CFAY Holds National Night Out 2022

Photos MC2 Zenaida Roth and SN Darren Cordoviz, CFAY Public Affairs

IN THIS ISSUE:

The Connection of Music

MWR Halloween Events

Beyond the Gate
Music is a universal language that has connected people for thousands of years. This tradition of passing down musical knowledge through generations continues to this day.

Families of musicians typically instill this love for the medium in their children from an early age and playing together as a family is one way to bond and strengthen those ties.

Such is the case with Mila Cabradilla, a senior at Nile C. Kinnick High School onboard Commander, Fleet Activities Yokosuka. Cabradilla sings and plays the drums in the rock band, Penny Pagan.

Cabradilla’s father, Jerry, introduced her to music at an early age, and she has been singing and playing instruments since then.

“Music is important to me because I have been around it my entire life,” said Cabradilla. “I can still remember being five years old and hearing my dad just playing with his band. It’s always been a constant in my life, and I’ve always been around my dad being in bands.”

Cabradilla got her start on the drums in the middle school band, where she played until high school. While in high school, she has participated in other school activities, but her passion for music is still a driving force in her life.

“I remember when I was younger,” said Cabradilla, “I used to sit at the top of the stairs, listening to my dad play with his band because my mom would make me go to sleep. I wished so badly to be singing and playing instruments down there with them that I would just tap my foot at the top of the stairs wishing that one day, I would be able to do that.”

One day her dream became a reality as she got the chance to play with her father in Penny Pagan.

“Originally, I wasn’t even supposed to be in the band,” said Cabradilla. “I went with my mom to sit in to interview a drummer, and he actually didn’t show up. That night I practiced with them and ended up as their drummer.”

Penny Pagan is a band consisting of Larry Criner (bass), N6 department head, Bill Revak (guitar), Naval Computer and Telecommunications Station (NCTS) Far East N2, Jerry Cabradilla (vocals/guitar), lead engineer Naval Information Warfare Center (NIWC) Pacific, and Mila on drums/vocals.

The band’s diverse set lists consist of classic rock and top hits. Criner said their music style is “everyone’s favorite radio station.” They have played many times, both at CFAY special events and off-base venues and are always looking to share their music with new audiences.

The band sprouted from the CFAY Musicians Collaborative, a
Members of the band Penny Pagan perform during the Ikego Fire Parade and Open house hosted by CNRJ F&ES. The event was held to educate service members and their families about fire safety.

group that used to congregate in the C9 conference room for jam sessions.

“The Collaborative was started by a teacher who had this idea that she was pursuing from something she had seen at another base,” said Criner. “But we had to stop for a bit when Covid happened. But once we got clear to be around people again, I reached out and said that we needed to get back together. So, Bill and Jerry had started coming back, and we played for a couple of weeks, and we had a room full of guitar players, so I started playing bass.”

After getting back into the rhythm of playing as a group again, they decided that they wanted to perform and signed up to play at a music festival in Tokyo. As they prepped for the festival, their drummer had to back out, so they were on the hunt for a new drummer.

“Our drummer at the time had missed the first practice and told us that he wasn’t going to be able to play,” said Criner. “Then Jerry said, ‘Mila plays drums,’ and she filled in and knocked it out of the park. She’s a solid drummer, a solid vocalist, and brings a lot of positive energy, and we need that.”

Since joining the band, Mila has brought more than just her musical talent, she’s added a new dynamic to the rest of the group.

“She keeps us grounded and motivated,” said Revak. “She’s always upbeat. We all work for a living on base, and we have leadership management jobs, and our days aren’t always pleasant. So, getting here and seeing Mila being positive, it kind of helps us get over our days. She balances the entire group.”

In the Cabradilla household, music is a tradition, and Jerry seeing his daughter envelope that passion furthers the inspiration.

“I have goosebumps when I play with her,” said Jerry. “I grew up with my parents singing, and that’s how I was influenced at a very young age. They, my parents, were always on stage singing at family parties and gatherings. That’s why I picked up the guitar, and that’s why I did it.”

Just as Mila is fulfilling her dream, she is also fulfilling a dream of her father.

“I didn’t think it would have such a huge impact on my daughter, but I’m glad it did,” said Cabradilla. “It’s always been a dream to have that happen. But as a dad, you know, when you have children, you don’t want to feel like they were forced into it. I’m just glad it’s happening in real-time.”

Mila is an excellent example of how the musical generation can be the bridge to stronger connections with others. The sense of closeness that comes from music and sharing what you love with others is something that will never go away. It is essential to connect with people around the world because they may not always understand each other, but all people have a way of coming together and having an understanding by sharing their passion and talent.

Penny Pagan will be the opening act at the Yokosuka Friendship Day on Oct. 16. Come out and show your support.

For 75 years, CFAY has provided, maintained, and operated base facilities and services in support of U.S. 7th Fleet’s forward deployed naval forces, tenant commands, and thousands of military and civilian personnel and their families.
TCCOR 5
Destructive winds are possible within 96 hours. CFAY will remain in TCCOR 5 from June 1st until November 1st.

TCCOR 4
Destructive winds are possible within 72 hours. Begin stocking up on essential supplies such as food and water.

TCCOR 3
Destructive winds are possible within 48 hours. Double check your emergency supplies, fuel and kits.

TCCOR 2
Destructive winds are possible within 24 hours. Secure loose outdoor items in your yard or on your balcony.

TCCOR 1
Destructive winds within 12 hours. Essential personnel report for duty. Facilities on base close. Outdoor activity limited to emergency & essential services.

TCCOR 1 EMERGENCY
Destructive winds are occurring. Only official & emergency vehicles on roads. Personnel remain indoors until All Clear is declared.

TCCOR 1 RECOVERY
Destructive winds have subsided. Remain indoors until All Clear. Emergency vehicles on roads to inspect for damage and safety issues.

ALL CLEAR
Storm is over and not expected to return.
In support of Navy/National Energy policies and completion of preventative maintenance, Fleet Activities Yokosuka maintains an HVAC changeover period as follows:

- **Cooling shutoff**: No sooner than Oct. 20.
- **Heating turn-on**: No later than Nov. 23.
- Expect **four weeks** of no heating/cooling.
- AC turn-off/Heating turn-on order of operations:

  ![Diagram of HVAC changeover time]

- Users are advised to open doors and windows as needed and to use natural ventilation to the maximum extent possible.
- If you have a user controlled unit in your space, you are required by CNIC policy and COMFLEACTYOKOSUKAINST 11300.2H to secure your heating at the time period listed above.
- Dates are estimates in anticipation of average weather and may vary slightly due to actual weather conditions and/or PMI schedule availability.

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**FFSC WEEKLY**

More details on FFSC YOKOSUKA FB page

**Everyday Japanese**
Oct 17 at 1000

**Active Japanese Language**
Oct 17 at 1500

**Basics of Japanese**
Oct 17 at 1000

**DOL-Interview Skills & Salary Negotiations**
Oct 18 at 1000

**AOB ICR**
Oct 18–20 at 0830–1300

**Million Dollar Sailor/Spouse**
Oct 19 at 0930

**Volunteer Orientation**
Oct 20 at 1100

**EFMP Command POC**
Oct 21 at 1000

**Children and Deployment**
Oct 21 at 1100

See something you like? Sign up via email: ffscinfo@fe.navy.mil
Yokosuka Complex

SCHOOL ADVISORY COMMITTEE
(SAC)

Who we are
The SAC is made up of people just like you! We are a committee of parents, teachers, and other stakeholders who care about our school.

Get involved
Become a member. Parents and staff at the school are eligible to become voting members. Contact our school to learn how to run in the next election.

Attend a meeting. Meetings are open to the public. All members of the school community are encouraged to attend meetings and submit agenda items.

What we do
Our purpose is to advise the principal and installation commander on policies and programs within their purview; foster communication among administrators, military leaders, parents, and students; and provide a coordinated process to address and resolve issues.

More information
For more information about our SAC, including how to contact us, meeting agendas and minutes, visit:
DoDEA Pacific webpage
Scan the QR code to learn more about SAC.

dodea PACIFIC

FAFSA FRENZY
FREE APPLICATION FOR FEDERAL STUDENT AID

It's time to complete your 2023/24 FAFSA Application
Please join us for a brief informational session about FAFSA!

Date: October 31, 2022
Time: 1500
Location: ERAU Yokosuka Campus
Fleet Recreation Building Room 324

Contact: 241-4880
yokosuka@erau.edu

CUP O' JOE WITH THE CO
19 Oct 22 0800 - 0900
Party Room in Nikko Tower

Please stop by and say hi to the CO!
Free coffee and donuts.

