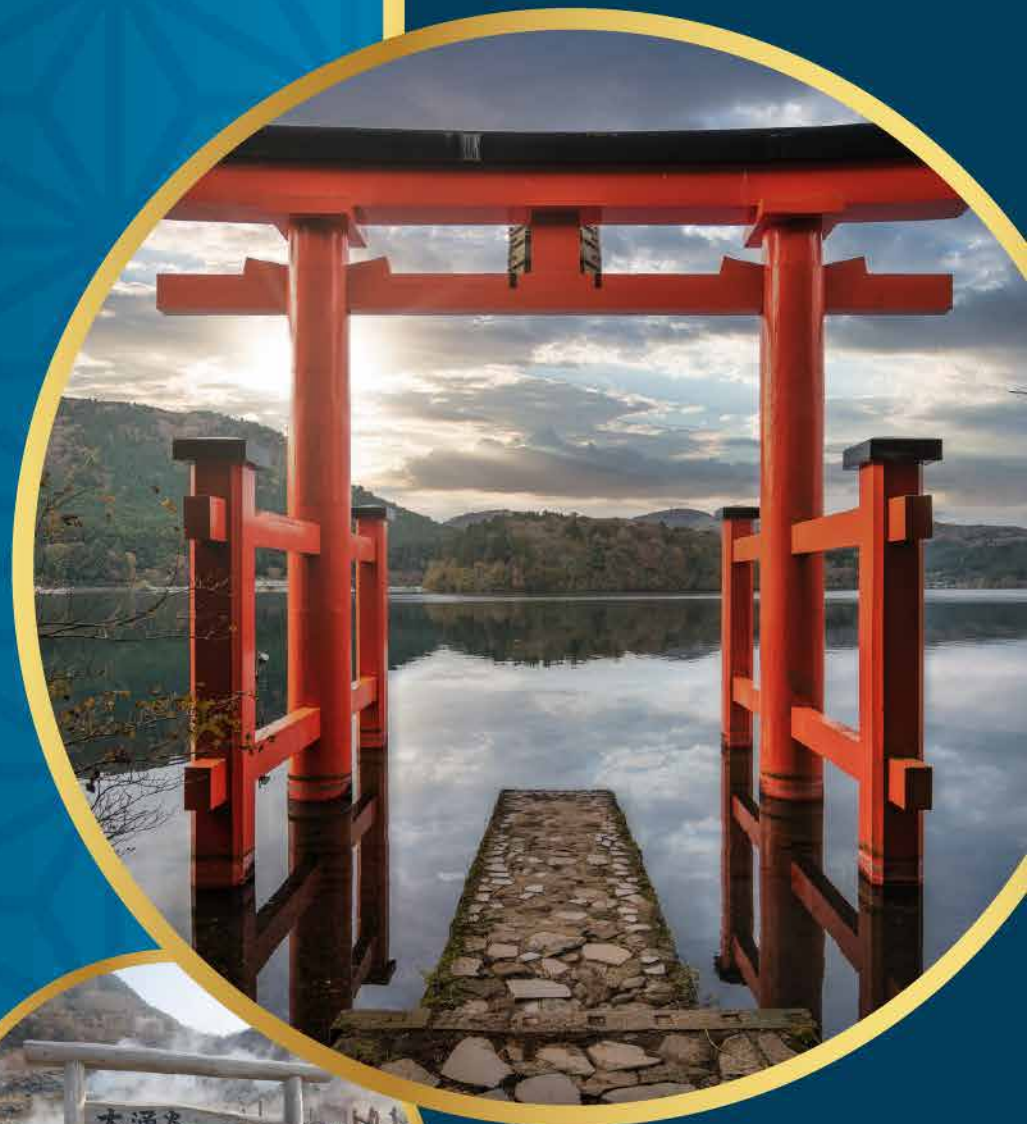
For more information, call 046-816-7346 or visit www.navymwryokosuka.com

Please register for tournaments at the Liberty Center's main desk.

Liberty programs and services are available to single and unaccompanied, active duty service members.



HA KO NE



Single Sailor Liberty Program

October 13 • 6:30 a.m. – 6:30 p.m.

Our first stop on the tour will be Owakudani (volcanic valley), a crater created during the last eruption of Mt. Hakone about 3000 years ago. Then we will be heading to the Hakone Open Air Museum for an unforgettable adventure. Covering 70,000 square meters (18 acres) the museum provides a beautiful view of the Hakone Mountains and plays host to 120 masterpieces by famous modern and contemporary sculptors. Our last stop of the day will be Hakone Shrine, one of the most visited shrines in Japan, known for its beautiful red Torii Gate facing Lake Ashinoko and a view of Mt. Fuji if weather permits. Price includes admission, guide, and transportation.

Sign-up deadline is October 7.

\$35 / Blue Jacket

\$66 / E6 & Up



NAVY BIRTHDAY 5K

OCT.10

PURDY PAVILLION • 11:30 A.M.
FREE EVENT • REGISTER ON SITE
OR VISIT THE FITNESS OFFICE



*The Department of the Navy does not endorse any company, sponsor or their products or services.



RIDE & VIBE

Friday, October 17 @ 5 p.m.
& Saturday, October 18 @ 10 a.m.
Fleet Rec Bldg. • 5th Floor

Come out and spin to the music with our special guests
Mike on the Bike & B the Motivator leading the class.
\$15 / Class • Includes a fitness t-shirt & swag bag!

Spots are limited, register at Fleet Rec MWR Fitness Office • 3rd Floor
For more information, please call 046-896-4486.

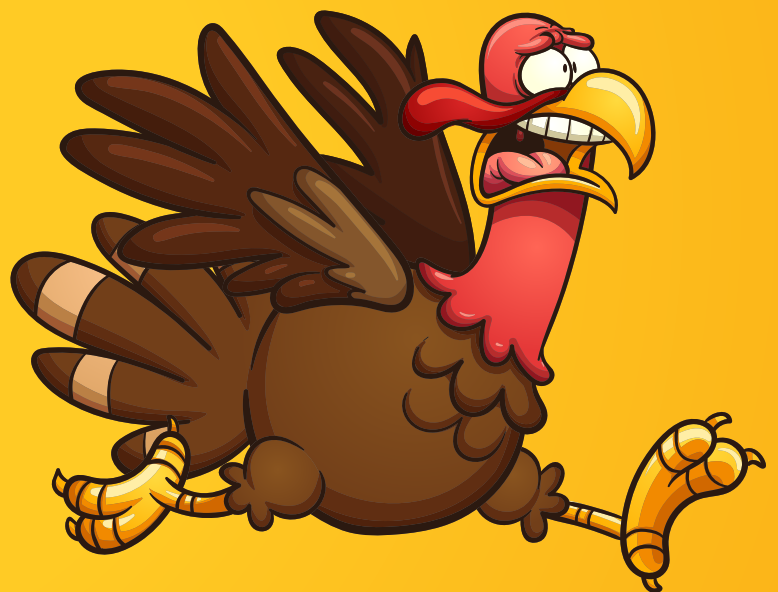
Captain's Cup Event



TURKEY TROT 5K

**November 21
11:30 a.m.
Purdy Pavilion**

**1st Place: Turkey
2nd Place: Ham
3rd Place: Cornish Hen**



**Prizes will only be awarded to Active Duty & SOFA Members.
Register on-site, starting at 10:30 a.m.
Open to all community runners!**

For more information, please call 046-896-4486.



