

## My Weekly 週刊 A

April 12, 2024

## This Week at Fleet Activities Yokosuka



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## AROUND CFAY



## **CFAY Wraps Up Road Tax Campaign**

Story by James Kimber, photos by MC2 Conner Houghtaling, CFAY Public Affairs

ommander, Fleet Activities Yokosuka, or CFAY, wrapped up the 2024 Road Tax Campaign April 11 in the late afternoon.

The annual event was scheduled for four days over two different campaign periods at the installation's Fleet Theater.

Saury Sawada, CFAY Security's Vehicle Registration Office supervisory administrative specialist, said local tax officials visited the base and worked with CFAY



Sailors and community members onboard Commander, Fleet Activities Yokosuka (CFAY) participate in the courtesy on-base road tax campaign hosted by CFAY's Security Department at the Fleet Theater. This event provides an easy and simple one-stop tax payment service for car and motorcycle owners.

Security officials. This service makes it easy for many SOFA-members to pay the tax and verify all other vehicle ownership documentation in a convenient, one-stop shop and free of language barriers.

"We assist about 300 families per day here," Sawada said. "So about 1,200 families in total."

Sailors and families who couldn't attend the campaign can still pay this year's Road Tax, but the process must be completed off base before the May 31 deadline. Fortunately, City of Yokosuka officials have streamlined the process as efficiently as possible and provided signs in English.

Fire Controlman 1st Class Roberto Ruvalcaba of CFAY Security's Visitor Control Center was the event's petty officer in charge and has already helped several Sailors complete their vehicle's documentation.

"If you own a yellow plate mini-car or motorcycle, you will need to go to Yokosuka City Hall. Regular white plate vehicles, like the 300 and 500 series plates, will need to pay at the city tax office," Ruvalcaba said.

The tax office Ruvalcaba is referring to is the Kanagawa Prefectural Yokosuka Tax Office. The building is located on a small street off National Route 16 in Hinode-cho and offers free parking. Yokosuka City Hall also provides free parking in their attached garage, though visitors will need to ask for their parking be validated by staff.

"Please remember to bring cash and pay the tax in the exact amount," Ruvalcaba said of both locations. "The staff can't make change and can't accept overpayment."

Once the tax is paid, the city official will provide a receipt. The receipt is a vehicle owner's proof that the tax was paid, so it's a best practice to keep the receipt with the vehicle's title.

"Then just bring the Road Tax receipt, your vehicle's documents, and ID to VRO to get a new USFJ [or United States Forces Japan] decal," Ruvalcaba said. He also clarified that the vehicle's document are the vehicle's title,



JCI, proof of insurance, parking certificate, base inspection sheet, and the driver's license. Civilian employees may also need to bring their Letter of Employment.

## **Reagan Sailors May Receive a Temporary Pass**

This year does have one difference from most years. The USS Ronald Reagan (CVN 76) is scheduled to depart Yokosuka sometime this summer for the last time to make room for the USS George Washington (CVN 73)'s return.

Chief Master-at-Arms Christazchai Kendrick is the CFAY Security Physical Security Officer. She said Reagan families may be issued a temporary base access pass for their vehicle or vehicles dependent on the sponsor's orders.

"Instead of receiving the USFJ base decal after paying Road Tax, Reagan Sailors will be issued a temporary base access pass," Kendrick said.

USFJ issues the decals to each installation in Japan. Each installation receives an appropriate number of decals for each requested shipment. The decals are serialized and each serial number is assigned to a DOD ID number.

"After we [VRO] see the Road Tax receipt and update the vehicle's information, we will issue either a USFJ decal or a temporary vehicle access pass," Sawada said. "Reagan Sailors will still be able to transfer their car to another Sailor normally. The only difference is that most Reagan Sailors won't have this year's USFJ decal."

- Reagan Sailors and their families who plan to complete their permanent change of station (PCS), sell their vehicle, or properly dispose of their vehicle – often called junking – before May 31 simply finish the check out or vehicle transfer process. The current decal is valid through May 31.
- Reagan Sailors or their families with a vehicle and either orders or documentation such as an approved Continued Logistical Support stating they are departing

between June 1 and August 31 are authorized to be issued a temporary vehicle access pass from VRO after satisfying this year's Road Tax requirements. This must be complete by the May 31 deadline.

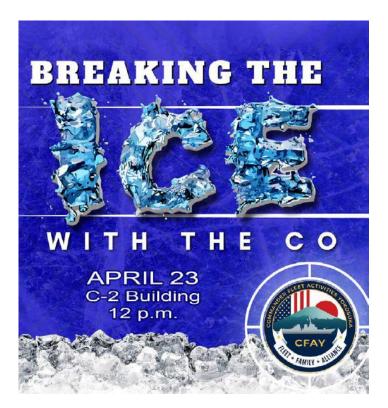
• Reagan Sailors or family members with a vehicle who have documentation stating they are expected to be in Yokosuka after August 31 will be handled on a case-by-case basis. Road Tax and either a temporary pass or a decal must be issued by VRO by the May 31 deadline.

The new decal or temporary base access pass must on display inside the windshield before May 31, 2024 at 11:59 p.m.

Maps for Yokosuka City Hall and the Kanagawa Prefectural Yokosuka Tax Office are available on CFAY's official website: https://cnrj.cnic.navy.mil/Installations/ CFA-Yokosuka/Departments/Security/Vehicle-Registration-Office/

Road Tax is an annual tax levied on all vehicle owners in Japan. The tax is a significant part of vehicle ownership costs in the country and varies depending on several factors, including the type of vehicle, its size, engine displacement, and environmental performance. Vehicle owners in Japan are responsible to fund the nation's road infrastructure development and maintenance. A portion of the revenue may also be allocated to environmental initiatives.

For more information, please contact the CFAY Security Vehicle Registration Office at 243-5011.





## American Red Cross Spring Classes

All classes are blended learning courses including an online portion, and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.

## **CPR/AED/First Aid Course (\$55)**

- Tuesday, April 16: 9 a.m. to 12 p.m.
- Saturday, April 20: 9 a.m. to 12 p.m.
- Sunday, May5: 9 a.m. to 12 p.m.

## **Basic Life Support Course (\$55)**





• Wednesday April 24: 1 to 4 p.m.

## Babysitting Basics (\$70) Recommended for ages 11-17)

- Sunday, April 21: 1 to 4 p.m.
- Tuesday April 23: 2 to 5 p.m.
- Wednesday May 15: 3 to 6 p.m.

Additional classes available by request for group of plus three.