CONTACT THE IKEGO LIAISON OFFICE FOR INQUIRIES: 246-8042 / 046-806-8042

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Veterans Day Weekend
3 Night Okinawa Tour

DATE: Nov. 11, Friday - Nov. 14, Monday
TIME: 11:00 AM (11/11) - 3:00 PM (11/14)

PRICE: $360.00
Blue Jacket Signups Only
(Active Duty E1 - E5 Single and Gee-Bach Sailors)

Join Afloat & Yokohama Liberty Centers as we head out for a 3 night tour in Okinawa, over Labor Day weekend. Okinawa is in the top ten places in the world to snorkel and scuba dive, we will be doing a boat guided snorkeling tour over some amazing ocean reefs. We will also hit up some local sites and give you some options for some must see sites in Okinawa. This is a once in a lifetime tour at this price.
Limited seating, only 20 seats available.
Don’t wait, as spots will fill up fast.
Price includes: Airfare, Bus Transportation, Snorkeling fees & equipment, 3-Night Hotel, and Guides.

Signup Deadline: Wednesday Oct 19th

Mt. Nokogiri-Ferry, and Hiking Tour

Date: Saturday, November 12
Time: 8:00 AM - 5:00 PM

Join Liberty as we take a relaxing cruise across the bay to Chiba, then enjoy a fun hike up Mt. Nokogiri. At 329 meters high, Mt Nokogiri-yama or “Sawtooth Mountain” acquired its distinctive profile from its history as a stone quarry during the Edo Period. Today it offers magnificent views & picturesque spots such as the Hundred Shaku Kannon, the largest pre-modern Buddha, and the 1,500 stone figures of Tokai Athats.

Chrysanthemum Exhibition Tour

Date: Sunday, November 6th
Time: 11:00 AM - 5:00 PM
Place: Yokohama Sankeien Garden

The Chrysanthemum is the royal flower of Japan, it is also on the Imperial Seal of Japan which can be seen on official documents such as passports. Chrysanthemum is also known as "Kiku" in Japanese. The kiku (Chrysanthemum) is also one of the symbolic flowers of autumn. Yokohama’s Sankeien Garden displays over 500 chrysanthemum plants in grand configurations by methods of care and pruning similar to the Bonsai tree.
Price includes: Transportation, Admissions and Guide

PRICE
Blue Jacket:
$5.00
E6&Up:
$12.00

Signup Deadline:
Tuesday, November 1st

Yokohama Zoorasia Tour

Saturday, November 19
9:00 AM - 3:00 PM

PRICE: $6.00/ Blue Jacket
$14.00/ E6&Up

Zoorasia was established in 1999 and is one of Japan’s largest and best kept zoos. Whether you want to see the exotic or local wildlife, Zoorasia has it all, with over 700 animals and over 100 different species. Be sure to bring enough Yen to cover all the goodies you’ll want to bring home.

Price Includes:
Transportation, Guide & Admission

Signup Deadline: Tuesday, November 15th
yokosuka Friendship Day
SUNDAY, OCTOBER 16
10 A.M. - 7 P.M.
FIREWORK SHOW
@ 5:45 P.M.
live entertainment • ships visit
243-5215

Carnival Games • Vendor Booths
カーニバルゲーム・屋台

Carnival Games
Games are open for public and children are welcome. Guests can enjoy various rides and games with rides and games for children are also available. Please purchase a ticket before playing. Ticket prices vary depending on riding.
(1) Ticket: ¥140

Vendor Booths
Come out and support local commands and associations of their booths. They will be providing various foods, non-alcoholic beverages, and different merchandise.

ATTENTION
The following parking lots will be secured in support of Yokosuka Friendship Day on Oct. 16

Location
Close
Open
PSD / Community Bank
Oct. 12 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Bowling Center
Oct. 12 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
CPAF Galley
Oct. 12 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Benney Decker Theater
Oct. 12 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
NMCRS Thrift Store
Oct. 12 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Kosano Park / McDonald's
Oct. 12 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Berkey Gazebo 5, 6, 7 & 8
Oct. 13 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Purdy Fitness Center
Oct. 14 @ 11:59 p.m.
Oct. 16 @ 10 p.m.
NFCU Parking
Oct. 14 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
PSD (Green Bay Marina Area)
Oct. 14 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Berkey Gazebo 1, 2, 3, & 4
Oct. 15 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Thew Gym Field
Oct. 15 @ 11:59 p.m.
Oct. 17 @ 5 p.m.
Teen Center
Oct. 15 @ 11:59 p.m.
Oct. 17 @ 5 p.m.

We appreciate your cooperation and support for this base event.
**5K Zombie Run**

October 28
Purdy Pavilion
5 p.m.

Ages 5 - 18
Registration Dates: Oct. 6 - 21.

Children must have a current packet with us or fill out the special events registration form to be able to register.

Go to www.navy.mynavyspace.com, youth sports page, for the special events registration form or visit the youth sports office to pick up the form. Please email the completed form to MWR_Yokosuka@ymail.com.

Sign-up opens only made online at https://myactivities.navylc.com/yokosukalibrary.html
Registration will open at 10 a.m., October 6.

Volunteers are needed! Run course will be around Purdy Track. Parents are welcome to join their kids during the run!

For more information, please call 243-2952.

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**Yokosuka Teen Center**

**Halloween Events**

Sat., Oct. 29 • 5 - 7 p.m.

- Haunted House
- Halloween Movie “Beetlejuice”
- Escape Room hosted by the Keystone Club

(max of 10 people per round)

Scan here to get registration forms to pin the teen center!

Haunt House / Must be registered with the Teen Center. Ages 10 - 18
For more information please call the teen center at 243-8068

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**Bowling Pin Decorating Contest**

Yokosuka Bowling Center is hosting a bowling pin decorating contest during the month of October! Parents can pick up their pins starting October 1.

Decorated pins must be received by October 25 for judging. Winners will be announced on October 28, along with 1 hour of free bowling for participants from 4:30-5:30 p.m.

One winner is guaranteed to come from the 5 and under age group.

For more information, please call 243-4200

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**Pumpkin Run**

October 22
9 a.m. • Ikego

Register online or in person at any Fitness Office from Sept. 30 - Oct. 20.
Pre-registration is required, costumes are welcome.

$15/person (includes shirt & pumpkin while supplies last)

Fitness Office 243-4486

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Domestic Violence Awareness Month
Yokosuka Kaikoku Fireworks Festival
Oct. 16 (Sunday)
5:45 to 6:15 p.m. | Umikaza Park, Mikasa Park, Yokosuka Main Base
Enjoy a wide variety of fireworks as they ignite and color the night’s sky with the biggest fireworks festival in the Miura Peninsula.

Yokohama Oktoberfest
Until Oct. 16 (Sunday)
12 to 9:30 p.m. (Weekdays), 11 a.m. to 9:30 p.m. (Weekends and Japanese holidays) | Yokohama Red Brick Warehouse (15-minute walk from JR Kannai or Sakuragicho Stations, 6-minute walk from Minatomirai Line Nihon Oodori or Bashamichi Stations)
If you can’t make it to Germany for the real Oktoberfest, head down to Yokohama for the best substitute you’ll find. Come satisfy your craving for a stein of dark German beer (or any other kind, for that matter), delicious food, and a rousing good time to be had by all.

Fall Rose Festa
Oct. 15 (Saturday) and 16 (Sunday)
10 a.m. to 4 p.m. | Verny Park (5-minute walk from Yokosuka Main Base)
Verny Park allows visitors to enjoy scenic walking areas with great views of the surrounding water. There are also approximately 1,400 colorful roses that visitors can appreciate. There will be food trucks, and a monkey showman event.

Y Festa Oppama 2022
Oct. 23 (Sunday)
10 a.m. to 5 p.m. | Oppama Area (Keikyu Oppama Station)
Enjoy the 7th Fleet Band (12 p.m.), various stage events and Power Ranger show (11 a.m. and 3:40 p.m.). There will be food and drink booths, and a farmers market. Free shuttle buses will be available between Oppama Station Area and Natsushima ground.

Yokosuka Downtown Halloween Festival
Oct. 29 (Saturday)
11 a.m. to 4 p.m. | In the vicinity of Mikasa Street, Lidre Yokosuka Area and Blue Street area
Celebrate the Halloween season right here in Yokosuka! There will be street performances, flea markets and more!
SEASONAL INFLUENZA VACCINATIONS

CFAY/Tenant commands (Active Duty only)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Oct. 18-19</td>
<td>8 a.m. to 4 p.m.</td>
<td>Fleet Rec Gym</td>
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<td>Oct. 20-21</td>
<td>7 a.m. to 4 p.m.</td>
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Active Duty family members, retirees/civilians/contractors and their family members

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Notice about immunizations: Everyone must present DoD ID card to receive influenza vaccine. Children under 18 must have a parent or guardian present. Flu shots will only be available at scheduled shotex events throughout the flu campaign period. No flu shot availability at Immunizations Clinic.

POST OFFICE SERVICES NOTICE

USPS is initiating a temporary rate increase from Oct. 2 to Jan. 22. The increases for Priority Mail (PM), Priority Mail Express (PME), Parcel Select Ground, USPS Retail Ground are as follows:

- $0.95 increase for PM and PME flat rate boxes and envelopes.
- $0.30 increase for zones 1-4. 0-10 lbs.
- $1.00 increase for zones 5-9. 0-10 lbs.
- $0.95 increase for zones 1-4. 11-20 lbs.
- $3.20 increase for zones 5-9. 11-20 lbs.
- $3.25 increase for zones 1-4. 21-70 lbs.
- $6.45 increase for zones 5-9. 21-70 lbs.