Child Development Centers

The Yokosuka and Ikego Child Development Centers offer child care and developmental activities for children from six weeks to pre-kindergarten.



School Age Care (SAC)

School Age Care (SAC) programs are for children in kindergarten through 12 years old. We work with dynamic organizations such as the Boys & Girls Clubs of America and 4-H to offer the best programming. Our programs provide educational and recreational activities that focus on building self-esteem, developing appropriate relationships, facilitating academic success, and making healthy choices.

Types of Care Provided

- Before School Care
- After School Care
- Holiday / Summer Camps
- Hourly Care

To join the waitlist or view current care options, please log into www.militarychildcare.com



Child & Youth Education Services (CYES)

Child & Youth Education Services (CYES) is the education services arm of CYP. The Child & Youth Education Services Officer provides support to all military connected families in transition with their K-12 education, public, private, parochial, DoDEA, and home school. The SLO helps students and families connect to their command, school, community, and future. **Email the SLO at MWR_Yokosuka_School_Liaison@us.navy.mil or call DSN 243-5542 or 046-816-5542.**



Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC)

Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC) Programs support and augment Child & Youth Programs and DoDEA schools. Counselors provide non-medical support to eligible faculty, staff, parents and children. They may observe, participate and engage in activities with children and youth; coaching, guidance and support to staff and parents, and model behavior management techniques and more! **Contact the SLO for more information about the CYB-MFLC Program at MWR_Yokosuka_School_Liaison@us.navy.mil or call DSN 243-5542 or 046-816-5542.**



Become a Family Child Care (FCC) Provider

Family Child Care (FCC) providers assist parents by providing child care services supporting operational readiness, mission accomplishment and retention.

Independent Work Environment

- You work for yourself, in your own home.

Benefits

- Toy & equipment lending library.
- Low cost liability insurance.
- On-site assistance and advice.
- Free monthly training, promotion, ads, and referrals.
- Direct subsidy program.

Basic Qualifications

- At least 18 years of age.
- Responsible, emotionally stable, and capable of exercising good judgment in caring for children.
- Have a high school diploma, GED, or higher level degree.
- Speak, read, and write English fluently to communicate with parents.

Types of Family Child Care Homes

- Multi-age homes
- Infant / Pre-Toddler Homes
- Before & After School Homes
- Extended Hours Homes
- Special Needs Homes

Take the Next Step

Complete an interest form at: <https://militarychildcare.csd.disa.mil/sms/registration/register#>

Contact us for more information at: DSN: 241-2978 or 046-896-2978 or 070-1201-7944
or Email us at MWR_Yokosuka_FCC@us.navy.mil



Family Child Care (FCC) Information for Parents

Family Child Care (FCC) offers quality care in a loving, learning home environment for children ages six weeks to twelve years. All homes are certified by DoD.

FCC providers are encouraged to obtain accreditation by the National Association for Family Child Care (NAFCC). As an additional quality assurance measure, FCC providers receive a minimum of one unannounced monitoring visit each month to assess providers' relationships with children and families, appropriateness of the learning environment, planned activities, safety and health of the home, and other items. The goal of these visits is to provide programmatic support and ensure adherence to Navy standards and policies.

Parent Fees

All FCC subsidized rates must be verified during initial registration using Total Family Income (TFI), and updated annually. TFI will be verified by documentation to include spouse's most recent LES(s), W-2 forms, or detailed pay information. Students are required to provide proof of full-time school enrollment.

- Eligible patrons include: Active Service Members / DoD Civilians.
- Parent fee is assessed through established income categories.
- Multi-child discount will be applied to additional child enrolled.
- Hourly fees will be discussed with your FCC provider.

Contact us for more information about Family Child Care (FCC) at: DSN: 241-2978 or 046-896-2978 or 070-1201-7944 or E-mail: MWR_Yokosuka_FCC@us.navy.mil or visit www.navymwryokosuka.com



Need childcare for your appointment?

Spaces are available at all CDC, FCC & SAC programs after school only or on no-school days.

Steps to register for Hourly Care:

1. Complete a Navy CYP Registration packet:
MWR_Yokosuka_CYPadmin@us.navy.mil
2. Email or drop-off forms at any CDC (243-3219, 243-3033, or 246-8060) or CYP Admin Office (243-4079).
3. An orientation is required before drop off.
Registration link for finding hourly care availability is <https://myffr.navyaims.com/yokosukacyp.html>
4. Login information to sign-up for hourly care will be given once orientation is completed.

For more information, please call 046-816-4079 or Email: MWR_Yokosuka_FCC@us.navy.mil or MWR_Yokosuka_CYPadmin@us.navy.mil



Free childcare is provided by CYP from 30 minutes before classes begin to 30 minutes after classes end.

Steps to register for AOB Child Care:

1. Contact CDC, SAC, or FCC for availability and for registration information.
2. To process registration for school age children, they must be enrolled in DoDEA Elementary School. SAC programs offer care before & after school during the school year.
3. SAC programs provide full day care for children during the Summer, Spring, and Winter school breaks.

If you have any questions you can reach out to CYP admin at mwr_yokosuka_cyp_AOB@us.navy.mil or call 046-816-4079. Contact the FCC Director at mwr_yokosuka_FCC@us.navy.mil or 046-896-2948.

Welcome New Families!
CYP AOB Child Care



Family Care Plan Campaign

The Child Development Centers, Family Child Care and the School Age Centers will be reaching out to military families to ensure the Family Care Plans are completed. Child & Youth Programs will work with families and their command to ensure all active duty single and dual military families with dependents enrolled in CDC or SAC programs have the correct paperwork completed and turned in for this requirement.

What is the Family Care Plan?

Family Care Plans are mission planning tools to establish and document written plans to care for minor children while the sailor is absent (DoD Instruction 1342.19).

Who does it affect?

The Family Care Plan (FCP) is required for all single and dual active duty military sailors with children enrolled in CDC or SAC programs.

When does the FCP need to be completed?

