

AHoy



JUNE 2026 • VOL. 99



**NANADARU
(SEVEN WATERFALLS)**
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CELEBRATE AMERICA'S 250TH *Anniversary*

July 4 • Berkey Field • 3 - 8 p.m.
Fireworks at 7:30 p.m.



**Live Entertainment • Carnival Games • Family Games & Activities
Food & Beverages for Purchase* • Fireworks • Nerf Battle**

*Please bring both credit card and cash (USD/Yen) for purchases. Payment may vary by vendor, and some vendors may accept cash only while others may accept card payments.

Nerf Battle:

3 - 4:30 p.m. (Ages 5 - 8) | 5:30 - 7 p.m. (Ages 9 - 12)
Sign-ups can be made at the event.

Free Carnival Games (water slides & water games):

Patrons are encouraged to bring swimsuits.
Changing rooms will be available. Free Admission.

Home-Based Business Vendor Market:

Are you a home-based business and interested in being a vendor? Email us at

MWR_Yokosuka_Special_Events@us.navy.mil

for more information. Scan the CFAY Legal QR code for required documents.

Participation fee: \$100. Limited space available.



CFAY Legal

**Rain Date:
Sunday, July 5**
**Fireworks only
at 7:30 p.m.**



For more information, please visit our website at navymwryokosuka.com or call 046-896-5060.

The Department of the Navy does not endorse any company, sponsor or their products or services.

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For more information
visit us on the web.
navymwryokosuka.com





Now Open

Adjacent to NEX Autoport

Hours of Operation

Tuesday - Saturday

6 a.m. - 2 p.m.

Sunday, Monday & Holidays

Closed

Grab n' Go Breakfast & Lunch

Omelets • Pancakes

Sandwiches • Wraps • Salads



Deck Plate Breakfast Special



Denver Omelet



Buffalo Chicken Wrap

Don't start your day on an empty stomach!

Officers' Club

National Egg Day • June 2
Receive 10% off Spam musubi w/ egg all day.



National Iced Tea Day • June 10
Order any meal & receive a complimentary iced tea.



Kosano Dining Room

National Peanut Butter Cookie Day • June 12
Buy one cookie, get one free.



National Apple Strudel Day • June 17
Order any entrée & receive a free apple strudel.



OFFICERS' CLUB ADMIRALTY ROOM

JUNE 6, 13 & 27
DOORS OPEN @ 4:30 P.M.
GAMES START @ 6 P.M.

CPO CLUB JUNE DAILY SPECIALS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Sausage & Potato Skillet Grilled Buffalo Chicken	2 Beef Taco Pozole	3 Honey Soy Chicken Sweet & Sour Pork	4 Tuscan Style Chicken Porchetta Pasta & Salad Bar	5 Fried Fish Chicken Tinola	6 Saturday Brunch
7 Breakfast & Lunch Menu Only	8 Chicken & Potato Skillet Beef Stroganoff	9 Chicken Taco Carne Asada	10 Roast Beef w/ Wasabi Sauce Kung Pao Chicken	11 Beef Stroganoff Orange Roast Pork Pasta & Salad Bar	12 Fried Fish Pork Sinigang	13 Saturday Brunch
14 Breakfast & Lunch Menu Only	15 Sausage & Potato Skillet Grilled Buffalo Chicken	16 Beef Taco Pollo al Chipotle	17 Closed	18 Closed	19 Closed	20 Closed
21 Closed	22 Chicken & Potato Skillet Beef Stroganoff	23 Chicken Taco Bacalao a la Vizcaina	24 Chili Shredded Beef Thai Chicken Curry	25 Lemon Pepper Chicken Cheesy Meatball Pasta & Salad Bar	26 Fried Fish Pork Sinigang	27 No Saturday Brunch
28 Belated Father's Day Brunch	29 Sausage & Potato Skillet Grilled Buffalo Chicken	30 Beef Taco Pork & Beans Casserole				

Lunch Buffet • \$12.95

Apple, Bacon & Cheddar



All June — Large Pizza \$16

Sharky's Roadhouse

Dance Night

Bachata

June 4

Salsa

June 12

Country Line

Dancing

July 2

Doors Open @ 6 p.m.

ASK ABOUT THE
DESIGNATED DRIVER
PROGRAM

- Officers' Club • CPO Club
- Club Alliance • Club Takemiya



BOWLING

Red Pin Adult / Child Doubles Tournament

June 6 • 1 p.m.

Stop in for a fun tournament featuring teams of two: one adult and one child (age 17 or under)! Each team member will bowl two individual games, followed by two games of Scotch Doubles, for a total of six games per team. Bowl a strike when the red pin appears and win a free game coupon!

\$30 / team

Beat the Manager

June 6 • 6 p.m.

Stop by and bowl four games against the Bowling Center Manager! Win one game and receive a free game coupon, two games for two free game coupons, three games for a free hour of bowling, or win all four games to earn a Pizza Bowl Package.

\$25 / person

Red Pin No Tap Tournament

June 16 • 6 p.m.

Knock down nine pins on your first ball, and it counts as a strike in this four game series. Bonus: Bowl a strike when there's a red pin and get a free game coupon!

\$25 / person

Happy Father's Day!*

June 21 • 11 a.m. - 9 p.m.

Happy Father's Day to all the dads out there, thank you for all that you do! All dads bowl for 1/2 price. Anyone in the group who bowls a red pin strike will receive a 1/2 price coupon for a future Midway Grill purchase.

* Midway Grill will be closed due to water repair.

USBC Sport Condition Pattern Tournament

June 27 • 6 p.m.

Come bowl a five-game scratch tournament on a tough sport league pattern!

\$40 / person

Burger of the Month



Jalapeño Cheddar

A delicious, big, juicy burger with hot jalapeño and melty cheddar cheese.

Served with fries and a drink.





Father's Day Weekend Buffet

Club Takemiya
June 20 & 21
9 a.m. - 2 p.m.

Celebrate all Dads at Club Takemiya as we host a 2-day special Father's Day buffet. We will have soup, appetizers, salads, breakfast specialties, a carving station, hot dishes, assorted desserts & beverages.

Reservations are highly recommended.
Please call 046 - 806 - 8077
\$25 / Adults
\$17.50 / Kids (13 - 17) • \$12.50 / Kids (8 - 12)
Free / Kids (7 & Under)
Open to All Hands



Thank You Dad!



A collaboration between our
JMSDF partners and MWR.

OISHISA FULL MOON CURRY

Available at all MWR clubs

JUNE 26

Officers' Club
CPO Club
Club Alliance*
Club Takemiya

\$6.50

PER PLATE

**Includes spicy chicken curry,
egg and steamed rice.**

*Not available for delivery.

American Red Cross Swim Lessons *Offered year-round for all abilities and ages.*

Class fees: \$60 (classes are prorated for holidays)
Classes are free for active duty.

Parent / Child	6 months - 3 years
Preschool	3 years - 5 years
Levels 1 - 6	6 years - 15 years
Adults	16 years and older

For more information, please contact MWR Aquatics Office at 046-816-5620.