Note: Zones 1-4: Between 1-600 miles shipping distance/Zones 5-9: Between 601-1801 miles or greater. If you have any questions, please contact the Yokosuka Post Office, call 243-5486.

CONSTRUCTION AND CLOSURES

There will be multiple road and parking lot closures in support of Yokosuka Friendship Day 2022.

Parking Lot Closures

- Benny Decker Theater: Until 5 p.m., Oct. 17
- NMRTC: Until 5 p.m., Oct. 17
- Marina: Until 5 p.m., Oct. 17
- Bowling Alley: Until 5 p.m., Oct. 17
- PSD: Until 10 p.m., Oct. 17
- Post Office: Until 10 p.m., Oct. 17
- Berkey Field Gazebo 6-7: Until 10 p.m., Oct. 17

Road Closures

Clement Boulevard, McCormick Street, Kauffman Street and Green Bay Drive will be secured from 8 a.m. to 10 p.m., Oct. 16

Kanagawa Dental University Construction:
Possible traffic delays due to construction outside Womble Gate at the Kanagawa Dental University until Dec. 31. Large trucks will be operating along the road in front of the dental university, and will utilize the road in front of Womble Gate. Expected hours for delays: 9:30 a.m. to 4:30 p.m./9 p.m. to 6 a.m. Womble Gate hours of operation will not be impacted.

Because You Asked

DoDEA

Q: Many parents are concerned about the Elementary school’s lack of security. Anyone can walk into the building during school hours and it’s a huge safety issue. What is being done about this?

A: An ESS (Electronic Security System) has been identified as a requirement and need for all DoDEA schools within The Yokosuka Complex. The current school security deficiencies and mitigations were noted in a Force Protection Assessment conducted in March of this year. A Security Management Division work order has been initiated along with funding for the upgrades. Yokosuka Complex Schools are currently awaiting the exact date we can expect work to begin once an updated schedule is received.

Commanding Officer: Capt. Les Sobol
Command Master Chief: CMDCM Robert D. Beachy
Public Affairs Officer: Randall Baucom
Editor: MC1 Kaleb Sarten
Layout: Hideo Kaihatsu

Receive My CFAY Weekly by email! Subscribe at yokosukareport@gmail.com, subject line: Subscribe
CFAY ANNOUNCEMENTS
Off installation, all personnel are required to wear masks indoors regardless of vaccination status at all times except: while inside a domicile or lodging location, while in a personally owned vehicle (POV), or while actively eating or drinking.

Off installation, personnel may remove masks when outdoors and able to continuously maintain social distancing (2m) measures from non-SOFA personnel.

Mask wear remains mandatory on all public transportation, to include airport terminals, train stations, platforms, and bus stops.
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NERV APP

Get a wide range of disaster prevention information, including

- Weather
- Typhoons
- Rain radar
- Earthquakes
- Tsunamis
- Volcanic eruption alerts

NERV is a new disaster app that relays information issued by Japan’s Meteorological Agency. The free smart phone app released on September 1 (Japan’s Disaster Prevention Day).
CFAY FIRST CLASS PETTY OFFICER ASSOCIATION

TRUNK OR TREAT

A Halloween event for all ages

October 29, 2022 | 1600 - 1930 Ikego NEX Parking Lot

Spook-tacular fun awaits! Enjoy an evening of trunk or treating and a safe place for children to enjoy Halloween fun.

To sign up your car for the event, please contact MAJ Mionca Tomlinson at mionca.tomlinson@fe.navy.mil.

SAT 29 OCTOBER

-FOOD -GAMES - TERROR

E-22 BUILDING

1800-2000

POC / PHONE NUMBER:
HM3 WEBSTER / 243-5348

USMRC EKATERA GOLD PRESENTS:

HAUNTED HOSPITAL
CFAY TRICK OR TREAT

Will be on Monday, October 31st
from 4 p.m. to 7:30 p.m.
CFAY Trick-or-Treat will be Monday, October 31st from 4:00-7:30pm

Tips to protect your children and make Halloween a safe and happy time for everyone.

- Children must be accompanied by an adult or responsible teenager.
- Children’s costumes should fit and be reflective or brightly colored.
- Recommend children carry flashlights or other types of lighting devices.
- Please check the trick-or-treat candy before your children eat it.
- Report any suspicious candy to CFAY Security Department.

Residents should leave their porch light on if they wish to participate in Trick-or-Treating.

Wishing you a Safe and Happy Halloween!
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<td>Monday-Friday</td>
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<td>Inbound Vehicle</td>
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<td>0600-2000</td>
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<td></td>
<td>Inbound</td>
<td>Saturday</td>
<td>0700-0800</td>
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<td></td>
<td>Inbound High Traffic Pattern</td>
<td>Sunday and Holidays</td>
<td>CLOSED</td>
</tr>
<tr>
<td>CARNEY GATE</td>
<td>Outbound Pedestrian</td>
<td>Daily</td>
<td>24 hours</td>
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<td>Inbound Pedestrian</td>
<td>Daily</td>
<td>0600-2100</td>
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<td>Inbound Vehicle</td>
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<td>Inbound High Traffic Pattern</td>
<td>Period</td>
<td>Monday-Friday</td>
</tr>
<tr>
<td>CARNEY BOARDWALK PEDESTRIAN GATE</td>
<td>Inbound/Outbound</td>
<td>Daily</td>
<td>0600-2100</td>
</tr>
</tbody>
</table>
CFAY CHAPEL OF HOPE
Worship Services

Roman Catholic Mass
Tuesdays & Thursdays 1200
Wednesdays & Fridays 1700
Saturday Vigil 1700
Sundays 0800 & 1100
@ Main Sanctuary
Confessions heard 30 mins before Mass

Soka Gakkai
Bi-Weekly via Zoom

Muslim Prayer
Fridays 1230
@ Fellowship Hall

Jewish Prayer
Fridays 1730
@ Jewish Chapel

Seventh Day Adventist Service
Saturdays 1100
@ Main Sanctuary

Protestant Service
Sundays 0930
@ Main Sanctuary*

Liturgical Protestant Service
1st/3rd Sundays 0900
@ Jewish Chapel

Lutheran Church Missouri Synod
Saturdays 0900
@ Main Sanctuary

Ikego Protestant Service
Sundays 1000
@ Ikego School Cafeteria*

Filipino Christian Fellowship
Sundays 1000
CRC Auditorium 2nd Floor*

Orthodox Christian Service
2nd/4th Sundays 1100
Jewish Chapel

Gospel Praise Service
Sundays 1230
@ Main Sanctuary

The Way
Thursdays 1900-2030
@ Fellowship Hall
(Protestant Singles) Ages 18-25

*Also Livestreamed on Facebook

Please Check Facebook for Updates!
CFAY CHAPEL OF HOPE
Religious Education & Community Programs

SDA Sabbath School
2nd/4th Saturdays
@ Classroom 3

Catholic CCD & RCIA
Sundays 0930
@CRC Building

FCF Sunday School
Sundays 1130
@ CRC Third Floor Classrooms

AWANA
Sunday 1500
@ Fellowship Hall

Church of Jesus Christ of Latter-day
Saints Seminary
School Days 0620
@ Classroom 4

PWOC
Tuesdays 0900 & 1800
@ Fellowship Hall

Celebrate Recovery
Tuesdays 1800
@ Jewish Chapel

Al-Anon
Wednesdays 1100
@ Jewish Chapel

Church of Jesus Christ of Latter-day
Saints Children and Youth
Wednesdays 1800
@ Chapel Classrooms

Catholic Adult Faith Formation
Wednesdays 1800
@ CRC Auditorium 2nd Floor

Classical Conversations
Thursdays 0900
@ Chapel Classrooms

Catholic Youth
Thursdays 1700
@ CRC Auditorium 2nd Floor

Catholic Women’s Group
2nd Fridays 1730
@ Fellowship Hall

Gospel Praise Bible Study
Thursdays 1800
@ Fellowship Hall

FCF Bible Study
Fridays 1830 Dinner; 1930 Study
@ Venue Changes Weekly

Please Check Facebook for Updates!
CFAY CHAPEL OF HOPE
Pastoral Care & Counseling

• Personal & Spiritual Counseling (regardless of religious preference or no preference)
• Faith specific Counseling
• Marriage & Pre-Marriage Counseling
• Family Counseling
• Critical incident Stress Management (CISM) and Grief work
• Intercultural Counseling
• Professional Coaching
• Referrals to Specialized Counseling at Fleet and Family / USNH Yokosuka

Counseling Always Performed with Complete 100% Confidentiality
CFAY CHAPEL OF HOPE
Contact Information

The Chapel of Hope is located directly across from the Commissary and the Purdy Gym

- **Telephone**
  - DSN: 243–2010
  - Commercial: 046–816–2010
  - Duty chaplain is available 24/7 at **080–5016–6836**

- **Facebook**
  - Search for “Yokosuka Chapel of Hope”
  - Find your faith community in our Groups located under the “More” tab.

For emergencies after normal working hours: call **080–5016–6836**
DODEA

SY 22-23

AFTER SCHOOL W.I.N.

