

BLENDZ Smoothies

NOW AVAILABLE IN 16OZ & 24OZ

Meal Replacers

High Protein

PB CHOCOLATE LOVE

\$8.25 | \$12

Banana, Peanut Butter,
Chocolate Whey Protein:

16oz - 30g | 24oz - 45g

MONKEY BUSINESS

\$9 | \$13

Banana, Almonds,
Vanilla Whey Protein:

16oz - 28g | 24oz - 42g

ALOHA

\$8.25 | \$12

Pineapple, Almonds,
Vanilla Whey Protein:

16oz - 27g | 24oz - 40g

PB&J

\$7 | \$9.5

Strawberry, Banana, Peanut Butter,
Vanilla Whey Protein:

16oz - 30g | 24oz - 45g

Bulk it Up - \$2.5

1 Scoop

VANILLA WHEY PROTEIN 19g Protein

CHOCOLATE WHEY PROTEIN 20g Protein

PLANT-BASED PROTEIN 20g Protein

CREATINE 5g

Go Nuts - \$1.5

SUNFLOWER SEEDS

PEANUT BUTTER

ALMONDS

FLAX SEED



SCAN QR CODE
FOR MORE INFO

NUTRITIONAL INFORMATION AND HOURS

Copyright © 2026 OLM Food Solutions. All Rights Reserved. Printed in the U.S.A.
07152026 | Yokosuka

BLENDZ Smoothies

NOW AVAILABLE IN 16OZ & 24OZ



Refreshers

16oz - \$6 | 24oz - \$7.5

CARIBBEAN SURF

Strawberry, Mango,
Banana, Turbinado

TROPICAL PARADISE

Pineapple, Mango, Banana

STRAWBERRY BANANA ANGEL

Strawberry, Banana, Almond Milk,
Turbinado

HANG TEN

Strawberry, Mango, Peach,
Turbinado

BERRY BLENDZ

Four Berry, Banana, Plain Greek
Yogurt, Honey

PEACH SLICE

Peach, Pear, Apricot, Turbinado

Keep it Light

16oz - \$7 | 24oz - \$9.5

LEAN STRAWBERRY

Strawberry, Vanilla
Whey Protein

CHOCOLATE TRIM

Banana, Chocolate
Whey Protein

MANGO TANGO

Mango, Strawberry, Vanilla
Whey Protein

LEAN PEACH

Peach, Pear, Apricot, Vanilla
Whey Protein

Fitness

16oz - \$7 | 24oz - \$9.5

GOING GREEN

Pineapple, Peach,
Spinach, Ginger

WILD STRAWBERRY PEACH

Strawberry, Peaches, Flax,
Plant-Based Protein, Turbinado

STRAWBERRY BANANA WHIRL

Strawberry, Banana, Plant-Based
Protein, Almond Milk, Turbinado

