# & YOUTH PROGRAMS



## Practice Days and Times\*

League Sports/Cheerleading: Practices will be Mondays & Wednesdays or Tuesdays & Thursdays for an hour between 4 - 7 p.m. Start Smart: Practices will be Mondays or Wednesdays for Yokosuka and Tuesdays or Thursdays for Ikego for an hour between 4 - 5 p.m. Run Clubs: Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4:30 - 5:30 p.m. \* Calendar information, programs, dates, aging date, and cost are subject to change.

## Steps to Register for Youth Sports Activities and Programs:

- (1) Complete a Navy Child & Youth Program Registration Packet:
- www.navymwryokosuka.com
- (2) Complete a PAYS orientation training Link to PAYS training: https://www.nays.org/yokosuka-fleet-activities

- (3) Email forms and PAYS Certification to: CFAYYOUTHSPORTS@us.navy.mil
- (4) Login information to sign-up for our sports activities will be given through email once forms are reviewed and verified.
- (5) Registration Link: https://myffr.navyaims.com/yokosukacyp.html Forms can be picked up and/or dropped off at our Youth Sports Office from 10 a.m. - 5:30 p.m.

#### Volunteer Coaches

Our Youth Sports Program is always looking for volunteer coaches. They are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. If you are interested in coaching, please email us at

### CFAYYOUTHSPORTS@us.navy.mil.

Find us on Facebook @ www.facebook.com/cfay.cyp











