

## DANCE CLASSES

### JAZZ DANCE

What Is Jazz Dance? Jazz dance is a form of dance that combines both African and European dance styles. This high-energy dance has a liveliness that sets it apart from traditional dance forms, such as classical ballet. Like jazz music, jazz dance features improvisation.

#### CLASS PREPARATION

Below is a list of items to prepare for each class. Please call us if you have questions.

- Water Bottle
- Towel
- Jazz or Ballet Shoes (*if available*)
- Comfortable Clothing; i.e. T-shirt, leggings, & socks. No dresses, skirts or jeans.

### HULA DANCE

Hula is a sensuous mimetic Hawaiian dance, performed sitting or standing, with undulating gestures to instruments and chant. Originally, the hula was a religious dance performed by trained dancers before the king or ordinary people to promote fecundity, to honor the gods, or to praise the chiefs.

#### CLASS PREPARATION

Below is a list of items to prepare for each class. Please call us if you have questions.

- Water Bottle
- Towel
- Comfortable Clothing

### BALLET DANCE

Ballet is a theatrical dance that features highly formalized steps and movements. It uses body movements, music, and stage scenery to speak emotions, a story, an atmosphere, or a theme.

#### CLASS PREPARATION

Below is a list of items to prepare for each class. Please call us if you have questions.

- Water Bottle

- Towel
- Comfortable Clothing; i.e. T-shirt, leggings, & socks. Preferred attire: leotard, ballet tights, & ballet shoes. No dresses, skirts or tutus.

## MUSIC CLASSES

### PIANO

**Piano lessons for beginners** learn beginning piano skills and fundamentals of music literacy, including basic notation, rhythms, time signatures, and intervals. Students will learn to read and play music at the piano, gain rudimentary technical proficiency through the study of scales and chords and apply skills in creative activities. Students are expected to practice piano assignments at home, and therefore need daily access to a piano or a keyboard on a stand with full-sized weighted keys.

**Piano lessons for intermediate.** An intermediate pianist, generally speaking, should be able to play their scales confidently hands together, recognize all of the note values, play with dynamics, understand basic chord progressions and inversions, and sight read beginner piano music.

**Piano lessons for advance** cater to advanced and talented pianists looking for an extra boost to their playing. An advance pianist will learn advanced techniques, chord progressions and songs and many concepts and theories to master piano playing.

### CLASS PREPARATION

Below is a list of items to prepare for each class. Please call us if you have questions.

- Music Book (*Please see instructor for book recommendation*)

### GUITAR (Acoustic/Electric)

**Guitar lessons for beginners** focus on finger placement, strumming, sight-reading, understanding groove and chord placement. Students will learn to care for their instrument as well as tuning the guitar.

**Guitar lessons for intermediate** add chord progressions, finger picking, pentatonic scales, ear training and reading sheet music.

**Guitar lessons for the advanced** student we offer lessons that teach scale sequencing, sweep picking, riffs and intervals.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Guitar, Bass, or Ukulele (*It is recommended to bring your own Guitar*)

## **DRUMS**

**Drum lesson for beginner** students learn the basics of drumming, including how to play their first songs. Beginner students will learn the different parts of their drum kit, as well as correct posture and grip and basic drumming patterns, also known as rudiments. Beginner students will learn how to keep a beat, control tempo, and read music and basic music theory.

**Drum lesson for intermediate** students helps students develop drum independence, syncopation, improvisation, speed, rhythmic applications, and explore more musical styles.

**Drum lesson for advance** students help more experienced drummers build upon the skills they learned in both the intermediate and beginner classes.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Music Book (*Please see instructor for book recommendation*)

## **SKILLS & DEVELOPMENT CLASSES**

### **KUMON**

Kumon is an individualized learning method that allows each student to study at the 'just-right' level, regardless of age or school grade. This gives all children the possibility to benefit from Kumon, whether they need to build on more

basic concepts, be challenged by more complex work or somewhere in between.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Pencils/Pens
- Notebooks & Scratch Paper

### **ROBOTICS**

Robotics class uses Science, Technology, Engineering, the Arts and Mathematics to develop innovative mindsets and equip students with the skills and knowledge needed to problem-solve, become creators and thrive in the 21st century.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials are provided by instructor

### **JAPANESE LANGUAGE**

**Japanese Language for beginners** focuses on the development of basic speaking, reading, and writing skills. Aspects of Japanese culture will be introduced, along with linguistic structures and beginner students will be able to read and produce both hiragana and katakana.

**Japanese Language intermediate** for student with some knowledge of kanji, previous Japanese language experience and understand grammatical items such as verb tense, adjective conjugation, and expressing a sequence of events.