SCAN
to register
at MyFFR



Schedule is available online
and is subject to change.



Private / Semi-Private Swim Lessons

Private and semi-private lessons are now available to book online. Instructor availability can be seen online on the MyFFR site. Book your lesson(s) and then bring your receipt to the Reception Desk at the Purdy Fitness Center to pick up your sticker.

Group Swim Lessons

Classes meet Monday and Wednesday or Tuesday and Thursday for 4 weeks. Each class is 30 minutes. Classes may be canceled or combined due to low enrollment. Registration will be available online beginning at 9 a.m. on registration day and in person during normal operating hours at Purdy Fitness Center Reception Counter and Ikego MWR Office. Be sure to get your MyFFR login and password.



Find Out Fridays

Fridays • Purdy Pool • 3 - 3:30 p.m. or 5:30 - 6 p.m.

Do you have questions about lessons and about which level is appropriate? Are you trying to pass the swim test but are too tall to tread water in the shallow end? Interested in being a lifeguard and need to take the prerequisite swim test? Just drop in, and we will have instructors available to answer your questions and assist in the water.

Junior Lifeguard Training

July 6 - August 6 • Purdy Pool • for Ages 11 - 14

There will be two sessions:

Monday - Tuesday • 9 - 11 a.m.

Wednesday - Thursday • 9 - 11 a.m.

This course prepares youth for the American Red Cross Lifeguarding course by building essential knowledge, communication, and decision-making skills. Participants will learn the basic responsibilities and skills needed to take the next step toward becoming a lifeguard.

Cost: \$60

Pre-Course Swimming Requirements:

- Swim 25m front crawl (breathing front or side)
- Swim 25m breaststroke (pull, breathe, kick, glide)
- Tread water for 1 minute
- Swim 25m elementary backstroke
- Submerge and swim 10ft underwater

Junior Lifeguarding does not certify participants in first aid, CPR, AED or as a lifeguard.

Prerequisites and registration deadline: June 27

For more information, please call Aquatics at 046-896-2955.

ADULT SPORTS

To register, please email MWR_Yokosuka_Adult_Sports@us.navy.mil
For details, please call Adult Sports office at 046-816-2052.

CAPTAIN'S CUP EVENTS

Players must play for their own command during Captain's Cup events.
Players from other commands must submit a waiver to the Adult Sports office.

Captain's Cup Pickleball League

Season • June 9 – August 8 • Fleet Recreation Center

Registration: May 1 – 31

Participants will compete in men's, women's and mixed doubles.
Games will be played on Mondays and Wednesdays.

Captain's Cup 4 Person Co-Rec Bowling

Season • June 10 – August 12 • Yokosuka Bowling Center

Registration: May 4 – June 5

Commands will compete against each other in this 4v4 co-rec
bowling league. Games will be played on Wednesdays.

INTRAMURAL TOURNAMENTS

Each team must submit a roster and event waiver to the
Adult Sports office prior to the start of the season.
The league is an open-division competition available to individuals
over the age of 16 who are attached to CFAY or tenant commands.

Intramural Summer Softball League

Season • June 9 – August 15 • Main Softball Field

Registration: May 1 – 31

Games will be played on Mondays and Wednesdays.

Intramural Summer Soccer League

Season • June 9 – August 15 • Berkey Field

Registration: May 1 – 31

Games will be played on Tuesdays and Thursdays.

Intramural Summer Volleyball League

Season • June 9 – August 15 • Fleet Recreation Center

Registration: May 1 – 31

Games will be played on Tuesdays and Thursdays.



FMS move well. move often

UNLOCK YOUR POTENTIAL
GET SCREENED AND START MOVING BETTER



FREE SCREENING

FUNCTIONAL MOVEMENT SCREENING

Functional Movement Screening (FMS) helps the community move better, prevent injuries, and improve performance by identifying movement limitations and imbalances.

Schedule your screening today with an MWR Fitness Specialist.



For more information, please contact MWR Fitness Office.

046-896-4486





**FREE
EVENT**

Ages 18+

SOFA members only

YOKO GAMES

July 25 • 9 a.m.
Fleet Gym Basketball Court

Individual entry only.

The Yoko Games is a high-energy functional fitness challenge designed to test endurance, strength, and mental toughness. Face the course alone, push beyond your limits, and prove you belong among the elite. No teams. No excuses. Just you vs. the mission.

Events:

500m SkiErg • 56m Sled Push • 500m Rowing
56m Farmer's Carry • 28m Sandbag Lunges • 50 Wall Balls

Registration open now through July 24 at noon.



For more information, please call
046-896-4486



Single Sailor Liberty Program

JUNE

CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Don't Give Up The Ship Day Navy Trivia All Day	2 Dungeons & Dragons 6:45 - 9:45 p.m.	3 Liberty Outreach: CFAY Galley 11 a.m.	4 National Cheese Day 4 p.m.	5 Open Studio Jam Session 5 p.m.	6 Philippine EXPO Ueno Park Tokyo 8 a.m. - 4 p.m. Liberty Paintball Noon
7 Rock Climbing Adventure 11 a.m. - 6 p.m.	8 Anime Movie Marathon All Day	9 Dungeons & Dragons 6:45 - 9:45 p.m.	10 Liberty Leisure Class: DIY Soap & Bath Bombs All Day	11 Bowling Night 4 - 6 p.m.	12 Foodie Friday: Mongolian BBQ 4:30 p.m.	13 Enoshima Aquarium Tour 8 a.m. - 3 p.m.
14	15 Travel Photography Contest Submission Deadline	16 Dungeons & Dragons 6:45 - 9:45 p.m.	17 Liberty Barracks Bash: Pasta & Salad Bar 4:30 p.m.	18	19 Juneteenth Movie Marathon All Day	20 Billiards Tournament 3 p.m.
21 FC 25 Soccer Tournament 3 p.m. ... Tour	22 June Birthday Celebration 4:30 p.m.	23 Dungeons & Dragons 6:45 - 9:45 p.m.	24 Liberty Leisure Class: Chicken Curry 101 4 p.m.	25 Poker Night 5 p.m.	26 Down to Your Last Dollar: Tempura Night 4:30 p.m.	27 Asakusa Sword Museum & Area Tour 8 a.m. - 5 p.m.
28 Marina Water Sports Adventure 1 p.m.	29 801 Darts Tournament 5 p.m.	30 Dungeons & Dragons 6:45 - 9:45 p.m.				

New Sanno Overnight & DisneySea...



For more information, please call **046-816-7346** or visit www.navymwryokosuka.com
Please register for tournaments at the Liberty Center's main desk.

Liberty programs and services are available to single, unaccompanied active-duty service members. **Events and tours are subject to change.**

Single Sailor Liberty Program

CANYONING & RAFTING ADVENTURE TOUR

August 8
5 a.m. - 9 p.m.