WHAT I NEED

EVERY WEEK AFTERSCHOOL ON
MONDAY, WEDNESDAY & THURSDAY
2:30-3:30 P.M. - YOKOSUKA MIDDLE SCHOOL

NEED A QUIET PLACE TO WORK WITH ACCESS TO TECHNOLOGY? JOIN US AT W.I.N.

6th Grade
MR. GARRISON
RM. 223

7th Grade
MS. MOSS
RM. 242

8th Grade
MS. PETERS
RM. 325

Financial aid is available to ALL students.

Your ticket to pay for college...

START HERE:

LOANS
GRANTS
WORK-STUDY

How does the FAFSA work?

1. What is federal student aid?
   - Overview of the Financial Aid Process
   - How to Fill Out the FAFSA

2. What are the types of financial aid?
   - Types of Federal Student Aid

3. Who receives financial aid?
   - Eligibility

4. How do I apply for financial aid?
   - Steps to Filling Out the FAFSA

5. What happens after submission?
   - What Happens Next?

6. How does repayment of loans work?
   - Repayment Options

https://www.youtube.com/watch?v=44cExzKgj5k
https://www.youtube.com/watch?v=44cExzKgj5k
https://www.youtube.com/watch?v=44cExzKgj5k
VOLUNTEERS NEEDED

Lunch & Recess Volunteers!

Interested?

Call The Sullivans Front Office:
DSN: 243-7336
Non-DSN: 046-8167336

#WESTICKTOGETHER
AOB (Area Orientation Brief) is required when transferring to CFAY, and this presentation gives everyone the necessary information to facilitate a safe & enjoyable tour here in Yokosuka.

See the flyer for details on our 3-day offering, including the all-new BUS TOUR 🚌abus available on Wednesdays after ICR (Inter-Cultural Relations)!

Please register for your star-studded 3-day Live AOB experience with Fleet & Family Services!
📧 FFSCinfo@fe.navy.mil
☎ 243-3372 / 046-816-3372
Everyday Japanese
Oct 17 at 1000

Active Japanese Language
Oct 17 at 1500

Basics of Japanese
Oct 17 at 1000

DOL-Interview Skills & Salary Negotiations
Oct 18 at 1000

AOB ICR
Oct 18-20 at 0830-1300

Million Dollar Sailor/Spouse
Oct 19 at 0930

Volunteer Orientation
Oct 20 at 1100

EFMP Command POC
Oct 21 at 1000

Children and Deployment
Oct 21 at 1100

See something you like? Sign up via email: ffscinfo@fe.navy.mil
October is Domestic Violence Awareness Month

Walk a Mile in Their Shoes

Throughout the month of October, walk one mile and submit your photos or videos via email to FFSCINFO@FE.NAVY.MIL to be featured on our pages!

Join us for a one mile walk in support of Domestic Violence Awareness Month!

When: October 27th begins at 1130
Where: Purdy Pavilion

For more information: Call 243-3372 or email FFSCINFO@FE.NAVY.MIL

D&D 5th Edition
FFSC October Special Event

October 28th 1600-1900
CRC BLDG 3365 2ND FLOOR
Kodo Auditorium
EFMP
HALLOWEEN SCAVENGER HUNT
OCTOBER 28TH FROM 1200-1600 BLDG 3365 ON THE 4TH FL
A SHOWING OF ‘IT’S THE GREAT PUMPKIN CHARLIE BROWN’ WILL BEGİN AT 1600
OPEN TO ALL HANDS
PRE-REGISTER BY CALLING FFSC AT 243-3372
Fleet & Family Support Center

Location: Community Resource Center Bldg. 3365

Hours of operation: Monday, Wednesday, Thursday, Friday 0800-1630
Tuesday 0800-1430

Email: FFSCinfo@fe.navy.mil

- Work and Family Life: 243-3372/046-816-3372
- Counseling and Advocacy: 243-7878/046-816-7878
- SAPR: 243-7878/046-816-7878 (For emergencies: 090-8046-5783)
- TAP Office: 243-9305/046-816-9305
- New Parent Support: 243-7878/046-816-7878
- Ikego Detachment: 246-8052/046-806-8052
- FAST Connect: 243-5770/046-816-5770
- To report Domestic Violence or Child Abuse: 243-7878/046-816-7878
  After hours Family Advocacy Duty Phone: 080-5511-4498

To sign up for AOB/ICR, please email AOBICR@fe.navy.mil and be sure to include requested date, name, rank, command, email address, and adult dependents.
YOKOSUKA FAMILY ASSISTANCE SUPPORT TEAM

FAST CONNECT: MON-FRI 0800-1700
- 315-243-5770
- FAST_Connect@fe.navy.mil
- https://www.facebook.com/CFAYFAST

AIRPORT SHUTTLE TRANSPORT TEAM: DAILY 0730-0100
- 315-243-7777
- CFAY_Bus@fe.navy.mil

RAPIDS/ DEERS ID LAB: MON-FRI 0800-1700
- 315-243-9303/ 9304
- FAST_Connect@fe.navy.mil
- Community Resource Center, 4th FL, RM 438
 Yokota Shuttle Bus

For the Yokota AB Shuttle – please confirm flight status before going to the Shuttle Service Bus Desk

Delays due to weather conditions/mechanical issues may result in flight delays

Please be proactive and aware before traveling:

- Delays for inbound flights results in outbound delays
- Shuttle service (Bus) on Thursday/Saturday to Yokota AB is outbound only.
- Passengers seeking Space Availability on Patriot Express will not have access to shuttle bus service back to CFAY on outbound only shuttle days.
- During Shuttle Service Check-in, please show: 1-Orders and 2-Itinerary
HOUSING SERVICES CENTER (HSC)
CUSTOMER SERVICE UPDATE

Yokosuka’s Main HSC and Ikego Housing Office
hours of operation are:
Monday thru Friday: 8 a.m. to 4 p.m.
First Wednesday of every month: 8 a.m. to 12 p.m.
For more information, please call 243-9037 (on base) or email us at:
Yokosuka_Housing@navy.mil
For maintenance or repairs, please call PWC Trouble Desk:
115 or 243-5555.
For vacating base housing, please call 243-6784 for Main Base or
246-8364/8027 for Ikego.
Please contact the Housing Office prior to your visit as many of our
services can be provided via email.
TEMPORARY ABSENCE FROM MILITARY FAMILY HOUSING (MFH)

Anyone planning to leave their MFH quarters unoccupied for more than 7 days must contact the Housing Services Center. Reference: CFAYINST 11101.29C CH-1, Family Housing Handbook

- Complete a “Temporary Absence from Quarters” (form is available from the Housing Services Center).
- House sitting is permitted, but the resident remains fully responsible for the quarters and the sitter’s conduct.
- House sitters must be SOFA sponsored with base privileges, age of 18 and older, and authorized in writing.
DIRECT ASSIGNMENT (Direct Assignment to Military Housing upon Arrival)
To facilitate incoming families with moving directly into Military Family Housing upon arrival in Japan, which will enable completion of Restriction of Movement (ROM) period at the new residence.
If you prefer to accept direct assignment, your command POC or sponsor will need to contact us at yokosuka_housing@navy.mil for further information and guidance. The earliest possible notification requesting direct assignment is appreciated - minimum of 1-week prior arrival.

The following documents are required:
• Housing Application (DD Form 1746)
• PCS orders
• Family (Dependent Entry Approval)
• Flight Itinerary
• Dog Quarantine forms (if applicable)
IKEGO DETACHMENT

CUP O’ JOE
WITH THE CO
19 Oct 22 0800 - 0900
Party Room in Nikko Tower
Please stop by and say hi to the CO!
Free coffee and donuts.

CONTACT THE IKEGO LIAISON OFFICE FOR INQUIRIES: 246-8042 / 046-806-8042
Club Takemiya

Lunch Specials

Every Thursday • 11 a.m. - 2 p.m.

All lunch specials include a beverage.
For more information, please call 246-8075.