Single and dual sailors with dependents enrolled in CDC or SAC programs are asked to complete the FCP as soon as possible. New enrollments have up to 60 days from the original start date to provide FCP.

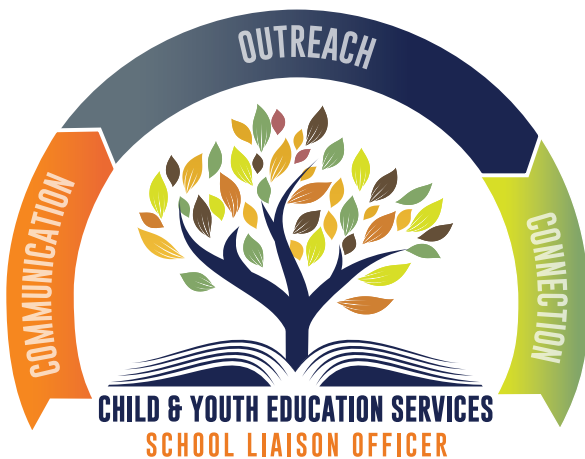
Why is it important?

To be mission ready and best prepared to take care of your child in case of an emergency.

What can you do?

Contact CYP as soon as possible to verify your FCP status.

For more information, please call 046-816-4079 or Email: MWR_Yokosuka_FCC@us.navy.mil or MWR_Yokosuka_CYPadmin@us.navy.mil



What is a School Liaison Officer?

The School Liaison Officer serves as the liaison between the installation commander, military agencies, and schools by providing assistance in matters pertaining to student education.

The School Liaison Officer also implements the Navy's Strategic Planning for Education Advocacy K-12 recommendations in order to ensure Navy families have access to quality educational opportunities. School Liaison Officers level the playing field for military children by ensuring maximum educational opportunities for success.



Why are School Liaison Officers needed?

School transition and deployment support is a Navy readiness and retention issue. The Navy benefits from having Sailors who can focus on their duties, whether ashore or deployed.

- Navy families move their children an average of every 2.9 years.
- Children of military personnel attend up to 9 different schools by graduation.
- Military families are reluctant to disrupt high school youth in their senior year.
- Deployments can impact children's educational outcomes.
- Many families decide to "separate geographically" to keep kids in current school.



Navy School Liaison Officers Provide Seven Core Services to Assist Families

• School Transition Services

Assist families with school transfers and help 'level the playing field' for military children and youth.

• Deployment Support

Connect educators with Navy deployment support system to inform them about cycles of deployment and tools available to assist in working with Navy children.

• Command, School, Community Communications

Serve as subject matter experts for installation commanders on K-12 issues, helping to connect command, school and community resources.

• Home School Linkage and Support

Assist families by gathering and sharing information on home schooling issues, policies and legislation and help leverage CYP resources to support these families.

• Partnerships in Education (PIE)

Creates volunteer network of resources to support installation and community members who have vested interest in the success of all youth.

• Post-Secondary Preparations

Leverage installation and school resources to provide graduating military students with access to post secondary information and opportunities.

• Special Needs System Navigation

Provide information on installation and community programs and services, make referrals to EFMP, and assist in navigating administrative systems within LEAs.

For more information or to contact the School Liaison Officer, E-mail: MWR_Yokosuka_School_Liaison@us.navy.mil



Military Youth of the Year

2026

Are you an ambitious teen who is highly involved at school and in the community? If so, come compete for Youth of the Year and represent CFAY.

The Youth of the Year program creates opportunities for youth to receive recognition at the local, state, regional and national levels, as well as a chance to win scholarship money.

Candidates are first chosen as Regional Youth of the Year and awarded a **\$2500 scholarship** for Asia. Then they move on to possibly be chosen as Regional Youth of the Year, receiving a **\$20,000 scholarship**.

The military candidates move forward on a separate path where they may be selected as the National Military Youth of the Year. That selectee receives an additional **\$20,000 scholarship** and moves on with five traditional Regional YOY candidates to contend for the National Youth of the Year finale.

The National Youth of the Year is awarded a **\$50,000 scholarship** and a **brand-new car**.

For more information, contact the Yokosuka Teen Center at 046-896-2098 or the Ikego Teen Center at 070-1201-7973.



'25 YSF CALENDAR



Activity / Sport	Registration Due By	Sign-up Period	Session Dates	Ages	First Game	Cost
Fall Sports						
Soccer	May 23	Jun 2 - Jul 4	Aug 18 - Oct 11	5 - 18	Aug 30	\$60
Start Smart Soccer	May 23	Jun 2 - Jul 4	Sept 1 - Oct 10	3 - 5	N/A	\$25
Flag Football	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	5 - 18	Nov 1	\$60
Start Smart Flag Football	Jul 18	Jul 28 - Aug 22	Nov 3 - Dec 12	3 - 5	N/A	\$25
Outdoor Cheerleading	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	5 - 13	Nov 1	\$50
Girls Volleyball	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	9 - 18	Nov 1	\$60
Boys Volleyball	Jul 18	Jul 28 - Aug 22	Oct 20 - Dec 13	9 - 18	Nov 1	\$60
Junior Run Club	Aug 29	Sep 8 - Sep 26	Oct 14 - Nov 29	6 - 18	N/A	\$25
Winter Sports						
Dodgeball	Oct 24	Nov 3 - Nov 21	Dec 15 - Jan 31	7 - 18	Jan 10 2026	\$60
Basketball	Oct 17	Oct 27 - Nov 21	Feb 2 - Mar 28	5 - 18	Feb 14 2026	\$60
Start Smart Basketball	Oct 17	Oct 27 - Nov 21	Feb 9 - Mar 20	3 - 5	N/A	\$25
Indoor Cheerleading	Oct 17	Oct 27 - Nov 21	Feb 2 - Mar 28	5 - 13	Feb 14 2026	\$50
Sports Camp						
Spring BFA Soccer Camp	Jan 31	Feb 10 - Mar 7	Mar 24 - Mar 28	5 - 15	N/A	\$60

Practice Days and Times*

League Sports / Cheerleading: Practices will be Mondays & Wednesdays or Tuesdays & Thursdays for an hour between 4 - 7 p.m.

Start Smart: Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4 - 5 p.m.

Run Clubs: Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4:30 - 5:30 p.m. * Calendar information, programs, dates, aging date, and cost are subject to change.

Steps to Register for Youth Sports Activities and Programs:

(1) Complete a Navy Child & Youth Program Registration Packet:

www.navymwr yokosuka.com

(2) Complete a PAYS orientation training - Link to PAYS training:

<https://www.nays.org/paysonline/>

(3) Email forms and PAYS Certification to:

CFAYYOUTHSPORTS@us.navy.mil

(4) Login information to sign-up for our sports activities will be given through email once forms are reviewed and verified.