To register, email: <a href="mailto:Yokosuka@redcross.org">Yokosuka@redcross.org</a> with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

## FFSC WEEKLY

More details on FFSC YOKOSUKA FB page



**Active Parenting 5-12** 

Apr 15 at 1000

AOB/ICR

Apr 16-18 at 0800

**Infant Massage** 

Apr 16 at 1030

Ikego Japanese Language Series

Apr 16 at 1200

**Vesting in TSP** 

Apr 16 at 1300

**Ombudsman Basic Training** 

Apr 17-19 at 0900

4th Trimester

Apr 17 at 1000

**Active Parenting Teens** 

Apr 17 at 1030

**SAPR Resident Advisor** 

Apr 17 at 1300

Sponsorship On-Demand

Apr 18 at 0800 (Virtual)

**MBMF** - Flexibility

Apr 18 at 0900

**Raising Financially Fit Kids** 

Apr 18 at 0900 (Virtual)

**Symptom Reduction Group** 

Apr 18 at 1030

**Volunteer Orientation** 

Apr 18 at 1100 (Virtual)

**Resiliency Bootcamp** 

Apr 18 at 1130

**Getting Started Teaching English** 

Apr 18 at 1300 (Virtual)

**Sponsorship Training** 

Apr 18 at 1300

**Modeling in Japan** 

Apr 19 at 0900

**EFMP Command POC** 

Apr 19 at 1000 (Virtual)

Zushi-Hayama Tour

Apr 19 at 1000

**Modeling Fair** 

Apr 20 at 1000

**Prenatal Families** 

Apr 20 at 1000

**Baby Sign Language** 

Apr 20 at 1330

See something you like? Sign up via email: ffscinfo@us.navy.mil

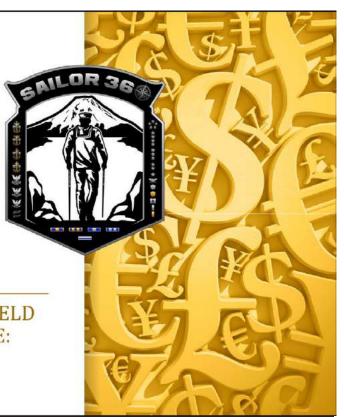


## SAILOR 360 PRESENTS:

TEAMWORK makes the DREAM WORK

AN INTERACTIVE TEAM BUILDING EXCERISE.

LOCATION: MAIN SOFTBALL FIELD DATE: APRIL 9 / APRIL 16 TIME: 0800-0900





## TAX SEASON ENDING SOON

FREE Filing Services,

APRII



## **MILTAX**

- · Easy to use, self-paced
- · Designed specifically for the military
- · 24/7 free Help Desk and live chat

## Eligibility

- Service members
- · Eligible family members
- Survivors
- Recent veterans up to 365 days from their separation or retirement date

## **IRS FREE FILE ALLIANCE**

- · Safe, easy, no-cost
- · Choose between trusted IRS partners
- Some free state tax preparation is available

## Eligibility

- · Do not qualify for MilTax
- Earned \$79,000 or less in 2023
- Free file fillable forms are available for those who earn more

## START FILING FOR FREE TODAY

## START FILING FOR FREE TODAY

IRS FREE FILE ALLIANCE

## **MILTAX**



## HAVE QUESTIONS? REACH OUT TO RLSO WESTERN PACIFIC LEGAL ASSISTANCE OFFICES HTTPS://WWW.JAG.NAVY.MIL/LEGAL-SERVICES/WESTERN-PACIFIC/

The filing deadline to submit 2023 tax returns or to request a filing extension is Monday, April 15, 2024. Please note: An extension of time to file your return does not grant you any extension of time to pay your taxes. You should estimate and pay any owed taxes by your regular deadline to help avoid possible penalties. If you receive an extension, you must file by October 15, 2024.





Active Parenting program directly to you! This workshop will show you effective ways to...

- + use nonviolent discipline that really works
- open up lines of communication-before they get clogged
- · teach responsibility, courage, and other important character trait:
- encourage school success in 7 steps
- prevent future problems with drugs, alcohol, and sex
- · defuse power struggles with your children
- stimulate independence as your child
- · stop scolding and start smiling with your

Active Parenting will give you skills to achieve a fuller, more satisfying family life... and help your children achieve greater happiness and success. Written by Dr. Michael Popkin, one of the nation's foremost experts on parenting education, this course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

But the heart of the matter is the increased JOY you will experience as a family. Since 1983 over three million parents have learned from this dynar entertaining, and fun-filled video and discussion program-and now, so can you!



A video & discussion program for parents of children ages 5 to 12

For more information and sample videos, go to www.ActiveParenting.com/AP4-parents

Starting Mondays in April 1000-1130 6 sessions: Apr 15, 22, 29, May 6, 13, & 20

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

For Parents of Teens and 'Tweens

The challenge of successfully ushering children through their teen years has always been among parents' hardest-won achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

You're invited to attend

You can create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. Active Purenting of Tieres, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispersable techniques and insights for overcoming obstacle that will bring haminess and harmony into your home. You'll leave each session energized and motivated to make positive and realistic changes in your own family's daily life.

SIGN UP NOW!

Since 1983, millions of families have learned it's your turn. Join us at the next

> session and see the difference!

Active Parenting of Teens:)

Active Parenting of Teens will give

you the guidance and support you need to him the challenges of raising

Methods of respectful discipline

Concrete strategies to prevent

How to be an encouraging

and much more, plus insight

into important issues such as

teens online, bullying, and

a ternager into opportunities for growth, You'll learn

Skills for clear, honest

risky behavior

Teens:



Starting Wednesdays in April 1030-1200 6 Sessions: Apr 17, 24 May 1, 8, 15, 22 \*Closed for sign-ups after Apr 24

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil.

## DS Summer CA June 10 - August 16 • 6 A.M. - 6 P.M.

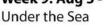
Week 1: June 10 - 14 The Great Outdoors



Week 5: July 8 - 12 Out of this World



Week 9: Aug 5 - 9





Week 2: June 17 - 21 Mission Impossible



Week 6: July 15 - 19 Ninja Warriors



Week 10: Aug 12 - 16

Field Day Blast from the Past



Week 3: June 24 - 28 Time Travel



Week 7: July 22 - 26

Let's Get Physical







Week 4: July 1 - 5 We Got the Beat



Week 8: July 29 - Aug 2

**Animal Planet** 



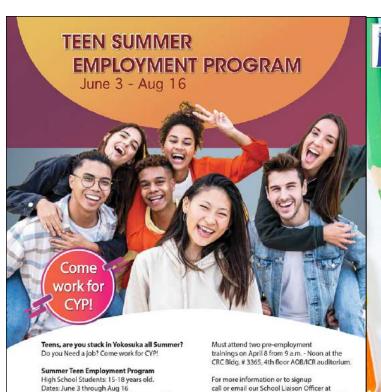






Call Third Avenue SAC @ 243-3439, Green Street SAC @ 241-4100, or Ikego SAC @ 246-8301





Drawing Contest Theme: What does it mean to be a Military Child?

MONTH OF THE MILITARY CHILD

Center

SUBMISSIONS ACCEPTED UNTIL APRIL 29TH

WINNERS WILL BE ANNOUNCED APRIL 30TH

> TO SUBMIT: FFSCINFO@US.NAVY.MIL CRC BLDG. 4TH FLOOR 243-3372



Dates: June 3 through Aug 16 Salary: \$15 per hour (up to 40 hours a week)

'Whaaaaaat? Potential to earn \$6000+ over the







MWR\_Yokosuka\_School\_Liaison@us.navy.mil or

scan the OR code below



Prime Rib Night

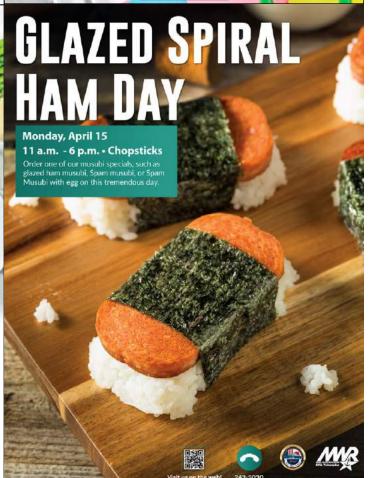
Officers' Club . April 26 Kosano Dining Room · 5 - 8 p.m.