Cost:
\$86 (Bluejacket)
\$144 (E6 & up)

Price includes transportation, canyon fees, rental equipment, guides, video & photos and burger lunch.



Registration: June 8 ~ July 21

For more information, please contact 046-816-7346.

SUMMER CAMP

Green St.,
Ikego &
Third Ave.
SAC

**Nine weeks
of activities**
June 15 - August 14
6 a.m. - 6 p.m.

**MAKE
NEW
FRIENDS**



THIRD AVE. SAC
046-816-3439

**FOR MORE
INFORMATION CALL**
IKEGO SAC
046-806-8301
GREEN ST. SAC
046-896-4100


Request Child Care on
MilitaryChildCare.com



'26 YSF CALENDAR



Activity / Sport	Registration Due By	Sign-up Period	Session Dates	Ages	First Game	Cost
Spring Sports						
Baseball	Jan 16	Feb 2 - Feb 27	Mar 30 - May 23	5 - 18	Apr 18	\$60
Girls Softball	Jan 16	Feb 2 - Feb 27	Mar 30 - May 23	9 - 18	Apr 18	\$60
Start Smart T-Ball	Jan 16	Feb 2 - Feb 27	Apr 13 - May 21	3 - 5	N/A	\$25
Junior Run Club	Feb 20	Mar 2 - Apr 3	Apr 20 - May 30	6 - 18	N/A	\$25
Summer Sports						
Summer Basketball League	Apr 17	Apr 27 - May 22	Jun 15 - Aug 1	13 - 18	Jun 27	\$60
Fall Sports						
Soccer	May 22	Jun 1 - Jul 3	Aug 10 - Oct 3	5 - 18	Aug 29	\$60
Start Smart Soccer	May 22	Jun 1 - Jul 3	Aug 24 - Oct 1	3 - 5	N/A	\$25
Flag Football	Jul 24	Aug 3 - Aug 28	Oct 19 - Dec 12	5 - 18	Nov 14	\$60
Start Smart Flag Football	Jul 24	Aug 3 - Aug 28	Nov 2 - Dec 10	3 - 5	N/A	\$25
Outdoor Cheerleading	Jul 24	Aug 3 - Aug 28	Oct 19 - Dec 12	5 - 13	Nov 14	\$60
Girls Volleyball	Jul 24	Aug 3 - Aug 28	Oct 19 - Dec 12	9 - 18	Nov 14	\$60
Boys Volleyball	Jul 24	Aug 3 - Aug 28	Oct 19 - Dec 12	9 - 18	Nov 14	\$60
Junior Run Club	Aug 21	Sep 8 - Oct 2	Oct 12 - Dec 5	6 - 18	N/A	\$25
Winter Sports						
Dodgeball	Oct 23	Nov 2 - Nov 27	Dec 14 - Jan 23	7 - 18	Jan 2	\$60
Basketball	Oct 16	Oct 26 - Nov 20	Jan 25 - Mar 20	5 - 18	Feb 13	\$60
Start Smart Basketball	Oct 16	Oct 26 - Nov 20	Feb 8 - Mar 18	3 - 5	N/A	\$25
Indoor Cheerleading	Oct 16	Oct 26 - Nov 20	Jan 25 - Mar 20	5 - 13	Feb 13	\$60

Practice Days and Times*

League Sports/Cheerleading: Practices will be Mondays & Wednesdays or Tuesdays & Thursdays for an hour between 4 - 7 p.m. **Start Smart:** Practices will be Mondays or Wednesdays for Yokosuka and Tuesdays or Thursdays for Ikego for an hour between 4 - 5 p.m. **Run Clubs:** Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4:30 - 5:30 p.m.

* Calendar information, programs, dates, age date, and cost are subject to change.

Steps to Register for Youth Sports Activities and Programs:

- (1) Complete a Navy Child & Youth Program Registration Packet: www.navymwryokosuka.com
- (2) Complete a PAYS orientation training - Link to PAYS training: <https://www.nays.org/yokosuka-fleet-activities>

(3) Email forms and PAYS Certification to: CFAYOUTHSPORTS@us.navy.mil

(4) Login information to sign-up for our sports activities will be given through email once forms are reviewed and verified.

(5) Registration Link: <https://myffr.navyaims.com/yokosukacyp.html>
Forms can be picked up and/or dropped off at our Youth Sports Office from 10 a.m. - 5:30 p.m.

Volunteer Coaches

Our Youth Sports Program is always looking for volunteer coaches. They are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. If you are interested in coaching, please email us at CFAYOUTHSPORTS@us.navy.mil. Find us on Facebook @ www.facebook.com/cfay.cyp or call 241-2952 or 046-806-2952.



CYP Registration



My FFR



PAYS Orientation



Youth Sports

SUMMER CAMP



Activity / Sport	Open Registration Sign-up Period	Session Dates	Ages	Session Times	Cost
Golf Camp (Level 1 - Beginner)	May 4 - until filled	June 15 - June 18	9 - 15	10 - 11:30 a.m.	\$20
BFA Soccer Camp (Yoko & Ikego)	May 4 - until filled	July 15 - July 19	5 - 8	9 - 11 a.m.	\$60
BFA Soccer Camp (Yoko Only)	May 4 - until filled	June 15 - June 19	9 - 15	1 - 4 p.m.	\$60
Start Smart Camp (Yoko & Ikego)	May 4 - until filled	June 15 - June 18	3 - 5	5 - 6 p.m.	\$20
Golf Camp (Level 2 - Advanced)	May 4 - until filled	June 23 - June 26	9 - 15	10 - 11:30 a.m.	\$20
Start Smart Camp (Yoko & Ikego)	May 4 - until filled	June 23 - June 26	3 - 5	4 - 5 p.m.	\$20
Snag Golf	June 1 - until filled	July 6 - July 10	5 - 8	9 - 10:30 a.m. (Yoko) / 2 - 3:30 p.m. (Ikego)	\$25
Yokosuka Outdoor Camp	June 1 - until filled	July 6 - July 10	13 - 18	9 - 11 a.m.	\$25
Ikego Outdoor Camp	June 1 - until filled	July 6 - July 10	13 - 18	1 - 3 p.m.	\$25
Fitness Camp	June 1 - until filled	July 20 - July 24	9 - 15	9 - 10:30 a.m.	\$20
Global Pipeline Basketball Camp	June 29 - until filled	July 27 - July 31	5 - 8	9 - 11 a.m. (Yoko) / 2 - 4 p.m. (Ikego)	\$60
Global Pipeline Basketball Camp	June 29 - until filled	Aug 3 - Aug 7	9 - 15	9 a.m. - 12 noon	\$60
Cheerleading Camp (Yoko Only)	June 29 - until filled	Aug 3 - Aug 7	10 - 15	9 - 11 a.m.	\$25

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For more information call 241-2952 or 046-806-2952



JUNE

YOKOSUKA & IKEGO LIBRARIES

SUN	MON	TUES	WED	THU	FRI	SAT
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Sign-up at <https://yokosukamwr.beanstack.org/reader365> • For all ages!