(5) Registration Link: <https://myffr.navyaims.com/yokosuka.cyp.html>

Forms can be picked up and/or dropped off at our Youth Sports Office from 10 a.m. - 5:30 p.m.

Volunteer Coaches

Our Youth Sports Program is always looking for volunteer coaches. They are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. If you are interested in coaching, please email us at CFAYYOUTHSPORTS@us.navy.mil.

Find us on Facebook @ www.facebook.com/yokosukacyp

For more information call **046-806-2952**



Child and Youth Programs



Youth Sports



CYP Registration



My FFR



PAYS Orientation



October

Yokosuka & Ikego Libraries

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Full STEAM Ahead 10 a.m. Yokosuka Library	2	3 Music Together 10 a.m. Yokosuka Library	4
5	6	7 Full STEAM Ahead 10 a.m. Lego Mania 3 - 4 p.m. Ikego Nikko Heights Community Room	8 Full STEAM Ahead 10 a.m. Yokosuka Library	9 Adults: Quiet Book Club 5:30 - 6:30 p.m. Yokosuka Library	10 Baby & Toddler Story Time 10 a.m. Yokosuka Library	11
12	Columbus Day 13 LIBRARY CLOSED	14 Lego Mania 3 - 4 p.m. Yokosuka Library	15 Pokémon Club 3 - 4 p.m. Yokosuka Library	16 Evening Halloween Story Time 5:30 p.m. Yokosuka Library	17	18
19	20	21	22	23 Lego Mania 10 - 11 a.m. Yokosuka Library Teens: Low-Key Book Club 5:30 - 6:30 p.m. Yokosuka Library	24	25
26	27	28 Full STEAM Ahead 10 a.m. Ikego Nikko Heights Community Room	29 Full STEAM Ahead 10 a.m. Yokosuka Library	30	31 Baby & Toddler Story Time 10 a.m. Yokosuka Library	



**Reading
is Fun!**
Check out our
digital collection.
www.NavyMWRDigitalLibrary.org



**JAPAN
TRIVIA CONTEST**
Come into the library each week
and answer three questions
about Japan for your chance
to win an MWR gift card.
Two winners will be chosen
weekly.

For more information, please call 046-816-5574,
stop by Yokosuka Library, or visit the
MWR website at www.navywmwryokosuka.com.





Pottery Classes

Monday - Sunday • 9 a.m. - 7 p.m.

The studio is available for patrons ages 17 and up; minors ages 14 - 16 must be accompanied by a parent or legal guardian at all times. We offer beginner, intermediate, and advanced classes and teach techniques for wheel throwing, hand building, glazing, and firing. Students are also exposed to a variety of tools and materials. Our instructors are professional potters who have their own artistic careers.

For more information or to register, please call **046-896-3692**, visit the MWR website at **www.navymwryokosuka.com**, or stop by the **Pottery Studio** located in Bldg. B-48, 1st Floor (adjacent to the Outdoor Recreation Center and USO).

Class registration is required.

Class Fees

\$120 + \$30 Material Fee (10kg clay) per month

2 hours Instructional Sessions

1 class per week / 4 classes per month, firing & open studio time included.

2 hours Non-Instructional Sessions

2 classes per week / 8 classes per month, firing & open studio time included.

Special Painting Class

\$20 per 90min session (materials included).

Special Event

1 hour Instructional Session

\$50 per class / per student (materials included).

Clay Cost

10kg (22lbs) • \$30 / 20kg (44lbs) • \$60

Fees subject to change.

Wood Hobby Shop

Curious About Woodworking?

Have you ever had a wood project you wanted to make but didn't know how to go about doing it? Do you have furniture that was damaged during your move to Yokosuka? Thinking of making a gift for the holidays or a special event? The Wood Hobby Shop can help! All you need is an idea for a design and the size of what you want, and we can help you from there!

- The Wood Hobby Shop is available for patrons ages 17 and up; minors ages 14 - 16 must be accompanied by a parent or legal guardian at all times.
- Registration is required by the Thursday before each class.
- The completion of a Safety Test is required before class attendance. The Wood Hobby Shop Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.

Basic Box Making October 4 • 1 - 4 p.m.

You will receive hands-on instruction for making small boxes using box joint construction. This type of joint has many applications where strength is needed. Take home a sample of your class work to use as a guide when in your own shop. These make wonderful gifts and are a great way to further your woodworking skills.

\$15 / person



Table Saws Basics October 18 • 1 - 4 p.m.

In this course the safe use of the table saw and the proper procedure for squaring lumber will be discussed. Each student will have the opportunity to observe and ask questions that pertain to the table saw and, in some cases, will be able to perform operations that require hands-on training. Safety and safe use of the table saw will be emphasized at all times. Each student will learn the proper procedure for squaring lumber, which is an essential skill for making accurate projects and for conserving materials.

\$15 / person

Auto Skills Center

Whether you're a hobby enthusiast, a car care novice or an auto expert, the Yokosuka Auto Skills Center affords you ample opportunities to spend time doing something you love. Whether you're with a group or by yourself, you can save big bucks on vehicle repairs and maintenance. We can provide a variety of tools for performing common car maintenance and repair work, and knowledgeable, friendly staff members are available for guidance and teaching.

- Students ages 16 and below must be accompanied by a parent or guardian.
- Participants are required to use their own POV during class.
- The Auto Skills Center does not sell vehicle maintenance supplies or repair parts. All supplies, and repair parts will be procured by the participant for each class from a list provided by the Auto Skills Center at the time of sign-up.
- Registration is required by the Thursday before each class.
- The completion of a Safety Test is required before class attendance. The Auto Skills Center Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.

Preparing for Winter October 11 • 1 - 4 p.m. • Basic

This class will cover how to prepare a car for the winter season. This will include proper tire selection, oil and coolant selection and replacement, and inspection of heating and defogging systems.

\$15 / person



Car Cleaning / Care October 25 • 1 - 4 p.m. • Basic

Would you like your car to look its best? This course will cover how to properly wash a car, the purpose and technique of polishing and waxing, and instruction about the process of detailing a vehicle.

\$15 / person

TENNIS

SATURDAYS IKEGO JOINT USE TENNIS COURTS

For details call 046-806-8071

Tennis lessons will focus on agility, balance, and coordination of gross motor skills to accelerate skill development and basic stroke production needed to serve, rally and score. Students will learn basic stroke development including forehands, backhands, volleys, and serves. No prior experience is necessary. Students will need to bring their own racquet and wear appropriate tennis shoes that have a low profile and a wide outer base at the toe. No running shoes please. Registration is required. Open to ages 5 and up. Please check with the Ikego Community Center Office for availability of lessons.