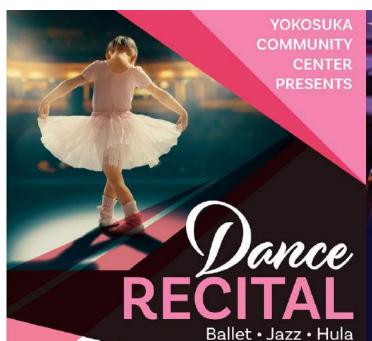
Making a dramatic comeback, our Prime Rib Night is back! Make sure to join us this night for tender, juicy, delicious prime rib with a loaded baked potato, vegetable du jour, and Yorkshire pudding. As a bonus, we'll throw in either soup or salad and a dessert, compliments of the house!











**APRIL 13** 10 a.m. - Noon Fleet Theater For details call 241-4111







Session Starts • 6 - 11:30 p.m. • Club Alliance 3rd Floor Ballroom

In celebration of the Month of the Military Child, join us at Yoko Jam Sessions. Sign up to play songs, jam, and have an awesome time. Open to family and friends.









Month of the

Military Child
Event Celebration







Sat., April 27 Berkey Field • 10 a.m. - 5 p.m.

Come out and show your support to our children during Month of the Military Child. Watch games, enjoy field activities, or grab a bite at one of the food trucks.

We will also have a special musical performance.







Saturday, April 20

2:30 p.m. 5 p.m.

Trolls 2 (PG) (Sensory Friendly Film)
Teenage Mutant Ninja Turtles: Mutant Mayhem (PG)
Little Mermaid (Live Action) (PG) Pitch Perfect 2 (PG-13)



## BEYOND THE GATE



## **Ootawa Azalea Festa**

## April 13 (Saturday) - 21 (Sunday)

10 a.m. to 3 p.m. | Ootawa Azalea Hill (35-minute bus ride from JR Yokosuka Station/25-minute bus ride from Keikyu Yokosuka Chuo Station, KK-59. 30-minute drive from Yokosuka Main Base.)

More than 50,000 azalea will be in peak bloom between mid-April and May. There will be a farmer's market and Japanese sweets sale during the festival.



## Kurihama Flower Park Historic Car Day

## **April 20 (Saturday)**

10 a.m to 3 p.m. | Kurihama Flower Park (30-minute drive from Yokosuka main base/20-minute walk from JR Kurihama, JO-01 or Keikyu Kurihama Station, KK-67) This luxurious park utilizes the natural terrain and features seasonal flowers throughout the year. The park also offers playgrounds for children. Poppy and nemophila Festival is now held until May 26...

## Yokosuka Tsukemen Festival

## **Every Friday to Sunday starting**

## **April 12 (Friday) until May 6 (Sunday)**

5 to 8 p.m. (Friday)/11 a.m. to 8 p.m. (Saturday, Sunday and Japanese holiday) | Mikasa Park (5-minute walk from Yokosuka Main Base)

Yokosuka Tsukemen Festival is launching a brand new edition in Yokosuka. Billed as Yokosuka's first ramen event of this scale, the Yokosuka Tsukemen festival is sure to entice ramen lovers from across the Kanto region this spring. A total of 32 ramen shops will be gathering from across Japan, likely to cover styles such as Hokkaido miso ramen, Hakata tonkotsu and even home favourite Yokohama lekei ramen. Full details regarding which ramen shop will be attending and on which weekends are to be announced closer to the event.



## Toshio Suzuki and Ghibli Exhibition

## March 20 (Wednesday) - June 18 (Tuesday)

10 a.m. to 6 p.m. | Yokosuka Museum of Art (20-minute drive from Main Base, 30-minute bus ride from JR Yokosuka Station, JO-3, 15-minute bus ride from Keikyu Mabori-Kaigan Station, KK-63, bound for Kannonzaki) In this exhibition, Studio Ghibli producer Toshio Suzuki, who has released numerous world-renowned animated films alongside directors Isao Takahata and Hayao Miyazaki, will introduce a multitude of films and books he has encountered from childhood to the present day as he has raced through the ages. Additionally, he will meticulously reveal the birth story of Studio Ghibli and the behind-the-scenes of film planning and promotion.

- Adults: ¥2,000 (Advance reservation required, date and time specified)
- High school students (Yokosuka resident or commuting schools in Yokosuka), junior high school students or younger, free. <a href="https://l-tike.com/event/mevent/?mid=713970">https://l-tike.com/event/mevent/?mid=713970</a>

## **NEWS AND NOTICES**

## **UPCOMING MOTORCYCLE TRAINING**

A Motorcycle Safety Foundation BRC 2 class is scheduled for April 20. Enrollment process is thru the Enterprise Safety Applications Management System (ESAMS) website. <a href="https://esams.cnic.navy.mil/ESAMS">https://esams.cnic.navy.mil/ESAMS</a> GEN 2/Login. For more information, contact CNRJ Safety at 243-9635.

## STREET SAFETY CAMPAIGN

CFAY Safety will hold Street Safety Campaign on April 16 (6:30 to 8 a.m.) and 17 (3:30 to 5:30 p.m.)

## **Crosswalks:**

- Walk bicycles, skateboards, and scooters
- No listening devices

## **Bicycle Lanes:**

- Ride on the left side of street
- Properly wear a helmet
- · No listening devices
- Not carrying any items in their hands
- No abreast riding
- No skateboards or scooters

## Sidewalks:

- Only pedestrians, skateboards, and scooters may use (no bicycles)
- A helmet must be properly worn while riding a skateboard or scooter
- No listening devices while riding a skateboard or scooter

We are looking for volunteers. If anyone is interested in participating, contact Joe Umemura. Email: tatsuya.umemura.ln@us.navy.mil, or call 243-6757.

## **VOLUNTEER OPPORTUNITY**

USNMRTC Yokosuka will be conducting a Mass Casualty Drill on April 23-25. To maximize the effectiveness of this training we are asking for assistance. We are looking for volunteers to serve as simulated patients during this event. If you are interested in being a part of this exercise, contact our volunteer coordinators HM1 Joseph Canonigo: <a href="mailto:ijosephclint.h.canonigo.mil@health.mil">ijosephclint.h.canonigo.mil@health.mil</a>.

## WALKING BLOOD BANK PRE-REGISTRATION

During the April 23-25 Mass Casualty Drill, we welcome the community to come to the hospital and start the registration process for becoming a potential blood donor.

**Who:** All SOFA members over the age of 18 **What:** We are creating a database for possible donators in the event of an emergency and/or taxed/low blood supply

**When:** When the emergency whole blood bank has been activated (during the Mass Casualty Drill April 23-25)

**Where:** Dental 2nd deck of USNH Yokosuka. Please enter from door at the end of the building 1400.

**Why:** Our nearest blood bank is in Okinawa. During an emergency, we will likely not be able to depend on them for an increased need of blood products. We need to be able to create our own blood supply to save the lives of our friends and family.

## **LIMITED SERVICES APRIL 23-25**

To better strengthen our capabilities in responding to a catastrophic emergency, USNMRTC Yokosuka will be conducting a multi-day Mass Casualty Drill. During this drill, routine Lab, Pharmacy, and Clinical Services will be limited April 23-25. Please plan accordingly. Services will reopen for normal operating hours April 26. The Emergency Department will remain open.

## PREPARE TODAY! COMPLETE A RED CROSS CONTACT CARD

One of the main Red Cross missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a contact card today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.

## VOLUNTEER NOW FOR THE AMERICAN RED CROSS

## **Contingency Team**

Help with emergency messages and during large scale emergencies.