7	8	9	10	11 Kick Off Party 3 - 4 p.m. Yokosuka Library	12 Baby & Toddler Story Time 10 a.m. Yokosuka Library	13
14	15	16 Music Together 10 a.m. LEGO Mania 3 - 4 p.m. Ikego Nikko Heights Community Room	17 Pokémon Club 3 - 4 p.m. Yokosuka Library	18 Summer Reading Activity Yokosuka Library 3 - 4 p.m. Genre Book Club: Celebrity Memoir Yokosuka Library 5:30 - 6:30 p.m.	19 Closed for Juneteenth	20
21	22	23	24 Full STEAM Ahead 10 a.m. - 11 a.m. Yokosuka Library	25 Summer Reading Activity Yokosuka Library 3 - 4 p.m.	26 Baby & Toddler Story Time 10 a.m. Yokosuka Library	27
28	29 LEGO Mania 10 - 11 a.m. Yokosuka Library	30 Full STEAM Ahead 10 a.m. - Noon Ikego Nikko Heights Community Room				



Weekly Trivia

Come into the library each week and answer three questions about Japan for your chance to win an MWR gift card. Two winners will be chosen weekly.

For more information, please call 046-816-5574, stop by Yokosuka Library, or visit the MWR website at www.navymwryokosuka.com. (Schedules are subject to change)

Program Break from June 1 - 5.

Pottery Classes



The studio is available for patrons ages 17 and up; minors ages 14 - 16 must be accompanied by a parent or legal guardian at all times. We offer beginner, intermediate, and advanced classes and teach techniques for wheel throwing, hand-building, glazing, and firing. Students are also exposed to a variety of tools and materials. Our instructors are professional potters who have their own artistic careers.

Class registration is required.

For class schedule and registration, please call **046-896-3692**, visit the MWR website at www.navymwryokosuka.com, or stop by the Wood Hobby Shop located in Bldg. B-48, first floor (adjacent to the Outdoor Recreation Center).

Class fee • **\$120** / month (8 classes)

Clay • **\$30** / 10 kg (22 lbs)

Fees are subject to change.

Wood Hobby Shop

Curious About Woodworking?

Have you ever had a wood project you wanted to make but didn't know how to go about doing it? Do you have furniture that was damaged during your move to Yokosuka? Thinking of making a gift for the holidays or a special event? The Wood Hobby Shop can help! All you need is an idea for a design and the size of what you want, and we can help you from there!

- The Wood Hobby Shop is available for patrons ages 17 and up; minors ages 14 - 16 must be accompanied by a parent or legal guardian at all times.
- Registration is required by the Thursday before each class.
- Completion of a safety test is required before attending class. The Wood Hobby Shop Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.

Making a Basic Dovetail Box

June 6 • 1 p.m. - 4 p.m.

This class will take you into the world of small box making. From a simple recipe box to an intricate jewelry box, this class will be the starter in a new line of box-making classes. The half-blind dovetail will be the core of this box, but other variations will also be discussed. At the end of this class, each student will take home a box of their own. \$15 / person



Make a Flag Case

June 20 • 1 p.m. - 4 p.m.

This class will cover the steps to make a triangular case in which to store a special flag. Tools used include the table saw, miter saw, router table and bandsaw. You will have a variety of woods from which to select. At the end of the class, you will have a beautiful flag case to finish as you choose. Please note: Plexiglass will be used for this class; real glass will not be included. \$15 / person

Auto Skills Center

Whether you're a hobby enthusiast, a car care novice, or an auto expert, the Yokosuka Auto Skills Center affords you ample opportunities to spend time doing something you love. Whether you're with a group or by yourself, you can save big bucks on vehicle repairs and maintenance. We can provide a variety of tools for performing common car maintenance and repair work, and knowledgeable, friendly staff members are available for guidance and instruction.

- Students aged 16 and under must be accompanied by a parent or guardian.
- Participants are required to use their own POV during class.
- The Auto Skills Center does not sell vehicle maintenance supplies or repair parts. All supplies and repair parts will be procured by the participant for each class from a list provided by the Auto Skills Center at the time of sign-up.
- Registration is required by the Thursday before each class.
- Completion of a safety test is required before attending class. The Auto Skills Center safety orientation class is offered on Thursdays and Saturdays at 11 a.m.



Brake System (Intermediate)

June 13 • 1 - 3 p.m.

This course will cover the evaluation and, if necessary, the removal and servicing of the various brake system components. \$15 / person

Car Cleaning/Care (Basic)

June 27 • 1 - 3 p.m.

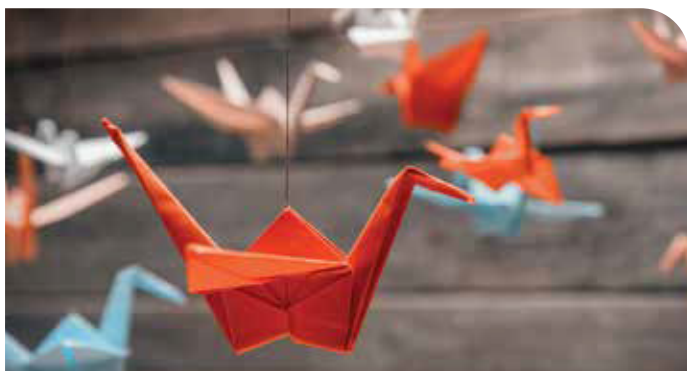
Would you like your car to look its best? This course will cover how to properly wash a car, the purpose and techniques of polishing and waxing and instructions about the process of detailing a vehicle. \$15 / person



Piano Lessons

Monday - Friday • Ikego Community Center Program Office

Classes offer a comprehensive approach to developing piano skills and music literacy for all levels. Students will learn to read and play music using proper notation, rhythms, time signatures, intervals, scales, and chords, while also applying these skills in creative ways. Instruction includes building technical proficiency, developing confidence in playing scales and chord progressions, understanding note values and dynamics, and improving sight-reading abilities. Lessons also introduce advanced techniques and musical theory to help students refine their artistry. Students are expected to practice regularly at home and should have access to a piano or a keyboard with full-sized weighted keys. Please check with the office for available time slots. **\$20 / 30-minute session. (Ages 6 & up)**



Origami Classes

June 23 • 4 - 5 p.m. • Yokosuka Community Center
June 24 • 4 - 5 p.m. • Ikego Community Center Program Office

Origami is a Japanese term referring to the art of paper folding. Students will learn the elementary level of origami crafts. The objective of the art is to fold pieces of paper into decorative objects that represent birds, flowers, animals, or useful objects such as boxes, cups, chopstick supports, and more. Registration is required. **\$10 / class. (Ages 6 & up)**