Private Lessons: \$55 / lesson
Group Lessons: \$60 / monthly (4x)



Yokosuka Community Center

For more information or to register, please call 046-896-4111, visit the MWR website at www.navymwryokosuka.com, or stop by the Yokosuka Community Center Program Office located in the Community Readiness Center (CRC) Bldg. 3365, 3rd Floor (across the street from the Commissary).



Robotics

Wednesday & Friday • 3:15 - 4:30 p.m.
Yokosuka Community Center

Robotics class uses Science, Technology, Engineering, the Arts and Mathematics (STEAM) to develop innovative mindsets and equip students with the skills and knowledge needed to problem solve, become creators and thrive in the 21st century. Open to ages 7 - 12. Registration is required.
\$95 / month



Driver's Education

Yokosuka CRC Bldg. 1st Floor, Room 110

Driver's Education prepares new drivers to obtain a learner's permit or driver's license. The class is a combination of classroom and behind the wheel instruction. Topics include traffic code, laws and basic vehicle operation. In-person registration is required. Please check with Yokosuka Community Center Office for class availability. Open to ages 18 and up.
\$325 / person



Gymnastics

Sundays • Hawk's Nest Training Center
11 a.m. - Noon • Ages 2 - 4
12:15 - 1:15 p.m. • Ages 5 - 8
1:30 - 2:30 p.m. • Ages 9 - 12

Gymnastics is a noncompetitive program designed to build gymnastics skills through progression. Activities include bars, tumbling, vault, balance beam, and trampoline. We offer small classes designed to meet each child on his or her individual level. Classes are divided based on skill level. Gymnasts participate on all four apparatuses, vault, bars, beam, and floor. Skills include rolls, cartwheel, handstand, and pull over. Registration is required.
\$10 / Class (ages 2 - 4)
\$12 / Class (ages 5 - 12)

Ikego West Valley Recreation Area

For more information on camping or paintball, please stop by the Outdoor Recreation Center, call 046-816-5732 or visit our website at navymwryokosuka.com.

Cabin & Campsite Rentals

The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends! Campsite and cabin reservations are to be made at the Outdoor Recreation Center Thursdays - Tuesdays from 10 a.m. - 6 p.m. Each site holds a maximum of twenty people. There are five rustic cabins available for rent. None of the cabins have running water. All cabins and campsites have a designated BBQ grill. Cabin rentals start at \$40 / day. Payment is required in person to make a reservation.



Outdoor Rental Center

For more information on bicycle repairs or equipment rentals, please call 046-816-5732 or visit the MWR website at www.navymwryokosuka.com

Bicycle Maintenance & Repair

Free estimates! Have our certified bicycle technician take care of your major or minor bicycle repairs and maintenance.



Equipment Rentals

Please call the Outdoor Rental Center for pricing for the following items:

- Multi-speed bicycles, locks, and helmets
- Hiking equipment (boots, backpacks, rain gear, and hiking poles)
- Party equipment (4-foot charcoal grills, 8-foot tables, folding chairs, indoor air toys, and a pig roaster)

Special Events

Are you planning a picnic, a change-of-command or retirement ceremony, or a birthday party? Do you need air toys, tents, tables, etc.? MWR's Special Events Department is here to help with reservations, delivery, set up, and break down!

Outdoor Recreation

For more information, please call 046-816-5732 or visit the MWR website at www.navymwryokosuka.com

Please register for trips in person at Outdoor Recreation located in Bldg. 48 next to the James D. Kelly Fleet Recreation Center. Blue Jacket prices are available to single and unaccompanied, active duty E5 & below service members attached to CFAY / tenant commands only.

Ravine Fishing at Hayato International Fishery October 4 • 5 a.m. - 5 p.m.

Enjoy traditional Japanese fishing by using a single bamboo rod with no reel at Hayato Ravine, a fresh water ravine that originates at Mt. Hirugatake, the highest peak in the Tanzawa Mountain Range. If you've never fished in this style before, our trip leader will show you the basic skills needed. Trip fee includes transportation, fishing fee, a rental bamboo rod, tackle & bait and fishing net. Minimum age is 6 years old.
\$90 / person



Beginner Hike at the Base of Mt. Fuji, Gotemba Trailhead (Blue Jacket) October 11 • 5 a.m. - 5 p.m.

This hike will take us around the forest at the base of Mt. Fuji to the trailhead at Gotemba on the east side of the mountain. During the hike, you'll be able to take in the hugeness of the mountain as well as the vastness of its base. Minimum age is 10 years old.
\$70 / person
\$55 / Blue Jacket



Izu Splash Canyoning & Cave Onsen October 5 • 4:30 a.m. - 5 p.m.

Refresh yourself by navigating your way through steep canyons as you jump waterfalls, and swim in crystal-clear pools! Afterwards, relax and warm up in a natural cave hot spring. Bathing suits are required, and there are no restrictions on tattoos at the hot spring. The trip fee includes transportation and canyoning rental equipment. Minimum age is 14 years old.
\$115 / person



River Kayaking on the Nakagawa River October 11 • 6:30 a.m. - 7:30 p.m.

The Nakagawa River originates at Mt. Nasu in Tochigi Prefecture and reaches the Pacific Ocean in Mito city. A local guide will teach a basic kayaking course in the morning, and after lunch, we'll take our newfound skills and explore the Class I rapids of the Nakagawa River. The trip covers approximately 8km (5 miles). Registration fee includes transportation, kayaking equipment, instructions, and local guides. Minimum age is 18 years old.
\$160 / person



**Red Snapper Deep Sea Fishing
in Tokyo Bay**
October 12 • 6 a.m. - 4 p.m.

We make it our goal to get you to the fish and make your fishing memorable. Our charter boat will drive an hour or two to get to fishing spots around Kurihama and Okinose by Chiba. Registration fee includes transportation, tackle, bait and an experienced sea captain to take you out for a day of sun, sea and fishing for red snapper, yellow-tail, rock fish and mackerel. Minimum age is 12 years old.

\$180 / person



Odawara Forest Adventure Zip Lining
October 18 • 7 a.m. - 2 p.m.

This aerial course, built through the trees in a ravine is comprised of ladders, bridges, swings, nets, and giant zip lines. Equipped with a harness and attached to a safety line, participants swing from tree to tree and zip across the park! Minimum age is 7 years old.

\$65 / person



**Beginner Hike at Lake Motosu
(Blue Jacket)**
October 18 • 5 a.m. - 5 p.m.

We'll be hiking the ridgeline of a mountain on the north side of Lake Motosu, the deepest of the Fuji Five Lakes. At the end of hike, we may be able to see the iconic view of Mt. Fuji that was used as the design for the old ¥1,000 bill. The hike takes about 4-hours and covers about 3.5 miles with 1,600 feet elevation gain. Minimum age is 10 years old.