**Japanese Language for advance** student focuses on the development of accurate and extended discourse as well as on the expansion of kanji knowledge in the reading of printed materials such as newspaper articles. Classes are conducted entirely in Japanese.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Notebook
- Pencils/Pens

## **DRIVER'S EDUCATION**

Driver's Education is a formal class to prepare a new driver to obtain a learner's permit or driver's license. The class take place in a combination of a classroom and a vehicle. Topics of instruction include traffic code, laws and vehicle operation. Typically, instruction will warn of dangerous conditions in driving such as road conditions, driver impairments, and hazardous weather. Instructional videos may also be shown, demonstrating proper driving strategies and the consequences for not observing the rules. This education is intended to supplement the knowledge obtained from government-printed driving handbooks or manuals and prepares students for tests to obtain a driver's license or learner's permit. In-car instruction will places a student in a vehicle with an instructor.

## **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Notebook
- Pencils/Pens

## **TENNIS**

Tennis lessons will focus on agility, balance, and coordination of gross motor skills to accelerate skill development and basic stroke production needed to serve, rally and score. Students will learn to play with learning proper fundamentals through game-based approach. Students will learn basic stroke development including forehands, backhands, volleys, and serves. No prior experience is necessary. Racquets are not provided. Students are encourage to bring their own racquet, water bottle, and to wear appropriate tennis shoes that have a low profile and a wide outer base at the toe. No running shoes please.

## **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Water Bottle
- Athletic Wear & Tennis Shoes
- Towel
- Sunscreen
- Racket and 4 Tennis balls

## **GYMNASTICS**

Gymnastics is a noncompetitive program designed to build gymnastics skills through progression. Activities include bars, tumbling, vault, balance beam, and trampoline. We offer small classes designed to meet each child on his or her individual level. Classes are divided based on skill level. Gymnasts participate on all four apparatus, vault, bars, beam, and floor. Skills include rolls, cartwheel, handstand, and pull over.

## **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Water Bottle
- Comfortable Clothing
- Towel

## **ARTS & CRAFTS CLASSES**

### **ORIGAMI**

Origami is a Japanese term which refers to the art of paper folding. Students will learn the elementary level of origami crafts. The objective of the art is to fold pieces of paper into pretty decorative objects that represent birds, flowers, animals, or useful objects such as boxes, cups, chopstick supports, etc.

## **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials provided by instructor

## **IKEBANA**

Ikebana, or the art of Japanese flower arrangement, shares traditional techniques of Japanese design with Japanese architecture, landscaping, calligraphy, and other traditional arts. The class is designed to broaden the student's knowledge and familiarity of Ikebana through the firsthand experience of flower arrangement as well as to cultivate a fundamental understanding of Japanese culture.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials provided by instructor

## **KIMONO DRESSING**

This is a class suitable as an entry for those who would like to be able to realize their longing to casually go out in a Kimono. Students will first enjoy getting familiar with and acquainted with the Kimono. Practical skills: Learning to wear the underwear, woolen Kimono, pongee, komon (fine pattern), taiko tying, yukata, etc.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials provided by instructor

## **CALLIGRAPHY**

The ancient art of Calligraphy still popular today adds creative flair to correspondence, parties, decorations, art projects, and more. Students will be introduced to the basic calligraphy alphabet, learn beginner techniques to use in practice making letter forms, about the tools and materials every calligrapher needs, and how to hold and use the pen, starting with basic strokes.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials provided by instructor

## TEA CEREMONY

The tea ceremony is known as chanoyu, or sado, in Japanese, and the art and performance of preparing and presenting matcha powdered green tea. Tea Ceremony lessons focus on the various tea preparation procedures. Students study both tea preparation, and how to be a guest, which is a very important part of studying Tea. Tea Ceremony lessons help the student develop skills in concentration, movement, and aesthetic appreciation.

### CLASS PREPARATION

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials provided by instructor

## PHOTOGRAPHY

**Digital Camera Basics** course covers basic concepts and practice of digital photography, including understanding and use of the camera, lenses, and other basic photographic equipment.

**Digital Editing and Photoshop** students learn techniques to edit and enhance digital images and add a professional polish to work.

**Taking Better Pictures** students don't need an expensive camera to become a better photographer. Students will learn using just what you have now to maximize their photographic abilities, by training their eyes to see through a different lens. Taking Better Pictures class students will learn common pitfalls to avoid and potentials to utilize when taking pictures—whether professional or personal, with a smartphone or DSLR.

### CLASS PREPARATION

Below is a list of items to prepare for each class. Please call us if you have questions.

- Camera
- Laptop for photo editing



## **COOKING**

**WASHOKU SUSHI** With the theme of "Japanese Cuisine" and "Experience" students will learn how to make sushi straight from the beginning! We will also learn how to practice at home, not just in the classroom.

**JAPANESE COOKING** suited for people who want to enjoy Japanese local culture and a home style meal, cooked in an actual home. Students will learn how to use what Japanese people really eat in everyday life, to prepare delicious home cooked meals with simple recipes and techniques.

### **CLASS PREPARATION**

Below is a list of items to prepare for each class. Please call us if you have questions.

- Materials provided by instructor