PUMPKIN RUN
OCTOBER 22
9 A.M. • IKEGO

Register online or in-person at any Fitness Office from Sept. 30 - Oct. 20.
Pre-registration is required, costumes are welcome.
$15/ person (includes shirt & pumpkin while supplies last)
Fitness Office 241-4486
IKEGO TRICK OR TREAT
Will be on Monday, October 31st from 4 p.m. to 7:30 p.m.
Pick up a covid test kit at the Ikego Command Liaison Office

*THIS IS NOT A TESTING SITE*

ALL PERSONS MUST BE A TRICARE BENEFICIARY

HOURS OF OPERATION
0800-1630 (M-F ONLY)

BLDG. 831 NEAR IKEGO MAIN GATE

FOR INQUIRIES CALL: 046-806-8042 or 246-8042
OFFICE OF THE STAFF JUDGE ADVOCATE
COMMANDER, FLEET ACTIVITIES YOKOUSKA

Building C-31, Mon- Fri: 0800 to 1130 and 1230 to 1600

CFAY.JAG@FE.NAVY.MIL

or by phone at:
DSN: (315)243-7335/7916 or COMM: 046-816-7335/7916

Contact our Office for assistance with:
- Private Employment Requests
- Fundraiser Requests
- Claims
- Private Organization Audits
- Privacy Act Requests/FOIA
RLSO WESTERN PACIFIC
LEGAL ASSISTANCE NOTARY WALK-IN HOURS

Notary Walk-ins: Monday - Friday: 0800-1230
Notary Appointments*: Monday - Thursday 1300-1530
*Required for closing documents, real estate POAs, and will executions

For questions, please contact your local legal assistance office:
YokosukaLegalAssistance@fe.navy.mil
SaseboLegalAssistance@fe.navy.mil
GuamLegalAssistance@fe.navy.mil
U.S. CONSULATE GENERAL NAHA

VIRTUAL I-130 PETITION INFORMATION SESSION

Married to non-U.S. citizen?
PCSing back to the States in the next year? Curious how your non-U.S. citizen spouse or child obtains a green card?
Join the U.S. Consulate for an in-depth immigrant visa session the following dates:

August 16, 2022 at 14:30
September 20, 2022 at 14:30
October 18, 2022 at 14:30
November 15, 2022 at 14:30
December 20, 2022 at 14:30

Register by email at NAHAIV@STATE.GOV
RLSO WESTERN PACIFIC
LEGAL ASSISTANCE NOTARY WALK-IN HOURS

Self-help SPOAs:

• Prior to walking in, please complete and print any SPOA required at the below website
  • SPOA Website: https://www.jag.navy.mil/legal_services/SPOA.htm

Notary Identification Requirements:

• All Customers: Military ID card (i.e. CAC, dependent/retiree ID card) & a second form of unexpired photo state/federal ID with a signature.
  • SOFA licenses are NOT acceptable identification

• Civilian/dependent of civilian: copy of sponsor's letter of employment/inbound PCS orders that show sponsor is not a local hire

• Contractor/dependent of contractor: Copy of sponsor's contract
United States Citizenship and Immigration Service (USCIS) is conducting virtual naturalization interviews/oaths for eligible OCONUS members and dependents with pending citizenship applications.

If you have a pending overseas naturalization application, please e-mail YokosukaLAOutreach@fe.navy.mil with the following information:

1. Use “Naturalization Interview” in the subject line of your email
2. Ensure that your email body contains: (a) First and Last Name; (b) Your Case #;
3. Your status (i.e., active duty or spouse of active duty). *Spouses of civilian[s] are not eligible for an overseas interview.
4. Original Issuing month and year of your green card. *Spouses with a green card for less than 3 years are not eligible for this overseas interview.

We will share your information with the USCIS Guam Field Office, so that they can contact you when an interview/oath is scheduled.
RLSO WESTERN PACIFIC USCIS Update
Naturalization Oath/Interviews while in U.S.

USCIS is offering expedited naturalization interviews/oaths for eligible OCONUS members and dependents with pending citizenship applications that are traveling to the U.S.

To request an expedited oath/interview, applicants must contact USCIS at:

- MilitaryInfo@uscis.dhs.gov; or
- 1-877-CIS-4MIL (1-877-247-4645) [Hours: M-F 0800-1600 CST / 2300-0700 JST]

For assistance with naturalization or other legal services, please contact your local legal assistance office at:

- Yokosuka: YokosukaLegalAssistance@fe.navy.mil;
- Sasebo: SaseboLegalAssistance@fe.navy.mil; or
- Guam: GuamLegalAssistance@fe.navy.mil
Yokosuka Friendship Day

SUNDAY, OCTOBER 16
10 A.M. - 6:30 P.M.

YOKOSUKA KAIKOKU FIREWORKS FESTIVAL @ 5:45 P.M.
- Ships Visit
- Live Music • Car Show
- Food & Beverages
- Carnival Games • Train Rides
- Fire Department Static Display

Event Subject to Change
Scan Here For A Full List Of Events

For more information, please call 646-816-5215 or 243-5215.
Carnival Games • Vendor Booths

**Carnival Games**

Great for kids, carnival games, prize rides, magicians, and much more! (Age limit 3.12)

Please purchase a ticket before playing. Tickets cost varies depending on activity.

(1) Ticket: $1 / ¥140

**Vendor Booths**

Come out and support local commanders and associations at their booths. They will be providing various foods, non-alcoholic beverages, and different merchandise.

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**Ship’s Visit Precautions**

- No Games Using Smart Phone on the Water, Pier and Onboard the Ship
- Visitors Who Are Unable to Walk Without Assistance (Including Small Children) MAY NOT Come Aboard.
- No Hand Carried Babies
- No Pregnant Women Onboard
- Keep Children Close
- No High-Heeled Shoes
- No Strollers. No Kimono
- No Over-Sized Bags. (Like a duffle bag or luggage-type bag).
- Do Not Leave Baggage Unattended!
- Photos are OK!
- Stay on the tour path. Keep moving!
- No Restroom on the Ship
- No Smoking. Food or Drinks Allowed on the Ship
- Please Watch Your Step. Hold Onto Handrails during the Ship Tour.
- Please Don’t Run on the Ship to Avoid Falling.
- Enjoy Your Time on Our Ship!
Parking / Road Closures

Designated Event
Road Closures
Start: 16 Oct at 0800
End: 16 Oct at 2200

There will be multiple road and parking lot closures in support of Yokosuka Friendship Day 2022.

- Parking Lot Closures
  - Benny Decker Theater
    - START: 12 Oct @ 23:59
    - END: 17 Oct @ 1:00
  - NMRTC
    - START: 12 Oct @ 23:59
    - END: 17 Oct @ 1:00
  - Marina
    - START: 12 Oct @ 23:59
    - END: 17 Oct @ 1:00
  - Bowling Alley
    - START: 12 Oct @ 23:59
    - END: 17 Oct @ 1:00
  - PSD
    - START: 12 Oct @ 23:59
    - END: 16 Oct @ 2:00

All roads designated for the event will be secured on 16 OCT 22 from 0800 to 2200.

Legend
- Closed Road
- Closed Parking
- Barriers
Parking / Road Closures

Designated Event
Road Closures
Start: 16 Oct at 0800
End: 16 Oct at 2200

Legend
- Closed Road
- Closed Parking
- Barriers

There will be multiple road and parking lot closures in support of Yokosuka Flicker Day 2022.

Parking Lot Closures

Post Office
START: 12 OCT @ 23:59
END: 17 OCT @ 2200

Berkey Field Gazebo
LJ
START: 12 OCT @ 23:59
END: 17 OCT @ 2200

Berkey Field Gazebo
LJ
START: 14 OCT @ 23:59
END: 17 OCT @ 1700

Purdy Gym
START: 14 OCT @ 23:59
END: 16 OCT @ 2200

Berkey Field Parking
START: 15 OCT @ 23:59
END: 17 OCT @ 1700

All roads designated for the event will be secured on 16 OCT 234 from 0800 to 2200.
Walking Path for Ship visit

Security to control walking traffic at checkpoints
The following parking lots will be secured in support of Yokosuka Friendship Day on Oct. 16

<table>
<thead>
<tr>
<th>Location</th>
<th>Close</th>
<th>Open</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSD / Community Bank</td>
<td>Oct. 12 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Bowling Center</td>
<td>Oct. 12 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>CFAY Galley</td>
<td>Oct. 12 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Benny Decker Theater</td>
<td>Oct. 12 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>NMCRS Thrift Store</td>
<td>Oct. 12 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Kosan Park / McDonalds</td>
<td>Oct. 12 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Berkeley Gazebo 5, 6, 7 &amp; 8</td>
<td>Oct. 13 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Purdy Fitness Center</td>
<td>Oct. 14 @ 11:59 p.m.</td>
<td>Oct. 16 @ 10 p.m.</td>
</tr>
<tr>
<td>NFCU Parking</td>
<td>Oct. 14 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>PSD (Green Bay Marina Area)</td>
<td>Oct. 14 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Berkeley Gazebo 1, 2, 3, &amp; 4</td>
<td>Oct. 15 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Thew Gym Field</td>
<td>Oct. 15 @ 11:59 p.m.</td>
<td>Oct. 17 @ 5 p.m.</td>
</tr>
<tr>
<td>Teen Center</td>
<td>Oct. 15 @ 11:59 p.m.</td>
<td>Oct. 16 @ 10 p.m.</td>
</tr>
</tbody>
</table>

We appreciate your cooperation and support for this base event.

In support of the Yokosuka Friendship Day Event and Base Security requirements the:

Main Street Food Court Bldg. G59 will close at 1745hrs on Sunday 16 October 2022.

Other dining options are available at: Main Store Food Court Bldg. H20 until 1900hrs and Taco Bell until 2100hrs.

Thank you for your understanding and cooperation.
Child Development Home (CDH)

**CHILDCARE OPTIONS**

Option 1: **Full-time Care**
- Apply to the waitlist at MilitaryChildcare.com

Option 2: **Extended Care**
- Subsidized for essential work during non-traditional hours
- Apply to the waitlist at MilitaryChildcare.com

Option 3: **Hourly Care**
- For daytime, evenings and weekends
- Email the CDH office at MWR_YOKOSUKA_FCC@fe.navy.mil

For more information:
- 3630 Hub Rd. Bldg. H12
- 3630-426-9626 (call)
- 221-2978 (DSN)

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**HONORING OUR FEARLESS WARRIORS**

**Kellie Pickler**

**FLEET THEATER**

Saturday, November 12 @ 6 p.m.