\$70 / person
\$55 / Blue Jacket



**Intermediate Hike at Chojagatake
(Blue Jacket)**
October 25 • 5 a.m. - 6 p.m.

The trail starts from the lake side of Tanuki-ko, runs along the base of Mt. Chojagatake and ends at the same place. The hike will last approximately 5 - 6 hours and covers about 6 miles total with 2,300 feet elevation gain. Minimum age is 10 years old.

\$70 / person
\$55 / Blue Jacket

TICKETS & TRAVEL

October Tours

Registration ongoing.

Saturday, October 4

- Oya Subterranean Cave & Bamboo Forest
- Japanese Dinner Boat Cruise in Yokohama

Friday, October 10

- Yokohama Chinatown Paint & Sip (18+)

Saturday, October 11

- Mother Farm & Tokyo Bay Ferry
- Mt. Fuji Sightseeing

Sunday, October 12

- Hitachi Seaside Park & Ushiku Buddha
- New Sanno Brunch & teamLab Planets

Monday, October 13

- Nikko Sightseeing

Saturday, October 18

- Ashikaga Flower Park Illumination
- Fukuroda Falls & Ryujin Suspension Bridge

Sunday, October 19

- Yunessun Hot Spa
- Mishima Skywalk & Gotemba Premium Outlet Mall

Friday, October 24

- Tokyo DisneySea

Friday, October 24 - 26

- Aomori, Iwate & Miyagi Overnight

Saturday, October 25

- Zoorasia & Forest Adventure Park Yokohama

Sunday, October 26

- Fuji Sightseeing in Shizuoka

November Tours

Registration begins Saturday, October 4.

Saturday, November 1

- Goshikinuma Fall Hike & Tsuruga Castle
- Daruma & Tengu Temple w/ Sake Brewery

Sunday, November 2

- New Sanno Brunch & Tokyo Tower

Saturday, November 8

- Mt. Fuji Sightseeing w/ Ninja Village
- Fuji-Q Highland Amusement Park

Sunday, November 9 - 11

- Osaka, Kyoto & Nara Overnight

Monday, November 10

- Mt. Nokogiri Hiking & Cable Car Ride

Tuesday, November 11

- Nikko Sightseeing

Saturday, November 15

- Shosenkyo Valley Nature Trail Hike (12+ only)
- Sanrio Puroland

Sunday, November 16

- Odawara Castle & Glass Forest Museum

Saturday, November 22

- Ashikaga Flower Park Winter Illumination
- Gotemba Winter Illumination w/ Buffet

Sunday, November 23

- Shosenkyo Valley Nature Trail Hike (All Ages)

Thursday, November 27

- New Sanno Thanksgiving Brunch & Odaiba

Friday, November 28

- Cup Noodles Chicken Ramen Making & Ice Skating

Saturday, November 29

- Mt. Takao Fall Hike & Cable Car Ride

Sunday, November 30

- Mishima Skywalk & Gotemba Premium Outlets

All tours are subject to change.



Scan here to register
at **MyFFR**

For more information call
046-896-5056

HALLOWEEN

EVENTS

We will have events throughout the month at both Yokosuka & Ikego. Come out and celebrate everyone's favorite creepy holiday!

- **Halloween Spook' tacular**

Ikego • October 17 / Yokosuka • October 24

- **Nerf Battle***

Yokosuka • October 24

- **Pumpkin Run***

Ikego • October 18

- **Bowling Events**

Yokosuka • October 1 - 25



Visit the web

Please check our website for schedule of events at www.navymwryokosuka or scan the QR Code.

*Pre-registration is required for these events.

AOB/ICR

Sept. 30 - Oct. 2
Oct. 7 - 9
Oct. 14 - 16
Oct. 21 - 23
Oct. 28 - 30

Deployment

Helping Children Navigate Homecoming

Oct. 24 at 9 a.m. (Virtual)

Reintegrating with Partners

Oct. 6 at 1 p.m. (Virtual)

Exceptional Family Member

EFMP Command POC Training

Oct. 17 at 10 a.m. (Virtual)

Family Employment

Effective Resume Writing (Civilian)

Oct. 16 at 9 a.m.

Navy Spouses in Transition

Oct. 28 at 10 a.m. (Hybrid)

Volunteer Orientation

Oct. 24 at 11 a.m. (Virtual)

Family Readiness

Emergency Evacuation Program

Overview (EEP)

Oct. 27 at 10 a.m.

Emergency & Disaster Preparedness

Oct. 27 at 11:30 a.m.

Intercultural Relations

Active Japanese Language

Oct. 8 & 22 at 3 p.m.

Daisuki Japan

Oct. 14 at 10 a.m.

Enjoying Japanese Food: At Home

Oct. 24 at 9:30 a.m.

Everyday Japanese

Oct. 27 at 10 a.m.

Ikego Cultural Exchange Club

Oct. 21 at 10 a.m.

Ikego Japanese Language Series

Oct. 7, 14, 21 & 28 at Noon

Surviving in Japan

Oct. 8 & 22 at 10 a.m. (Ikego)

Youth ICR

Oct. 7 (ELEM) at 2:30 p.m.

Oct. 14 (MS/HS) at 2:30 p.m.

Zushi-Hayama Tour

Oct. 24 at 10 a.m. (Ikego)

Life Skills

English as a Second / Foreign Language

(ESL/EFL)

Oct. 8 at 1 p.m. (Virtual)

Oct. 10 & 24 at 1 p.m.

Oct. 22 at 1 p.m. (Ikego)

Japanese Spouse Group

Oct. 8 at 10:30 a.m. (Hybrid)

Pre-Marriage Seminar

Oct. 1 at 9:30 a.m. (Virtual)

Resiliency Bootcamp

Oct. 2 & 16 at 11:30 a.m.

Symptom Reduction Group

Oct. 7 at 2 p.m.

Ombudsman

Ombudsman Advanced Training

Oct. 8 at 4 p.m.

Oct. 23 at 10 a.m.

Parenting

Active Parenting Teens (4-Class Series)

Oct. 9 at 10:30 a.m.

Active Parenting Ages 0-5 (4-Class Series)

Oct. 1 at 12:30 p.m.

Personal Finance

CFS Refresher

Oct. 16 at 8 a.m. (Virtual)

Debt Destroyer

Oct. 8 at 9 a.m.

Financial Planning for Transition

Oct. 27 at 8 a.m.

Home Buying

Oct. 24 at Noon

Private Organization

Oct. 7 at 9 a.m. (Virtual)

Saving and Investing

Oct. 7 at 1 p.m. (Virtual)

Relocation Assistance

Military Spouse 101

Oct. 3 at 1 p.m.

Smooth Move

Oct. 3 at 9 a.m.