## **Disaster Action Team**

Help provide immediate assistance on scene of an emergency, and participate in base exercises

## Also available:

- Youth Preparedness Team
- MTF Professional and Admin Help
- CPR/BLS/Babysitting Instructor
- Library
- PAWS
- Vet Clinic
- Post Office

How to volunteer:

- 1. Use a desktop or laptop computer.
- 2. Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the on-line training.
- 5. If you have any problems, email: <a href="mailto:yokosuka@redcross.org">yokosuka@redcross.org</a>, or call 243-7490.

## **CONSTRUCTION AND CLOSURES**

**Defense Logistics Agency Parking** 

**Lot:** 50 perecent of DLA parking lot until February 2025.

**Ikego NEX/MWR Parking Lot:** 50 perecent of NEX/MWR parking lot until October 2025.

**McCormick Street and Leahy Street:** Full road closure for underground utility works until Feb. 28, 2025.

**Vandegrift Lane:** Full road closure until October 2025.

**f** Commander Fleet Activities Yokosuka



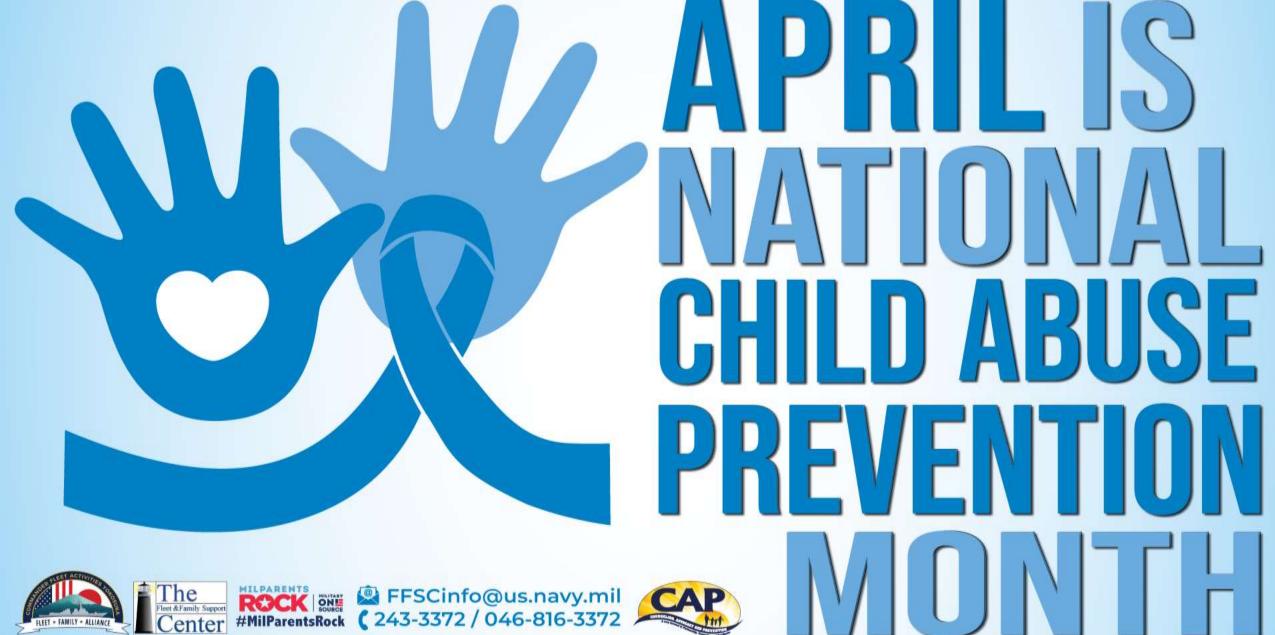
yokosukareport@gmail.com

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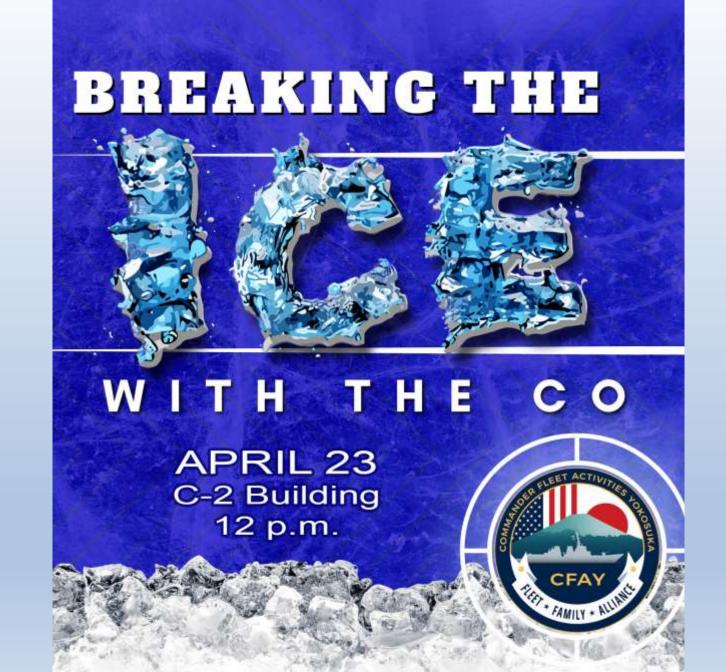


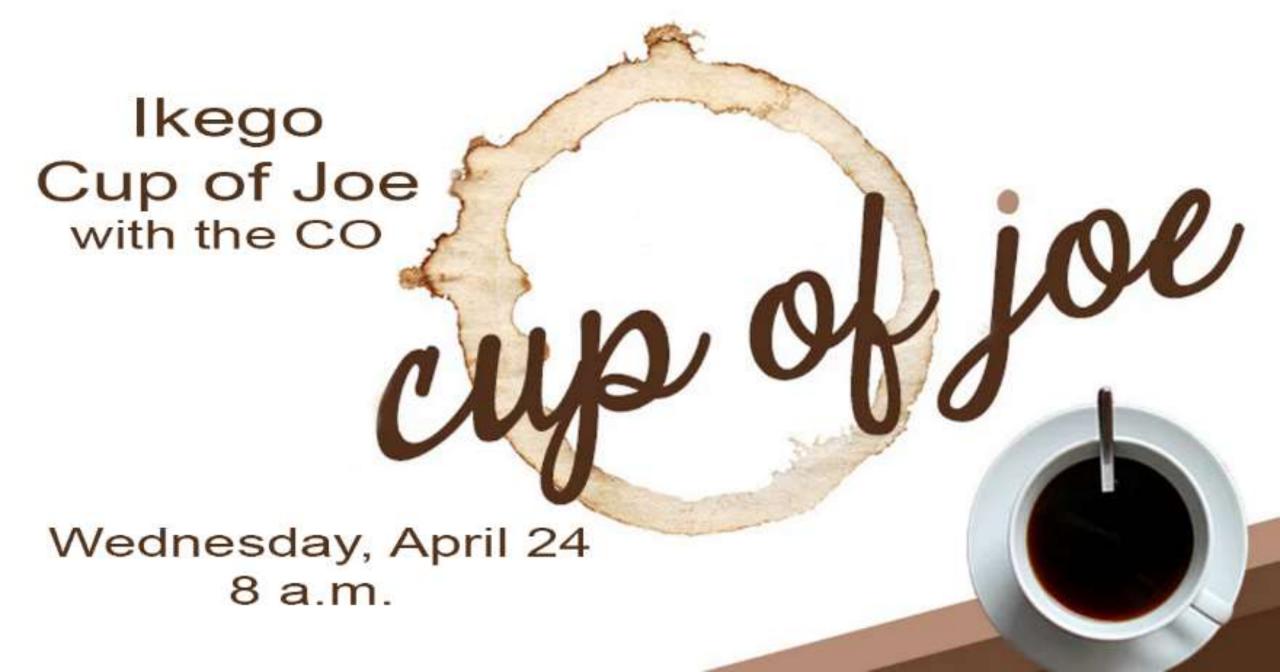
## Zushi Coast Fireworks Festival

May 30, 2024

# NOTICE F









Starting **31 March 2024**, Keikyu Jimmuji Train Station will no longer have a train gate attendant between the hours of 0500-0700.