For details call 243-5215
Saturday Brunch

9 a.m. - 2 p.m. • CPO Club
For more information, please call 243-5506. $19.95

New

Steak Night
Every Friday • 5 - 8 p.m. • Officers’ Club
Kosano Dining Room • Open to All Hands

Your choice of steak, hand-cut to your preferred thickness, cooked the way you want, and grilled to perfection. It comes with all-you-can-eat salad, baked potato, and dessert. The price is based on the weight of the steak.

243-5624/5002
Prime Rib Night
Every Thursday • 5 - 9 p.m. • Italian Gardens • $20 / person

Enjoy our delicious prime rib, slow cooked to perfection and served with a baked potato, veggies, salad, and iced tea or soft drink. For more information, please call 241-3786 or 243-5985.

Pasta Night
Every Wednesday • 5 - 9 p.m. • Italian Gardens

Enjoy delicious pasta with a side salad (your choice of dressing) garlic bread, iced tea, or a soft drink. For more information, please call 241-3786 or 243-5985.
The Yosokura Community Center, located on Yosokura Navy Base, is seeking an experienced, motivated, bright and exciting music teacher to offer instruction in music classes for all instruments to both kids and adults. Classes are conducted Monday – Friday from 10 a.m. – 6 p.m. Class fees proposed by selected teacher will be per student and negotiated with Community Center.

If you’re interested, please send an email to MWR_Yosokura_COMMCTR@navy.mil and Tommie Daniels at tommie.daniels@navy.mil. We are looking forward to reading your application.

For more information regarding teaching at the Yosokura Community Center, please email with your inquiry or call (046) 886-4111 or (046) 816-6713.

OUCI-JUKU

OUCI-JUKU is an old post town famous for the numerous traditional ”inuyashiki” buildings which houses a variety of shops, restaurants and minshuku (small traditional Japanese hotel). Stone roads and lovely caught fish roasted on sticks are popular specialties.

GOSHIKINUMA

GOSHIKINUMA is a five-colored ponds. Escape the hustle and bustle of everyday life. On the Goshikinuma Nature Trail, you can be thrilled by the ponds that have different shades of color. Three natural colors were made by the severe eruptions of Mt. Bandai in 1868, a natural gift.
Youth Sports & Fitness

5K ZOMBIE RUN

October 28
Purdy Pavilion
5 p.m.

Ages 5 - 18
Registration Dates: Oct. 6 - 21.

Children must have a current packet with us or fill out the Special Events Registration Form to be able to register.

Go to www.navysports.jpmsmc.com, Youth Sports page, for the Special Events Registration Form and the Youth Sports office to pick up the form. Please send the completed forms to Mail, Yokosuka, YouthSportsJpmsmc.com.

Sign-ups will only be made online at https://mykmynavysports.com/yokosuka.jsp
Registration will open at 10 a.m., Oct. 6.

Volunteers are needed! Run course will be around Purdy Track. Parents are welcome to join their kids during the race.

For more information, please call 241-3252.

bowling pin decorating contest

Yokosuka Bowling Center is hosting a Bowling Pin Decorating Contest during the month of October! Parents can pick up their pins starting October 1.

Decorated pins must be received by October 25 for judging. Winners will be announced on October 28, along with 1 hour of free bowling for participants from 4:30-5:30 p.m.

One winner is guaranteed to come from the 5 and under age group.

For more information, please call 243-4200
ATTENTION CUSTOMERS

GREEN BAY MARINA
With the fall season upon us, we will be adjusting our hours of operation to account for the early sunset.
Effective date is October 16.
Thursday - Monday
8 a.m. - 5 p.m.
Tuesday & Wednesday
Closed
For more information please call the Green Bay Marina at 243-4155.

YOKOSUKA TEEN CENTER

Halloween Events
Sat., Oct. 29 • 5 - 7 p.m.
• Haunted House • Halloween Movie “Beetlejuice”
• Escape Room hosted by the Keystone Club (max of 10 people per round)

Scan here to get registration forms to join the Teen Center!

Free Food! Must be registered with the Teen Center. (Ages 13–18)
For more information please call the Teen Center at 641-4068
Hawaiian Lunch Buffet

Friday, October 21 • Officers’ Club
Kosano Dining Room • 11 a.m. – 2 p.m.

Enjoy an all-you-can-eat Hawaiian buffet featuring kalua pork, huli-huli chicken, coconut sweet potato, haupia and more. For more information, please call 243-5002/5624.

Open to all hands

ROBOTICS FOR KIDS
Ages 7 - 12 years old • $90 monthly

The robotics course is designed for kids to learn how to build and program various robots and future technology vehicles and machines. Classes will include supplies and each class will be two hours a week for four weeks.

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>MAX STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>WEDNESDAY</td>
<td>3:15 - 5:15 P.M.</td>
<td>20 STUDENTS</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>3:15 - 5:15 P.M.</td>
<td>20 STUDENTS</td>
</tr>
</tbody>
</table>

This program follows a specific curriculum. Please be advised that once your student enrolls and starts the session for the month, we will not be able to change the student’s schedule until the next registration.

For more information, please contact the Yokosuka Community Center at 241-4111 or 046-696-4111.
2022 Holiday Shipping Dates for Military Mail
Recommend send-by dates for expected delivery before December 25

<table>
<thead>
<tr>
<th>Addressed To and From</th>
<th>USPS Retail Ground Service</th>
<th>First-Class Mail Service</th>
<th>Priority Mail Service</th>
<th>Priority Mail Express Military Service (PMEMS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>APO/FPO/DPO AE ZIPs 090-092</td>
<td>Nov. 5</td>
<td>Dec. 9</td>
<td>Dec. 9</td>
<td>Dec. 16</td>
</tr>
<tr>
<td>APO/FPO/DPO AE ZIPs 093</td>
<td>Nov. 5</td>
<td>Dec. 9</td>
<td>Dec. 9</td>
<td>N/A</td>
</tr>
<tr>
<td>APO/FPO/DPO AE ZIPs 094-099</td>
<td>Nov. 5</td>
<td>Dec. 9</td>
<td>Dec. 9</td>
<td>Dec. 16</td>
</tr>
<tr>
<td>APO/FPO/DPO AE ZIPs 340</td>
<td>Nov. 5</td>
<td>Dec. 9</td>
<td>Dec. 9</td>
<td>Dec. 16</td>
</tr>
<tr>
<td>APO/FPO/DPO AE ZIPs 962-966</td>
<td>Nov. 5</td>
<td>Dec. 9</td>
<td>Dec. 9</td>
<td>Dec. 16</td>
</tr>
</tbody>
</table>

PMEMS is available to selected military/diplomatic Post Offices. Check with your local Post Office to determine if this service is available to an APO/FPO/DPO address.
To Our Valued Customers,

Effective 02 OCT 2022 through 22 JAN 2023, USPS is initiating a temporary rate increase. The increases for Priority Mail (PM), Priority Mail Express (PME), Parcel Select Ground, USPS Retail Ground are as follows:

- $0.95 increase for PM and PME Flat Rate Boxes and Envelopes
- $0.30 increase for Zones 1-4, 0-10 lbs.
- $1.00 increase for Zones 5-9, 0-10 lbs.
- $0.95 increase for Zones 1-4, 11-20 lbs.
- $3.20 increase for Zones 5-9, 11-20lbs.
- $3.25 increase for Zones 1-4, 21-70 lbs.
- $6.45 increase for Zones 5-9, 21-70 lbs.

*Note: Zones 1-4: Between 1-600 Miles Shipping Distance / Zones 5-9: Between 601-1801 Miles or Greater.

If you have any questions, please do not hesitate to contact the Yokosuka Post Office, call 243-5486 or send an email to YOKOSUKAPOSTOFFICE@FE.NAVY.MIL.

Very Respectfully,
Postal Manager
To Our Valued Customers,

To avoid Global Trade Compliance (GTC) holds and delaying of your mailed packages, please follow the below United States Postal Investigative Service (USPIS) guidance:

To alleviate GTC holds, please ensure that customers are very descriptive when listing items on the customs form. For example (2 shirts, 1 pants, 5 bars of soap, etc.).

Listed below are the common "vague descriptions" and non-mailable items identified by USPIS that has created numerous GTC holds.


If you have any questions, please do not hesitate to contact the Yokosuka Post Office, call 243-5486 or send an email to YOKOSUKAPOSTOFFICE@FE.NAVY.MIL.

Very Respectfully,
Postal Manager
General Information

All walk-in pay, personnel, and transportation services are SUSPENDED INDEFINITELY

***CUSTOMERS, CPPAs, etc. – DO NOT WALK INTO PSD “BACK OFFICE” SPACES***

- Customers must utilize their CPPAs, and CPPAs must utilize distro emails and/or TOPS when reaching out for assistance
- PSD Yokosuka is undergoing major internal re-organization, office moves, and process changes in preparation for our transition into Transaction Service Center Far East (TSC Far East). Many of our phone lines will go unanswered and will eventually be disconnected indefinitely.

