

AOB/ICR

Jan. 6 - 8
Jan. 13 - 15
Jan. 20 - 22
Jan. 27 - 29

Deployment

General Pre-deployment Brief

Jan. 5 at 9 a.m. (Virtual)

Couples & Deployment

Jan. 21 at 11 a.m. (Virtual)

Preparing Children for Deployment

Jan. 30 at 1 p.m. (Virtual)



Exceptional Family Member

EFMP Command POC Training

Jan. 16 at 10 A.M. (Virtual)

Family Employment

Volunteer Orientation

Jan. 20 at 10 a.m.

Department of Labor TEAMS

Jan. 22 at 9 a.m. - Federal Hiring
Jan. 22 at Noon - Resume Essentials

Navy Spouses in Transition

Jan. 27 at 10 a.m. (Japanese) (Hybrid)

Family Readiness

Emergency Evacuation Program

Overview (EEP)

Jan. 26 at 10 a.m.

Emergency & Disaster Preparedness

Jan. 26 at 11 a.m.

Intercultural Relations

Ikego Japanese Language Series

Jan. 6, 13, 20 & 27 at Noon (Ikego)

Youth ICR

Jan. 6 (ELEM) at 2:30 p.m.
Jan. 13 (MS/HS) at 2:30 p.m.

Surviving in Japan

Jan. 7 & 21 at 10 a.m. (Ikego)

Everyday Japanese

Jan. 12 & 26 at 10 a.m.

Daisuki Japan

Jan. 13 at 10 a.m.

Active Japanese Language

Jan. 28 at 3 p.m.

Ikego Cultural Exchange Club

Jan. 22 at 10 a.m.

Enjoying Japanese Food at Home

Jan. 23 at 9:30 a.m.

7 Lucky Gods Tour

Jan. 27 at 8 a.m.

Zushi-Hayama Tour

Jan. 30 at 10 a.m.

Life Skills

Symptom Reduction Group

Jan. 6 at 2 p.m.

English as a Second / Foreign Language

(ESL / EFL)

Jan. 7 at 1 p.m. (Virtual)

Jan. 9 & 23 at 1 p.m.

Jan. 21 at 1 p.m. (Ikego)

Resiliency Bootcamp

Jan. 8 & 22 at 11:30 a.m.

Pre-Marriage Seminar

Jan. 14 at 9:30 a.m. (Virtual)

Ombudsman

Ombudsman Advanced Training

Jan. 14 at 4 p.m.

Jan. 22 at 10 a.m.

Ombudsman Assembly

Jan. 14 at 5:30 p.m.

Personal Finance

Private Organization

Jan. 6 at 9 a.m. (Virtual)

Saving & Investing

Jan. 6 at 1 p.m. (Virtual)

Debt Destroyer

Jan. 8 at 9 a.m.

Million Dollar Sailor

Jan. 21 - 22 at 8 a.m.

Tax Prep 101

Jan. 29 at 9 a.m. (Virtual)

Survivor Benefit Plan

Jan. 29 at 1 p.m.

Planning Your Financial Future

Jan. 30 at 9 a.m. (Virtual)

Relocation Assistance

Military Spouse 101

Jan. 2 at 1 p.m.

Jan. 23 at 10 a.m. (Japanese) (Hybrid)

Sponsorship Training

Jan. 8 at 1 p.m. (Virtual)

Jan. 15 at 1 p.m.

Jan. 22 at 9 a.m. (Virtual)

Smooth Move

Jan. 9 at 9 a.m.

Space A/EML Flights Brief

Jan. 12 at 11 a.m. (Virtual)

Sponsorship On-Demand

Jan. 15 at 8 a.m. (Virtual)

SAPR

SAPR Resident Advisor

Jan. 14 at 1 p.m.

SAPR VA Refresher

Jan. 27 at 1 p.m.

Transition Assistance

TAP Core Curriculum

Jan. 5 - 7 at 8 a.m. (Retiree)

Jan. 12 - 14 at 8 a.m.

Jan. 26 - 28 at 8 a.m.

My Employment Track

Jan. 8 - 9 at 8 a.m.

My Education Track

Jan. 15 - 16 at 8 a.m.

My Vocational Track

Jan. 29 - 30 at 8 a.m.

January Events

Mindfulness & Meditation

Jan. 23 at 1 p.m.

Registration is required for all classes. For more information on any of our classes or to register, please visit our office on the 4th Floor of Community Readiness Center Building (Bldg. 3365) or contact us via phone, email, or website.

📞 046-816-3372

✉️ FFSCinfo@us.navy.mil

🌐 www.navymwryokosuka.com