If you require assistance from the Keikyu Line, a video intercom system will be available at the card recharge station to connect you to a station attendant at Kanazawa-Bunko Station.





## 2024 Road Tax Season

Effective 01 June 2024, all Vehicles MUST display the 2024 USFJ Decal.

Displaying 2023 decals after 01 June 2024 will result in denial of access and possible impoundment.

Pay the Japanese ROAD TAX to receive your new DECAL(s).



## 2024 Road Tax Season

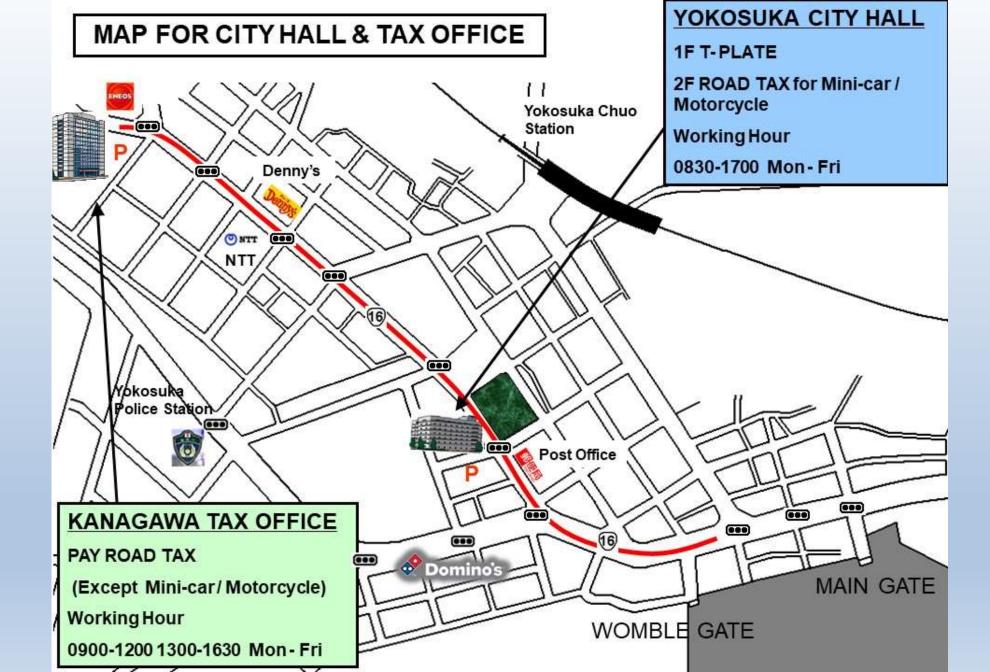
- What to bring to pay ROAD TAX?
  - ☐ 2023 Road Tax Receipt (last years)
  - ☐ Japanese Vehicle Title
  - ☐ Applicable Fees in YEN

## Notes:

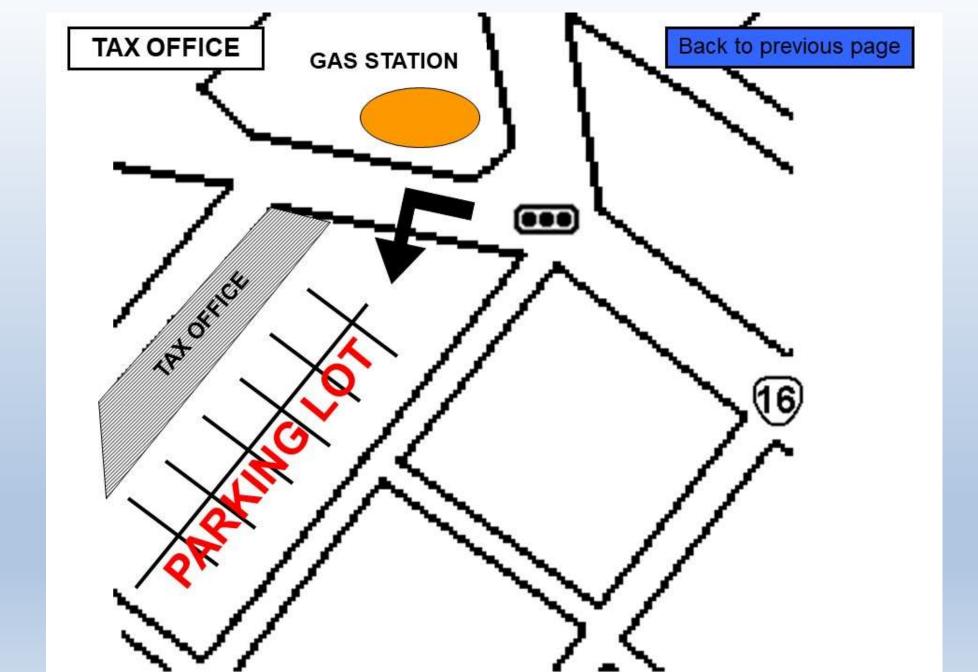
- 1. Representatives other than Spouse are required to present a Power of Attorney (POA) to receive DECALS.
- If member owns more than one vehicle, all vehicles MUST be registered at the SAME TIME to receive DECALs.

- What to bring to get DECAL?
  - ☐ ID Card
  - ☐ 2024 Road Tax receipt
  - ☐ Japanese Vehicle Title
  - ☐ Base Inspection Sheet (if applicable)
  - ☐ JCI Insurance
  - ☐ Liability Insurance
  - ☐ Parking Certificate with current residence (must be re-registered at LTO with the current address)
  - Valid Drivers license (If you own more than one vehicle, bring all additional driver's license)

\*Letter Of Employment For Civilian and Contractor (If Command changed or got new LOE within a Year)









## **Finger Printing Services**



## CFAY Traffic Court finger printing services are by **Appointment Only** at BLDG J-196 Wednesdays and Fridays 0900-1400

To schedule an appointment please call:

DSN 243-9052 Cell 046-816-9052

## Digital and Hard Copy prints on FD-258 form

If in need of Digital Prints please provide reference numbers (SON, SOI, and IPAC).

\*\*\* Digital Prints will not be able to be conducted with out reference numbers \*\*\*

## Upcoming Motorcycle Training

A Motorcycle Safety Foundation BRC 2 class is scheduled for April 20th

Enrollment process is thru the Enterprise Safety Applications Management System (ESAMS) website.

https://esams.cnic.navy.mil/ESAMS\_GEN\_2/Login

For more information please contact CNRJ Safety at 243-9635.



Limited opening until 2025

Lockers must be cleared out
by March 22nd

## The pool and basketball court A will be open from April 1

Some services will be moved from Purdy to other locations during renovations:

- Weights: Purdy basketball court
- Massage: Ichiban Tower
- Fitness Classes: Niban Tower
- 24hr Fitness: Sanban Tower

In addition, the Fleet Rec Gym will be open 24 HOURS

Purdy pool will remain open until the outdoor pool opens for the season. At that time, Purdy pool will close for renovations

There will be no access to the 1st Floor of Purdy!