The only remaining “in person” services available are:

- ID Lab
- Special issuance (No-Fee) Passports
- Cash Cage (Tuesday, Wednesday, Friday, 0900-1100)
Effective 1 SEPT 22

Due to severe manning reductions, the Government Passport Office will temporarily suspend acceptance of passport/visa applications.

Customers requiring passport/visa assistance are directed to the Atsugi or Yokota passport offices.

Atsugi Passport Office:
M-AT-PSD-PASSPORTS@FE.NAVY.MIL
M-AT-PSD-PASSPORTS@OCONUS.NAVY.MIL

Yokota Passport Office:
DSN: (315) 225-8651

For passport pick up please email M-YO-PSDPASSPORT@FE.NAVY.MIL for an appointment.

Multiple entry/re-entry stamps will be available at the Government Passport Office Tuesday/Wednesday/Thursday from 0830 – 1100.
NAVPTO & SATO

- NAVPTO & SATO no longer accept walk-in customers. All walk-in services have been suspended indefinitely.

- Customers must work through your CPPA for all official travel needs.

- SATO Travel is available by phone: Monday-Friday from 0800-1600 at 0066-3381-2323, 046-820-2761, or 855-386-5180.

- All flight submissions are required NLT 1200 each Thursday.
Minor applicant 0-16 years old

- Both parents must be present at the appointment
  - If one parent/guardian cannot be present, provide:
    - DS-3053
      - Original notarized form signed by the non-present parent
      - Front and back copy of the non-present parent’s CAC

- Apply in person
- Provide:
  - Original Birth Certificate NOT the Hospital Birth Certificate
    - Child born in Japan
      - Original Consular Report of Birth Abroad (CRBA)
      - Letter of Dependency
  - DS-11
  - Two 2 x 2 passport photos
  - DD-1056
  - PCS Orders
  - Front and back copy of both parents CAC
PSD Yokosuka Passport Office
FAQs

¿ Is Power of Attorney (POA) paperwork required?
 ✓ POA is **not required** for any passport services.

¿ Does the sponsor need to be present to obtain a multiple entry stamp?
 ✓ **No.** Adult dependents must bring PCS orders, Family Entry Approval, or Letter of Dependency when applicable.

¿ Does the sponsor need to be present for a spouse applying for a passport?
 ✓ **No.** Applicant/spouse may apply alone.

¿ Can a newborn without SSN apply for a No-fee passport?
 ✓ **Yes.** Though it may delay processing. A parent must fill out a “SSN Declaration-Minor form” as part of the application package.
Can I submit scanned copy of DS-3053?
✓ No. Only the original and notarized form is accepted.

Do you accept tourist passport applications?

Are dependent(s) passport pick-ups limited to sponsors only?
✓ No. The spouse may pickup for the whole family.

Do we need a No-fee passport for PCS to the US?
✓ No. PCS CONUS may conduct travel with a tourist passport.
FULL ID LAB SERVICES ARE AVAILABLE FOR ALL PERSONNEL / BENEFICIARIES

• All services are by appointment only except PIN resets, replacement of expired ID cards, and lost identification cards.

• Online appointment availability has been updated and appointments are available at: https://idco.dmdc.osd.mil/idco/locator
  1. Click "Continue" in the Site Locator & Appointments Box
  2. Type Yokosuka in the "Show Locations Near" section
  3. Select "More Info "Yokosuka Naval Complex, Japan"

• For any emergency situation or services, you may send an email to: M-YO-PSDIDSECTION@FE.NAVY.MIL

• If you have any other questions, please go to www.cac.mil
## PSYokosuka ID Lab
### Additional Info

<table>
<thead>
<tr>
<th>APPOINTMENTS:</th>
<th>DD FORM 1172:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Customers with appointments are given priority.</td>
<td>If accompanied by the military member sponsor, the DD Form 1172 can be generated in the ID Card Department. If the military member sponsor cannot accompany the dependent, a DD Form 1172 can be created one of two ways:</td>
</tr>
<tr>
<td>To schedule an appointment, please visit: <a href="https://idoc.dmde.osd.mil/ido/">https://idoc.dmde.osd.mil/ido/</a></td>
<td>1) Online from a CAC-enabled computer at the following website: <a href="https://idoc.dmde.osd.mil/ido/">https://idoc.dmde.osd.mil/ido/</a></td>
</tr>
<tr>
<td>WALK-INS:</td>
<td>2) By the SMS or VO at the member’s command, who may email the completed form via encrypted email to PSY ID Card Department at: M Y <a href="mailto:O-PSYDIDSaction@fd.navy.mil">O-PSYDIDSaction@fd.navy.mil</a></td>
</tr>
<tr>
<td>Walk-in Time: 0800-1500 Wait times vary and walk-in times may be shortened without advanced notice based on the amount of customers signed in for the day.</td>
<td></td>
</tr>
<tr>
<td>RENEWALS:</td>
<td>DEERS ENROLLMENT:</td>
</tr>
<tr>
<td>Common Access Cards (CACs) may be renewed within 90 days of expiration.</td>
<td>Sponsor:</td>
</tr>
<tr>
<td>Dependent ID cards may be renewed within 30 days of expiration. Note: For every issuance/reissuance of a dependent ID card, a DD Form 1172 is required.</td>
<td>Original Marriage Certificate</td>
</tr>
<tr>
<td>LOST CAC/Dependent ID’S</td>
<td>Social Security Card (US Resident/Citizen)</td>
</tr>
<tr>
<td>Lost Report from Base Security and Two forms of identification. (DoDM 1000.15-M-V1, paragraph 5 e (3))</td>
<td>Child/ New born child:</td>
</tr>
<tr>
<td><strong>DEPENDENTS OF DOD CITIZENS/CONTRACTORS MUST OBTAIN THEIR DD FORM 1172 FROM THEIR RESPECTIVE BRI/ADMIN</strong></td>
<td>Original birth certificate, Certificate of Birth Abroad or Certification of Report of Birth</td>
</tr>
<tr>
<td>Foreign Documentation: All foreign documents MUST have a certified English translation, an Apostille or Consular certification. (BUYERS INST. 1750.10C, Attach 5 Notes 7.3.1)</td>
<td>Social Security Number</td>
</tr>
<tr>
<td>DEPENDENCY:**</td>
<td>Step-child:</td>
</tr>
<tr>
<td><strong>Note: Civilian Contractors and NAF Employees will also require a LOE, ILOA, LOI, or Orders, if you are Emergency Essential Personnel we will need DD Form 2365 and DD Form 1172-2 stated in remarks DF-GE/EZ status.</strong></td>
<td>Birth Certificate</td>
</tr>
</tbody>
</table>

### ACCEPTABLE FORMS OF ID: (RAPIDS requires two forms of ID)

<table>
<thead>
<tr>
<th>PRIMARY:</th>
</tr>
</thead>
<tbody>
<tr>
<td>U.S. Passport or a U.S. Passport Card</td>
</tr>
<tr>
<td>Permanent Resident Card or an Alien Registration Receipt Card (Form I-551)</td>
</tr>
<tr>
<td>Foreign Passport</td>
</tr>
<tr>
<td>Driver’s license</td>
</tr>
<tr>
<td>ID card issued by federal/state with photo</td>
</tr>
<tr>
<td>U.S. Military ID card</td>
</tr>
<tr>
<td>U.S. Military dependent’s ID card</td>
</tr>
<tr>
<td>Personal Identity Verification (PIV) card</td>
</tr>
</tbody>
</table>

#### SECONDARY:

| U.S. Social Security Card |
| Original or certified copy of birth certificate |
| Certificate of Birth Abroad or Certification of Report of Birth |
| Voter’s registration card |
| Certificate of U.S. Citizenship (Form N-560 or N-561) |
| Certificate of Naturalization (Form N-550 or N-550B) |
| U.S. Citizen ID Card (Form L-187) |
Email Distro Lists

- M-YO-PSDADMIN@FE.NAVY.MIL
- M-YO-PSDCPPA@FE.NAVY.MIL
- M-YO-PSDSESO@FE.NAVY.MIL
- M-YO-PSDIDSECTION@FE.NAVY.MIL
- M-YO-PSDNAVPTO@FE.NAVY.MIL
- M-YO-PSDPASSPORT@FE.NAVY.MIL
- M-YO-PSD-TEAM1A-F@FE.NAVY.MIL
- M-YO-PSD-TEAM2G-L@FE.NAVY.MIL
- M-YO-PSD-TEAM3M-RU@FE.NAVY.MIL
- M-YO-PSD-TEAM4S-TV-Z@FE.NAVY.MIL
Fall 2022 HVAC Changeover

In support of Navy/National Energy policies and completion of preventative maintenance, Fleet Activities Yokosuka maintains an HVAC changeover period as follows:

- Cooling shutoff: No sooner than 20 October
- Heating turn-on: No later than 23 November
- Expect four weeks of no heating/cooling.
- AC turn-off/Heating turn-on order of operations:

<table>
<thead>
<tr>
<th>Time</th>
<th>Cooling</th>
<th>PMs</th>
<th>Heating</th>
</tr>
</thead>
<tbody>
<tr>
<td>4th</td>
<td>Industrial</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3rd</td>
<td>Office Areas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2nd</td>
<td>Common Areas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1st</td>
<td>Living Areas</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Users are advised to open doors and windows as needed and to use natural ventilation to the maximum extent possible.
- If you have a user controlled unit in your space, you are required by CNIC policy and COMFLEACTYOKOSUKAINST 11300.2H to secure your heating at the time period listed above.
- Dates are estimates in anticipation of average weather and may vary slightly due to actual weather conditions and/or PMI schedule availability.
- For Facility Services, dial DSN 243-5555 or COMM 046-816-5555.
Closure Periods
08 – 29 October

Partial road closure, Will maintain two lanes of traffic
Closure Periods
Less than 10 days from 22 Aug to 31 Oct, 0900 - 1500
Nimitz Blvd - Partial Road and Full Sidewalk Closure Phase 2

Closure Periods
Less than 5 days from 22 Aug to 31 Oct
TRICARE ONLINE (TOL) PATIENT PORTAL FOR APPOINTMENTS

TIRED OF WAITING ON THE PHONE?