Karate Classes

Tuesdays & Thursdays • Ikego Asuka Tower

3:30 - 4:30 p.m. • Ages 5 - 7

4:30 - 5:30 p.m. • Ages 8 - 11

5:30 - 7 p.m. • Ages 12 & up

In this class, students will build a strong foundation in physical fitness, discipline, and self-confidence. They will learn fundamental karate techniques such as stances, punches, kicks, and blocks, as well as basic forms (kata) and partner drills to develop coordination and control. Emphasis is placed on respect, focus, and perseverance, which are key principles in martial arts training. As students advance, they will also learn self-defense applications and participate in belt progression to recognize their growth and achievements. Karate is a great way for children to stay active while developing lifelong skills in a supportive and structured environment. Registration is required. **\$6 / class**



Strings Class (Shamisen, Guitar & Ukulele)

Monday - Friday • 11 a.m. - 6 p.m. • Yokosuka Community Center

This class introduces children ages eight and up to the basics of guitar, ukulele, and shamisen. Students will learn how to hold and tune each instrument, develop proper finger placement, strumming techniques, and how to play simple songs. The class builds a strong foundation in rhythm, coordination, and musical expression across all instruments. Basic music theory is introduced to help students understand chord progressions and simple notation. In addition to the familiar sounds of guitar and ukulele, students will explore the shamisen—a traditional Japanese three-stringed instrument with a distinct, percussive sound, often compared to a Japanese-style banjo. Whether learning modern or traditional instruments, students will enjoy a fun, engaging environment that fosters creativity and a love for music. Group (45-minute) and private (60-minute) lessons are available. Please check with the office for available time slots. **Guitar & Ukulele • \$20 / class**

Outdoor Recreation

For more information, please call 046-816-5732 or visit the MWR website at www.navymwryokosuka.com

Please register in person at the Outdoor Recreation Center located in Bldg. 48 next to the James D. Kelly Fleet Recreation Center. Bluejacket prices are available to single and unaccompanied, active duty E5 & below service members attached to CFAY / tenant commands only.



Beginner / Intermediate Hike at the Base of Mt. Fuji, Gotemba Trailhead (Bluejacket)
June 6 & 27 • 5 a.m. – 5 p.m.

This hike will take us around the forest at the base of Mt. Fuji to the trailhead at Gotemba on the east side of the mountain. During the hike, you'll be able to enjoy the sights as well as the vastness of its base. Minimum age is 10 years. **\$60** / person, **\$45** / Bluejacket

Beginner / Intermediate Hike at Lake Motosu (Bluejacket)
June 13 • 5 a.m. – 5 p.m.

We'll be hiking the ridgeline along one of the mountains on the north side of Lake Motosu, the deepest of the Fuji Five Lakes. At the end of the hike we may be able to see the iconic view of Mt. Fuji that was used as the design for the old ¥1,000 bill. The hike takes about 4 hours and covers about 3.5 miles with 1,600 feet of elevation gain. Minimum age is 10 years. **\$70** / person, **\$55** / Bluejacket



Tenkara Ravine Fishing at Hayato International Fishery
June 19 • 5 a.m. – 5 p.m.

Experience a traditional Japanese style of fishing known as Tenkara that relies on just a single rod, line and fly—no reel required! An experienced trip leader will teach you the basics of this classic technique on the pristine waters of the Hayato Ravine, sourced straight from Mt. Hirugatake, the highest peak in the Tanzawa mountain range. The best part? You can eat what you catch! Bring your fresh fish to the riverside restaurant, and they will prepare it for your lunch (pan-fried, deep-fried, or salt-grilled) for a small additional cost. Trip fee includes transportation, fishing permit, and rental gear (Tenkara rod, tackle, and a traditional fly). Minimum age is 6 years. **\$90** / person



Beginner Hike at the Hiei Craters of Mt. Fuji (Bluejacket)
June 21 • 5 a.m. – 5 p.m.

Mt. Fuji's last eruption occurred in 1707, creating a massive crater on the southeast side known as the Hiei Crater. This beginner-friendly hike starts at the Fujinomiya 5th Station trailhead and takes you in and around the crater, offering access to lesser-traveled areas of the mountain and stunning southern views. The round-trip hike is approximately four miles with 1,750 feet of elevation gain and takes about four hours to complete. Minimum age is 10 years. **\$60 / person, \$45 / Bluejacket**

Intermediate Mt. Fuji Stamp Collection Hike from First to Fifth Station
June 27 • 4:30 a.m. – 7:30 p.m.

Getting ready for a Mt. Fuji summit climb during the official hiking season in July and August? Join our preseason Mt. Fuji hike from the 1st Station to the 5th Station! This is the perfect step to completing the entire mountain before joining one of Outdoor Recreation's summit climbs later this summer. This strenuous 7.5-mile hike is the ultimate way to earn your bragging rights from the bottom up. Along the way, you can collect traditional wood-burned stamps on your Fuji climbing stick. Not only is this a beautiful, historic trail, but it is the absolute perfect training hike to prepare your legs and lungs before tackling the summit. Trip fee includes bus transportation, trip leader and Fuji climbing stick. Minimum age is 10 years. **\$90 / person**



Mahi Mahi Deep Sea Fishing
June 28 • 5 a.m. – 4 p.m.

We make it our goal to get you to the fish and make your fishing charter memorable. Registration fee includes tackle, live bait and an experienced sea captain to take you out for a day of sun, sea and Mahi Mahi fishing! Trip leader will bring tackle, and two cooler boxes filled with ice to the meeting location, but please bring your own cooler box if you'd like to bring fish back home. Minimum age is 9 years. **\$180 / person**

Ikego West Valley Recreation Area

For more information on camping, please stop by the Outdoor Recreation Center, call 046-816-5732, or visit our website at navymwryokosuka.com.



Cabin & Campsite Rentals

The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends! Campsite and cabin reservations must be made at the Outdoor Recreation Center Thursday - Tuesday from 10 a.m. - 6 p.m. Each site holds a maximum of twenty people. There are five rustic cabins available for rent. None of the cabins have running water. All cabins and campsites have a designated BBQ grill. Cabin rentals start at \$40 / day. Payment is required in person to make a reservation. Cabins do not have electricity.

Bicycle & Ski / Snowboard Maintenance & Repair

Free estimates! Have our certified technician take care of your major or minor bicycle repairs and ski / snowboard maintenance.

Equipment Rentals

Please call the Outdoor Rental Center for pricing on the following items:

- Multi-speed bicycles, locks, and helmets
- Hiking equipment (boots, backpacks, rain gear, and hiking poles)
- Party equipment (4-foot charcoal grills, 8-foot tables, folding chairs and indoor bounce houses)

Special Events

Are you planning a picnic, a change-of-command or retirement ceremony, or a birthday party? Do you need air toys, tents, tables, etc.? MWR's Special Events Department is here to help with reservations, delivery, set up and breakdown!