Space A/EML Flights Brief

Oct. 6 at 11 a.m. (Virtual)

Sponsorship On-Demand

Oct. 2 & 16 at 8 a.m. (Virtual)

Sponsorship Training

Oct. 9 & 16 at 1 p.m. (Virtual)

Oct. 23 at 9 a.m. (Virtual)

SAPR

SAPR Resident Advisor

Oct. 20 at 1 p.m.

SAPR VA Refresher

Oct. 3 at 1 p.m.

Transition Assistance

My Education Track

Oct. 23 - 24 at 8 a.m.

My Employment Track

Oct. 9 - 10 at 8 a.m.

My Vocational Track

Oct. 30 - 31 at 8 a.m.

TAP Core Curriculum

Oct. 6 - 8 at 8 a.m.

Oct. 20 - 22 at 8 a.m.

Oct. 27 - 29 at 8 a.m.

October Events

EFMP Scavenger Hunt

Oct. 27 at 2:30 p.m.

Domestic Violence Prevention

Proclamation Signing

Oct. 1 TBD

AOB / ICR classes are multi day classes and are mandatory for all in-coming personnel both military & civilian.

Events dates and times are subject to change or cancellation.

Registration is required for all classes. For more information on any of our classes or to register, please visit our office on the 4th Floor of Community Readiness Center Building (Bldg. 3365) or contact us via phone, email, or website.

046-816-3372

FFSCinfo@us.navy.mil

www.navymwryokosuka.com



FFSC provides programs and services

FFSC's mission is to enhance operational readiness, strengthen resiliency and quality of life in the Forward Deployed Naval Forces by providing customer focused, consistent, and efficient programs and services.

The Fleet and Family Support Center (FFSC) provides a wide range of programs and services to assist Sailors and their families with the challenges of a military lifestyle.

Programs & Services

Work and Family Life (WFL)

- Deployment Readiness Support
- Ombudsman Program Support
- Transition Assistance
- Relocation Assistance
- Family Employment
- Personal Finance Management
- Emergency Response
- Life Skills
- Exceptional Family Member Program
- Gold Star

Counseling, Advocacy and Prevention (CAP)

- Clinical Counseling
- Sailor Assistance and Intercept for Life (SAIL)
- Family Advocacy Program (FAP)
- New Parent Support Home Visitation

Sexual Assault Prevention & Response Program (SAPR)

- 24-hour SAPR Victim Advocate Support

Integrated Primary Prevention Workforce

- Focuses on risk and protective factors that imparts harmful behaviors



Contact Us

FFSC Yokosuka

Community Readiness Center (CRC) Bldg. #3365, 4th Fl.

Hours: Monday - Friday 8 a.m. - 4:30 p.m.

Thursday 8 a.m. - 2:30 p.m.

Work and Family Life (WFL)

Phone: 046-816-3372

Email: ffscinfo@us.navy.mil

Counseling, Advocacy and Prevention (CAP)

Phone: 046-816-7878

Transition Assistance Program (TAP)

Fleet Recreation Center Bldg. #3008, 3rd Fl., Rm 337

Phone: 046-816-9630

Email: ffsctap@us.navy.mil

FFSC Ikego

Bldg. #673, Between NEX Mini-Mart & Club Takemiya

Hours: Wednesday & Friday 7:30 - 4:30 p.m.

Closed for lunch for one hour between 11 a.m. & 2 p.m.

Phone: 046-806-8052



Facility Directory & Hours

For more information
visit us on the web.



ATHLETICS

Adult Sports Office	046-896-2955
Monday - Friday	8 a.m. - 5 p.m.
Aquatics Office	046-816-5620
Athletics Facilities	046-896-2945
Deployed Forces Support	046-816-7284
Monday - Friday	8 a.m. - 5 p.m.
Fitness	046-896-4486
Monday - Friday	8 a.m. - 5 p.m.
Fleet Gym	046-816-5304
Basketball Court	24/7
Fleet Gym Cardio Room	24/7
5F Exercise Machines	24/7
Fleet Gym, Gear Issue, 4F Weight Room	
Monday - Sunday	24/7
Holidays	24/7
Green Beach Pool*	046-816-6410
Ikego Pool*	046-806-7988
Liberty Center	046-816-7346
Monday - Thursday	10 a.m. - 10 p.m.
Friday - Sunday	10 a.m. - 11 p.m.
Purdy Fitness Center	046-896-2949
Monday - Friday	5:30 a.m. - 9 p.m.
Saturday - Sunday	8 a.m. - 4 p.m.
Holidays	Closed
Purdy Fitness Center	046-896-2949
Reception Counter	
Monday - Friday	8 a.m. - 6 p.m.
Saturday - Sunday	Closed
Holidays	Closed
Sanban Tower Family Fitness Room	
Monday - Friday	24/7
Holidays	24/7
Purdy Fitness Center Pool	243-5620
Monday	Monday
- Friday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 3:45 p.m.
Sundays & Holidays	Closed

DINING OPERATIONS

Bowling Center & Midway Grill & Gaming Room	046-816-4200
Monday	Closed
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday*	10 a.m. - 11 p.m.
Saturday*	9 a.m. - 11 p.m.
Sunday	9 a.m. - 9 p.m.
Holidays	9 a.m. - 9 p.m.
* Open until midnight when carrier group is in port	
Club Alliance	046-816-3000/5951
Anchor Lounge Karaoke	
Sunday - Tuesday	Closed
Wednesday - Saturday	5 p.m. - 11 p.m.
Alliance Delivery Orders	046-816-5985/241-3786
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Bayou Burger	046-816-5985/241-3786
Sunday - Thursday	11 a.m. - 4 p.m.
Friday & Saturday	11 a.m. - Midnight
Italian Gardens	046-896-3786
Lunch	
Monday - Friday	11 a.m. - 2 p.m.
Saturday, & Sunday	Closed
Holidays	Closed
Dinner	
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Sharky's Roadhouse Lounge	
Sunday - Thursday	Closed
Friday & Saturday	Temporarily Closed
Sharky's Killer Wings	
Sunday - Thursday	4 - 11 p.m.
Friday & Saturday	5 p.m. - Midnight
Holidays	11 a.m. - 11 p.m.
Food Court	046-816-3245
Better Burger	
Daily	6 a.m. - 9 p.m.
Bombers	
Daily	10 a.m. - 9 p.m.
Uptown Pizza	
Daily	10 a.m. - 9 p.m.
CPO Club	046-816-5506
Hours of operation are subject to change	
Dining Room (All Hands)	
Saturday Brunch	9 a.m. - 2 p.m.
Sunday	9 a.m. - 2 p.m.
Holidays	Closed