Enrolled TRICARE Beneficiaries can schedule, change, and cancel appointments through the TRICARE Online (TOL) Patient Portal at www.TRICAREOnline.com

Please see the attached instructional pages on how to manage your appointments online today.

NMRTC YOKOSUKA
MEDICALLY READY FORCE. READY MEDICAL FORCE.
### 2022-2023 Seasonal Influenza Vaccinations

**CFAY/Tenant Commands (Active Duty Only)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 Oct-19 Oct</td>
<td>0800-1600</td>
<td>Fleet Rec Gym</td>
</tr>
<tr>
<td>20 Oct-21 Oct</td>
<td>0700-1600</td>
<td>4th Deck</td>
</tr>
</tbody>
</table>

**Notice About Immunizations**

Everyone must present DOD ID card to receive influenza vaccine.

Safe for egg allergies.

**Note:** Flu shots will only be available at scheduled SHOTEX events throughout the flu campaign period. No flu shot availability at immunizations clinic.

**NMRTC Yokosuka**

Here to serve with care.
# 2022-2023 Seasonal Influenza Vaccinations

**Authorized USMRTC Yokosuka Beneficiaries**

**Active-Duty Family Members, Retirees/Civilians/Contractors & Their Family Members**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>24 Oct</td>
<td>Mon-Thurs</td>
<td>Fleet Rec Gym</td>
</tr>
<tr>
<td>25 Oct</td>
<td></td>
<td>4th Deck</td>
</tr>
<tr>
<td>26 Oct</td>
<td>1400-1900</td>
<td></td>
</tr>
<tr>
<td>27 Oct</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Retirees/Remaining</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>28 Oct</td>
<td>Fri 0800-1600</td>
<td>E22 Foyer*</td>
</tr>
<tr>
<td>29 Oct</td>
<td>Sat 0800-1200</td>
<td>CRC 2nd Deck Auditorium*</td>
</tr>
<tr>
<td>31 Oct</td>
<td>Mon 1400-1900</td>
<td></td>
</tr>
<tr>
<td>1 Nov</td>
<td>Tues 1400-1900</td>
<td>Fleet Rec Gym</td>
</tr>
<tr>
<td>2 Nov</td>
<td>Wed 0800-1300</td>
<td>4th Deck</td>
</tr>
</tbody>
</table>

**Notice About Immunizations**

Everyone must present DOD ID card to receive influenza vaccine. Safe for egg allergies. Children under 18 must have a parent or guardian present.

**Note:** Flu shots will only be available at scheduled shotex events throughout the flu campaign period. No flu shot availability at immunizations clinic.

**NMRTC Yokosuka**

Here to serve with care.
2022-2023 SEASONAL INFLUENZA VACCINATIONS
AUTHORIZED USMRTC YOKOSUKA BENEFICIARIES

ACTIVE-DUTY FAMILY MEMBERS, RETIREES/CIVILIANS/CONTRACTORS & THEIR FAMILY MEMBERS

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-4 Nov</td>
<td>Thurs-Fri</td>
<td>Ikego</td>
</tr>
<tr>
<td></td>
<td>1500 - 1900</td>
<td>Nikko Tower</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Multi-purpose Room</td>
</tr>
<tr>
<td>5 Nov</td>
<td>Sat 0800-1300</td>
<td>Ikego</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Nikko Tower</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Multi-purpose Room</td>
</tr>
</tbody>
</table>

NOTICE ABOUT IMMUNIZATIONS
EVERYONE MUST PRESENT DOD ID CARD TO RECEIVE INFLUENZA VACCINE
SAFE FOR EGG ALLERGIES
CHILDREN UNDER 18 MUST HAVE A PARENT OR GUARDIAN PRESENT

NOTE: FLU SHOTS WILL ONLY BE AVAILABLE AT SCHEDULED SHOTEX EVENTS THROUGHOUT THE FLU CAMPAIGN PERIOD
NO FLU SHOT AVAILABILITY AT IMMUNIZATIONS CLINIC.

NMRTC YOKOSUKA
HERE TO SERVE WITH CARE
REMAIN UP-TO-DATE* IN THE FIGHT AGAINST COVID-19!

Bivalent COVID-19 Boosters available NOW!
Available by appointment only in Immunization Clinic.
Call 243-5352 to schedule.

- The new COVID-19 booster shot is a bivalent formulation with added protection against Omicron variant.

- Available for anyone 12 years of age or older who:
  has completed their primary COVID-19 series AND it has been at least 2 months since their last COVID-19 shot (primary series or booster), regardless of brand.

***People who recently had SARS-CoV-2 infection may consider delaying a primary series dose or booster dose by 3 months from symptom onset or positive test (if infection was asymptomatic).***

*CDC considers a person up-to-date after they have received the bivalent booster shot.
PATIENT ADVISORY

PRE-TRAVEL COVID TESTING UPDATE

Effective 01 Oct 2022, COVID-19 pre-travel test site will be CLOSED on Saturdays.

Pre-travel COVID testing hours

Monday-Friday, 0800-1500
Bldg E22, 1st deck, Epi/Travel Medicine Clinic
Walk-in for Asymptomatic Patients ONLY
COVID Home Test Kits for TRICARE beneficiaries will also be available for pick-up at this location

Note:
Several countries within the AOR have removed pre-travel testing requirements for fully vaccinated and boosted individuals.
Special circumstances which may require weekend testing for official/mission essential travel can be addressed on a case-by-case basis.
COVID-19 vaccination services are available at the Immunizations Clinic by appointment only during regular clinic hours. Please call DSN 243-5352 or 046-816-5352 to schedule an appointment.

Immunization appointments are now open Monday-Friday for all age groups.

<table>
<thead>
<tr>
<th>Recipient Age</th>
<th>Product</th>
<th>Eligibility Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 5-11</td>
<td>Pfizer Booster</td>
<td>5 months from 2nd dose</td>
</tr>
<tr>
<td>Age 12+</td>
<td>Booster Doses</td>
<td>5 months from 2nd dose of Pfizer or Moderna; 2 months from single does of Janssen (J&amp;J)</td>
</tr>
<tr>
<td>Age 12+</td>
<td>Fourth Doses</td>
<td>4 months from 3rd dose of Pfizer or Moderna AND diagnosed by a provider with immune compromised condition</td>
</tr>
<tr>
<td>Age 50+</td>
<td>Fourth Doses</td>
<td>4 months from 3rd dose of Pfizer or Moderna and desire additional protection</td>
</tr>
</tbody>
</table>

As a reminder, please bring your CDC vaccination cards when receiving booster doses.
PATIENT ADVISORY

UPDATES TO COVID-19 RECOVERY LETTER PROCESS

Effective immediately, the USNH Yokosuka public health team will provide recovery letters for those with positive self-test results taken at home, without the need for confirmatory medical testing.

Recovery letters are no longer needed for travel to the US, but can typically be used in lieu of testing to board planes when traveling back to Japan (will still be required by Japanese officials to test on arrival at Japanese commercial airports). For travel to other countries, the requirements for each individual country must be followed.

For travel within 90 days of testing positive, email the Preventive Medicine team at usn.yokosuka.nvhsy.yokosuka.ja.mesq.usnh-yokosuka-preventive-med@mail.mil to request a recovery letter.
Please provide your full name, date of birth, DODID number, and date of positive test.
You must have a validated/previous reported positive result and be cleared from isolation to obtain a recovery letter.

Reminder: Per CNFJ policy, all positive self-test results must be reported to the sponsoring command. The COVID POC at each command should then report this result to installation public health officials. Each command manages contact tracing and the release timeline from isolation for their own personnel. New COVID positives will conduct isolation for a minimum of 5 days from symptom onset (or date of testing if asymptomatic), but are restricted to the installation for 7 days and restricted from travel and the use of public transportation for 10 days.