For more information, please call 046-896-5060 or visit the MWR website at www.navymwryokosuka.com

Green Bay Marina



Power Boat Handling Course

June 6, 14 & 27 • 9:30 a.m. - 4:30 p.m.
Green Bay Marina

This one-day powerboat handling course is designed to provide the skills necessary to maneuver a powerboat confidently, competently, and safely in tight spaces. Participants will learn practical techniques for docking, maneuvering, and handling a vessel in close quarters. Upon successful completion, students will receive a certification accredited by the American Sailing Association (ASA) demonstrating they have achieved proficiency in operating a single outboard or stern-drive vessel in close quarters under light wind and current.

Prerequisite: Participants must complete the NASBLA Safe Boaters Course online prior to attending this class. Proof of completion is required at check-in. This course can be completed free online at www.boatus.org/courses
\$300 / person (includes Power Boat Handling Book)
\$270 / person (without Power Boat Handling Book)



\$1 Paddlecrafts

Thursdays & Sundays • Green Bay Marina

Get out on the water for just \$1! Enjoy kayaking, stand-up paddleboarding, and bike boating.



TICKETS & TRAVEL 27

June Tours

Registration is ongoing.

Saturday, June 6

Spa Resort Hawaiians
Goshikinuma Nature Trail & Tsuruga Castle

Sunday, June 7

Yokohama Ramen Museum & ArtBar (Family Edition)
Tokyo Dome Baseball Game (Giants vs Marines)

Saturday, June 13

Japan Alps Kamikochi National Park Hiking
Yunessun Hot Spa

Sunday, June 14

New Sanno Brunch & Edo-Tokyo Museum
Oya Subterranean Cave & Bamboo Forest

Friday, June 19

Yokohama Stadium Baseball Game
(BayStars vs Tigers)
Tokyo Disneyland

Saturday, June 20

Kisoji Old Post Town Sightseeing with Soba Making
Mt. Fuji Summer Sightseeing

Sunday, June 21

New Sanno Father's Day Brunch
& Tokyo Dome Baseball
Hakone Mountain Climbing Train & Cable Car
with Buffet

Friday - Sunday, June 26 - 28

Hokkaido Overnight

Sunday, June 28

Nanadaru Seven Waterfalls & Hot Springs

All tours are subject to change without
prior notice.

July Tours

Registration begins on Saturday, June 6.

Friday, July 3

Castle Hustle
Fuji-Q Highland Amusement Park

Saturday, July 4

Grand Hakone Highlights

Sunday, July 5

Fuji Lavender Festival & Shiraito Falls

Saturday, July 11

Mt. Fuji Family Hike & Blueberry Picking

Sunday, July 12

New Sanno Brunch & Odaiba Shopping
Drum Tao, Japanese Taiko Drum Show

Saturday, July 18

Disney on Ice in Tokyo

Sunday, July 19

Yokohama Stadium Baseball Game (BayStars vs Swallows)
Mt. Fuji Family Hike & Blueberry Picking
Musical "Sunset Boulevard" feat. Sarah Brightman

Saturday, July 25

Harry Potter Studio Tour

Sunday, July 26

Mt. Fuji Family Hike & Blueberry Picking
Sumo Experience with Meal

Friday, July 31

Tokyo Dome Baseball (Giants vs BayStars)



Scan here to register
at MyFFR

For more information call
046-896-5056.



JUNETEENTH

FRIDAY, JUNE 19

11 a.m. - 2 p.m. • Ikego Campgrounds



Games • Activities • Live Music • Complimentary Food*

Shuttle runs between Club Takemiya Parking Lot & Ikego Campgrounds:

Club Takemiya departure times

- 10:45 a.m.
- 11:15 a.m.
- 11:45 a.m.
- 12:15 p.m.

Campgrounds departure times

- 1:15 p.m.
- 1:45 p.m.
- 2:15 p.m.
- 2:45 p.m.



Rain Date: June 20 (Transportation not available) *Complimentary food available while supplies last.



For more information, please call
046-896-5060



AOB/ICR

June 2 - 4, 9 - 11, 16 - 18, 23 - 25, and June 30 - July 2



Deployment

General Pre-deployment Brief

June 15 at 10 a.m.

Children & Deployment

June 3 at 9 a.m.

Exceptional Family Member

EFMP Command POC Training

June 18 at 10 a.m. (Virtual)

Family Employment

DOL Teams: Interview Skills

June 9 at 8 a.m.

DOL Teams: Salary Negotiations

June 9 at 10 a.m.

DOL Teams: LinkedIn

June 9 at 1 p.m.

Volunteer Orientation

June 16 at 10 a.m.

Home-Based Business 101

June 23 at 9 a.m. (Virtual)

Employment Overview

June 23 at 10 a.m. (Virtual)

Modeling in Japan

June 23 at 1 p.m. (Virtual)

Effective Résumé Writing (Federal)

June 23 at 3 p.m.

Family Readiness

Emergency Evacuation Program

Overview (EEP)

June 22 at 10 a.m.

Emergency & Disaster Preparedness

June 22 at 11 a.m.

Intercultural Relations

Youth ICR

June 2 (Elem.) at 2:30 p.m.

Ikego Japanese Language Series

June 2 & 9 at Noon (Ikego)

Surviving in Japan

June 3 & 17 at 10 a.m. (Ikego)

Enjoying Japanese Food at Home

June 5 at 1:30 p.m.

June 26 at 9:30 a.m.

Everyday Japanese

June 8 & 22 at 10 a.m.

Daisuki Japan

June 9 at 10 a.m.

Active Japanese Language

June 10 & 24 at 3 p.m.

Make Tomodachi

June 10 & 24 at 5 p.m.

Ikego Cultural Connections

June 18 at 10 a.m.

Calligraphy

June 24 at 10 a.m.



Life Skills

Pre-Marriage Seminar

June 3 at 9:30 a.m. (Virtual)

Resiliency Bootcamp

June 11 & 25 at 11:30 a.m.

English as a Second or Foreign Language (ESL/EFL)

June 12 & 26 at 1 p.m.

Building Effective Anger Management Skills (BEAMS)

June 23, 30, Jul. 7, 14, 21 & 28

Japanese Spouse Group

June 25 at 10 a.m. (JP) (Virtual)

Ombudsman

Ombudsman Advanced Training

June 9 at 4 p.m.

June 25 at 10 a.m.

Personal Finance

Private Organization

June 2 at 9 a.m. (Virtual)

Emergency Financial Preparedness

June 2 at 1 p.m. (Virtual)

Credit Management

June 29 at 9 a.m.

CFS Training

June 9 - 11 at 8 a.m.

CFS Refresher

June 25 at 8 a.m. (Virtual)

Home Sweet Home

June 29 at 1 p.m.

Relocation Assistance

Sponsorship On-Demand

June 4 & 18 at 8 a.m. (Virtual)

Smooth Move

June 5 at 9 a.m.

Military Spouse 101

June 5 at 1 p.m.

June 26 at 10 a.m. (JP) (Hybrid)

Space A/EML Flights Brief

June 8 at 11 a.m. (Virtual)

Sponsorship Training

June 11 at 1 p.m. (Virtual)

June 18 at 1 p.m.