Lunch Buffet	
Monday - Friday	11 a.m. - 2 p.m.
Dinner	
Monday - Friday	4 - 8 p.m.
Cove Bar	
Sunday	4 - 10 p.m.
Holidays	Closed
Monday - Thursday	11 a.m. - 11 p.m.
Friday	11 a.m. - Midnight
Saturday	4 p.m. - Midnight
Cruise Inn	
Monday - Friday	6 a.m. - 2 p.m.
Saturday, Sunday & Holidays	Closed
Gaming Room	
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday & Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 9 p.m.
Monday & Holidays	Closed
Club Takemiya Dining	046-806-8077
Monday - Friday	11 a.m. - 9 p.m.
Saturday Breakfast	9 - 11 a.m.
Saturday	11 a.m. - 9 p.m.
Sunday Brunch	9 a.m. - 2 p.m.
Sunday Closed	2 - 4 p.m.
Sunday Reopen	4 - 9 p.m.
Club Takemiya Lounge	
Monday & Tuesday	Closed
Wednesday - Thursday	3 - 9 p.m.
Friday & Saturday	4 - Midnight
Sunday	3 - 9 p.m.
Holidays	Open
Gaming Room	
Sunday - Thursday	11 a.m. - 9 p.m.
Friday & Saturday	11 a.m. - Midnight
Holidays	11 a.m. - 9 p.m.
Officers' Club Office	046-816-5030/5002
Officers' Club Cash Cage	046-816-5624
Officers' Club Chopsticks	046-816-5624
Monday - Friday	6 a.m. - 6 p.m.
Weekends & Holidays	Closed
Kosano Dining Room	
Sunday	9 a.m. - 2 p.m.
Monday - Friday	11 a.m. - 8 p.m.
Tuesday	11 - 2 p.m. & 5 - 8 p.m.
Saturday	4 - 8 p.m.
Holidays	Closed
Kurofune Lounge	
Sunday	2 - 8 p.m.
Monday - Thursday	4 - 11 p.m.
Friday - Saturday	4 p.m. - midnight
Holidays	Closed
Gaming Room	
Monday - Thursday	9 a.m. - 11 p.m.
Friday & Saturday	9 a.m. - Midnight
Sunday	9 a.m. - 8 p.m.
Holidays	Closed
Starbucks	046-820-2791
Monday - Sunday	7 a.m. - 8 p.m.
Chili's Grill & Bar	046-896-3865
Daily	11 a.m. - 9 p.m.
Chili's Take-Out	046-896-3842
Seaside Slots & Gaming Room	
Daily	11 a.m. - 7 p.m.
Holidays	11 a.m. - 7 p.m.

CHILD & YOUTH PROGRAM

CYP Admin Office	046-816-4079
Monday - Friday	7:30 a.m. - 4:30 p.m.
Family Child Care	070-1201-7944
24/7	or 046-896-2978
Ikego CDC	046-806-8060
Monday - Friday	6 a.m. - 6 p.m.
Ikego SAC	046-806-8301
Monday - Friday	6 a.m. - 6 p.m.
Ikego Teen Center	070-1201-7973
Monday - Saturday	Hours vary by age group
School Liaison Officer	046-816-5542
Monday - Friday	7 a.m. - 4 p.m.
Duncan Street CDC	046-816-3219
Monday - Friday	6 a.m. - 6 p.m.
Gridley Lane CDC	046-816-3033
Monday - Friday	6 a.m. - 6 p.m.
Green Street SAC	046-896-4100
Monday - Friday	6 a.m. - 6 p.m.
Third Avenue SAC	046-816-3439
Monday - Friday	6 a.m. - 6 p.m.
Yokosuka Teen Center	046-896-2098

Monday - Saturday	Hours vary by age group
Yokosuka Sports Office	046-896-2952
Monday - Friday	10 a.m. - 5:30 p.m.
*All Child & Youth Programs are closed on Holidays	

COMMUNITY RECREATION

Auto Skills Center	046-816-5456
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Tuesday & Wednesday	Closed
Saturday & Sunday	9 a.m. - 5 p.m.
Benny Decker Theater	046-816-6703
Monday	6 p.m.
Tuesday	6 p.m.
	\$1 Movie Night
	Closed
Wednesday & Thursday	
Friday Movies	5:30 & 8:30 p.m.
Saturday Movies	1, 5:30 & 8:30 p.m.
Sunday Movies	Noon, 3 p.m.
Community Center	046-896-4111
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Community Rec Office	046-816-1215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Entertainment Office	046-816-5215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Fleet Theater*	046-816-5443
Friday - Sunday Movies	6 & 9 p.m.
*Closed when USS George Washington is not in port	
Green Bay Marina	046-816-4155
Thursday - Monday	9 a.m. - 6 p.m.
Tuesday - Wednesday	Closed
Ikego MWR Office	046-806-8071
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Library	046-816-5574
Monday - Wednesday	10 a.m. - 6 p.m.
Thursday	10 a.m. - 6:30 p.m.
Friday - Saturday	10 a.m. - 6 p.m.
Sunday & Holiday	Closed
Outdoor Rec Center (ORC)	046-816-5732
Outdoor Gear Equipment Rental Center	
Thursday - Tuesday	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Special Events Office	046-896-5060
Monday - Friday	8 a.m. - 5 p.m.
T-Shirt/ Plaque Shop	046-816-9064
Monday - Friday	9 a.m. - 5 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Tickets & Travel	046-896-5056
Mon, Tue, Thur, Fri, Sat	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Wednesday & Sunday	Closed
West Valley Campground (ORC)	046-816-5732
Thursday - Tuesday	10 a.m. - 6 p.m.
Wood Hobby Shop	046-896-3692
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Saturday & Sunday	9 a.m. - 5 p.m.
Tuesday & Wednesday	Closed
Holidays	Closed
FLEET & FAMILY SUPPORT CENTER:	
Ikego FFSC	046-806-8052
Wednesday & Friday	7:30 a.m. - 4:30 p.m.
Monday, Tuesday, Thursday	Closed
Saturday, Sunday & Holidays	Closed
Yokosuka FFSC	046-816-3372
Monday - Wednesday & Friday	8 a.m. - 4:30 p.m.
Thursday	8 a.m. - 2:30 p.m.
Saturday, Sunday & Holidays	Closed
Civilian Employee Assistance Program	010-1-844-366-2327
NAF Employee Assistance Program	010-1-800-273-0034
Family Advocacy Program (FAP)	080-1014-0985
National Suicide Prevention Lifeline	010-1-800-273-8255
Sexual Assault Prevention & Response (SAPR)	090-8046-5783
TO CALL USING OFF BASE/CELL PHONE:	
Yokosuka	243 = 046-816-XXXX
	241 = 046-896-XXXX
Ikego	246 = 046-806-XXXX