## CLOSURES

-Purdy Fitness Center will be undergoing a series of closures over the next year

-HVAC systems will be renovated to allow for better heating and cooling

From March 25-April 1
Purdy will be COMPLETELY CLOSED



## Driver's License Class - 2023



## Every Thursday Except holiday

\*Class schedule may be subject to change

**Time:** 1230-1600 (Sign-up starts at 1200)

Location: 4th Floor, Bldg.3365

What to bring:

- DoD ID
- AOB/ICR Certificate
- A valid US/GOJ Driver's License
- SafeTALK Certificate (Active Duty Member only)

For questions, please call

243-9089 / 6721 / 5647

Or E-mail: license@us.navy.mil

0800-1200/1300-1500, Monday-Friday

except holidays





## **CFAY/IKEGO GATE HOURS**



## **IKEGO**

Inbound/Outbound
Daily
24 hours

## <u>Jimmuji</u>

Inbound/Outbound Monday-Friday 0500-0100

Inbound/Outbound Weekends and Holidays 0500-0030

## WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian Daily 0500-2200

Inbound Vehicle Daily 0500-1800

Inbound High Traffic Pattern Monday-Friday 0500-0830

Outbound High Traffic Pattern Monday-Friday 1530-1900

## VERNY PEDESTRIAN

Outbound Daily 24 hours

Inbound Monday-Friday 0600-2000

> Inbound Saturday 0700-0800

Inbound Sunday and Holidays CLOSED

## **CARNEY GATE**

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic Period Monday-Friday 0500-0830

## CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound
Daily
0600-2100







THE GIANT VOICE is an informational podcast focusing on issues and concerns from personnel assigned to Commander, **Fleet Activities Yokosuka** (CFAY). Episodes can be found on CFAY's DVIDS page as well as most of your favorite streaming platforms such as Spotify, Apple, Amazon and Stitcher.

## S



## Updated AOB/ICR Schedule

**Every Tuesday-Thursday** 



Starting 13 MAR 2023

Day 1 AOB @0830 Resource Fair @1330

Day 2 ICR @0830 **Bus Tour** @1330

Day 3 SafeTalk @0800 Driver's License LHC @1230





**GETTING STARTED TEACHING** 

## **ENGLISH**



**APRIL 18, 2024** 



0900



VIRTUAL





FFSCInfoeus.navy.mil







Language Series

April 16- June 18 Tuesdays.1200-1300 **Ikego-Nikko Tower** 

Get to know Japan by learning how to speak, read and write in Japanese. This is a ten week course.

To register please call 246-8052 or email FFSCinfo@us.navy.mil



04.19. 2024 0900 CRC BLDG 4TH FLOOR - HIMWARI

Are you interested in modeling in Japan?

Join us for an informational class and learn how to get started.

Registration: DSN: 243 - 3372 or FFSCInfo@us.navy.mil



Come meet up to 10 different agencies in one location. Email FFSCinfoeus,navy.mil to receive a copy of the talent registration form or if you have questions.





We are proud to bring the acclaimed Active Parenting program directly to you! This workshop will show you effective ways to ...

- use nonviolent discipline that really works
- open up lines of communication—before they get clogged
- teach responsibility, courage, and other important character traits
- encourage school success in 7 steps
- prevent future problems with drugs, alcohol, and sex
- defuse power struggles with your children
- stimulate independence as your child grows older
- stop scolding and start smiling with your kids again?

Active Parenting will give you skills to achieve a fuller, more satisfying family life... and help your children achieve greater happiness and success. Written by Dr. Michael Popkin, one of the nation's foremost experts on parenting education, this course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

But the heart of the matter is the increased JOY you will experience as a family. Since 1983 over three million parents have learned from this dynamic, entertaining, and fun-filled video and discussion program—and now, so can you!



A video & discussion program for parents of children ages 5 to 12

For more information and sample videos, go to www.ActiveParenting.com/AP4-parents.

Starting Mondays in April 1000-1130 6 sessions; Apr 15, 22, 29, May 6, 13, & 20 \*Closed for sign-ups after Apr 22

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

You're invited to attend



## Active Parenting of Teens:)

For Parents of Teens and 'Tweens

The challenge of successfully unhering children through their teen years has always been among parents' hardestwon achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

You can create harmony and stability in your family while raising your teens to be responsible, couragleous and prepared for independent life. Active Parenting of Teens, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and harmony into your home. You'll leave each session energized and motivated to make positive and realistic champes in your own family's daily life.

Since 1983, millions of families have learned the benefits of Active Parenting. Now it's your turn.

Join us at the next session and see the difference!

Nameted by TV more Daphne Maxwell Reid ("The Fresh Prince of Bel-Air") and by the author, Dr. Michael Popkin

Actine Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth. You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent
- ... and much more, plus insight into important issues such as teens online, bullying, and depression.









**SIGN UP NOW!** 

Starting Wednesdays in April 1030-1200 6 Sessions; Apr 17, 24 May 1, 8, 15, 22 \*Closed for sign-ups after Apr 24

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil







## Prenatal Families

Nurturing Parenting for a Healthy Beginning

## Nurturing Program for Prenatal Families ™

- Dynamic topic discussions of prenatal nurturing, newborn care, postpartum, and breastfeeding support
- Diapering and swaddling practice
- For expectant mothers and their partners.

## 1 day class Saturday, April 20th from 10am-1-pm

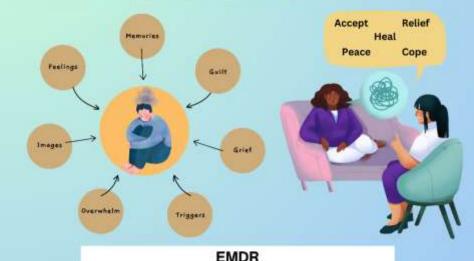
For more info and to sign up call DSN 243-7878 or email FFSCinfo@us.navy.mil





## SYMPTOM REDUCTION GROUP





(Eye Movement Desensitization Processing)

G-TEP

(Group Episode Protocol)

April 18 at 10:30 CRC Bldg. 4F, Counseling Office

We will apply the same principles of EMDR in a group format.

With NO sharing of any trauma during the group.

In fact, no speaking necessary for this group.

- Reduce triggers from traumatic events into more manageable levels
- Increase resiliency
- Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events for those 18 and older.

For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil

# RAISING FINANCIALLY FIT KIDS April 18th at 0900 Virtual

Learn the essential skills and behaviors to implement age-appropriate financial practices for your children.

Set them on the plan to financial success!



For more information or to register, please call 243-3372 or email FFSCinfo@us.navy.mil

## **New Parent Support**

PRESENTS: BABY





Sign Language

Learn to communicate with your baby using a modified version of American Sign Language! Signing enhances a baby's language development, builds expressive language skills, and reduces frustrations.

\*Main Base\*

1 day class: Saturday, April 20th 1:30-4pm

## REGISTRATION REQUIRED

Contact:

FFSCinfo@us.navy.mil

DSN: 243-7878

\*For expecting parents
and families with children 3 and under \*





## FFSC F





## VESTING IN TSP

APR 16TH 1300-1500 CRC BLDG. 4F HARU RM Learn about the components of the military retirement system and the importance of preparing for retirement!

This course will provide an overview of the Blended Retirement System and understanding on how to manage your Thrift Saving Plan.

For more information or to register, please call 243-3372 or email FFSCinfo@us.navy.mil







## DEAR VALUED CUSTOMERS: EFFECTIVE JANUARY 21, 2024

Ikego Beauty Salon will be closed through June, 2024.