June 25 at 9 a.m. (Virtual)

SAPR

Resident Advisor

June 30 at 1 p.m.

Transition Assistance

My Entrepreneurship Track

June 1 - 2 at 8 a.m.

TAP Core Curriculum

June 8 - 10 at 8 a.m.

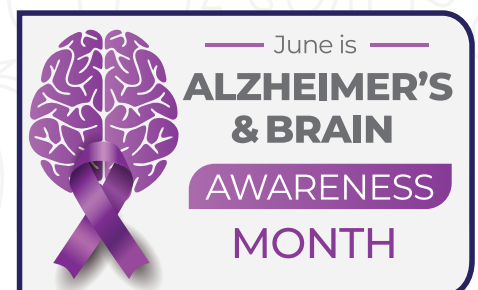
June 23 - 24 at 8 a.m.

My Employment Track

June 11 - 12 at 8 a.m.

My Education Track

June 25 - 26 at 8 a.m.



Registration is required for all classes. For more information on any of our classes or to register, please visit our office on the fourth floor of Community Readiness Center Building (Bldg. 3365) or contact us via phone, email, or website.

📞 046-816-3372

✉️ FFSCinfo@us.navy.mil

🌐 www.navymwryokosuka.com





Facility Directory & Hours

ATHLETICS

Adult Sports Office	046-896-4484
Monday - Friday	8 a.m. - 5 p.m.
Aquatics Office	046-816-5620
Athletics Facilities	046-896-2945
Deployed Forces Support	046-816-7284
Monday - Friday	8 a.m. - 5 p.m.
Fitness	046-896-4486
Monday - Friday	8 a.m. - 5 p.m.
Fleet Gym	046-816-5304
Basketball Court	24/7
Fleet Gym Cardio Room	24/7
5F Exercise Machines	24/7
Gear Issue, 4F Weight Room	24/7
Green Beach Pool*	046-816-6410
Ikego Pool*	046-806-7988
Liberty Center	046-816-7346
Monday - Thursday	10 a.m. - 10 p.m.
Friday - Sunday	10 a.m. - 11 p.m.
Purdy Fitness Center*	046-896-2949
Monday - Thursday	5:30 a.m. - 9 p.m.
Friday	5:30 a.m. - 9 p.m.
Saturday	8 a.m. - 4 p.m.
Sunday	8 a.m. - 4 p.m.
Federal Holidays	Open 24 Hours (Unstaffed)
	*Unstaffed during off hours
Purdy Fitness Center	046-896-5398
Reception Counter	
Monday - Friday	8 a.m. - 6 p.m.
Saturday - Sunday	Closed
Holidays	Closed
Niban Tower Fitness Room	
Daily	24/7
Purdy Fitness Center Pool	243-5620
Monday - Friday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 3:45 p.m.
Sundays & Holidays	Closed
	* Seasonal

DINING OPERATIONS

Bowling Center	046-816-4200
Monday	Closed
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday*	10 a.m. - 11 p.m.
Saturday*	11 a.m. - 11 p.m.
Sunday	11 a.m. - 9 p.m.
Holidays	11 a.m. - 9 p.m.
	* Open until midnight when carrier group is in port
Club Alliance	046-816-5985/5951
Anchor Lounge Karaoke	
Sunday - Tuesday	Closed
Wednesday - Saturday	5 p.m. - 11 p.m.
Club Alliance Delivery Orders	046-816-5985
	046-896-3786
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Bayou Burger	046-816-5985/241-3786
Sunday - Thursday	11 a.m. - 4 p.m.
Friday & Saturday	11 a.m. - Midnight
Italian Garden	046-896-3786
Lunch	
Monday - Friday	11 a.m. - 2 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Dinner	
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Sharky's Roadhouse Lounge	
Sunday - Thursday	Closed
Friday & Saturday	Temporarily Closed
Sharky's Killer Wings	
Sunday - Thursday	4 - 11 p.m.
Friday & Saturday	5 p.m. - Midnight
Holidays	4 - 11 p.m.
Food Court	046-816-3245
Better Burger	
Daily	6 a.m. - 9 p.m.
Bombers	
Daily	10 a.m. - 9 p.m.
Uptown Pizza	
Daily	10 a.m. - 9 p.m.
CPO Club	046-816-5506
	Hours of operation are subject to change
Dining Room (All Hands)	
Saturday Brunch	9 a.m. - 2 p.m.
Sunday	9 a.m. - 2 p.m.
Holidays	Closed

Lunch Buffet	
Monday - Friday	11 a.m. - 2 p.m.
Saturday Brunch	9 a.m. - 2 p.m.
Dinner	
Monday - Saturday	4 - 8 p.m.
Sunday	Closed
Cove Bar	
Monday - Thursday	11 a.m. - 11 p.m.
Friday	11 a.m. - Midnight
Saturday	4 p.m. - Midnight
Sunday	4 - 10 p.m.
Cruise Inn	
Monday - Friday	6 a.m. - 2 p.m.
Saturday, Sunday & Holidays	Closed
Gaming Room	
Monday - Thursday	10 a.m. - 10 p.m.
Friday & Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 9 p.m.
Club Takemiya Dining	046-806-8077
Monday - Friday	11 a.m. - 9 p.m.
Saturday Breakfast	9 - 11 a.m.
Saturday	11 a.m. - 9 p.m.
Sunday Brunch	9 a.m. - 2 p.m.
Sunday Dinner	4 - 9 p.m.
Club Takemiya Lounge	
Monday & Tuesday	Closed
Wednesday - Thursday	3 - 9 p.m.
Friday & Saturday	4 - Midnight
Sunday	3 - 9 p.m.
Holidays	Open if Wednesday - Friday Closed if Monday - Tuesday
Gaming Room	
Sunday - Thursday	11 a.m. - 9 p.m.
Friday & Saturday	11 a.m. - Midnight
Holidays	11 a.m. - 9 p.m.
Officers' Club Office	046-816-5030/5002
Officers' Club Cash Cage	046-816-5624
Officers' Club Chopsticks	046-816-5624
Monday - Friday	6 a.m. - 6 p.m.
Weekends & Holidays	Closed
Kosano Dining Room	
Sunday	9 a.m. - 2 p.m.
Monday - Friday	11 a.m. - 8 p.m.
Tuesday	11 - 2 p.m. & 5 - 8 p.m.
Saturday	4 - 8 p.m.
Holidays	Closed
Kurofune Lounge	
Sunday	2 - 8 p.m.
Monday - Thursday	4 - 11 p.m.
Friday - Saturday	4 p.m. - Midnight
Holidays	Closed
Gaming Room	
Monday - Thursday	9 a.m. - 11 p.m.
Friday & Saturday	9 a.m. - Midnight
Sunday	9 a.m. - 8 p.m.
Holidays	Closed
Starbucks	046-820-2791
Monday - Sunday	7 a.m. - 9 p.m.
Seaside Cafe	
Tuesday - Saturday	6 a.m. - 2 p.m.
Sunday, Monday & Holidays	Closed
Seaside Slots & Gaming Room	
Daily	11 a.m. - 9 p.m.
Holidays	11 a.m. - 9 p.m.