For any Beauty or Barber needs, please visit our NEX Yokosuka Main Side locations.

We apologize for any inconveniences.



## **DEAR VALUED CUSTOMERS: EFFECTIVE JANUARY 21, 2024**

Due to renovations the Yokosuka Dog Kennel will be closed for 6 months. Boarding and Quarantine services will not be available during this time.

Please reach out to the Atsugi, Camp Zama, or the Yokosuka Pet Sitters page for Quarantine services or questions.

Atsugi Kennel 264-5366 Camp Zama Kennel 046-407-5915

**Grooming** will be available at the Ikego NEX.

Ikego NEX 246-5950

We apologize for any inconveniences.

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## NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform rerouting work of high-temperature hot water line at the Ikego Softball Field shown on the sketch below from NOV 2023 to MAR 31, 2024. This work is absolutely essential for new Ikego CDC construction. Working hours will be between 8:00 a.m. and 6:00 p.m., Monday through Saturday.

Ikego Softball Field Close

\*Crossed-out area is in use for construction.



Thank you for your patience and understanding to this work.

Government of Japan Funded Construction Project FAP-K NA1809 Ikego High-temperature Hot Water Line Re-routing

South Kanto Defense Bureau Yokosuka Construction Office Sankensetsubi Kogyo Co., Ltd GoJ Contractor



US Army Corps of Engineers Yokosuka Resident

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## NOTICE OF PARKING LOT CLOSURE

The Government of Japan (GoJ) Contractor will perform rerouting work of high-temperature hot water line. We have to ask Ikego residents for additional parking lot closure. Closing period will be on DEC 4, 2023 through MAR 31, 2024.

\*Red-marked area shows additional parking lot closure in front of Club Takemiya/ Ikego FFSC/mini NEX.

(10 Parking Slots)

\*This work is important for new CDC construction.



Thank you for your patience and understanding to this work.

Government of Japan Funded Construction Project FAP-K NA1809 Ikego High-temperature Hot Water Line Re-routing

South Kanto Defense Bureau Yokosuka Construction Office Sankensetsubi Kogyo Co., Ltd GoJ Contractor



US Army Corps of Engineers Yokosuka Resident

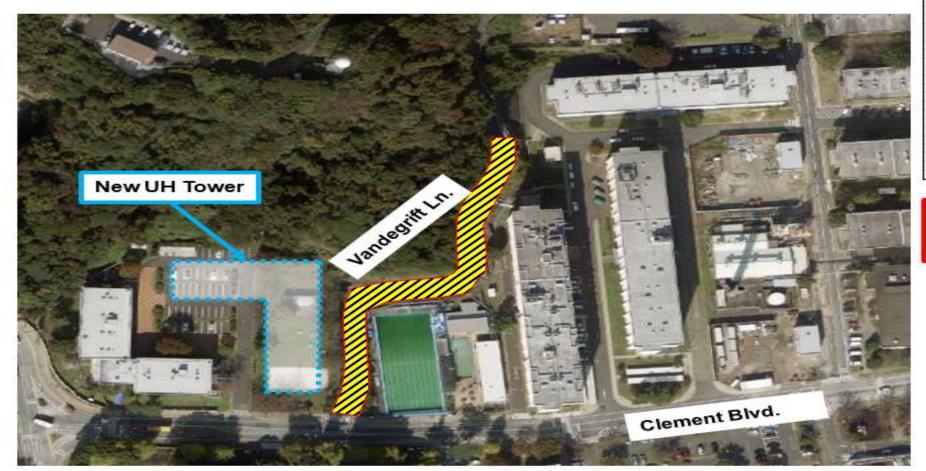


### Vandegrift Lane – Road Closure



### Closure Periods

July 2023 - October 2025



as of 13 Jul 2023

### **FULL ROAD CLOSURE**



Vandergrift Lane is closed to support the construction of a UH tower.

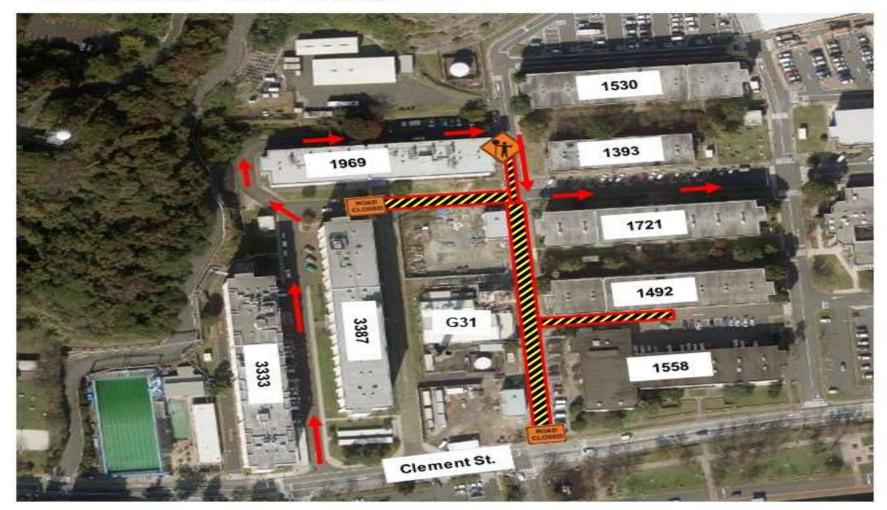


### G street & Leahy street - Road Closure



### Closure Periods

18 JUL 2023 - 28 FEB 2025



as of 11 Jul 2023

### **FULL ROAD CLOSURE**



G street and Leahy street will be closed for underground utility works.

### Partial Closure:

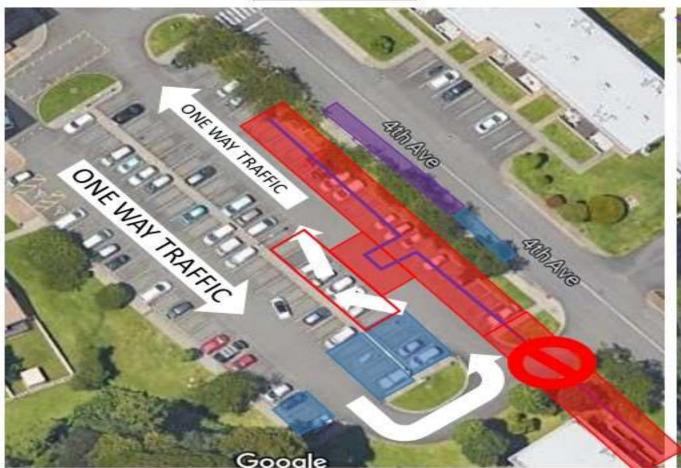
### Sakura FH Tower Parking Lot Start Date: 08 Mar 24 End Date: 26 Aug 24



### Partial Closure

Sakura Tower (Inset 1)

4<sup>th</sup> Ave Townhouses (Inset 2)

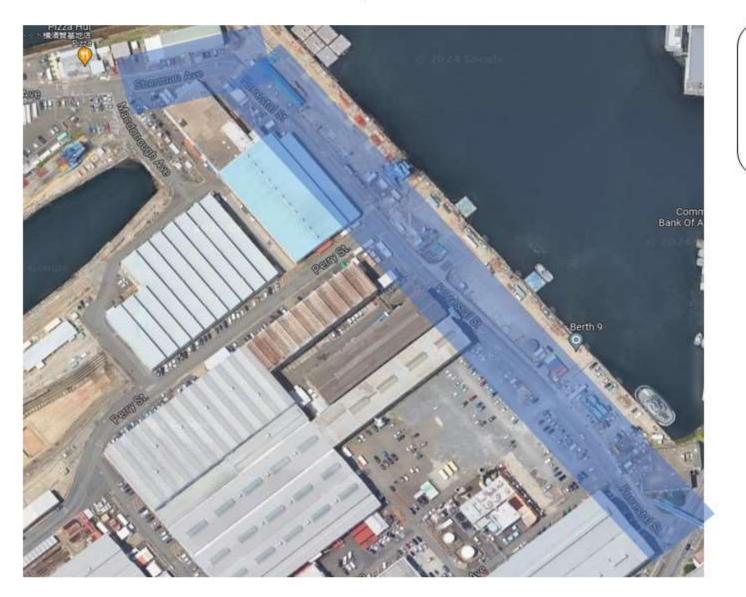


- 4 of 4 reserved spots shifted locally
  - 3 of 5 visitor spots shifted locally
  - 2 of 5 visitor spots relocated to adjacent lots

- 12 of 12 reserved spots shifted locally
- 4 of 32 visitor spots shifted locally
- 28 of 32 visitor spots relocated to adjacent lots
- One-way CCW traffic with South entrance into lot only afterhours

### Partial Closure: Sherman Ave/Forrestal St

Start Date: 15 Apr 24 End Date: 30 Jun 24



Updated: 1 April 2024



Purpose: Replace asphalt

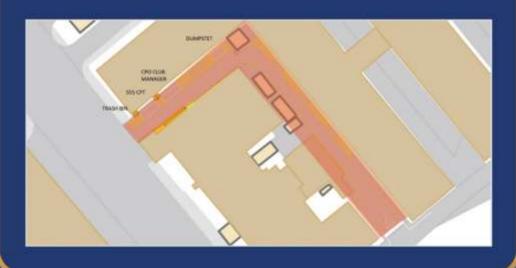
- Starting on Sherman Ave and working down Forrestal St, stopping at Howard St.
- Alternating work to either side of the street to allow traffic to pass.
- Flag men will be present

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### ATTENTION CUSTOMERS

The parking areas adjacent to the CPO Club will be closed from April 11 - 26 due to construction.



We thank you for your understanding and patience.

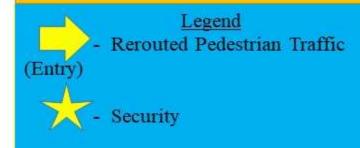


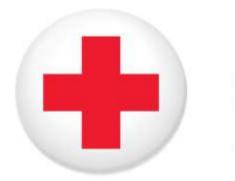
### **Carney Gate Pedestrian Traffic**





- Due to a construction project at the Main Gate, pedestrian traffic will be rerouted to Carney 2 starting on March 25<sup>th</sup>, 2024
- Inbound traffic will proceed through the right side of the Entry Control Point
- Outbound pedestrian traffic will remain the same





### American Red Cross

One of the Red Cross's main missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave.



Fill out a CONTACT CARD today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.





Prepare Today!
Complete a Contact Card!







### Class Schedule

All classes are blended learning courses including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.

### CPR/AED/First Aid Course (\$18)

- Wednesday April 10, 1300-1600
- Tuesday April 16, 0900-1200
- Saturday April 20, 0900-1200
- Sunday May 5, 0900-1200

### BLS Course (Basic Life Support) (\$12)

- Wednesday April 24, 1300-1600

### Babysitting Basics & CPR (\$15)

(Recommended for ages 11-17)

- Tuesday April 9, 1400-1700
- Sunday April 21, 1300-1600
- Tuesday April 23, 1400-1700
- Wednesday May 15, 1500-1800

Classes will be updated based on community need with a minimum of 3 students.



\*\*Classes are updated regularly based on community need\*\*

### TO REGISTER:

Email Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt to guarantee a spot in the course.

### Volunteer Now



### American Red Cross

- 1. Use a desktop or laptop computer.
- Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the online training.
- 5. If you have any problems, email <a href="Yokosuka@redcross.org">Yokosuka@redcross.org</a> or call 243-7490.















### **VOLUNTEER!**

### **Contingency Team**

Help with Emergency Messages and during large scale emergencies

### **Disaster Action Team**

Help provide immediate assistance on scene of an emergency, and participate in base exercises

### Also available:

MTF Professional and Admin Help
Youth Preparedness Team
CPR/BLS/Babysitting Instructor
Library
PAWS
Vet Clinic
Post Office

### American Red Cross Yokosuka

Community Resource
Center – CRC

Building 3368 Room 331 B

Yokosuka@ redcross.org

## WEHAVE MOVED!



### PATIENT ADVISORY

**LIMITED SERVICES APRIL 23-25** 

To better strengthen our capabilities in responding to a catastrophic emergency, USNMRTC Yokosuka will be conducting a multi-day Mass Casualty Drill.

During this drill routine Lab, Pharmacy, and Clinical Services WILL BE LIMITED APRIL 23-25. Please plan accordingly. Services will reopen for normal operating hours April 26<sup>th</sup>.

### THE EMERGENCY DEPARTMENT WILL REMAIN OPEN









### **VOLUNTEER OPPORTUNITY**

USNMRTC Yokosuka will be conducting a mass casualty exercise on 23-25 April. To maximize the effectiveness of this training we are asking for assistance. We are looking for volunteers to serve as simulated patients during this event.

If you are interested in being a part of this exercise, please contact our volunteer coordinators HM1 Joseph Canonigo (josephclint.h.canonigo.mil@health.mil)



### **WALKING BLOOD BANK PRE-REGISTRATION**

During the April 23-25 Mass Casualty Drill we welcome the community to come to the hospital and start the registration process for becoming a potential blood donor.

Who: All SOFA members over the age of 18

What: We are creating a database for possible donators in the event of an emergency and/or taxed/low blood supply

When: When the emergency whole blood bank has been activated (during the MASCAS drill 23-25Apr)

Where: Dental 2nd deck of USNH Yokosuka. Please enter from door at the end of the building 1400.

Why: Our nearest blood bank is in Okinawa. During an emergency, we will likely not be able to depend on them for an increased need of blood products. We need to be able to create our own blood supply to save the lives of our friends and family!





### **VOLUNTEERS NEEDED**

Ready to help?

Support local Service Members and their families.



www.volunteers.uso.org or the USO Volunteer Community App



FOR THE PEOPLE WHO SERVE.™





### POST OFFICE SERVICES NOTICE

To Our Valued Customers,

### YOKOSUKA Post Office will be CLOSED Sunday, 28 April 2024 For MAINTENANCE

Bldg G-59 Pitney Bowes lockers remain available for pick-up. All services will resume on 29 April 2024.

If you have any questions, call DSN 243-6711 or send email to YokosukaPostOffice@fe.navy.mil

Very respectfully, Postal Manager

### KIDS Summer CAMP

### June 10 - August 16 • 6 A.M. - 6 P.M.

Week 1: June 10 - 14
The Great Outdoors



Week 5: July 8 - 12 Out of this World



Week 9: Aug 5 - 9 Under the Sea

Week 2: June 17 - 21 Mission Impossible



Week 6: July 15 - 19 Ninja Warriors



**Week 10: Aug 12 - 16**Field Day

Blast from the Past

Week 3: June 24 - 28 Time Travel



Week 7: July 22 - 26

Let's Get Physical





Week 4: July 1 - 5
We Got the Beat



Week 8: July 29 - Aug 2

**Animal Planet** 











Call Third Avenue SAC @ 243-3439, Green Street SAC @ 241-4100, or Ikego SAC @ 246-8301



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