CHILD & YOUTH PROGRAM

CYP Admin Office	046-816-4079
Monday - Friday	7:30 a.m. - 4:30 p.m.
Holidays	Closed
Family Child Care	070-1201-7944
24/7	046-896-2978
Ikego CDC	046-806-8060
Monday - Friday	6 a.m. - 6 p.m.
Ikego SAC	046-806-8301
Monday - Friday	6 a.m. - 6 p.m.
Ikego Teen Center	070-1201-7973
Monday - Friday	9 a.m. - 6 p.m.
School Liaison Officer	046-816-5542
Monday - Friday	7 a.m. - 4 p.m.
Duncan Street CDC	046-816-3219
Monday - Friday	6 a.m. - 6 p.m.
Gridley Lane CDC	046-816-3033
Monday - Friday	6 a.m. - 6 p.m.
Green Street SAC	046-896-4100
Monday - Friday	6 a.m. - 6 p.m.
Third Avenue SAC	046-816-3439
Monday - Friday	6 a.m. - 6 p.m.

Yokosuka Teen Center	046-896-2098
Monday - Friday	9 a.m. - 6 p.m.
Yokosuka Sports Office	046-896-2952
Monday - Friday	10 a.m. - 5:30 p.m.
	*All Child & Youth Programs are closed on Holidays

COMMUNITY RECREATION

Auto Skills Center	046-816-5456
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Tuesday & Wednesday	Closed
Saturday & Sunday	9 a.m. - 5 p.m.
Benny Decker Theater	046-816-6703
Monday	6 p.m.
Tuesday	6 p.m.
Tuesday	\$1 Movie Night
Wednesday & Thursday	Closed
Friday Movies	5:30 & 8:30 p.m.
Saturday Movies	1, 5:30 & 8:30 p.m.
Sunday Movies	Noon, 3 p.m.
Community Center	046-896-4111
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Community Rec Office	046-816-1215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Fleet Theater*	046-816-5443
Friday - Sunday Movies	6 & 9 p.m.
	*Closed when Carrier Group is not in port
Green Bay Marina	046-816-4155
Thursday - Monday	9 a.m. - 6 p.m.
Tuesday - Wednesday	Closed
Ikego MWR Office	046-806-8071
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Library	046-816-5574
Mon, Wed, Fri & Sat	10 a.m. - 6 p.m.
Tuesday & Thursday	10 a.m. - 6:30 p.m.
Sunday & Holiday	Closed
Outdoor Rec Center (ORC)	046-816-5732
Outdoor Gear Equipment Rental Center	
Thursday - Tuesday	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Special Events & Entertainment	046-896-5060
Monday - Friday	8 a.m. - 5 p.m.
T-Shirt / Plaque Shop	046-816-9064
Monday - Friday	9 a.m. - 5 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Tickets & Travel	046-896-5056
Mon, Tue, Thur, Fri, Sat	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Wednesday & Sunday	Closed
West Valley Campground (ORC)	046-816-5732
Thursday - Tuesday	10 a.m. - 6 p.m.
Wood Hobby Shop	046-896-3692
Monday, Thursday & Friday	11 a.m. - 7 p.m.
Saturday & Sunday	9 a.m. - 5 p.m.
Tuesday & Wednesday	Closed
Holidays	Closed
FLEET & FAMILY SUPPORT CENTER	
Ikego FFSC	046-806-8052
Wednesday & Friday	7:30 a.m. - 4:30 p.m.
Monday, Tuesday, Thursday	Closed
Saturday, Sunday & Holidays	Closed
Yokosuka FFSC	046-816-3372
Monday - Wednesday & Friday	8 a.m. - 4:30 p.m.
Thursday	8 a.m. - 2:30 p.m.
Saturday, Sunday & Holidays	Closed
Civilian Employee Assistance Program	010-1-844-366-2327
NAF Employee Assistance Program	010-1-800-273-0034
Family Advocacy Program (FAP)	080-1014-0985
National Suicide Prevention Lifeline	010-1-800-273-8255
Sexual Assault Prevention & Response (SAPR)	090-8046-5783
TO CALL USING OFF BASE/CELL PHONE:	
Yokosuka	243 = 046-816-XXXX
	241 = 046-896-XXXX
Ikego	246 = 046-806-XXXX

PURDY FITNESS CENTER, 1st FLOOR

NOW OPEN 24/7!

	Day	Staffed Hours (Full Services)	Unstaffed 24/7 Access Hours
Facility Hours & Services	Monday - Thursday	5:30 a.m. - 9 p.m.	9 p.m. - Friday 5:30 a.m.
	Friday	5:30 a.m. - 9 p.m.	9 p.m. - Saturday 8 a.m.
	Saturday	8 a.m. - 4 p.m.	4 p.m. - Sunday 8 a.m.
	Sunday	8 a.m. - 4 p.m.	4 p.m. - Monday 5:30 a.m.
	Federal Holidays		Open 24 Hours (Unstaffed)

Unstaffed Hours Rules:

- Patrons acknowledge that there will be no supervision or emergency assistance onsite during unstaffed hours and are expected to behave in accordance with fitness center rules and within the standards of conduct and discipline.
- Patrons acknowledge that there may not be anyone onsite to respond to an emergency. However, in case of any emergency, please consult the posted emergency action plans. An emergency phone is located on the 1F Reception Counter along with an AED.
- During unstaffed hours, it is recommended that you exercise with a partner.
- **Patrons under 18 are not permitted, except active duty members 17 and older.**
- Patrons will sign in upon entering using the iPad and sign-in sheet located near the reception desk.
- The only accessible rooms are the Exercise Room, Cardio Room, portions of the racquetball courts and 1F locker rooms. The Free-Weight Room, Martial Arts Room/Group X Room, Weightlifting Room (Last Racquetball court), Reception Counter, Gear Issue, 2F Locker Rooms, and Seahawk Natatorium will be closed during unstaffed hours.
- Patrons may not bring in guests during unstaffed hours.
- Please assist us in keeping trash and equipment picked up around and inside the facility. Be a good Samaritan and help keep this policy in place. If you see something that should not be taking place, please report it to security (DSN: 243-2300).
- All patrons must ensure the door closes fully and securely behind their entry and exit.
- All other Purdy Fitness Center rules remain in effect.
- Actions such as theft, defacement of or intentional damage to government property, sexual assault, inappropriate sexual behavior, and violation of rules will not be tolerated and are subject to UCMJ action where applicable, and to civil or administrative consequences up to loss of facility privileges.
- In accordance with CNICINST 1710.1, the following equipment is not acceptable in unstaffed facilities: free-weight plates, plate-loaded machines, Olympic racks, Smith machines, Olympic bars, dumbbells in excess of 100 lbs, and homemade equipment.
- Failure to comply will result in loss of facility privileges.

